

DOE/ER/60218--6

DE90 000160

**LABELING OF RECEPTOR LIGANDS AND OTHER COMPOUNDS  
WITH HALOGEN RADIONUCLIDES**

**PROGRESS REPORT**

**FOR PERIOD**

**APRIL 1, 1987 - AUGUST 31, 1989**

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**August 1989**

**Prepared for**

**U.S. DEPARTMENT OF ENERGY**

**UNDER GRANT DE-FG02-84ER60218**

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## Labeling of Receptor Ligands and Other Compounds with Halogen Radionuclides

### Comprehensive report.

#### A. Major research accomplishments.

Three years ago in our continued application, the research goals were:

1. To continue our studies on the usefulness of fluorine-18 labeled  $16\alpha$ -fluoroestradiol- $17\beta$  ( $^{18}\text{FES}$ ) for detecting estrogen receptor containing tumors and metastases and to attempt to correlate the uptake of the radiolabeled estrogen with the receptor levels.
2. To attempt to develop new labeling techniques for synthesizing halogen labeled radiopharmaceuticals in high yield. Of particular importance is the synthesis of fluorine-18 labeled estrogens designed for reduced or directed metabolism.
3. To test the new fluorine-18-labeled estrogens using an in vivo rat model.
4. To attempt to label estrogens with iodine-123 for single photon studies.
5. To investigate the synthesis and biological evaluation of fluorine-18-labeled ligands for the androgen and progesterone receptors.
6. To apply robotics for synthesizing potentially useful compounds.

In the last application, increased budget was requested in order to carry out aims 1 and 4. Since the budget was funded at a level that provided no increase, a NIH grant has been written and funded to carry out the clinically evaluation of the compounds developed under this grant. We have also been unable to fund area 4. The NIH grant funded April 1, 1989, supports a physician to carry out clinical studies as well as providing PET time for the extended clinical studies.

Major advances have been made in all the areas. Specifically in area 1, patient studies have been carried out (see publications 7,16,24,28). This work has shown that the uptake of fluorine-18 labeled  $16\alpha$ -fluoroestradiol- $17\beta$  correlates well with receptor levels measured in vivo and also that the uptake of the tracer is blocked in humans by the administration of the antiestrogen tamoxifen. An image from this work (presented in publication 15) was designated Image of the Year by Dr. Wagner, Jr., following his summary of the 1987 Society of Nuclear Medicine Meeting. We have also evaluated the brain uptake of both estrogen and progesterone, (publication 19) and this work was awarded the Berson-Yalow Award from the Society of Nuclear Medicine in 1988. This publication represents a new application of radiolabeled sex hormones. Hines and coworkers (M. Hines, Psychol. Bulletin 92:56, 1982) have suggested that hormone levels in the brain are important for sexual differentiation of human behavior. We have shown that both  $16\alpha$ -[F-18]-fluoroestradiol- $17\beta$  and 21-[F-18]-fluoro- $16\alpha$ -ethyl-19-norprogesterone (FENP) accumulate in the hypothalamus and pituitary tissues of primates and humans; and in primates this uptake can be blocked by administration of nonradioactive competing ligands. This presents an opportunity for studying sex hormone receptors in mammalian brain.

In research area 2, we have developed new labeling techniques, both for fluorination and (publications 1,3,17,23) and for radiolabeling with other halogens (publications 8,10,11,20,21). The labeled estrogens have been

evaluated in an in vivo model to compare their possible clinical potential with the  $16\alpha$ -[F-18]-fluoroestradiol-17 $\beta$ .

In area 5, we have investigated new ligands for the progesterone, androgen and glucocorticoid receptor systems (publications 6,12,22,25,27).

We have continued our work in the application of robotics to radiopharmaceutical production. A laboratory robot now prepares four cyclotron produced radiopharmaceuticals and is involved in the preparation of the majority of fluorine-18-labeled radiopharmaceuticals prepared at Washington University (publications 4,5).

B. Our plans for the continuation of this work are to proceed as discussed above. In particular, we will attempt to prepare a new series of labeled estrogens with very high in vitro binding affinities. Work carried out in the previous year suggests that simply evaluating uterus to blood ratios in rats is not sufficient to carefully evaluate new agents and so a more complete evaluation will be carried out. We will also attempt to prepare labeled androgen and glucocorticoid receptor ligands with higher binding affinities than the ligands studied to date. In the evaluation of these new types of ligands, dosimetry and toxicity studies will be carried out in order to prepare the agents for human use.

C. Over the past funding period, Henry vanBrocklin has been supported on this project and should obtain his Ph.D. degree in early 1990. Dr. James Brodack has been supported on this project, he is still at Washington University holding the rank of Research Assistant Professor.

#### D. Publications.

1. DY Chi, MR Kilbourn, JA Katzenellenbogen, MJ Welch. A rapid and efficient method for the fluoroalkylation of amines and amides. Development of a method suitable for incorporation of the short-lived positron emitting radionuclide fluorine-18. J Org Chem 52:658-664, 1987.
2. CJ Mathias, MJ Welch, JA Katzenellenbogen, JW Brodack, MR Kilbourn, KE Carlson, DO Kiesewetter. Characterization of the uptake of  $16\alpha$ -([ $^{18}$ F]-fluoro)-17 $\beta$ -estradiol in DMBA-induced mammary tumors. Nucl Med Biol 14:15-25, 1987.
3. MJ Welch, JA Katzenellenbogen, CJ Mathias, JW Brodack, KE Carlson, DY Chi, CS Dence, MR Kilbourn, JS Perlmutter, ME Raichle, MM Ter-Pogossian. N-(3-[ $^{18}$ F]fluoropropyl)-spiperone: the preferred  $^{18}$ F labeled spiperone analog for positron emission tomographic studies of the dopamine receptor. Nucl Med Biol 15:83-97, 1988.
4. JW Brodack, MR Kilbourn, MJ Welch. Automated production of several positron-emitting radiopharmaceuticals using a single laboratory robot. Appl Radiat Isot 39:689-698, 1988.
5. JW Brodack, CS Dence, MR Kilbourn, MJ Welch. Robotic production of 2-deoxy-2-[ $^{18}$ F]fluoro-D-glucose: a routine method of synthesis using tetrabutylammonium [ $^{18}$ F]fluoride. Appl Radiat Isot 39:699-703, 1988.
6. MG Pomper, JA Katzenellenbogen, MJ Welch, JW Brodack, CJ Mathias. 21-[ $^{18}$ F]fluoro-16 $\alpha$ -ethyl-19-norprogesterone: synthesis and target tissue selective uptake of a progestin receptor based radiotracer for positron

- emission tomography. *J Med Chem*, 31:1360-1363, 1988.
7. MA Mintun, MJ Welch, BA Siegel, CJ Mathias, JW Brodack, AH McGuire, JA Katzenellenbogen. Breast Cancer: PET imaging of estrogen receptors<sup>1</sup>. *Radiology* 169:45-48, 1988.
  8. SM Moerlein, D-R Hwang, MJ Welch. No-carrier-added radiobromination via cuprous chloride-assisted nucleophilic aromatic bromodeiodination. *Appl Radiat Isot* 39:369-372, 1988.
  9. MJ Welch, MR Kilbourn. Potential labeling of monoclonal antibodies with positron emitters. In Radiolabeled Monoclonal Antibodies for Imaging and Therapy, S.C. Srivastava, ed., Plenum Press, New York, 1988, pp 261.
  10. SM Moerlein, D Parkinson, MJ Welch. Radiosynthesis of high effective specific-activity [<sup>123</sup>I]SCH 23982 for dopamine D-1 receptor-based SPECT imaging. *Appl Radiat Isot* (in press).
  11. SM Moerlein, GS Lannoye, MJ Welch. No-carrier-added radiosynthesis of [<sup>123</sup>I]HIPDM: N,N,N'-Trimethyl-N'(2-hydroxy-3-methyl-5-[<sup>123</sup>I]iodobenzyl)-1,3-propanediamine. *Appl Radiat Isot*, in press.
  12. MG Pomper, KG Pinney, KE Carlson, CJ Mathias, HF vanBrocklin, MJ Welch, JA Katzenellenbogen. Target tissue uptake selectivity of three fluorine-substituted progestins: potential imaging agents for receptor-positive breast tumors. *Nucl Med and Biol*, in press.
  13. MG Pomper, HF vanBrocklin, AM Thieme, RD Thomas, DO Kieseewetter, KE Carlson, CJ Mathias, MJ Welch, JA Katzenellenbogen. 11 $\beta$ -Methoxy-, 11 $\beta$ -ethyl, and 17 $\alpha$ -ethynyl-substituted 16 $\alpha$ -fluoroestradiols: receptor based imaging agents with enhanced uptake efficiency and selectivity. *J Med Chem*, submitted.
  14. PL Chesis, LK Griffeth, CJ Mathias, MJ Welch. Sex-dependent differences in N-(3-[<sup>18</sup>F]fluoropropyl)-N-nordiprenorphine biodistribution and metabolism. *J Nucl Med*, in press.
  15. HF VanBrocklin, JW Brodack, CJ Mathias, MJ Welch, JA Katzenellenbogen, JF Keenan, GJ Mizejewski. Affect on blood uptake by the serum binding of 16 $\alpha$ -([<sup>18</sup>F]-fluoro)-17 $\beta$ -estradiol to alphafetoprotein in sprague-dawley female rats: dependence on age and weight. (in preparation).

#### Abstracts

16. MA Mintun, MJ Welch, CJ Mathias, JA Brodack, BA Siegel, JA Katzenellenbogen. Application of 16 $\alpha$ -[F-18]-fluoro-17 $\beta$ -estradiol (I) for the assessment of estrogen receptors in human breast carcinoma. *J Nucl Med* 28:561, 1987.
17. MG Pomper, JA Katzenellenbogen, RD Thomas, CJ Mathias, HF vanBrocklin, MJ Welch. Fluorine-18 labeled 11 $\beta$ -substituted estrogens: synthesis, receptor binding, and comparative target tissue uptake studies. *J Lab Compd Radiopharm*, 26:323-325, 1989.
18. MJ Welch, CJ Mathias, SM Moerlein, JM Connett, GW Philpott. Tyramine-cellobiose (TC) labeling of antibodies: a comparison with other labeling techniques. *J Lab Compd Radiopharm*, 26: 269-270, 1989.
19. MJ Welch, JS Perlmutter, AH McGuire, CJ Mathias, JW Brodack, MA Mintun, JA Katzenellenbogen. Uptake of fluorine-18-labeled sex hormones in mammalian brain; measured with F-18 ligands and PET. *J Nucl Med* 29: 795-796, 1988.
20. SM Moerlein, GS Lannoye, D-R Hwang, MJ Welch. No-carrier-added synthesis

- of Br-77 bromospiperone via microwave-treated, CuCl-assisted nucleophilic bromodeiodination. J Nucl Med 29:776-777, 1988.
21. MJ Welch, CJ Mathias, SM Moerlein, JM Connett, GW Philpott. Radio-iodinated tyramine-cellobiose (TC) labeling of monoclonal antibodies (MAbs): comparison with lactoperoxidase (LP) labeling. J Nucl Med 29:835, 1988.
  22. MG Pomper, MJ Kochanny, AM Thieme, KE Carlson, CJ Mathias, HF vanBrocklin, MJ Welch, JA Katzenellenbogen. Fluorine-18 labeled corticosteroids for imaging hippocampal receptors. AHA Conference on Alzheimer's Disease, Tucson AZ, Feb, 1989.
  23. HF vanBrocklin, MG Pomper, CJ Mathias, JA Katzenellenbogen, MJ Welch. 17 $\alpha$ -ethynyl-11 $\beta$ -substituted, fluorine-18 labeled estrogens improved PET imaging agent. J Nucl Med 30:753, 1989.
  24. AH McGuire, AP Lyss, JW Brodack, MA Mintun, CJ Mathias, BA Siegel, JA Katzenellenbogen, MJ Welch. Positron tomographic assessment of 16- $\alpha$ -[F-18]-fluoroestradiol (FES) uptake in metastatic breast carcinoma: effect of antiestrogen therapy. J Nucl Med 30:788, 1989.
  25. MG Pomper, MJ Kochanny, AM Thieme, KE Carlson, HF vanBrocklin, CJ Mathias, MJ Welch, JA Katzenellenbogen. Imaging agents for brain corticosteroid receptors: synthesis and tissue distribution of fluorine-18 substituted corticosteroids. J Nucl Med 30:821-822, 1989.
  26. MJ Welch, CJ Mathias, JW Brodack, HF vanBrocklin, JA Katzenellenbogen. Tamoxifen therapy and in vivo determination of estrogen receptor concentration with 18F-16 $\alpha$ -fluoroestradiol-17 $\beta$  (FES). J Nucl Med 30:910, 1989.
  27. MG Pomper, KG Pinney, KE Carlson, HF vanBrocklin, MJ Welch, JA Katzenellenbogen. Uptake selectivity of fluorine-substituted progestins: analogs of R5020 and a novel retroprogestin. J Nucl Med 30:928, 1989.
  28. MJ Welch, AH McGuire, D-R Hwang, JA Katzenellenbogen. Clinical prospects of new PET radiopharmaceuticals. To be presented at the 5th European Conference on Clinical Oncology.

All these publications are included in the progress report as appendixes.

E. The major applications of positron tomography to date have been in the areas of brain and cardiac imaging. The application of PET to oncology, could give important information about the status of tumors. The ability to determine the receptor status of tumors without surgery, should enable the oncologist to accurately determine the ideal course of therapy. Antiestrogen therapy is only effective if the tumor being treated has a high level of estrogen and/or progestin receptors. In a significant number of cases, if a primary tumor is receptor positive, metastases will be receptor negative. We have demonstrated uptake of 16 $\alpha$ -(F-18)-fluoroestradiol-17 $\beta$  in metastases prior to antiestrogen therapy and, subsequently, quantitate the blockage of the estradiol uptake after the patient has begun antiestrogen therapy. This could be helpful diagnostically, since at this time patients must wait until demonstratable evidence of decreasing lesions is noted on x-rays; we hopefully will be able to assess the effectiveness of antiestrogen therapy in a much shorter time frame. By following the patients studied to date and accumulating more cases we will be able to correlate the clinical outcome after antiestrogen therapy with the original tracer uptake and the degree of uptake blockage after antiestrogen therapy. Although 16 $\alpha$ -(F-18)-fluoro-

estradiol-17 $\beta$  gives good images, there is still a significant amount of nonspecific uptake, particularly observed in the posterior chest wall of patient images. Also the liver uptake of this tracer is such that the imaging of liver metastases is impossible; additionally the radiation dose to the liver and intestines limits the amount of material that can be administered to patients. By continuing to develop improved agents, we hope to be able to overcome these shortcomings of our current agent.



## PROGRESS REPORT

Over the past funding period, progress has been made in five general areas. These areas are:

1. The development of new labeling techniques for use with halogen radio-nuclides.
2. The labeling of new receptor ligands, particularly ligands specific for the estrogen, progestin, androgen, and glucocorticoid receptor systems.
3. The application of robotic techniques for the preparation of positron emitting radiopharmaceuticals to reduce the radiation dose to the chemist.
4. Evaluation in animal models of receptor ligands in order to predict the preferred ligand for future studies.
5. The evaluation of receptor ligands in groups of patients.

The work in these areas is described in detail in the appendixes to this progress report. The development of new labeling technique has led to a general method of fluoroalkylation (Appendix 1) which has been specifically applied to the production of fluoroalkyl spiperone derivatives (Appendix 3). More recently we and others have used this technique to prepare a series of ligands for dopamine (1,2) and opiate receptors (Appendix 14).

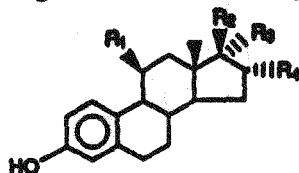
In the area of new receptor ligands, we have evaluated a series of ligands with substituents at the  $11\beta$  and  $17\alpha$  position of fluoro-estradiol in a rat model (Appendices 13,17,23). The binding affinities of these ligands are shown in Figure 1 and the method of synthesis in Figure 2. We have radiolabeled  $16\alpha$ -fluoro- $11\beta$ -ethylestradiol,  $16\alpha$ -fluoro- $11\beta$ -methoxyestradiol,  $16\alpha$ -fluoro- $17\alpha$ -ethynylestradiol,  $16\alpha$ -fluoro- $17\alpha$ -ethynyl- $11\beta$ -ethylestradiol, and  $16\alpha$ -fluoro- $17\alpha$ -ethynyl- $11\beta$ -methoxyestradiol. The precursor for the  $11\beta$ -methoxy and  $11\beta$ -ethyl derivatives were prepared as described Appendix 13. Although all of these compounds can be synthesized as shown in Figure 2, the relative amounts of alpha and beta product vary depending upon the substituent. The ratios of  $17\beta$ -hydroxy to  $17\alpha$ -hydroxy diastereoisomers are shown in Table 1 (last two compounds are derivatives of FEES). It is seen that when preparing the ethynyl derivative of  $11\beta$ -ethylestradiol, the major product is in fact the alpha diastereoisomer. It is not at first obvious why substituents at the  $11\beta$  position will effect the stereochemistry at the  $17$  position, but space filling models of estradiol show that the  $11\beta$  substituents, in fact, alter the relative confirmation of the molecule.

Table 1

### Ratio of $17\beta$ -OH to $17\alpha$ -OH Diastereomers

Compound	$\beta/\alpha$
FES	3.5
$11\beta$ OMe	2
$11\beta$ Et	0.7
FEES	1
$11\beta$ OMe	1-1.2
$11\beta$ Et	0.1-0.2

## Relative Binding Affinities of Estrogen Ligands



Ligand	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>	R <sub>4</sub>	RBA <sup>1</sup>	ESI
Estradiol (ES)	H	OH	H	H	100	100
16 $\alpha$ F ES	H	OH	H	F	60	86
16 $\alpha$ F-11 $\beta$ Ethyl ES	CH <sub>2</sub> CH <sub>3</sub>	OH	H	F	891	462
16 $\alpha$ F-11 $\beta$ Methoxy ES	OCH <sub>3</sub>	OH	H	F	28	128
16 $\alpha$ F-17 $\alpha$ Ethynyl ES	H	OH	C $\equiv$ CH	F	61	68
16 $\alpha$ F-17 $\beta$ Ethynyl ES	H	C $\equiv$ CH	OH	F	5	5.4
16 $\alpha$ F-17 $\alpha$ Ethynyl-11 $\beta$ Ethyl ES	CH <sub>2</sub> CH <sub>3</sub>	OH	C $\equiv$ CH	F	--	--
16 $\alpha$ F-17 $\beta$ Ethynyl-11 $\beta$ Ethyl ES	CH <sub>2</sub> CH <sub>3</sub>	C $\equiv$ CH	OH	F	159	84
16 $\alpha$ F-17 $\alpha$ Ethynyl-11 $\beta$ Methoxy ES	OCH <sub>3</sub>	OH	C $\equiv$ CH	F	--	--
16 $\alpha$ F-17 $\beta$ Ethynyl-11 $\beta$ Methoxy ES	OCH <sub>3</sub>	C $\equiv$ CH	OH	F	--	--

<sup>1</sup> 25°C

Figure 1

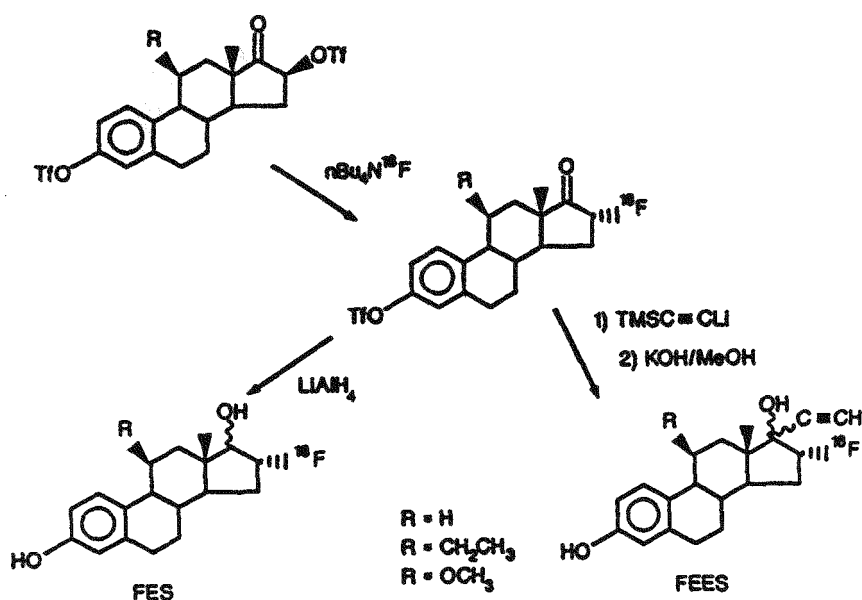


Figure 2: Schemes for the synthesis of the 11 $\beta$  substituted and 17 $\alpha$ -ethynyl labeled estradiols. The starting materials for the 11 $\beta$  derivatives were prepared as discussed in Appendix 13.

### Comparison of Uterus to Blood Ratios of Estrogen Ligands

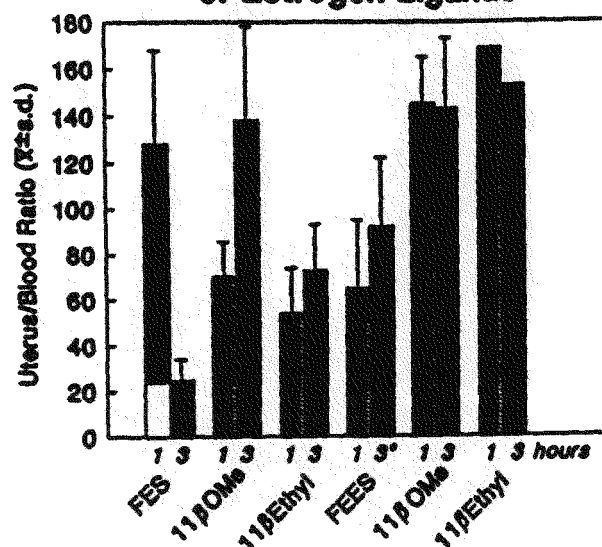


Figure 3

### Comparison of Uptake of Estrogen Ligands

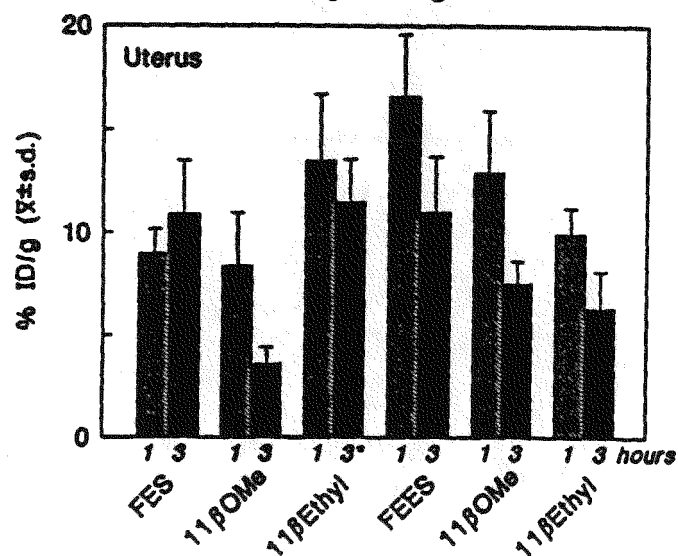


Figure 4

### Comparison of Target to Non-Target Ratios of Estrogen Ligands

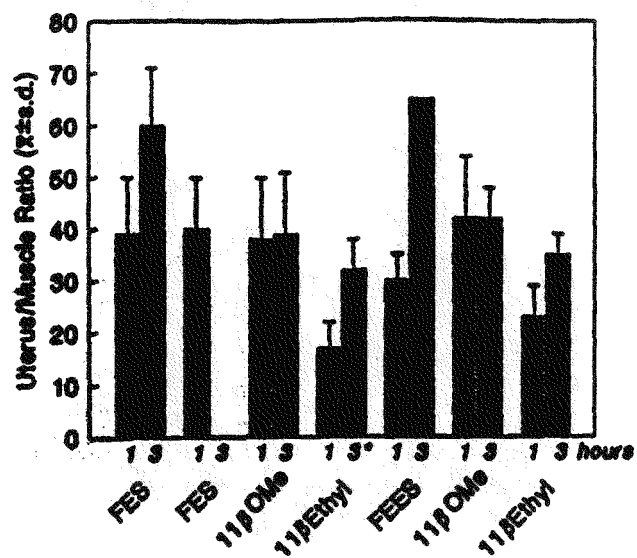


Figure 5

### Comparison of Clearance of Estrogen Ligands

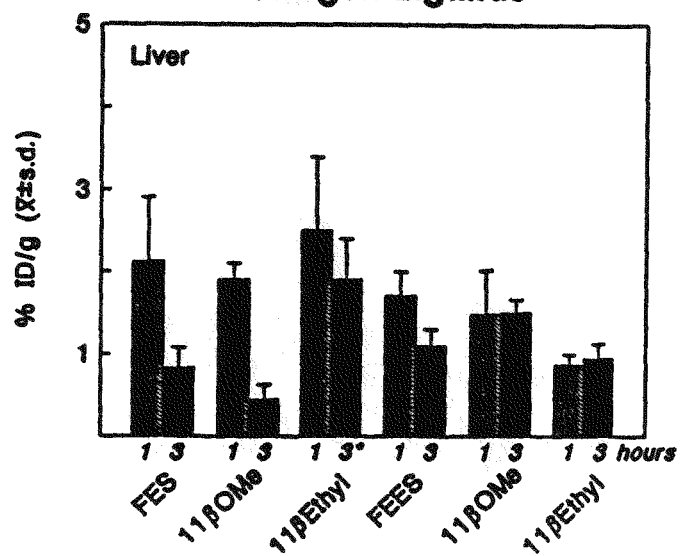


Figure 6

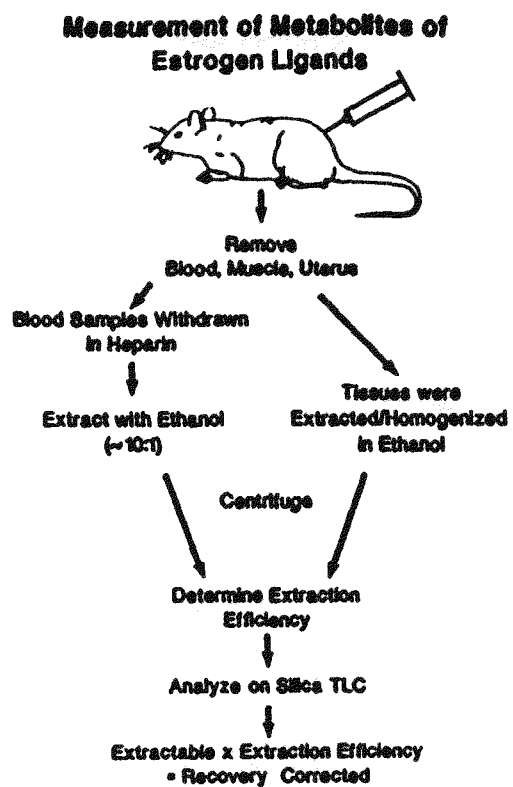


Figure 7

# Metabolism of 11 $\beta$ Substituted Estrogen Ligands

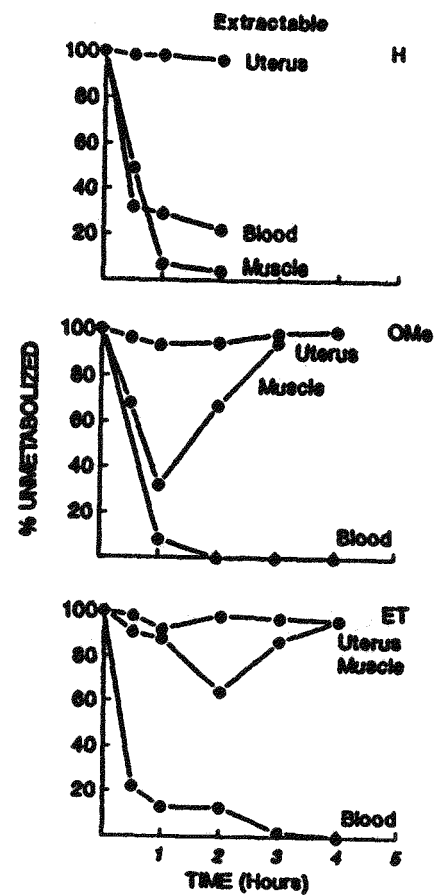


Figure 8

### Metabolism of $11\beta$ Substituted Estrogen Ligands

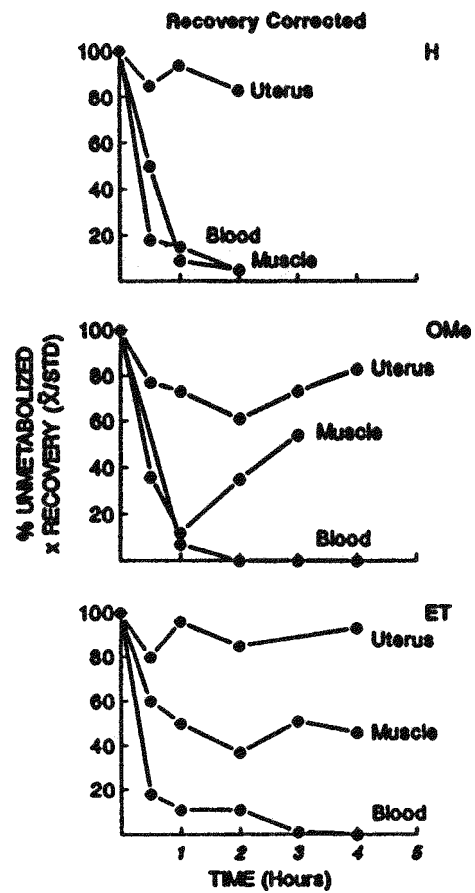


Figure 9

### Metabolism of FEES

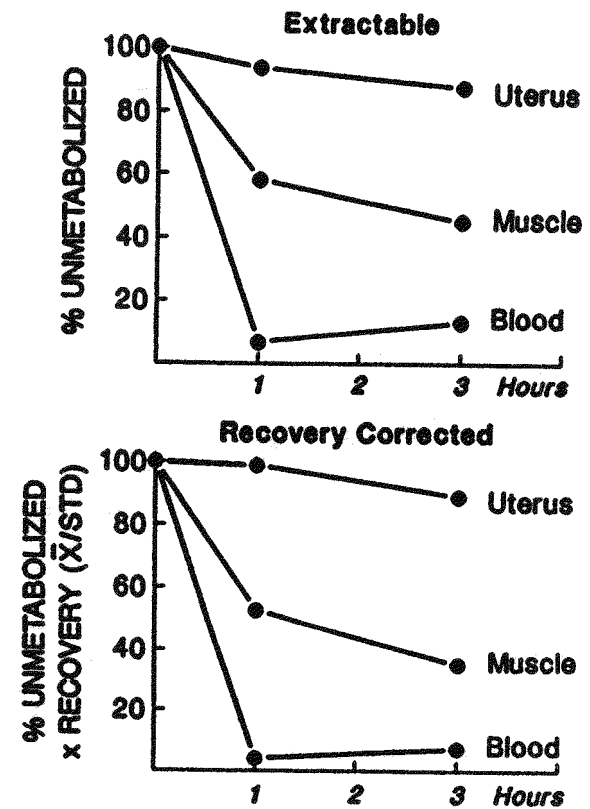


Figure 10

## Metabolism of $11\beta$ OMe FEES

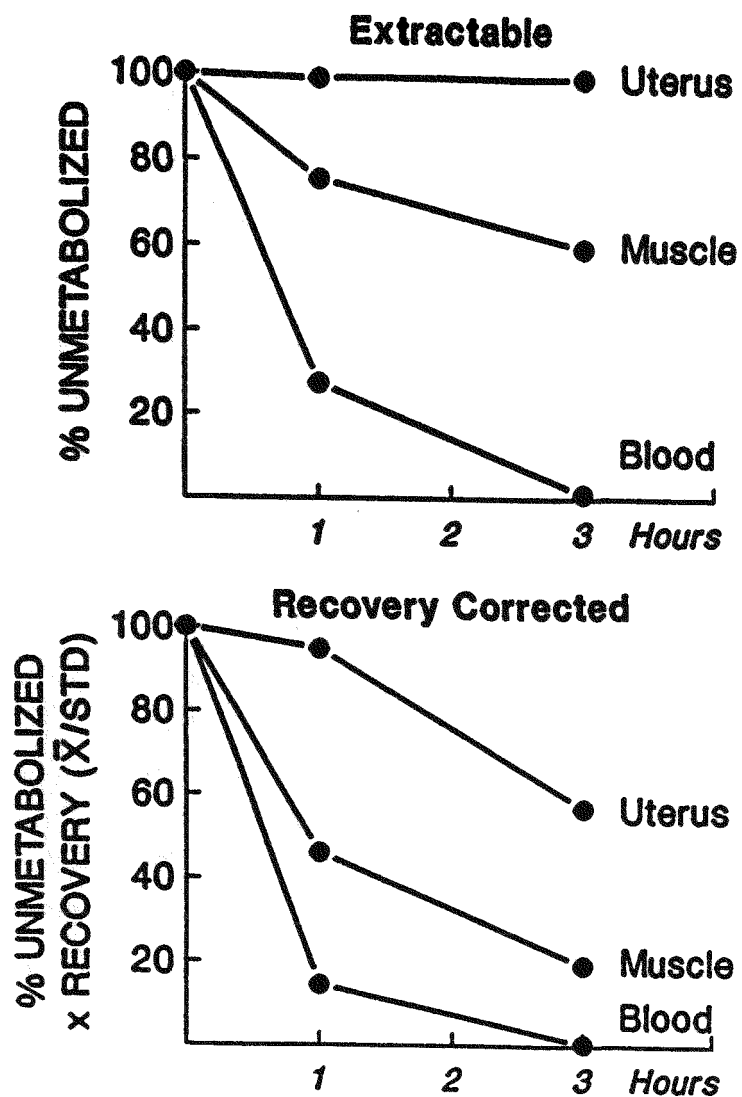


Figure 11

We have compared the behaviour of these ligands in several animal models. Initially we evaluated the absolute target uptake in the uterus, as well as, the uterus/blood and uterus/muscle ratio, this data is given in Figures 3-5. (In these figures the last two compounds on the right are the 11 $\beta$ -OME and 11 $\beta$ -ethyl derivatives of 16 $\alpha$ -[F-18]-fluoro-17 $\alpha$ -ethynylestradiol-17 $\beta$ ). Since radiation dose to clearance organs is important, the levels of activity in the liver at 1h and 3h is shown in Figure 6. Adding substituents at the 11 $\beta$  position and the 17 $\alpha$  position should reduce the metabolites; we have, therefore, measured the metabolites of these estrogen ligands by the technique shown in Figure 7. The data for metabolism of these compounds is shown in Figures 8-11. It is not easy to select the ideal compound for human studies, depending upon which characteristic one optimizes, any five of the compounds studied could be regarded as the best compound (Table 2).

**Table 2**

**Desirable Characteristics for Optimal PET Imaging  
of Human Estrogen Target Sites**

- 1) High Absolute Uptake (FEES)
- 2) High Target to Non Target Ratios (FES, FEES)
- 3) High Uterus to Blood Ratios (11 $\beta$ Et-FEES, 11 $\beta$ OMe-FEES)
- 4) Reduced Metabolism (11 $\beta$ Et-FES)
- 5) Rapid Clearance from Critical Organs (11 $\beta$ Et-FEES)

It is also interesting to note that the 17 $\alpha$ -ethynyl-11 $\beta$ -ethyl compound cannot be prepared with high radiochemical yield. We have synthesized the alpha and beta derivatives of this compound and compared the biodistribution of the two isomers (Table 3). It is seen that the 17 $\beta$ -ethynyl-17 $\alpha$ -hydroxy compound has significant uptake in the target tissue.

**Table 3**

Biodistribution of 11- $\beta$ -Ethyl-17- $\alpha$  &  $\beta$ -Ethynyl-<sup>18</sup>F-16- $\alpha$ -  
Fluoro-Estra-3,17- $\beta$  &  $\alpha$ -diol in 28 day old Sprague-Dawley  
Female Rats

	% ID / gram			
	17- $\beta$ -Ethynyl, 17- $\alpha$ -OH n=4		17- $\alpha$ -Ethynyl, 17- $\beta$ -OH n=4	
	1 hr	3 hr	1 hr	3 hr
Blood	0.2041 $\pm$ 0.0405	0.1225 $\pm$ 0.059	0.06 $\pm$ 0.0069	0.0409 $\pm$ 0.0071
Liver	2.2949 $\pm$ 0.366	1.2293 $\pm$ 0.3544	0.8779 $\pm$ 0.1391	0.9488 $\pm$ 0.1791
Muscle	0.5231 $\pm$ 0.0742	0.289 $\pm$ 0.1685	0.4387 $\pm$ 0.0615	0.1794 $\pm$ 0.0501
Bone	0.6165 $\pm$ 0.0768	0.4732 $\pm$ 0.0465	0.2992 $\pm$ 0.0478	0.1694 $\pm$ 0.0454
Uterus	8.3441 $\pm$ 0.6741	4.9332 $\pm$ 0.9681	9.8598 $\pm$ 1.2728	6.3047 $\pm$ 1.8385
Ovaries	2.2743 $\pm$ 0.4864	1.7426 $\pm$ 0.805	3.2845 $\pm$ 0.3046	2.4069 $\pm$ 0.8581
Ut/Blood	41.62 $\pm$ 5.23	44.25 $\pm$ 14.1	169.17 $\pm$ 45.87	153.05 $\pm$ 29.66
Ut/Musc	15.15 $\pm$ 2.16	19.54 $\pm$ 6.8	23.11 $\pm$ 6.18	35.14 $\pm$ 3.65



One of the major goals in our renewal application are to compare and contrast new agents in an animal model. In Figures 3 and 4, two sets of data are give for fluoroestradiol. In one set of data the compound was injected into immature female Sprague Dawley rats that were 21 days old and 26 days old in the other. Significant differences were obtained with these different age rats, presumably due to the concentration of alphafetoprotein present in the blood of younger rats. Alphafetoprotein binds only 16 $\alpha$ -fluoroestradiol-17 $\beta$  of all of the derivatives studied. We have investigated the effect of the serum binding on the blood uptake, a preliminary draft of a manuscript is shown in Appendix 15. It is important to measure the alphafetoprotein level of the rats when evaluating new estrogen ligands and in the future will be routinely carried out.

We have extended our animal studies with 16 $\alpha$ -fluoroestradiol-17 $\beta$  in order to determine the estrogen receptor capacity and affinity in the target and non-target tissue. This type of analysis may be needed in order to carefully compare the 11 $\beta$  and 17 $\alpha$  substituted estradiols as discussed above. Since one of the major uses of radiolabeled estrogens will be to study the effects of tamoxifen; we have investigated the effects of tamoxifen upon the number of available receptor sites in the immature rat uterus. In this study increasing amounts of estradiol were added to the fluoroestradiol in order to estimate the binding sites responsible for target tissue uptake. This study was performed in untreated immature female rats and in two groups of animals that have been pretreated with either an intermediate dose or a high dose of tamoxifen. The effect of these doses of tamoxifen upon the biodistribution of no-carrier-added <sup>18</sup>FES are shown in Table 4.

**Table 4**  
**Effect of Tamoxifen Treatment on Target**  
**Uptake of <sup>18</sup>FES in Immature Rats (%ID/g)**

	<b>Control</b>	<b>Tamoxifen 0.57mg/kg*</b>	<b>Tamoxifen 1.7 mg/kg*</b>
<b>Blood</b>	0.113 $\pm$ 0.046	0.123 $\pm$ 0.069	0.077 $\pm$ 0.034
<b>Muscle</b>	0.162 $\pm$ 0.042	0.088 $\pm$ 0.029	0.058 $\pm$ 0.010
<b>Uterus</b>	4.63 $\pm$ 0.574	1.66 $\pm$ 0.662	1.34 $\pm$ 0.37
<b>Ovaries</b>	1.23 $\pm$ 0.213	0.726 $\pm$ 0.32	0.722 $\pm$ 0.188
<b>Ut/Blood</b>	48.92 $\pm$ 24.94	17.65 $\pm$ 10.64	20.21 $\pm$ 9.37
<b>Ut/Muscle</b>	29.35 $\pm$ 4.54	18.80 $\pm$ 3.27	23.07 $\pm$ 3.57

\* 2 days pretreatment

Tamoxifen not only depresses uptake in target organs but also in non-target (muscle). Target to non-target ratio is still high after tamoxifen treatment. Very large (~7mg/kg) doses of tamoxifen were required to depress uptake (target to non-target ratios ~3).

When the fluoroestradiol is diluted with estradiol the uptake in various organs behaves as shown in Figures 12 and 13. It is seen that at approximately 0.5ug ES added per animal the specific receptor binding is blocked. The extent to which estradiol displaces the F-18-fluoroestradiol uptake in the target can be better appreciated from the uptake plots (Figures 14-15). The uptake is plotted relative to the dose of fluoroestradiol and estradiol (administered in picamoles). Alternatively the uptake dose ratio is plotted relative to the uptake to give plots reminiscent to the Scatchard plot for equilibrium binding, these pseudo Scatchard plots are shown in Figures 16-18. In these figures "A" are the data for untreated animals, "B" for animals treated with an intermediate dose (.57 mg/kg) of tamoxifen and "C" for animals treated with a high dose (1.7 mg/kg) of tamoxifen. From these data uptake, capacities are determined (Table 5).

**Table 5: Uptake capacity for  $^{18}\text{FES}$  in tissues as determined by pseudo Scatchard plots.**

	<u>B<sub>max</sub> (pmol/g)</u>		
	Uterus	Ovaries	Muscle
Untreated	160	55	4
Intermediate Dose Tamoxifen	60	35	-0
High Dose Tamoxifen	- 0	0-15	-0

It is seen that specific binding sites exist in the muscle that appear to be blocked even with low doses of tamoxifen, and that the available sites in the uterus are reduced by tamoxifen administration. In order to measure the  $K_D$  in vivo, one needs to make some assumption regarding nonspecific binding. In the tamoxifen treated animals, no specific binding occurs in muscle so therefore the muscle uptake is a measure of nonspecific binding. Making this assumption and accounting for metabolites in the muscle, a Scatchard plot can be generated (Figure 19) from which  $K_D$  can be calculated. In the example shown which is with the intermediate dose of tamoxifen  $B_{\text{max}} = 80$  picamoles/gram and  $K_D = 0.38$  nmoles. This latter value is in good agreement with in vitro data (reference 3).

We have also evaluated several radiolabeled progestins in animal models (Appendices 6,12,27) and have carried out preclinical studies on FENP. FENP has recently been approved for human use and its distribution in one normal determined Figures 20-21. In this normal subject, the urine was analyzed for fluoride; very low levels were determined (as can be seen from the images,

Figure 12 Effect of Added Estradiol (ES) on Tissue Uptake of  $^{18}\text{F}$ ES in Untreated Rats

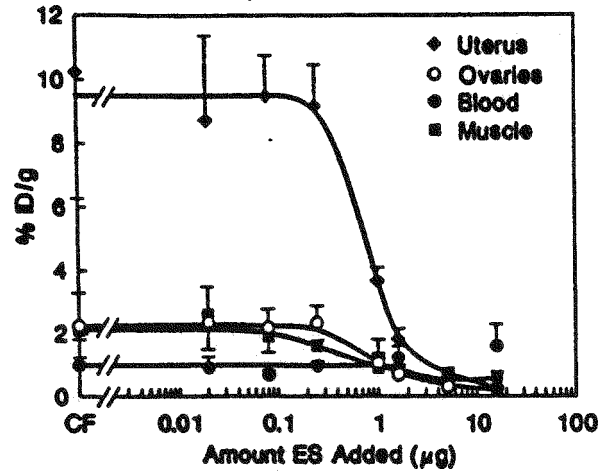
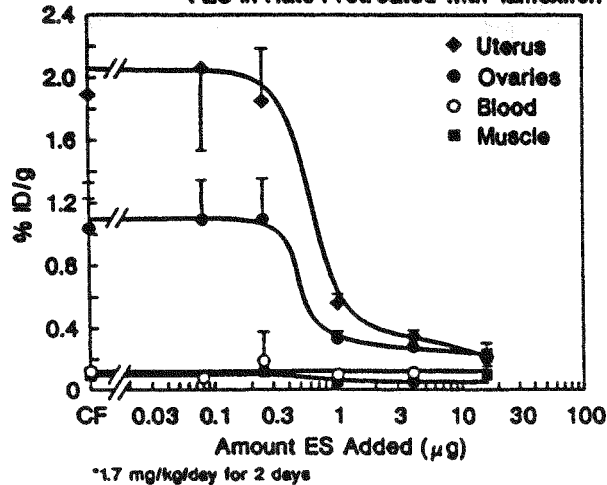
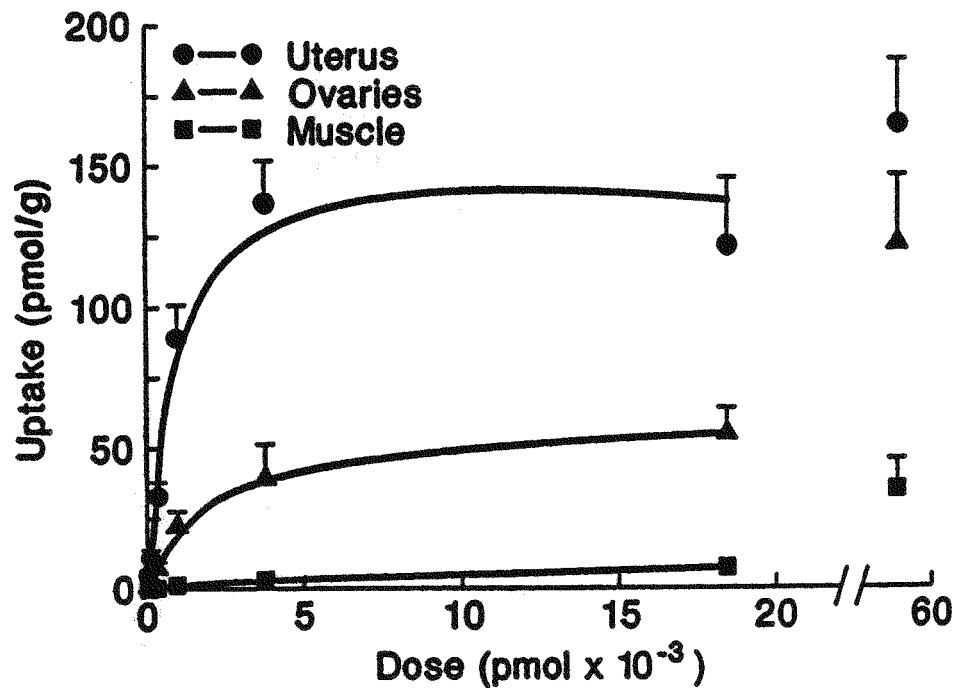


Figure 13 Effect of Added ES on Tissue Uptake of  $^{18}\text{F}$ ES in Rats Pretreated with Tamoxifen\*



**Figure 14. Uptake of  $^{18}\text{F}$ ES in 25d Old Female R**



**Figure 15. Uptake of  $^{18}\text{F}$ ES in 25d Old Female Rats Pretreated with Intermediate Dose of Tamoxifen**

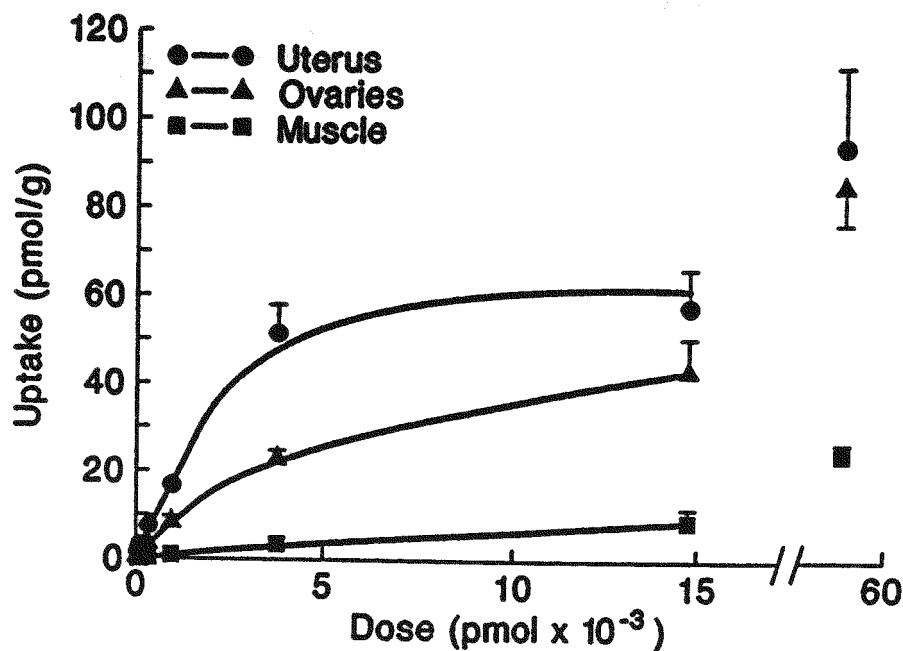


Figure 5. Pseudo Scatchard plots of uterus

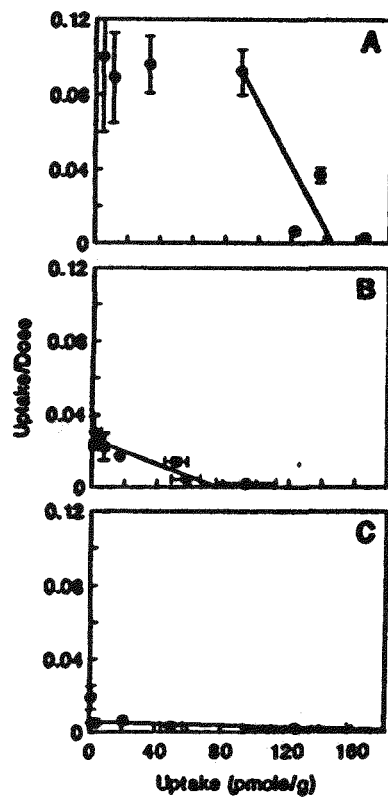


Figure 16

Figure 6. Pseudo Scatchard plots of ovaries

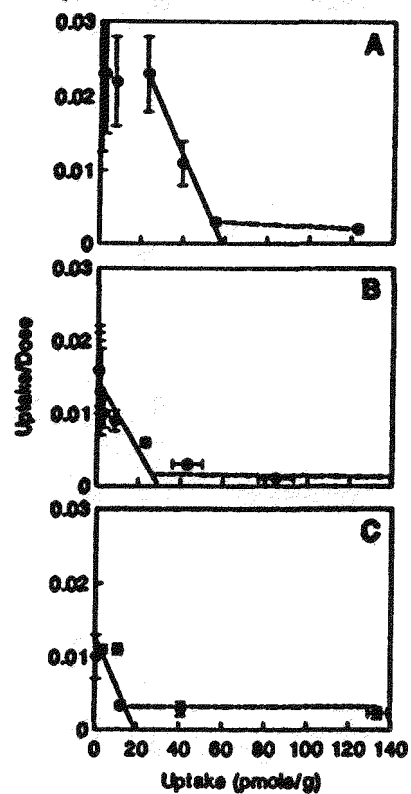


Figure 17

Figure 7. Pseudo Scatchard plots of muscle

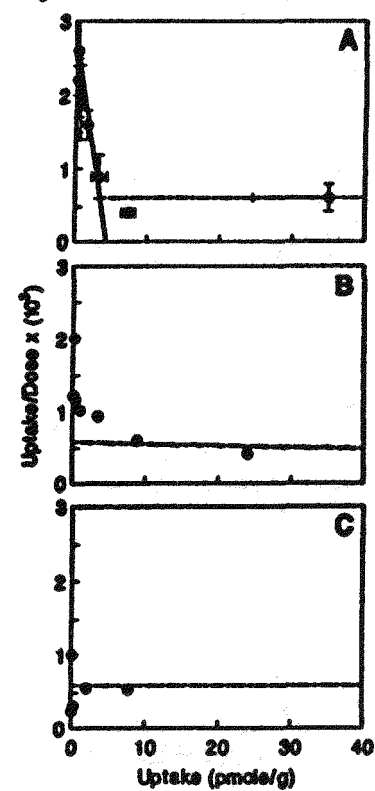
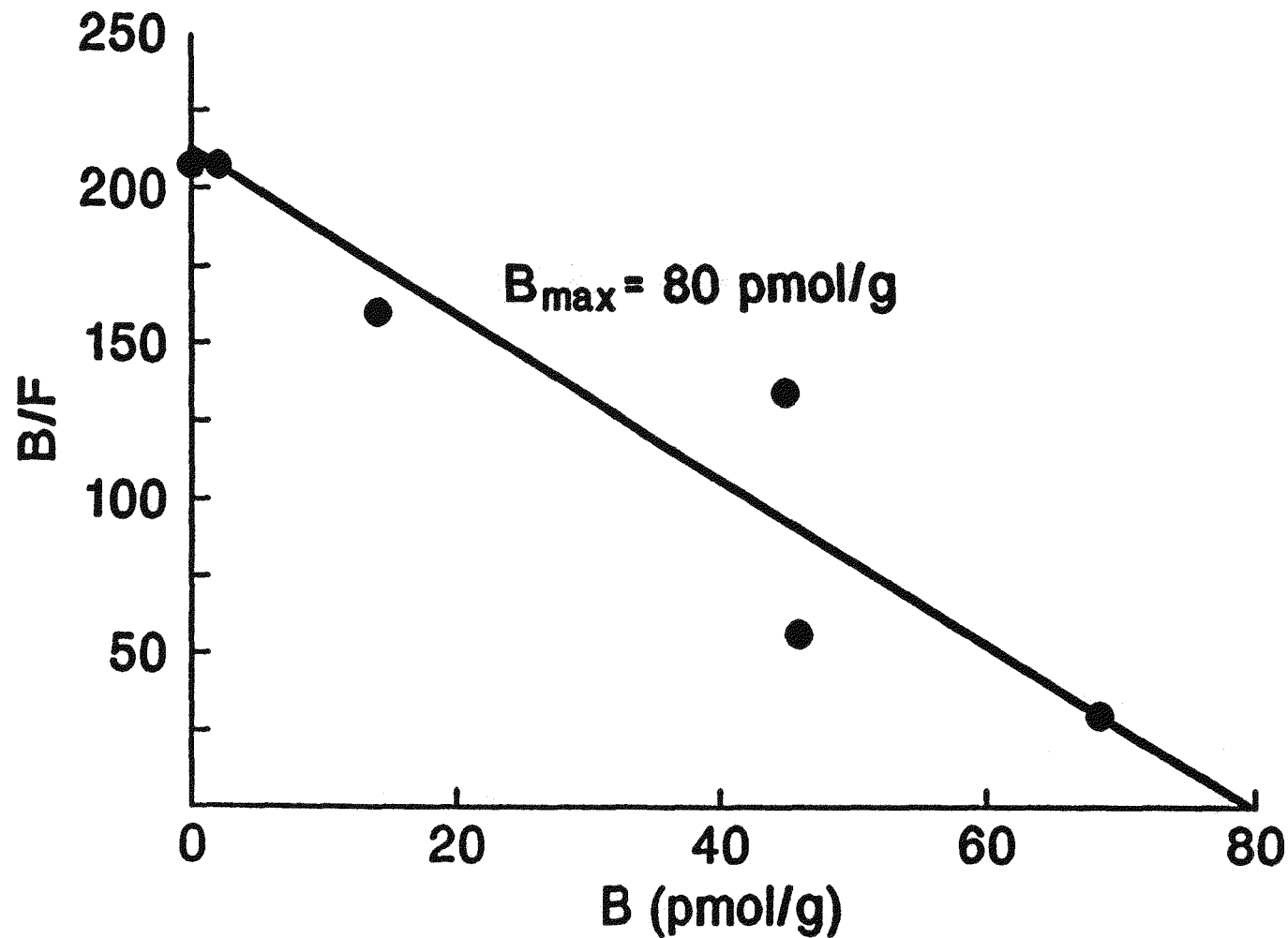
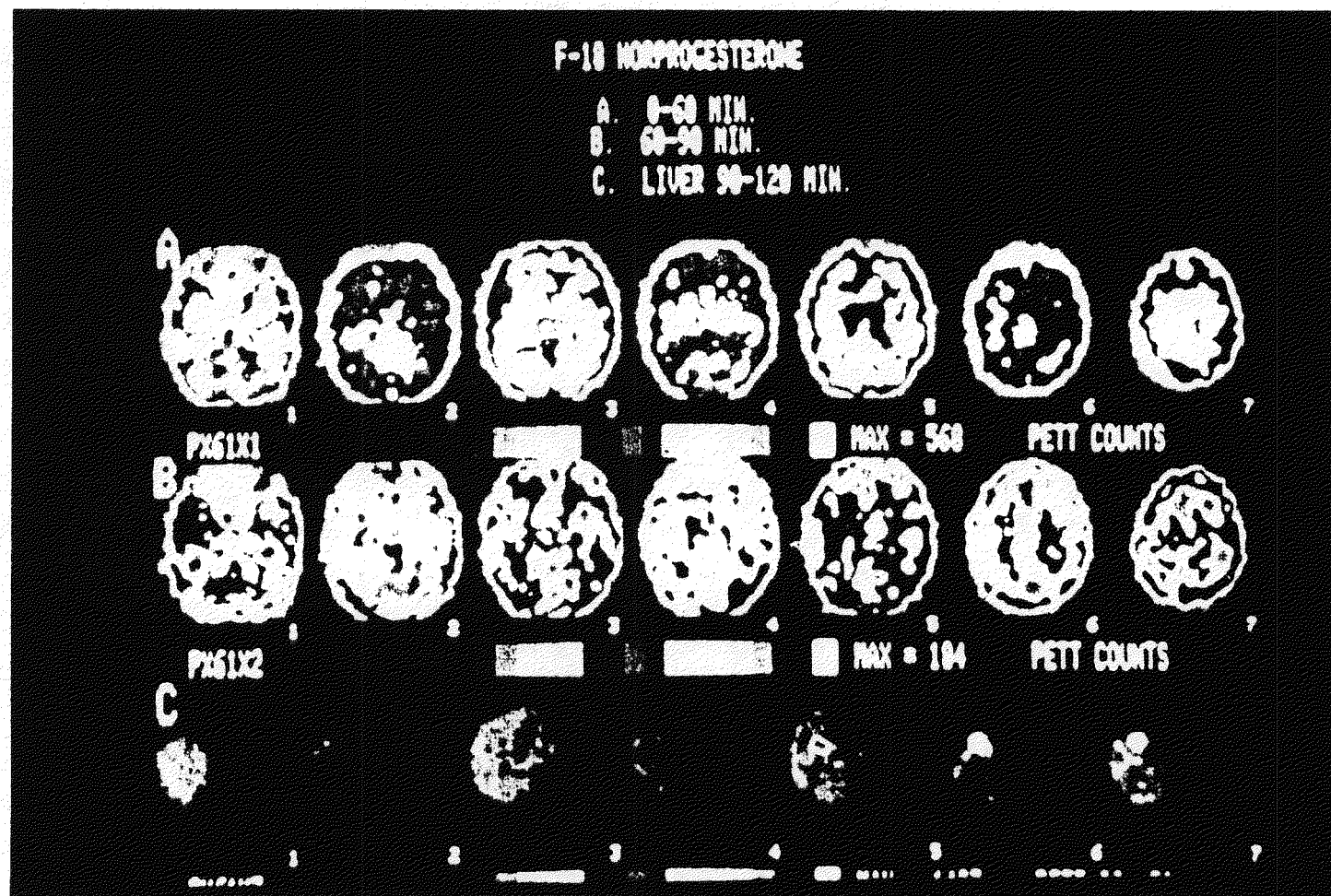


Figure 18

**Figure 19. Scatchard plot of bound/free vs bound for uterus uptake pretreated with intermediate dose of tamoxifen**





**Figure 20:** The biodistribution of FENP in a normal human subject. Slices A and B show the distribution of activity in the brain. Note the small amount of skull uptake. Slices C show the clearance of this compound through the liver and gallbladder.

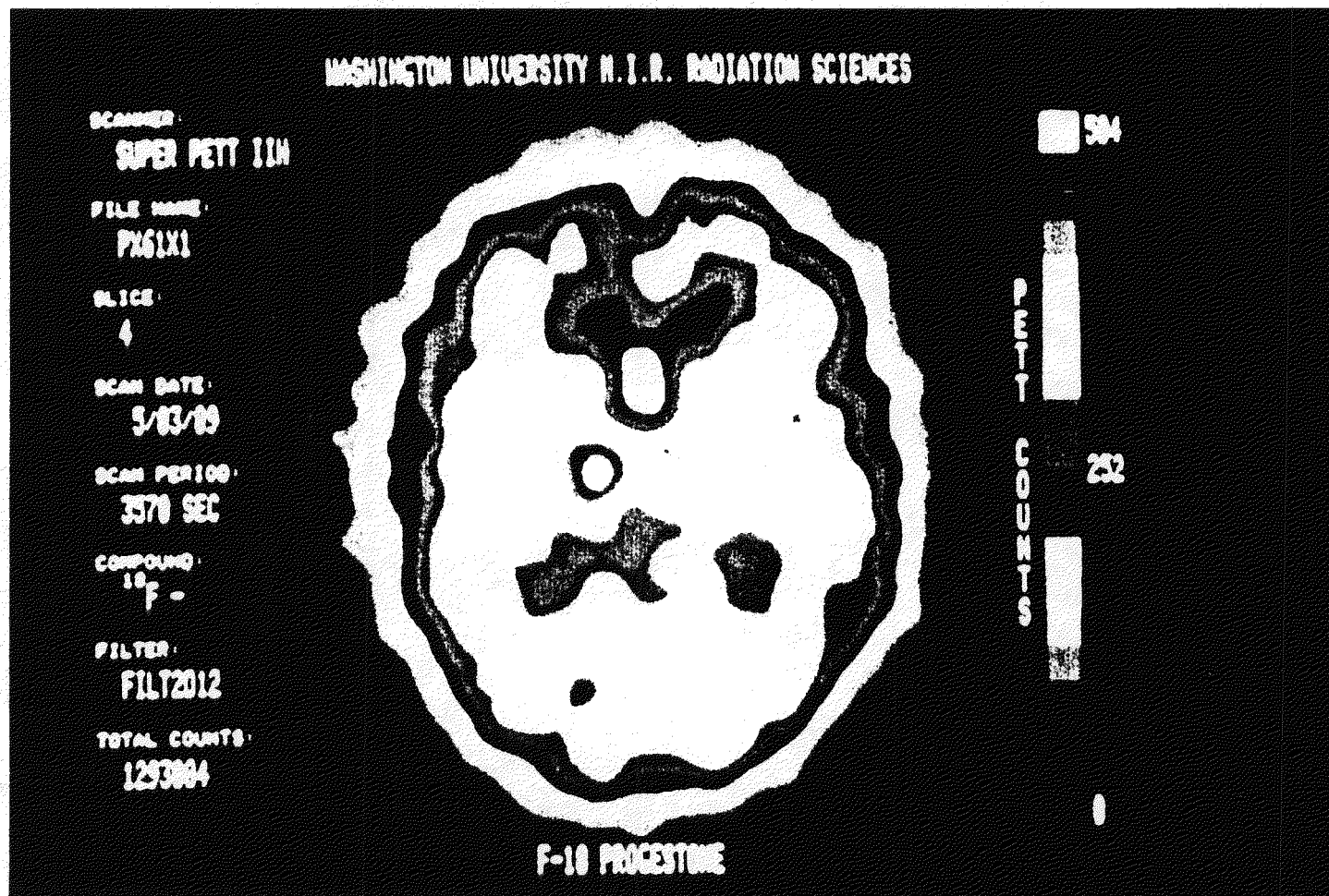


Figure 21: Distribution of FENP in brain of a normal human subject. The specific uptake is in the regions of the hypothalamus.



little or no uptake is observed in bone). This is in contrast to the rat studies where significant bone uptake is observed. In a different study (Appendix 14) utilizing a fluoroalkyl derivative of diprenorphine, we have observed very different biodistribution in male and female rats; extensive bone uptake occurs in male rats. When this diprenorphine analog was studied in primates, no bone uptake is observed. It appears that extrapolation of metabolism from rats to primates is difficult and one of our goals in the future work will be to attempt to evaluate the anticipated metabolites from higher mammals. The uptake of progesterone in human brain is very similar to the uptake of estradiol in both primate (Figure 22) and human brain (Figure 23). In primates the FENP uptake can be blocked (Figure 24) and these agents have potential for studying sex hormone receptor binding sites in the brain.

Largely supported by NIH, we are continuing to study  $^{18}\text{F}$ ES in human subjects. One of our initial human images (selected by Dr. H.N. Wagner as image of the year) is shown in Figure 25. Our current protocol involves patients with metastatic breast carcinoma studied before and during tamoxifen treatment. Images from a typical patient in this protocol are shown in Figure 26.

#### References

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3. Katzenellenbogen JA, Heima DF, Carlson KE. In Receptor Binding Radio-tracers. (WC Eckelman Ed) C.R.C. Press (Boca Raton FL) 1982 p. 93.

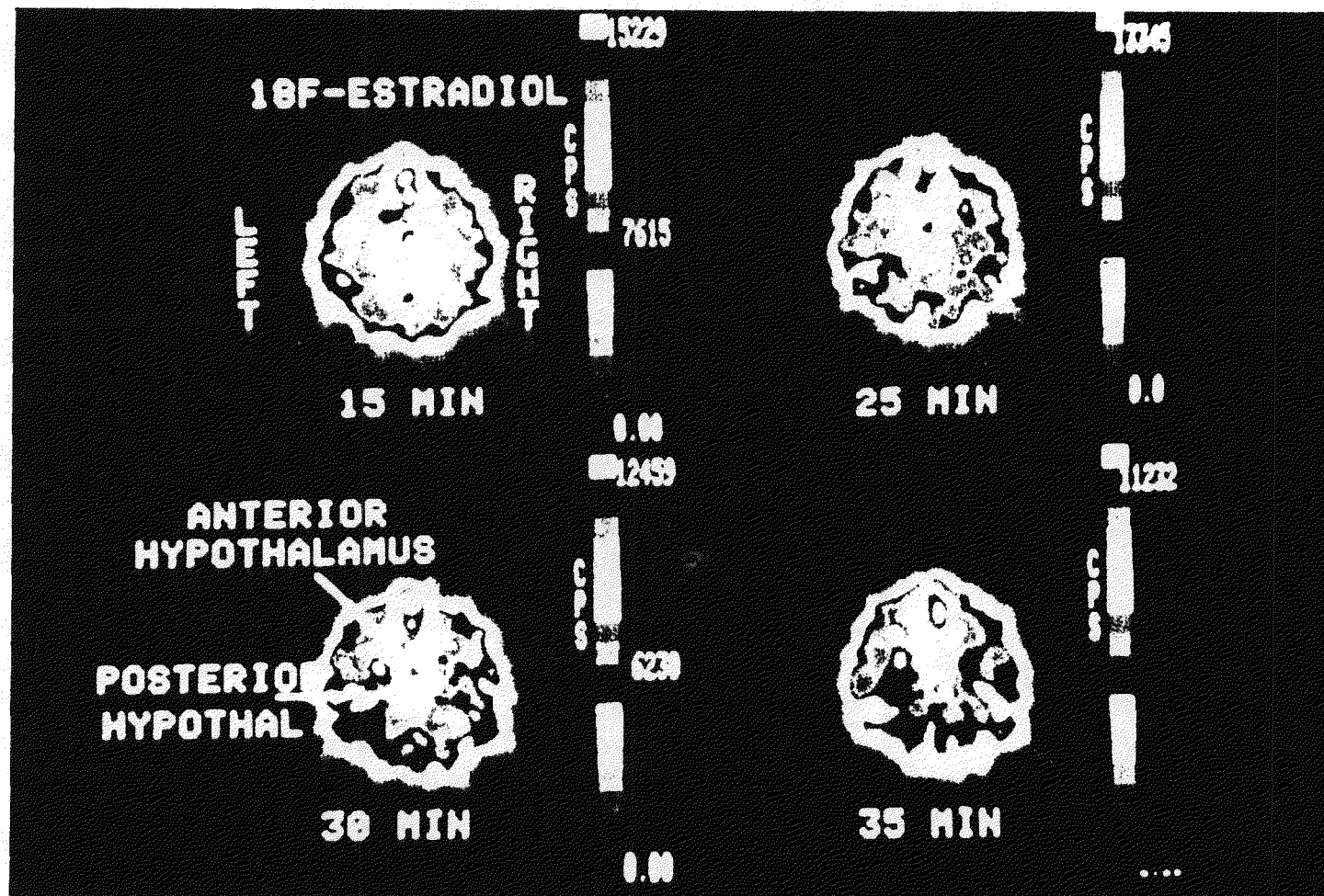


Figure 22: Uptake and washout of  $^{18}\text{F}$ -fluoroestradiol in a baboon brain. There is specific accumulation in the hypothalamus.

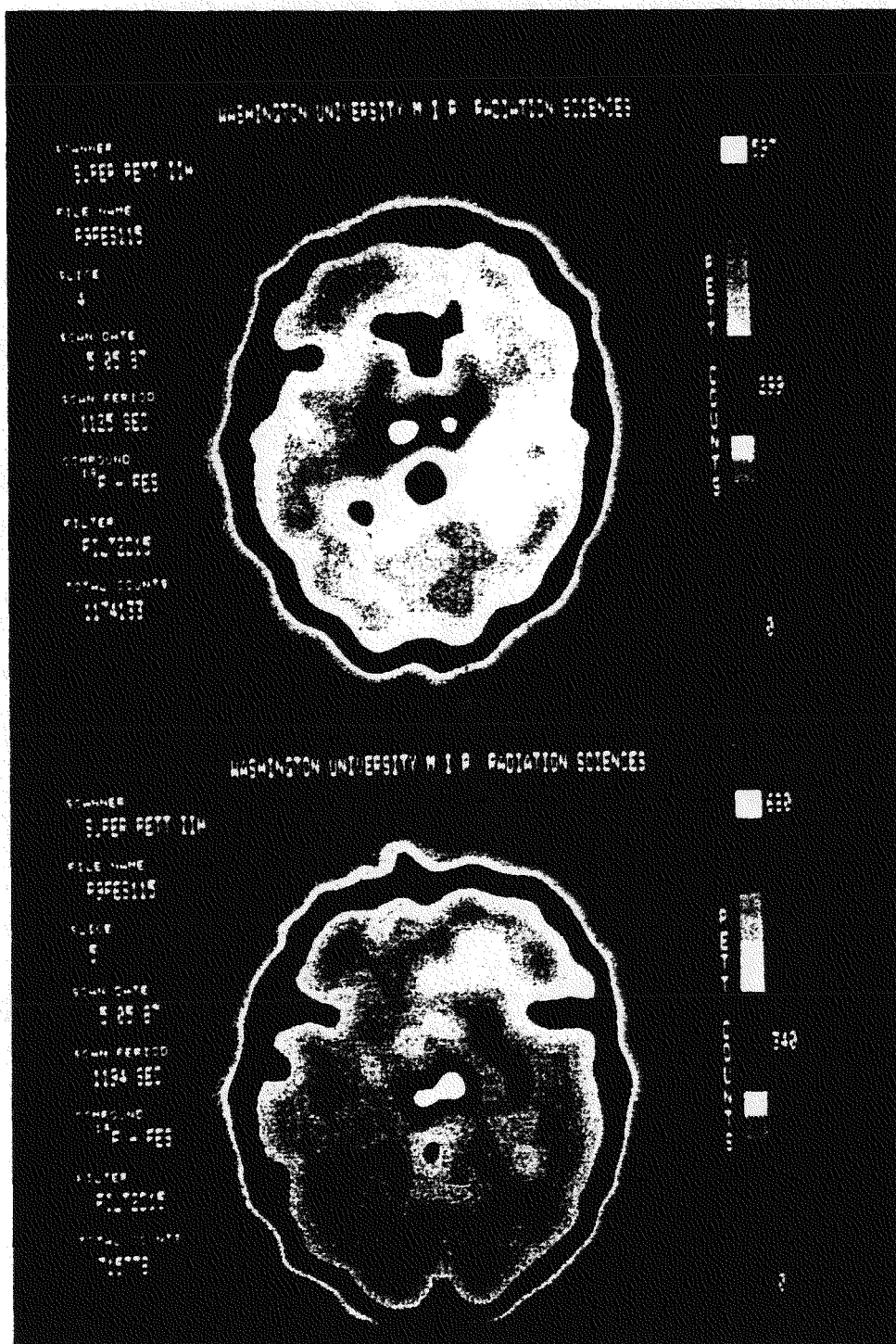


Figure 23: Distribution of  $^{18}\text{F}$ -fluoroestradiol in a normal human brain, uptake occurs in the regions of the hypothalamus.

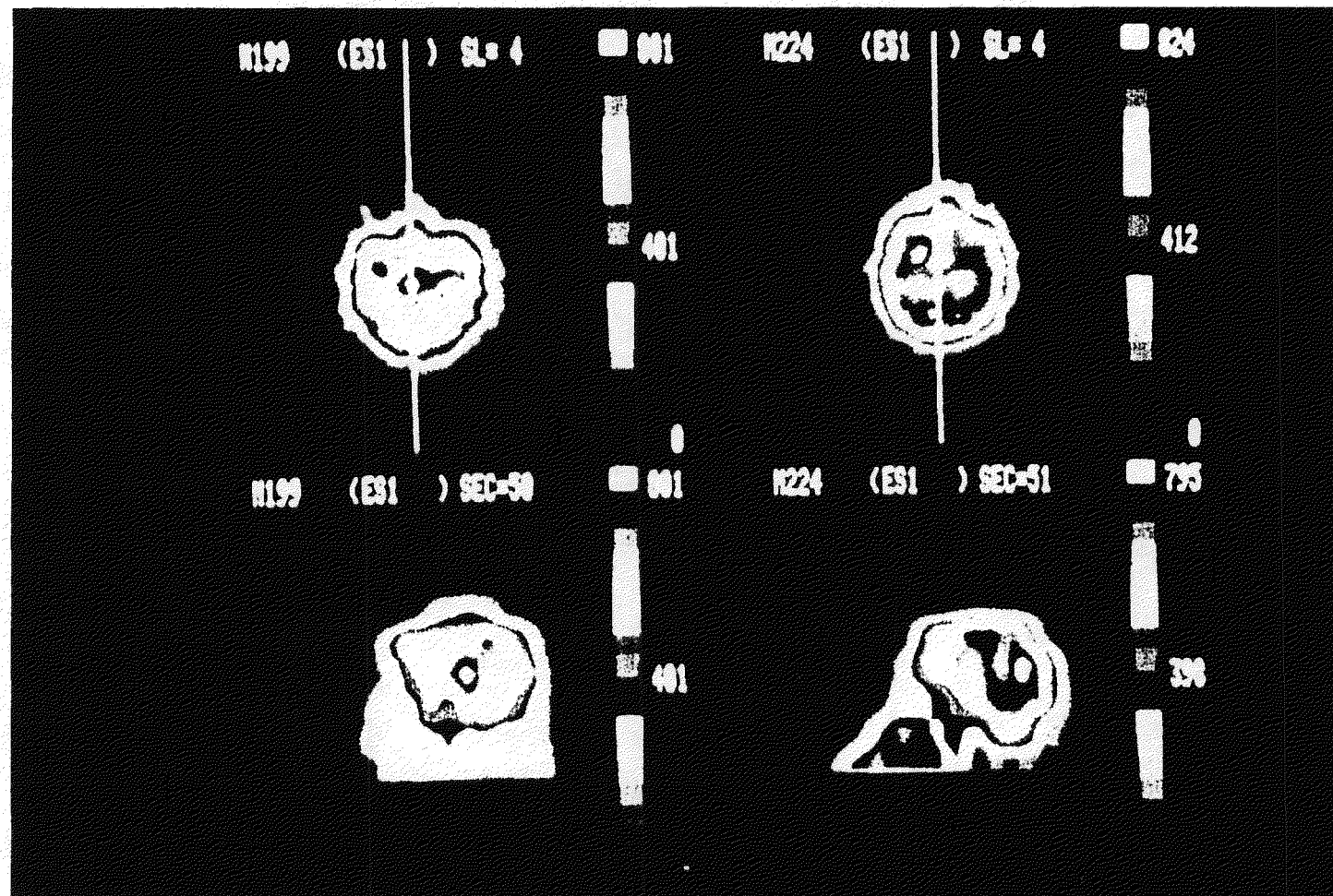


Figure 24. Uptake of FENP in a baboon brain at high (left) and low (right) specific activities. At low specific activities diffuse uptake is obtained. Significantly more activity was administered in the low specific activity case accounting for the similar PET numbers.

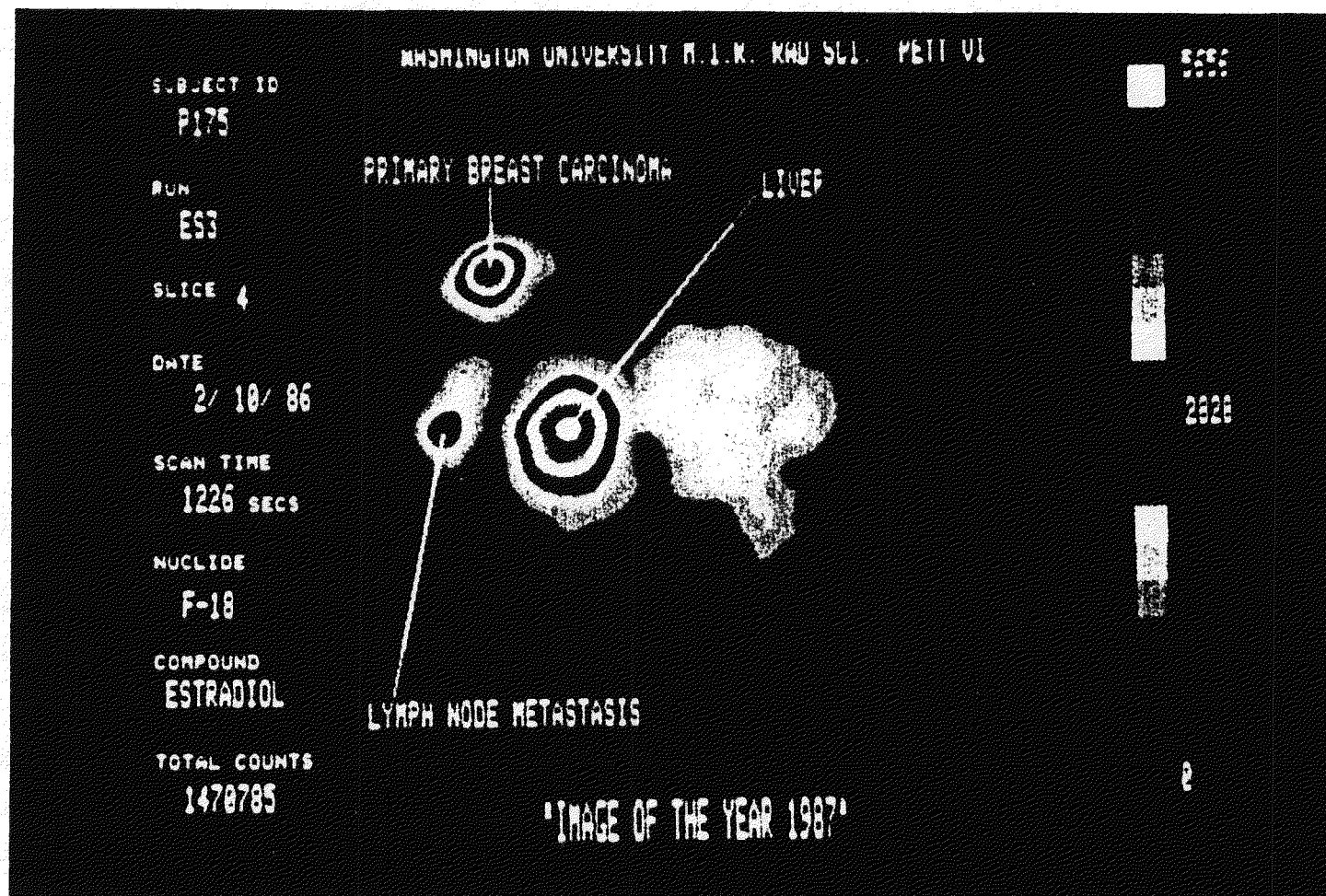


Figure 25: Distribution of  $^{18}\text{F}$ -fluoroestradiol in a patient with a primary breast carcinoma, uptake in the breast tumor and lymph node metastasis as well as the clearance through the liver is observed.

*Legends And Preparations removed*

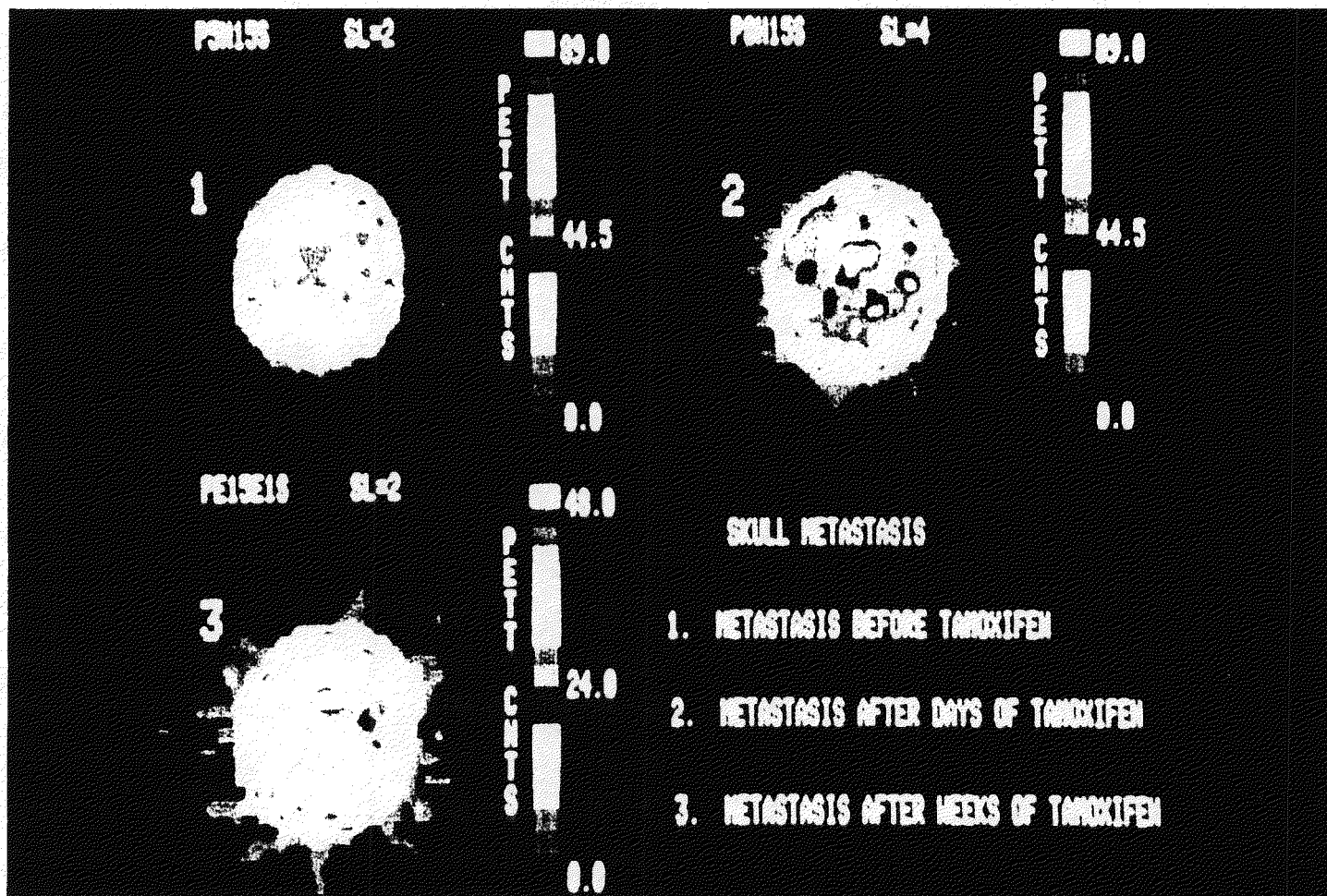


Figure 26: Uptake of  $^{18}\text{F}$ -fluoroestradiol in a patient with skull metastasis of breast carcinoma.  $^{18}\text{F}$ -FES administered before tamoxifen (1), 5 days after the initiation of tamoxifen (2), and 6 weeks after initiation of tamoxifen (3). The reduction in target to non-target ratios is clearly observed.