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## Design and evaluation of alphabetic and numeric input methods for virtual reality

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### ABSTRACT

In today's virtual reality (VR), users have various ways to influence their VR experience, including alphanumeric input. While typing characters and numbers is straightforward on desktop computers, it presents challenges and opportunities in head-mounted display VR due to specific interaction methods and a lack of real-world visual stimuli. Addressing these open questions, our work implements and evaluates ten approaches to alphabetic and numeric inputs in VR. We describe the design motivation behind these input methods and evaluate them in a user study with 40 participants divided into groups for alphabetic and numeric keyboards. This comparison investigates each method's performance and user interactions. Our findings suggest that different input methods significantly impact words per minute and error rates, and that certain keyboard designs may receive better subjective evaluations despite poorer objective performance.

### 1. Introduction

This paper focuses on alphabetic and numeric input in head-mounted display virtual reality (HMD VR), as many of the tasks performed in virtual environments relate to this activity. Writing can have many goals, involving commanding a software system, creating an article, communicating with friends, or annotating complex scientific data. It also takes various forms—it may include letters, numbers, and special characters, and all of them are given various meanings based on the chosen language. The importance of text entry in virtual reality was discussed,

for example, by Fourier et al. [1]. They focused on industrial data entry scenarios, which is an area requiring a great deal of textual input combining letters, symbols, numbers, and special characters. Text input is important also for the educational scenarios studied by Motejlek et al. [2]. They conclude that while the effectiveness of learning is higher when the students answer questions via direct textual input [3], transforming such systems to virtual reality is challenging due to the current input limitations.

Given the importance of writing, we present and evaluate a set of methods focused on alphabetic and numeric input in HMD VR. In our context, the term *alphabetic input* refers to input methods supporting and primarily targeting the writing of letters, while the term *numeric input* refers to methods designed mainly for inputting numerical data. As for methods that are *alphanumeric*, they often fall under the *alphabetic* category since their primary design motivation is typically textual input. The division into purely alphabetic and numeric inputs studied in this publication is due to our specific application domain—this research was initiated by a desire to see what type of input would be most suitable in the context of VR molecular visualization and modeling. This area exhibits various needs for

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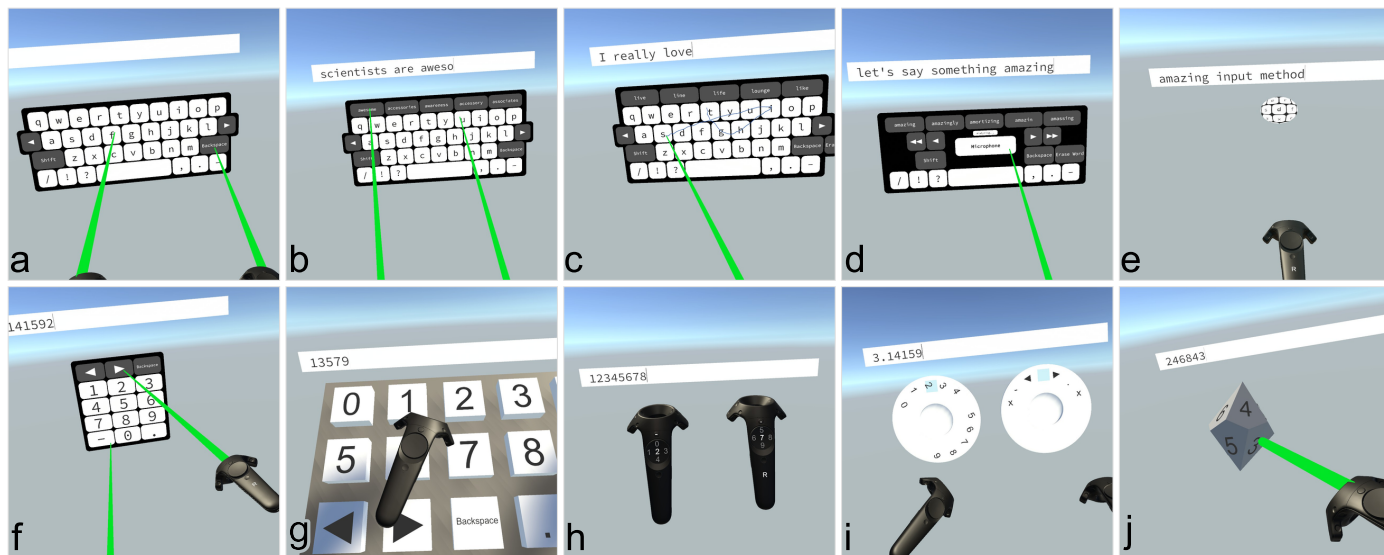
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**Fig. 1.** An overview of all ten keyboards that were developed and evaluated in this study. The methods were separated into two categories based on the type of content produced, namely to alphabetic writing – a) to e) – and numeric writing – f) to j).

input of characters and numbers. For example, numeric input is typically sufficient when searching for particular amino acid residues in a protein chain or when visualizing parts of a DNA strand in chromatin complexes. Since this task often requires simultaneous input and visual exploration of the data, it is desired to obstruct the view of the structure as little as possible, thus the smaller the keyboard is, the better. On the other hand, when annotating molecular data or creating protein sequences, alphabetic input is needed. Therefore, our goal is to explore both worlds separately, which might potentially be followed by other researchers combining our input methods into unified alphanumeric techniques. In summary, the contributions of our research are:

- Implementation of ten methods for alphabetic and numeric input in HMD VR, including novel keyboards, methods inspired by existing research, as well as approaches adapted from other domains (see Section 3).
- Comparison-based evaluation of these input methods, focusing on their quantitative and qualitative characteristics. In particular, we aim to answer two main research questions:
  - **RQ1:** What are the best and worst performing methods in terms of writing speed and error rate, and what aspects mostly define their performance?
  - **RQ2:** How strongly does the users' subjective experience (i.e., personal keyboard preference) correspond to the objective data (i.e., measured keyboard performance)?

## 2. Related Work

This section categorizes the key existing works in this area, mostly focusing on approaches targeting HMD VR.

### 2.1. Alphabetic Input

Methods for alphabetic input are probably one of the most researched input modalities in the context of immersive virtual environments (IVEs), and thus they are discussed first.

#### 2.1.1. Hardware Solutions

Although our goal was to use existing unaltered VR hardware instead of building a new one, there is a body of relevant work in this area worth mentioning. The authors of the so-called Vitty method augmented the capabilities of HTC Vive controllers by adding finger buttons to emulate QWERTY-style touch typing [4]. In the works of Menzner and Otte [5, 6], the traditional physical keyboard was extended with capacitive-sensing possibilities, enabling to detect not only press interaction but also touch. In FaceTouch, the touch screen was attached to the front part of the headset, enabling users to input text by using the attached display [7]. A similar idea was explored by Lee et al. [8], and Hutama et al. [9].

Apart from augmenting the existing hardware, completely novel interaction devices were also proposed. Son et al. [10] developed hand-held touchpad controllers to explore the challenge of two-thumb typing in VR—inspiring us to explore the two-thumb typing direction as well. In the work of Witt et al. [11], a sensor-mounted glove was proposed, enabling inputting text using a set of pre-defined gestures. In Roto-Swype [12], a gesture-tracking ring was developed to input text using hand movements. Interesting hardware for detecting tapping was presented in TapID [13]—a wrist-worn sensor used with headset-based tracking, enabling to emulate touch screen-resembling writing experience. Finally, Keycube, presented by Brun et al. [14, 15], offers 80 keys placed on the sides of a hand-held cubic device, suitable for alphanumeric input, and various additional tasks. This concept also served as an inspiration for the design of some of our methods.

### 2.1.2. Virtual Keyboard Solutions

The so-called Drum-like keyboard was presented by Google's Daydream Labs and further evaluated by Boletsis et al. [16, 17, 18]. In the case of this keyboard, the controllers are used as drumsticks, whereas every key can be seen as a small drum. Two additional interesting concepts were presented by Yanagihara et al. The first one, the cubic keyboard, exploits the three-dimensionality of IVE by placing the keys in a 3D array with 3x3x3 elements [19]. The second concept also takes advantage of better spatial perception in HMD VR, yet this time it is realized by presenting the user with a curved keyboard [20]. Various techniques, ranging from the usage of controllers to head and hand tracking, were presented by Speicher et al. [21], with the raycasting approach performing best in the overall results. Several presented methods focus on the usage of the HTC Vive controller's trackpad as a means of textual input, inspiring us to follow this direction as well [22, 23, 24]. Tominaga et al. [25] investigated the effects of the virtual keyboard's position and angle on the typing performance, concluding that the tested angles did not influence typing speed, yet the position influenced the user's fatigue. Similarly, Dube et al. [26] explored the effect of different key shapes and dimensions on typing performance, concluding the square-shaped keys performed the best overall. Different key dimensions were also exploited in the work of Yang et al. [27], proposing spatial-enhanced virtual keyboards. In the work of Knierim et al. [28], various representations of an avatar's hand were compared, revealing that they do not have a significant influence on the performance of experienced typists. Similar results were reported by Grubert et al. [29]. Other interesting research results were described by Wan et al. [30], exploring methods for alphanumeric writing with a special focus on the input of special characters. They discovered that mapping the keyboard mode switching to controllers' buttons, instead of using virtual buttons corresponding to physical keyboard counterparts, may lead to increased performance. While most research focuses on text addition, Li et al. [31] went in another direction, studying how to improve the text revision via the combined use of backspace and caret control—their focus on revision inspired us to design unified caret control mechanisms.

### 2.1.3. Head- and Hand-Tracking Solutions

Apart from using the controllers, textual input can also be realized via hand-tracking approaches, potentially leading to more natural interaction with the virtual world. Ogitani et al. [32] presented a technique supporting the projection of the keyboard onto the palm of a user's hand. In the approaches by Adhikary and Vertanen [33], Tomaru and Tanaka [34], Jimenez and Schulze [35], and Pastor [36], hands of the user are used to select a key on a virtual representation of a classical keyboard layout. Compared to this, some textual input methods rely on hand gestures [37, 38, 39]. Similarly, head tracking might also be used as a means of alphabetic input [21, 40]. Yu et al. [41] explored three approaches to head-based text entry, finding out that the one based on a swipe-style keyboard performed surprisingly well in terms of writing speed. In the case of eye tracking approaches [42, 43], Rajanna et al. [42] investigated how the

keyboard design, selection method, and motion in the field of view influence gaze typing performance.

### 2.1.4. Speech Recognition Solutions

While voice recognition in VR often serves primarily for controlling the system via spoken commands [44], approaches using speech as a form of textual input exist as well. For example, dedicated solutions like SWIFTER were developed, making the speech a core aspect of the text input technique [45]. SWIFTER augments the speech input with user-controlled error-correction techniques, enabling this method to remain simple from the interaction perspective, yet powerful enough to be practically usable. Derby et al. [46] studied the effect of a noisy environment on the speed and accuracy of Microsoft HoloLens dictation input, concluding that the accuracy started to be problematic when noise levels exceeded 60 dB.

### 2.1.5. Gesture-based Solutions

Word-gesture text entry was presented by Chen et al. [47], comparing two swipe-style typing keyboards interacted with using a controller and touch screen, with the controller version reaching better results. Similarly, Kern et al. [48] compared tap-based and swipe-based keyboards in the context of both virtual and augmented realities, obtaining results in favor of the tap-style approach. Another area being explored is handwriting-based textual input. Various approaches, such as neural networks, were employed to improve the recognition of written text [49, 50, 51]. Fourrier et al. [1] combined hand-tracking and hand-writing to propose an interaction technique closely resembling real-world writing experience. There were many additional interesting approaches in the world of controller-based input methods, focusing, for example, on the writing of Japanese characters, machine learning-based motion gesture detection, or 3DOF-only devices [52, 53, 54].

## 2.2. Numeric Input

The existing research targeting exclusively input of numerical data in HMD VR is rather small. In the work of Georgios Lepouras, several methods for numeric input are presented, involving the usage of gloves, wireless numeric keyboard, and gamepad [55, 56]. Among other outcomes, the results suggested that gesture-based interaction, e.g., using gloves, might not be the most suitable choice in the context of a numeric input scenario. In the work of Gao et al. [57], the tilt-click input technique was proposed. It was shown that such an approach might find use in small mobile devices. The eyes-free aspect of this keyboard inspired us when designing one of our numeric input methods.

## 2.3. Comparison Studies

Several of the existing works share a similar comparison-focused approach as we follow. Boletsis et al. [18] evaluated four keyboard designs, inspired by the already existing methods. Their study provides interesting observations we considered during our work. However, the limitations of their work include a focus strictly on alphabetic input and omitting the

1 auto-completion methods. Five text-entry methods were compared in the work of Speicher et al. [21]. Despite presenting various interesting outcomes across a wide design space, their work shares the same limitations as the work of Boletsis et al.

2 Lepouras [56], on the other hand, compares five methods for numeric input in VR. However, this work completely omits techniques designed for common VR controllers, preferring hand gestures or different types of hardware instead. The work of Wan et al. [30] also draws some similarities. However, their work focuses more on the aspect of switching between different keyboard modes, determining what characters are about to be written. Thus, this work complements our results in some aspects. Similarly, also the works of Derby et al. [46], Yang et al. [27], Dube et al. [26], and Li et al. [31] can be seen as complementary studies.

### 16 3. Evaluated Keyboards

17 In our work, we are targeting several challenges that were not yet tackled in the existing studies. However, some of them were stated as a future avenue of research in publications. Apart from being inspired by the existing methods, we explore the auto-completion functionality—suggested future direction in Boletsis et al. [18]. Furthermore, we investigate and evaluate a method that combines word-level and character-level input, as proposed by Yu et al. [41] in their future research directions. Finally, we also focus on the evaluation of purely numerical methods that are very scarcely researched so far.

28 We split the evaluated methods into purely alphabetic and purely numeric since both types of input have their place in VR HMDs, and their different domains enable us to design methods combining various interaction paradigms and design goals. For example, some of the keyboards rely on raycasting-based controls, as this technique is ubiquitous and well-performing [21], others on direct manipulation. Similarly, some methods are unimanual while others are bimanual by design—and in some cases, this aspect is entirely up to the user. An important part of textual input is the ability to correct errors. In this area, our methods employ character-level backspace granularity and discrete caret control continuity [31].

39 Our keyboards are specifically designed for compatibility with standard HTC Vive VR controllers. While alternative interaction methods, such as hand-tracking, were considered, we prioritize controller-based techniques for two reasons. Firstly, the majority of VR headsets come bundled with controllers, which are readily available for interaction within the virtual environment. This contrasts with hand-tracking, which, although increasingly integrated, often requires additional hardware for support on some VR headsets. Secondly, VR controllers offer a unique set of features, including precise positional tracking, multiple buttons, and haptic feedback. Replicating these features with alternative methods may prove challenging. Therefore, if VR applications benefit from the capabilities of VR controllers, it is preferable to utilize them also for textual interactions rather than adopting a different interaction methodology for this particular task.

#### 3.1. Alphabetic Input

56 We implemented and then evaluated five alphabetic keyboards, each of them optimized for writing common English sentences. We decided to explore three core aspects in this area. First, since the classical two-dimensional QWERTY keyboard often remains a natural first choice, thanks to its well-known layout, simple interactions, and straightforward integration to a larger 2D interface, we decided to explore this type of keyboard and its enhancements to better understand its capabilities. Then, we focused on the use of voice, enabling us to see the real-world performance of speech-to-text technology with non-native speakers. Finally, since VR keyboards are often rather large, they may occupy a significant amount of the user's view, potentially obstructing some important information. Therefore, we came up with a keyboard designed to tackle this challenge.

70 **Raycast alphabetic:** The most basic alphabetic keyboard, shown in Figure 1 (a), utilizes only ray casting. In this case, the user can use any controller to write letters selected by a ray casted from the controller. Square-shaped keys were used as per the suggestion of Dube et al. [26]. Since this type of keyboard is common in the majority of VR applications, it serves as a baseline for other methods.

77 **Raycast dictionary:** Similar to many current smartphone keyboards, this method (Figure 1 (b)) extends the basic raycasting keyboard with a row of text suggestions, aiming to simplify the completion or correction of the current word. A comparable approach was used also by Chen et al. [47] in their Swipe keyboard. The implementation uses an underlying word dictionary—unigram dataset consisting of 150,000 entries derived from Google Web Trillion Word Corpus—and n-grams model to suggest the most suitable completion of the current word. To perform the auto-completion or correction operation, the user can click the desired word in the top row. The selected word is then automatically followed by a space, as expected according to the feedback from our initial pilot study. This keyboard was selected since it should improve the writing speed without influencing the writing interaction. Thus, the user may take advantage of text suggestions, but they should not obstruct the writing experience, leading to an improved user experience.

94 **Swipe:** This word-gesture text entry method, known from smartphones, as well as the work of Chen et al. [47], has the same layout as *Raycast dictionary* keyboard, including the presence of text suggestions. However, in this case, the primary means of writing is by drawing a line over letters forming the desired word (Figure 1 (c)). After the line is drawn, the system evaluates the closest matching word, using the Greedy Asymmetric Dynamic Time Warping algorithm [58], and outputs it into the text field. Following the suggestions of Yu et al. [41], our Swipe keyboard also supports character-level input performed without a drawing gesture. This is useful if the user wants to correct small errors or write words unknown to the underlying text engine. Thus, this method aims to provide gesture-like input interaction without hindering the experience if the primary input means cannot be used. The expected benefit of Swipe lies in its gesture-based approach, potentially requiring less precision and interaction overhead during writing.

111 **Speech to Text:** As the name suggests, this input method

converts spoken input into a textual outcome (Figure 1 (d)). It relies on Microsoft Azure platform [59] to perform the conversion from speech to text and supports the conversion of single words as well as whole sentences. A strong advantage of this approach is the usage of speech, which is a very natural mode of interaction. Additionally, the method conceptually does not necessarily require user interface elements. While the user can write only using voice, we were inspired by SWIFTER method [45] and added text suggestions to simplify corrections. We assume that this can be beneficial namely for non-native speakers whose pronunciation can often be misinterpreted by the translator. All in all, this keyboard was included as it strives for a strong performance while feeling very natural to use.

**Zoom:** This keyboard follows the same layout as the basic *Raycast alphabetic* keyboard, yet the user looks at it through a small lens (Figure 1 (e)). The writing works as follows—first, the user presses the dedicated controller button to align the keyboard with the center of the lens, i.e., defines the optimal position for comfortable writing. Then, pressing the controller’s trigger button outputs the letter corresponding to the key selected by a cursor positioned in the center of the lens. This cursor slides on the keyboard as the controller moves. In the case of this method, we aimed to see the influence of reduced visibility on the measured performance and users’ satisfaction since making the keyboard smaller has many benefits, yet they should not come at an unbearably high price of making the keyboard unusable.

### 3.2. Numeric Input

Similar to alphabetic methods, five numeric input methods were implemented and subsequently evaluated. While both types of input can be theoretically covered by techniques for general alphanumeric input, we have decided to separate them. First, there are situations where it is sufficient to input only numerical data, therefore, we wanted to explore the ways of doing so. Second, the input domain of numerical methods is smaller since 12 characters—including the minus sign and decimal separator—are sufficient to write any number. This poses fewer constraints on the interactions and enables the exploration of more varying interaction approaches. Thus, while we use these methods to write numbers, our discoveries might be applicable beyond this domain in other applications where the user may need to choose from a limited set of options. As for the keyboards themselves, we decided to include keyboards offering both well-known and novel layouts, as well as various kinds of interaction means.

**Raycast numeric:** This keyboard is a numeric counterpart of the *Raycast alphabetic* keyboard, also serving as a baseline (Figure 1 (f)). The ordering of numbers corresponds to the well-known layout of telephone keypads, defined by the ITU-T E.161 standard [60].

**Buttons:** In this keyboard, the user is presented with a set of virtual buttons that imitate real-world pressing interaction, exploiting the natural way buttons are typically interacted with (Figure 1 (g)). The buttons are square-shaped and ordered in three rows to keep the keyboard reasonably compact yet still precise in selecting keys. By including this keyboard, we aim to

study the impact of direct manipulation on typing performance and user satisfaction.

**Trackpad:** This input method (Figure 1 (h)) relies on two-thumbs typing methodology, positively evaluated in the alphanumeric-focused works of Nguyen et al. [22] and Zhang et al. [23]. The keypad is mapped directly onto the VR controllers—thumb-operated trackpads host numbers while the remaining controllers’ buttons are used for supporting operations. Thus there is no need for additional user interface (UI) elements in the scene, potentially giving application creators more freedom in designing immersive environments. Moreover, similarly to Tilt-click method [57], this keyboard also does not require the user to look at it when providing input. Therefore, we aim to see how this UI-less technique stands in comparison to others.

**Circles:** This keyboard (Figure 1 (i)) draws inspiration from the rotary dial known from old telephones, and tilting-controlled keyboards by Čejka et al. [61]. The user is presented with two dials—the left one for numbers, and the right one for supporting operations—that are controlled by the controller rotations. Thus, the user rotates the controllers along their longitudinal axis, and this rotational movement is translated into the equivalent movement of circular dials. To write numbers, the user rotates them into the highlighted part of the dial and then presses the controller’s trigger button. The advantage of this method is the reason we included it—it relies solely on rotations, i.e., the user does not have to aim nor precisely position the controller.

**Dice:** As the name may reveal, this keyboard, inspired by Keycube [14, 15], employs gamification concepts aiming to entertain the user while performing the desired task (Figure 1 (j)). In this case, the left controller is replaced with a 10-sided dice which movements correspond to the movements of the controller. The numbers are then written by selecting a dice number with the right controller’s ray. Moreover, this method also employs simple swinging gestures to perform supporting operations. More precisely, the horizontal swing of the left controller is used to write a minus sign, while stabbing-like movement results in a decimal point being written. The right controller horizontal and vertical swings are used to move the caret and remove the last written character, respectively. The motivation behind Dice is to see the results of such an unusual approach that might be well suitable for game-like scenarios, or even as a general selection technique where the numbers would be replaced with menu items, for example.

### 3.3. Discarded Keyboards

Apart from the keyboards described in the previous text, we also implemented two additional keyboards, pictured in Figure 2, that were discarded after the pilot study (described in Supplementary material) due to their poor performance results.

**Handwriting keyboard:** This keyboard uses a ray emitted from the controller to write text like with a classic writing instrument. This input method was explored by other researchers as well, showing some potentially interesting benefits. However, the performance of this method was far from satisfactory in our scenario.

**Telephone-like keyboard:** This keyboard is based on the keypad of classic mobile phones. The keyboard consists of 11

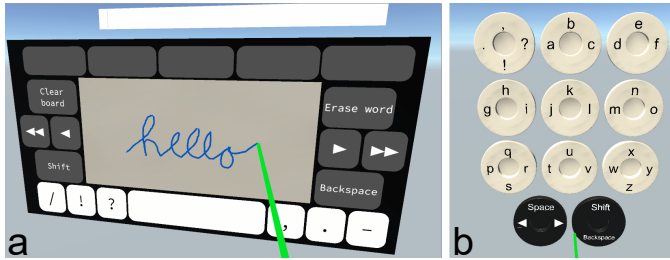


Fig. 2. Two keyboards discarded after the pilot study: a) handwriting keyboard b) telephone-inspired keyboard.

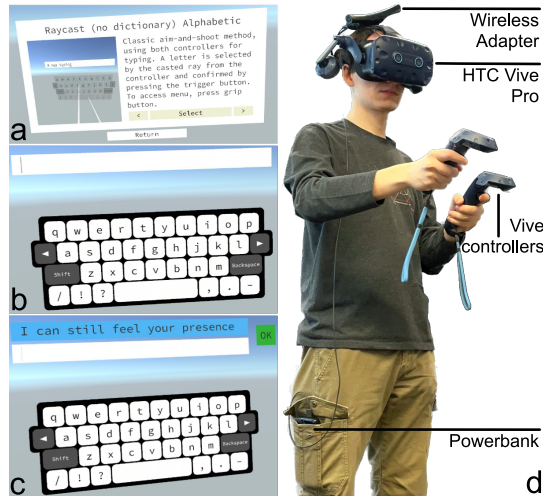


Fig. 3. (left) Screenshots from the application environment showing the (a) keyboard introduction screen, (b) playground scene, and (c) the layout of the testing mode showing a sentence to write. (right) User study setup from the equipment perspective.

1 circular buttons in total, each of which offers up to four actions.  
 2 The act of writing is realized by aiming the ray at the desired  
 3 button, and then by pressing a corresponding part of the track-  
 4 pad to determine the letter to write. Unfortunately, this method  
 5 turned out to be too slow and confusing for the users, and thus  
 6 we did not further proceed with it.

## 7 4. Comparison Study Design

8 All keyboards were first evaluated in a pilot study that was  
 9 later followed by a final comparison study evaluating improved  
 10 keyboard designs. We have decided to split the evaluation into  
 11 two groups, one focusing on alphabetic keyboards, and the  
 12 other one on numeric ones. This enabled us to keep the same  
 13 study design but significantly shorten its length for the partici-  
 14 pants, resulting in less fatigue and a more pleasant experience.

### 15 4.1. Participants

16 All participants were required to be more than 18 years old  
 17 and were informed that the collected data were anonymous and  
 18 that there was no reward for participation. Overall, the study  
 19 involved 40 participants ( $N = 40$ , age ranging from 20 to 47  
 20 with a mean of 26.13 and standard deviation 6.25, female/male  
 21 = 13/27), out of these 20 ( $N = 20$ , mean age 26.9, female/male

= 7/13) tested alphabetic keyboards and 20 ( $N = 20$ , mean age  
 22 25.35, female/male = 6/14) numeric ones. All of them evalu-  
 23 ated their English level as B1 or better (based on the Com-  
 24 mon European Framework of Reference), but none were native  
 25 English speakers. Eight users had no prior VR experience, 22  
 26 users use VR at least once a year, nine on a monthly basis, and  
 27 one participant uses it at least once a week. All participants suc-  
 28 cessfully completed the entire testing sessions, which typically  
 29 lasted around an hour.  
 30

### 31 4.2. Testing Environment

32 The evaluated methods were implemented in an application  
 33 based on the Unity engine, targeting the HTC Vive headsets and  
 34 corresponding controllers (Figure 3 (right)). The testing envi-  
 35 ronment within this application consisted of three main parts, as  
 36 shown in Figure 3 (left). First, before testing a specific method,  
 37 the users were provided with a textual overview of its function-  
 38 ality, serving as an initial introduction to the method. Then,  
 39 they entered a "playground" mode, containing a single input  
 40 field, enabling the users to get familiar with the keyboard with-  
 41 out any distractions. Finally, the testing mode itself consisted  
 42 of two input fields—the upper one presenting the text to write,  
 43 and the lower one user's input. The scene also contained a but-  
 44 ton used to confirm the current input, and subsequently proceed  
 45 to the next sentence or number. The input fields were uniformly  
 46 sized and positioned and designed to fit the whole target text  
 47 without overflowing the input area. Further, they were horizon-  
 48 tally aligned to simplify the verification of text correctness. If  
 49 an overflow occurred—for example, due to the user's error—  
 50 the overflowing text was hidden, and arrows were shown on the  
 51 left or right part of the input field, suggesting that there is some  
 52 hidden text the user should know about.

### 53 4.3. Procedure

54 The testing procedure consisted of three main phases—  
 55 briefing, study, and debriefing. While each participant went  
 56 through briefing and debriefing once, the study phase was re-  
 57 peated for every tested keyboard. The order of keyboards was  
 58 different for each participant—to reduce the order-effects and  
 59 carry-over effect—and was generated using the Balanced Latin  
 60 Square methodology [62, 63]. The study itself took place in our  
 61 laboratory with only the supervisor and participant present at  
 62 the given time. The procedure and questionnaires were equal  
 63 for alphabetic and numeric groups, with a slight difference in  
 64 the debriefing form, where the users provided feedback in rela-  
 65 tion to the type of keyboards they tried.

66 During the first phase, each participant was introduced to the  
 67 study goals and tasks that would be performed. Then, the par-  
 68 ticipant signed an informed consent form, followed by filling  
 69 in a demographic survey form to collect demographic data. Fi-  
 70 nally, we explained to the participant the basics of the hardware  
 71 that will be used throughout the study.

72 The study phase consisted of three main parts. As the first  
 73 step, the participant was informed about the core idea behind  
 74 the keyboard to be tested. Then, a "playground" mode fol-  
 75 lowed. The goal of this mode was to make sure that the user  
 76 achieves basic familiarity with the method—they went through

all important keys to be able to properly create, remove, and correct text, as well as tried to write a simple text or number. When this mode was over, thus the participant confirmed that they understood how to use the keyboard, the testing mode was initiated. During the testing, the user was shown a sentence or a number, tried to rewrite it, and then confirmed the output to continue with the next phrase. This was repeated five times. The sentences, respectively numbers, were predefined, and stayed the same for all tested methods. In the case of alphabetic input, the sentences were extracted from the MacKenzie's phrase set [64], while the numbers for numeric input keyboards were manually designed. The user's performance for individual phases was measured. When the participant finished with the last input, they exited the virtual reality experience and continued by filling in a questionnaire related to the keyboard that was just tested. This form consisted of System Usability Scale [65, 66] questions, as well as custom-designed questions acquiring additional feedback from the keyboard evaluation perspective. When the form was submitted, the user continued with the next keyboard.

After evaluating all five methods, the participant finalized the study by filling in a debriefing form. This form was designed to provide final insights on all of the methods, as well as generally on the topic of virtual reality text entry.

#### 4.4. Metrics

Several metrics were used to evaluate the objective performance of the keyboards. In their definitions below,  $P$  stands for the presented text, i.e., the text the user is supposed to enter, and  $T$  stands for the final text inputted by the user.  $|P|$ , respectively  $|T|$ , corresponds to the length of these texts. Then,  $S$  is the number of seconds the user took to transcribe the  $P$ .

- **Words Per Minute (WPM)** describes the writing speed of a particular alphabetic method measured with respect to five-character words. It is computed as  $\frac{|T|-1}{S} \times 60 \times \frac{1}{5}$ .
- **Characters Per Minute (CPM)** is used to compare the speed of numeric methods. It is computed as  $\frac{|T|-1}{S} \times 60$ .
- **Levenshtein distance (LD)** is the minimum number of single-character operations needed to transform  $T$  into  $P$ , i.e., a metric describing how different two strings are. We also employ so-called Levenshtein distance Space Trimmed (LDST) metric, being equal to LD of  $T$  and  $P$  with whitespace characters removed.
- **Corrected (CER) and uncorrected (UER) error rates** take into consideration errors occurring during the input of phrase  $T$  and fixed before submitting the result (CER), respectively ignored and submitted erroneously (UER). Both of these metrics are included in the outcome of the total error rate (TER) metric.

## 5. Comparison Study Results

In order to articulate our findings, we have divided our summary of results into two sections by type of feedback—performance (Subsection 5.1) and subjective ratings (Subsection 5.2). We also divide these further based on keyboard types:

alphabetic and numeric. Finally, we compare the performance and subjective ratings in the subsequent discussion (Section 6).

### 5.1. Performance

In order to examine the differences in WPM and various features of the error rates, we conducted a series of parametric tests including Repeated Measures Analysis of Variance (ANOVA), paired samples t-test, and correlations. Alpha was set to 0.05, and all ANOVAs and t-tests were two-sided. Means with 95% confidence intervals are reported in Figure 4 for alphabetic keyboards and Figure 5 for numeric keyboards (standard deviations are available as tables in Supplementary Material).

We decided to examine the error rate via multiple tests in order to fully understand how users were interacting with the keyboards. In this aspect, TER/CER are influenced by errors that may have been fixed before the phrase has been submitted, while LD(ST) focuses only on the final result itself. Selected results (WPM, CPM, TER, LD, LDST) are reported below, while additional details might be found in Supplementary Material.

#### 5.1.1. Alphabetic Keyboards

Overall findings indicate that the different alphabetic keyboards induce different performances in participants, and while one keyboard may dominate in a particular metric, it may perform worse in a different one.

**Words Per Minute (WPM):** To check for statistically significant differences in WPM, a repeated measures ANOVA was conducted comparing the five different keyboard types. Participants did have significantly different WPM,  $F(4, 76) = 166.861, p < 0.001, \eta^2 = 0.898$ .

In order to see more details on how the WPM was different across different keyboard types, a series of ten paired samples t-test were conducted. These ten tests compared each keyboard type to every other keyboard type. The only pair that did not show a statistically significant difference in WPM was Swipe and Zoom after Bonferroni correction,  $t(19) = 0.458, p = 0.757$  (as a reminder: after Bonferroni correction, the alpha level is 0.005 as the usual 0.05 is divided by the number of paired analyses- 10 in this case). This seems logical in conjunction with data in Figure 4, where we see that the mean WPM values of Swipe and Zoom are separated by less than one WPM. Overall, Speech to Text yielded the highest average WPM (36.027), at almost double the mean score of the second place keyboard, Raycast alphabetic (18.682).

**Total Error Rate (TER):** Similarly to WPM, a repeated measures ANOVA was conducted comparing the TER of different keyboard types, confirming that participants did have significantly different TER,  $F(4, 76) = 45.907, p < 0.001, \eta^2 = 0.707$ .

As for the conducted paired samples t-test, the only two pairs that did not show a statistically significant differences after Bonferroni correction in TER was Raycast alphabetic and Speech to Text,  $t(19) = 0.599, p = 0.556$  and Speech to Text and Zoom  $t(19) = 2.843, p = 0.010$ . Once again, this seems logical in conjunction with data in Figure 4, where we see that the mean TERs of Raycast alphabetic and Speech to Text are within a range of one. Overall, Zoom yielded the lowest mean

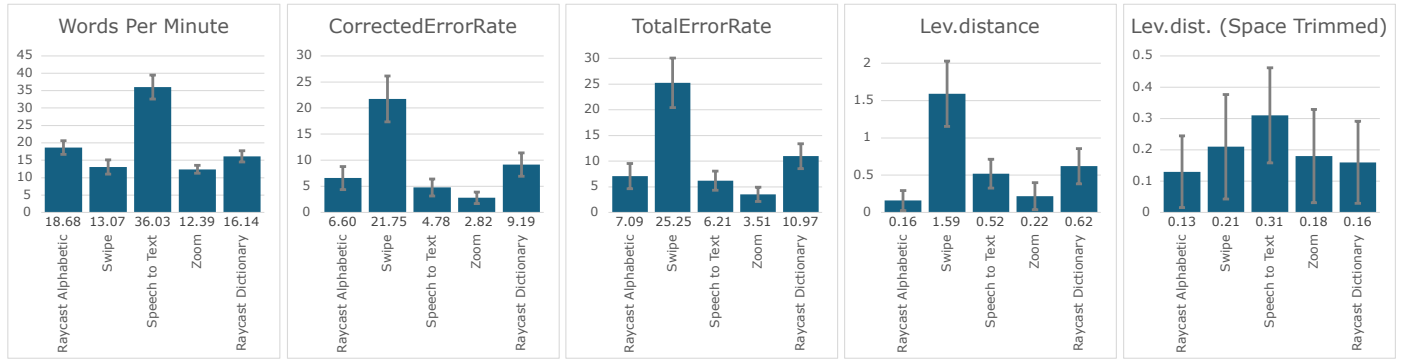


Fig. 4. The performance results for the alphabetic keyboard types. The bars indicate the mean performance for particular measures listed in the chart captions. Whiskers depict the 95% confidence intervals for the means.

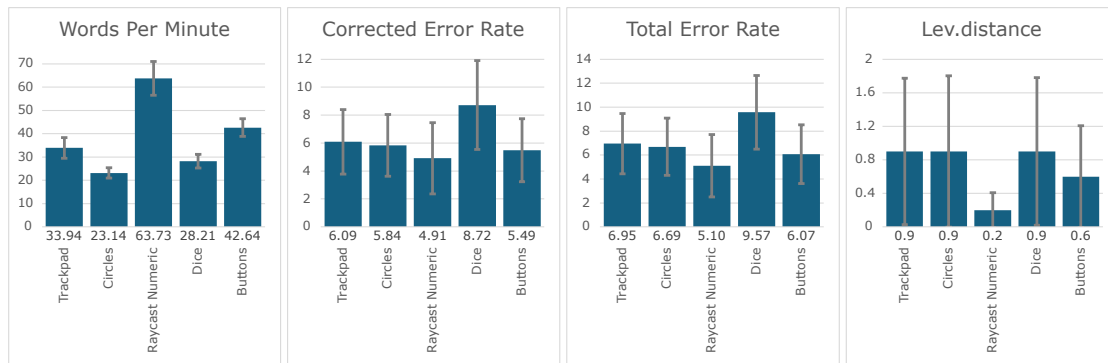


Fig. 5. The performance results for the numerical keyboard types. The bars indicate the mean performance for particular measures listed in the chart captions. Whiskers depict the 95% confidence intervals for the means.

TER (3.511), while Swipe had the highest mean total error rate (25.250).

**Levenshtein distance (LD) and Lev. dist. Space Trimmed (LDST):** We compared LD and LDST to see if there are any keyboards that seem to noticeably improve in the Space Trimmed version. We ran five paired samples t-test, one for each type of keyboard, and also linear correlations of each pair. Three pairs had statistically significant differences in the t-test: Swipe  $t(19) = 7.290, p < 0.001$ , Speech to Text  $t(19) = 4.368, p < 0.001$ , and Raycast dictionary  $t(19) = 4.886, p < 0.001$ . The correlations of these three pairs were also less than Raycast alphabetic ( $r = 0.945$ ) and Zoom ( $r = 0.976$ ); with Swipe's correlation being  $r = 0.436$ , Speech to Text's being  $r = 0.849$ , and Raycast dictionary's being  $r = 0.545$ .

All these three keyboards provided "automatic space-addition" feature in some way. For example, Swipe keyboard appended a new space every time a word-drawing gesture was finished, and thus when a new word was generated. Based on these results and observations from the study itself, we believe that this type of feature might have negatively influenced error rates, as well as regular LD outcomes. Thus, a more advanced implementation of the space-addition might have improved some aspects of the aforementioned keyboards.

### 5.1.2. Numeric Keyboards

For the evaluation of numeric keyboards, we omitted the LDST metric as there were no whitespaces present in the fi-

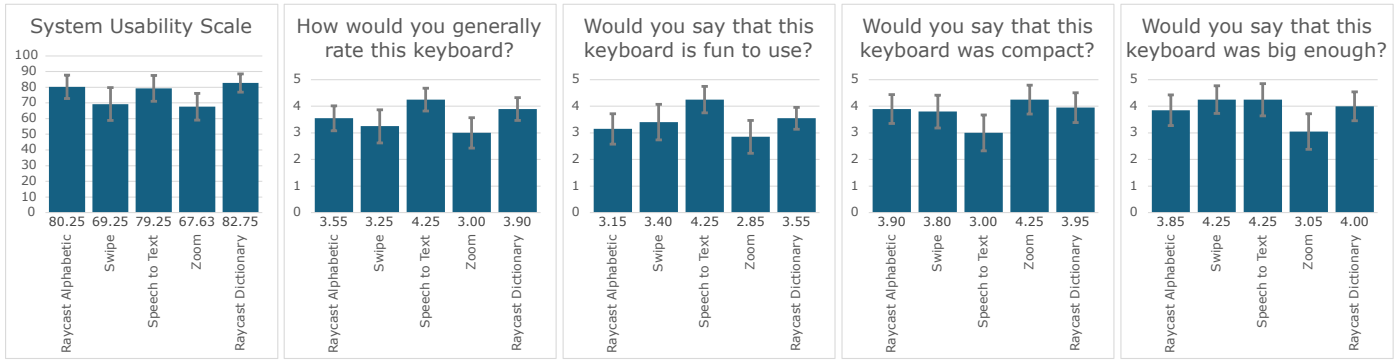
nal number. Overall findings indicate that the different numeric keyboards somewhat induce different performances in participants. There is a clear difference in CPM, though the error rates show a more complicated picture.

**Characters Per Minute (CPM):** A repeated measures ANOVA was conducted comparing CPM of the five different keyboard types, with the results confirming significantly different CPM,  $F(4, 76) = 116.113, p < 0.001, \eta^2 = 0.859$ . Similarly, a series of ten paired samples t-test were conducted, where all pairs resulted in statistically significant differences. Overall, Raycast Numeric yielded the highest average CPM, while the lowest average CPM keyboard was Circles (as seen in Figure 5).

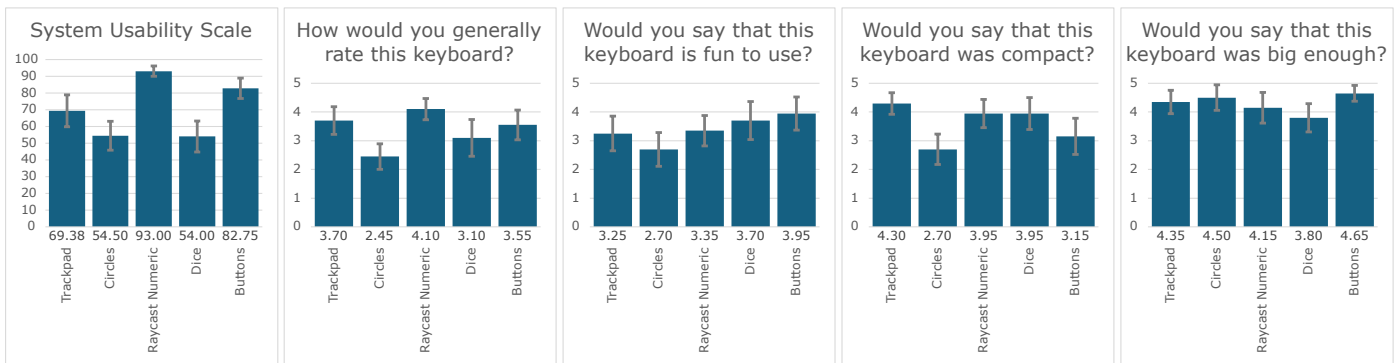
**Total Error Rate (TER):** Based on the results of the repeated measures ANOVA, we may conclude that participants did not show significantly different TER,  $F(4, 76) = 2.224, p = 0.074, \eta^2 = 0.105$ . A series of ten paired samples t-test followed, revealing that no pairs showed a statistically significant difference in TER. As we can see in Figure 5, Dice had the highest mean TER, while Raycast and Buttons had the lowest one.

### 5.2. Subjective Results

To examine the differences in how participants rated the keyboard types on ten Likert scale questions, we conducted a series of nonparametric tests, again including Friedman test and post hoc Paired-sample Wilcoxon tests. Alpha was set to 0.05 across all tests. Means with 95% confidence intervals are re-



**Fig. 6. The subjective ratings for alphabetic keyboard types. The bars indicate the mean value for particular ratings listed in the chart captions. Whiskers depict the 95% confidence intervals for the means.**



**Fig. 7. The subjective ratings for numeric keyboard types. The bars indicate the mean value for particular ratings listed in the chart captions. Whiskers depict the 95% confidence intervals for the means.**

ported in Figure 6 for alphabetic keyboards and Figure 7 for numeric keyboards (standard deviations are available as tables in Supplementary Material).

These subjective questions took the form of the System Usability Scale (SUS), which is a ten-item Likert-style questionnaire [65, 66] and four additional Likert-style questions. The SUS is designed to range from 0 to 100, while the other Likert questions have scores that will range from one to five.

### 5.2.1. Alphabetic

Hereafter we present Friedman tests results, which indicated statistically significant differences. Interestingly, the outcomes of most of the conducted post-hoc Paired-sample Wilcoxon's tests indicated no statistical significance between pairs after Bonferroni correction. This is unsurprising, since with ten pairs the alpha level cut-off shifted from 0.05 to 0.005. These pair analyses can be found in the Supplementary material. In the case of the Friedmans tests of the following measures, participants did rate the keyboards differently.

**SUS Scores** ( $\chi^2(4, n = 20) = 10.367, p = 0.035$ ): Raycast dictionary received the highest average rating, while the lowest average-rated keyboard was Zoom.

**"How would you generally rate this keyboard?"** ( $\chi^2(4, n = 20) = 14.525, p = 0.006$ ): Speech to Text received the highest average rating, while the lowest average rated keyboard was Zoom.

**"Would you say that this keyboard is fun to use?"**

( $\chi^2(4, n = 20) = 12.023, p = 0.017$ ): Again, Speech to Text dominated the average ratings, while the Zoom remained lowest rated.

**"Would you say that this keyboard was compact?"** ( $\chi^2(4, n = 20) = 11.566, p = 0.021$ ): This time, the tide turned and Zoom achieved the highest average rating, while the lowest average rated keyboard was Speech to Text. The results of Zoom do not come as a surprise since this keyboard was designed with compactness in mind. The lowest rating for Speech to Text may lie in the fact that, in practice, this keyboard requires no more than a single button, potentially not even visible in the UI. However, in our case, the user was given some additional controls, as well as word suggestions, thus the keyboard occupied more space than seemed necessary.

**"Would you say that this keyboard was big enough?"** ( $\chi^2(4, n = 20) = 13.699, p = 0.008$ ): Overall, Speech to Text and Swipe tied for the highest average rating, while the lowest average-rated keyboard was Zoom. In the post-hoc Paired-sample Wilcoxon's tests, the pairing of Swipe and Zoom was the only test which indicated statistically significant differences after Bonferroni correction.

### 5.2.2. Numeric

Similarly to alphabetic keyboards, this section presents outcomes of Friedman tests targeting subjective results of numeric methods. All of the Friedman tests indicated statistical significance. We also conducted post-hoc Paired-sample Wilcoxon's

tests, which showed some statistically significant differences even after Bonferroni correction. These tests can be found in the Supplementary material. For each of the Friedmans tests of the following measures, the participants rated the keyboards differently.

**SUS Scores** ( $\chi^2(4, n = 20) = 49.472, p < 0.001$ ): Raycast numeric had the highest average rating, while the lowest average rated keyboard was Dice.

**"How would you generally rate this keyboard?"** ( $\chi^2(4, n = 20) = 22.710, p < 0.001$ ): Raycast numeric had the highest average rating, while the lowest average rated keyboard was Circles.

**"Would you say that this keyboard is fun to use?"** ( $\chi^2(4, n = 20) = 17.377, p = 0.002$ ): Buttons had the highest average rating, while the lowest average rated keyboard was Circles. While we assumed the Buttons keyboard to be fun, we expected that Dice might dominate this question, yet it ended up second.

**"Would you say that this keyboard was compact?"** ( $\chi^2(4, n = 20) = 26.993, p < 0.001$ ): Trackpad Number had the highest average rating—as expected, since this keyboard was designed to be compact—while the lowest average rated keyboard was Circles.

**"Would you say that this keyboard was big enough?"** ( $\chi^2(4, n = 20) = 12.345, p = 0.015$ ): Buttons had the highest average rating, while the lowest average rated keyboard was Dice.

## 6. Discussion

Overall, we found that different keyboards in VR led to different outcomes, both in performance and subjective ratings. In this chapter, we will discuss the most interesting outcomes, especially in relation to our research questions:

- **RQ1:** What are the best and worst performing methods in terms of writing speed and error rate, and what aspects mostly define their performance?
- **RQ2:** How strongly users' subjective experience (i.e., personal keyboard preference) corresponds to the objective data (i.e., measured keyboard performance)?

### 6.1. The Good, the Bad and the Ugly

This section discusses the RQ1, mostly based on the performance results (Subsection 5.1), and provides possible explanations and recommendations based on the outcomes we discovered.

#### 6.1.1. Alphabetic Keyboards

Among the alphabetic keyboards, Speech to Text was clearly dominant in terms of writing speed (i.e., WPM). Participants also positively accepted it, noting that the speech recognition worked really well. Given the participant pool consisting of non-native English speakers, we were positively surprised by the great results of the Microsoft Azure-backed recognition. As mentioned by some participants, the disadvantage of Speech

to Text is that it may feel strange for some to talk to computer or they might feel nervous if other people are present. To counter this disadvantage, it might make sense to include Speech to Text as an addition to traditional VR keyboards. In comparison to existing data, the performance of our Speech to Text keyboard (36.03 WPM) is noticeably better than the one reported in the evaluation of comparable speech-to-text method SWIFTER [45], achieving 23.6 WPM on average. This could be due to many factors, such as advancements in speech-to-text technology, better text suggestions, or different study design. The results of Raycast dictionary and Swipe might be seen as slightly disappointing. While both methods should advance the basic Raycast alphabetic, they were objectively worse in our scenario. In the case of Raycast dictionary, the participants tended to lose precious time by searching for correct suggestion, and if it was not present, they had to resort to continuing to write the given word, whereas with regular Raycast alphabetic, they focused entirely on writing. In any case, the results of the dictionary-backed method are largely influenced by chosen sentences and dictionary. Implementing some more advanced, context-aware techniques, would have a high potential to noticeably improve the result. In any case, the results of Raycast alphabetic (18.68 WPM) generally correspond to the number (16.65 WPM) reported by Boletsis et al. [18], suggesting a rather predictable performance of this method. This also aligns with the mean 15.44 WPM reported by Speicher et al. [21].

In the case of Swipe, we observed an interesting phenomenon. There were few participants who had experience with this type of input from their smartphone, and they managed to use this keyboard very naturally and with high efficiency. On the other hand, some participants had serious troubles with gesture-drawing, as they rarely managed to convince the keyboard to output the word they expected. So, experience seems to play a large role in Swipe performance. This aligns with the observations of Chen et al. [47]. Their Swipe-style keyboard generally achieved slightly better performance than ours—16.43 WPM in comparison to 13.07 WPM. However, when they evaluated the keyboard with the expert user, they measured a significantly better performance of 35.44 WPM. A similar experience situation may apply to Zoom keyboard—since the users see only part of the keyboard layout, having a natural understanding of key placement strongly influences the writing ability.

#### 6.1.2. Numeric Keyboards

In the area of numeric keyboards, Raycast numeric was certainly the fastest method to use, presenting a well-known layout and natural controls. Buttons method also scored well, being reasonably fast and fun at the same time. In this case, implementing a more standardized layout, as well as adding height-adjustability, would potentially further improve the writing speed. Trackpad also scored acceptably well, often being praised for providing tangible feedback not requiring to look at the keyboard. What came as a surprise for us was the performance of Dice when compared to Circles. We expected the Dice to be the slowest, albeit potentially fun, method, and thus the fact that it turned out to be faster than Circles was surprising.

1 However, the reason for this might lie in the implementation—  
2 while Circles keyboard was comfortably usable for the authors,  
3 many of the participants had issues when trying to select a num-  
4 ber, and so they had to click multiple times to confirm the se-  
5 lection. This negatively influenced the speed of the keyboard,  
6 and as some participants noted: the idea might work well with  
7 better execution. Thus, we believe the method may achieve no-  
8 ticeably better results if properly adjusted for regular users.

## 9 6.2. Performance Versus Subjective Ratings

10 In this section, we discuss RQ2, i.e., agreements and dis-  
11 agreements between participant's performance and subjective  
12 ratings. The statistical significance determinations were also  
13 largely impacted by Bonferroni corrections to the alpha level,  
14 so many pairs which appeared to be statistically significant ini-  
15 tially were found to not actually be significantly different un-  
16 der closer scrutiny. However, the pairs which did still differ  
17 substantially provide us with an interesting perspective on key-  
18 board perception.

### 19 6.2.1. Alphabetic Keyboards

20 In terms of performance, Speech to Text produced the high-  
21 est WPM scores, while Zoom and Swipe were the lowest ones.  
22 However, Zoom had the lowest error rate, while Swipe had the  
23 highest. These results would imply that Speech to Text and per-  
24 haps Zoom would be highly rated by participants, assuming that  
25 participant attitude is informed by performance. In some cases,  
26 this is consistent, with participants giving Speech to Text the  
27 highest average ratings for the General rating and "This key-  
28 board was fun to use" rating. So there appears to be agreement  
29 between performance and subjective ratings here.

30 However, Zoom was rated as having the lowest average rat-  
31 ing on the System Usability scale, indicating that it was less  
32 usable than the other keyboards. Zoom also had the lowest gen-  
33 eral rating and "fun" rating. This outcome is rather interesting  
34 since Zoom leads to less error, but is not as well liked as the  
35 other, more error-prone keyboards. Interesting observations can  
36 also be revealed when comparing Raycast alphabetic and Ray-  
37 cast dictionary methods. From the performance perspective,  
38 the former resulted in better results in both writing speed and  
39 error rates. However, subjective results speak in favor of Ray-  
40 cast dictionary. So, albeit being slower and more error-prone,  
41 the users felt the dictionary-enhanced method was actually bet-  
42 ter. This might be due to the non-intrusiveness of the dictionary  
43 feature—the participants selected suggested words at their will,  
44 so their writing experience was not hindered in any way. More-  
45 over, since all of the participants were non-native speakers, the  
46 fact that the dictionary suggested correctly spelled words might  
47 have been an additional appreciated factor. All in all, there is  
48 some agreement between the performance and subjective rat-  
49 ings for the alphabetic keyboards but we may also find interest-  
50 ing differences.

### 51 6.2.2. Numeric Keyboards

52 For CPM performance, Raycast numeric produced the high-  
53 est score, while Circles produced the lowest one. Raycast also  
54 yielded the lowest error rates, while Dice had the highest one.

55 There seems to be some agreement in the subjective ratings,  
56 with Raycast having the highest ratings on the SUS scores and  
57 having the highest average general rating. Similarly, Circles  
58 had the lowest WPM and was the least fun to use. Dice had  
59 higher error rates than Circles and was also rated as less us-  
60 able in the SUS. So, for the numeric keyboards, there is solid  
61 agreement between the performance and subjective ratings.

## 62 6.3. Limitations and Future Work

63 This section discusses the limitations of our study, starting  
64 with implementations of the methods. As already briefly dis-  
65 cussed, some of the presented techniques might be further im-  
66 proved to deliver better results. Namely, Raycast dictionary and  
67 Swipe methods would benefit from a more advanced sugges-  
68 tion algorithm, taking into consideration contextual informa-  
69 tion. Similarly, the Buttons technique for numeric input could  
70 be improved—the chosen layout of numbers seemed confusing  
71 to some users, so a more common ITU-T E.161 standard lay-  
72 out might be a better choice. Similarly, this keyboard can be  
73 enhanced with the ability to adjust the height at which it is po-  
74 sitioned, as in our scenario, the fixed height was challenging for  
75 some study participants. Layout improvements might be worth  
76 exploring also in the case of Dice keyboard, where a different  
77 placement of numbers may impact performance. Finally, Cir-  
78 cles method could benefit from a slightly more polished imple-  
79 mentation where the selection of highlighted numbers is more  
80 tolerant with regard to the user's precision.

81 Additional limitations are pertaining to the study design.  
82 First, as already mentioned, our study focused on alphabetic  
83 and numeric inputs separately, and thus we do not provide con-  
84 clusive results for alphanumeric typing. In this direction, fur-  
85 ther research might be needed, possibly using our outcomes as  
86 a basis for the design of the combined methods. Then, it is  
87 good to note that our study measured the performance of meth-  
88 ods in a scenario where users were exposed to the individual  
89 methods for a rather short time. Thus, we could not evaluate  
90 the long-term performance of these methods, i.e., the results of  
91 methods with a steeper learning curve, like Swipe, might turn  
92 out to be more promising as the user's experience increases.  
93 Similarly, keyboards can be evaluated also from the perspective  
94 of single-use long-term performance, i.e., how suitable they are  
95 for longer writing sessions with respect to fatigue and related  
96 factors. Finally, our study focused exclusively on textual inputs  
97 using the Latin alphabet, and as such, we cannot predict the  
98 suitability of individual techniques for different alphabets.

99 Heading to the future, it would be interesting to compare the  
100 performance of numeric keyboards with the numeric keypad  
101 layout, known from computers, and telephone keypad layouts.  
102 Then, we expect that promising research discoveries might be  
103 achieved when exploring the long-term performance of each in-  
104 dividual keyboard type. Similarly, exploring the different ways  
105 of visual or haptic feedback during the keyboard interaction  
106 might lead to valuable insights into the methods' performance  
107 and usability. In the case of Speech to Text keyboard, it might  
108 be intriguing to study the influence of the virtual environment  
109 on the users' comfort when speaking. Finally, a more in-depth  
110 look at the Swipe keyboard performance with respect to the  
111 user's experience might reveal valuable insights.

## 7. Conclusion

Textual input is an important aspect of interaction with modern electronic devices. It enables to control the digital experiences, as well as to obtain, create, and exchange knowledge with others. The importance of alphabetic and numeric input applies also in the context of head-mounted virtual reality, being a medium providing dedicated means of interaction, having both benefits and limitations when compared to traditional computer hardware.

Therefore, in this study, we implemented and subsequently evaluated five alphabetic and five numeric input methods for head-mounted virtual reality. The methods either replicated established keyboard designs, drew inspiration from techniques found in other hardware devices, or were designed by us with a specific goal in mind. In all cases, the presented keyboards were designed to use only standard hardware provided with the VR headsets. By evaluating the methods in a two-group study with 40 participants, we were able to collect both objective and subjective performance data. This enabled us to more deeply understand the efficiency of the methods, observe if we can replicate results from other researchers, as well as to discuss the possible reasoning behind the outcomes.

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