

Fundamental Principles of Radioactivity and Ionizing Radiation

KHNP Training Program

Module 1: Fundamental Principles of Radioactivity and Ionizing Radiation

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Atomic Structure Particles

Protons (positive)

Neutrons (neutral)

Electrons (negative)

Nucleus

Proton

Neutron



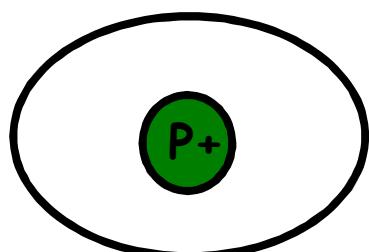
Nucleus

e^-

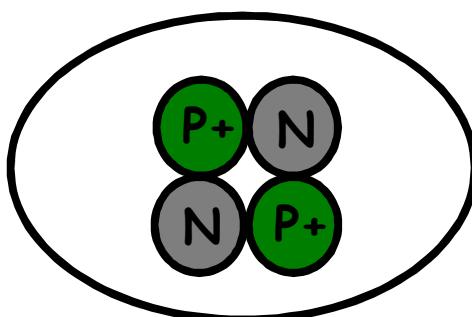
Electron

Elements

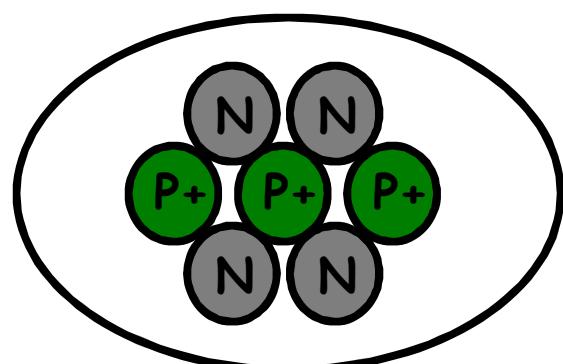
- The number of protons in the nucleus determines the element
- If the number of protons changes, the element changes



hydrogen



helium



lithium

Periodic Table of the Elements

I	II	III	IV	V	VI	VII	0										
H ¹							He ²										
Li ³	Be ⁴																
Na ¹¹	Mg ¹²	IIIB	IVB	VB	VIB	VIIIB	VIIIB										
K ¹⁹	Ca ²⁰	Sc ²¹	Ti ²²	V ²³	Cr ²⁴	Mn ²⁵	Fe ²⁶	Co ²⁷	Ni ²⁸	Cu ²⁹	Zn ³⁰	Al ¹³	Si ¹⁴	P ¹⁵	S ¹⁶	Cl ¹⁷	Ar ¹⁸
Rb ³⁷	Sr ³⁸	Y ³⁹	Zr ⁴⁰	Nb ⁴¹	Mo ⁴²	Tc ⁴³	Ru ⁴⁴	Rh ⁴⁵	Pd ⁴⁶	Ag ⁴⁷	Cd ⁴⁸	In ⁴⁹	Sn ⁵⁰	Sb ⁵¹	Te ⁵²	I ⁵³	Xe ⁵⁴
Cs ⁵⁵	Ba ⁵⁶	57-71	Hf ⁷²	Ta ⁷³	W ⁷⁴	Re ⁷⁵	Os ⁷⁶	Ir ⁷⁷	Pt ⁷⁸	Au ⁷⁹	Hg ⁸⁰	Tl ⁸¹	Pb ⁸²	Bi ⁸³	Po ⁸⁴	At ⁸⁵	Rn ⁸⁶
Fr ⁸⁷	Ra ⁸⁸	89-103	Rf ¹⁰⁴	Ha ¹⁰⁵	106	107	108	109									
Lanthanides		57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	
Actinides		89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	



Metal



Metalloid



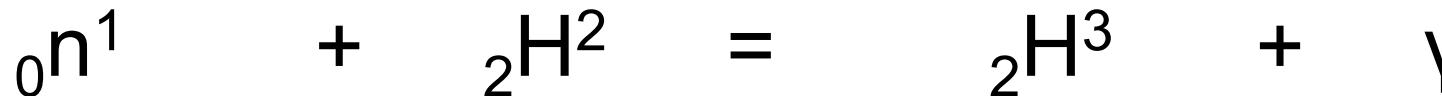
Nonmetal

Some Nuclear Reactions

Reaction	Measured Q (MeV)	Reaction	Measured Q (MeV)
$^2\text{H}(\text{n},\gamma)^3\text{H}$	6.257 +/- 0.004	$^9\text{Be}(\text{p},\alpha)^6\text{Li}$	2.132 +/- 0.006
$^2\text{H}(\text{d},\text{p})^3\text{H}$	4.032 +/- 0.004	$^{10}\text{B}(\text{n},\alpha)^7\text{Li}$	2.793 +/- 0.003
$^6\text{Li}(\text{p},\alpha)^3\text{H}$	4.016 +/- 0.005	$^{10}\text{B}(\text{p},\alpha)^7\text{Be}$	1.148 +/- 0.003
$^6\text{Li}(\text{d},\text{p})^7\text{Li}$	5.020 +/- 0.006	$^{12}\text{C}(\text{n},\gamma)^{13}\text{C}$	4.948 +/- 0.004
$^7\text{Li}(\text{p},\text{n})^7\text{Be}$	-1.645 +/- 0.001	$^{13}\text{C}(\text{p},\text{n})^{13}\text{N}$	-3.003 +/- 0.002
$^7\text{Li}(\text{p},\alpha)^4\text{He}$	17.337 +/- 0.007	* $^{14}\text{N}(\text{p},\text{n})^{14}\text{C}$	-0.627 +/- 0.001
$^9\text{Be}(\text{n},\gamma)^{10}\text{Be}$	6.810 +/- 0.006	$^{14}\text{N}(\text{n},\gamma)^{15}\text{N}$	10.833 +/- 0.007
$^9\text{Be}(\gamma,\text{n})^8\text{Be}$	-1.666 +/- 0.002	$^{18}\text{O}(\text{p},\text{n})^{18}\text{F}$	-2.453 +/- 0.002
$^9\text{Be}(\text{d},\text{p})^{10}\text{Be}$	4.585 +/- 0.005	$^{19}\text{F}(\text{p},\alpha)^{16}\text{O}$	8.124 +/- 0.007

* The nuclear reaction in the atmosphere which produces carbon-14 for radiocarbon dating.

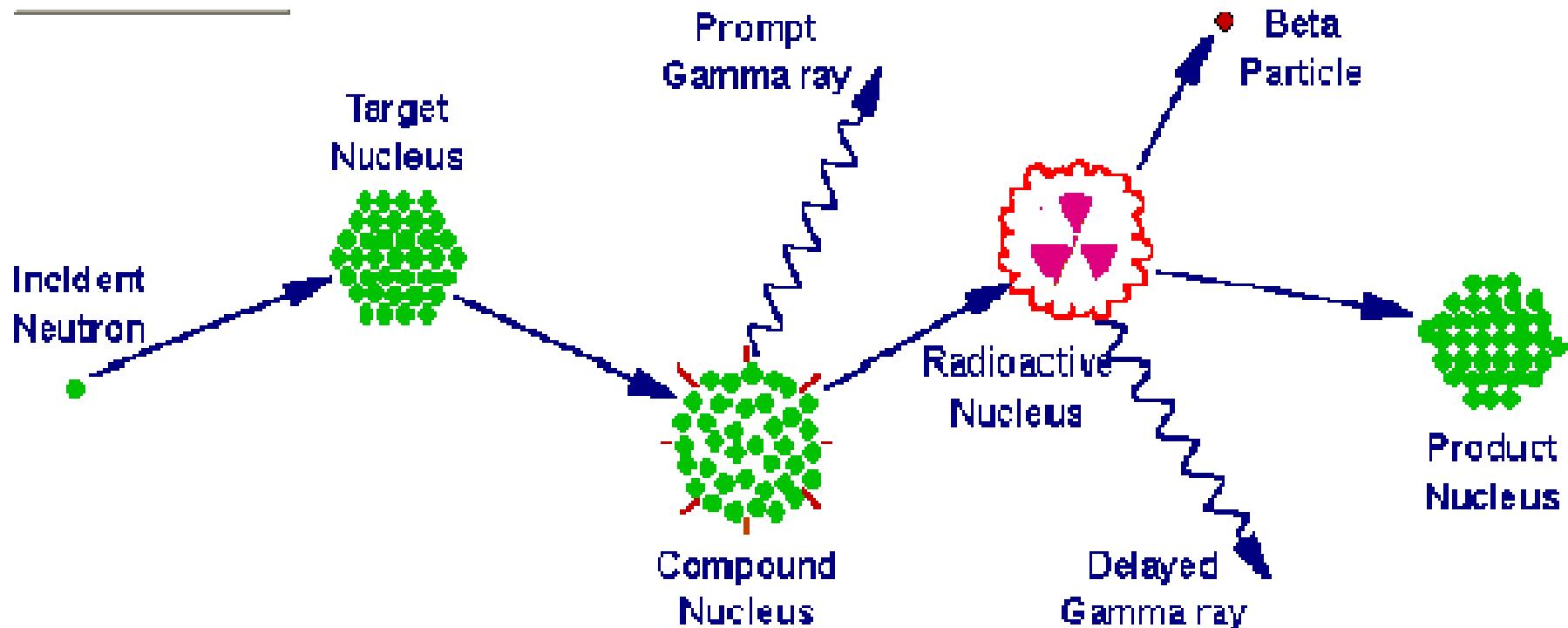
Another way to write a nuclear reaction:



neutron + deuterium tritium + gamma



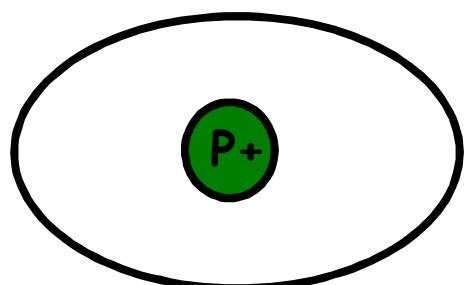
Neutron activation reaction



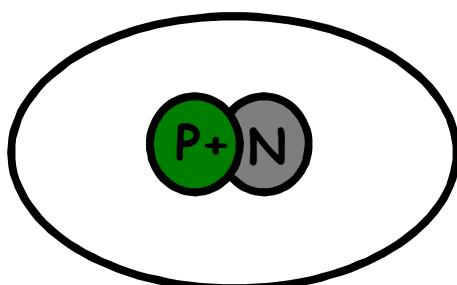
NEUTRON ACTIVATION

Isotopes

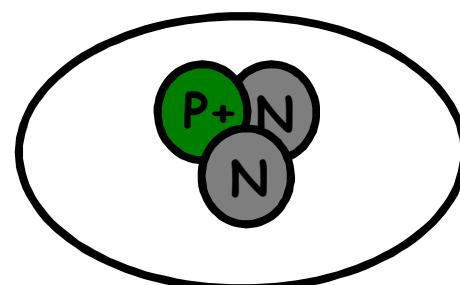
- Isotopes - atoms of the same element which have the same number of protons, but a different number of neutrons
- Isotopes have the same chemical properties; however, the nuclear properties can be quite different



Hydrogen
(protium)



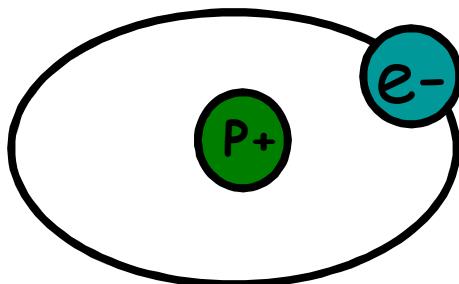
Hydrogen
(deuterium)



Hydrogen
(tritium)

Stable vs. Unstable Atoms

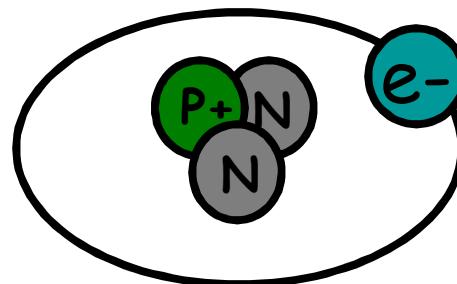
If there are too many or too few neutrons for a given number of protons, the nucleus will not be stable



Hydrogen
(protium)

STABLE

"Non-Radioactive"



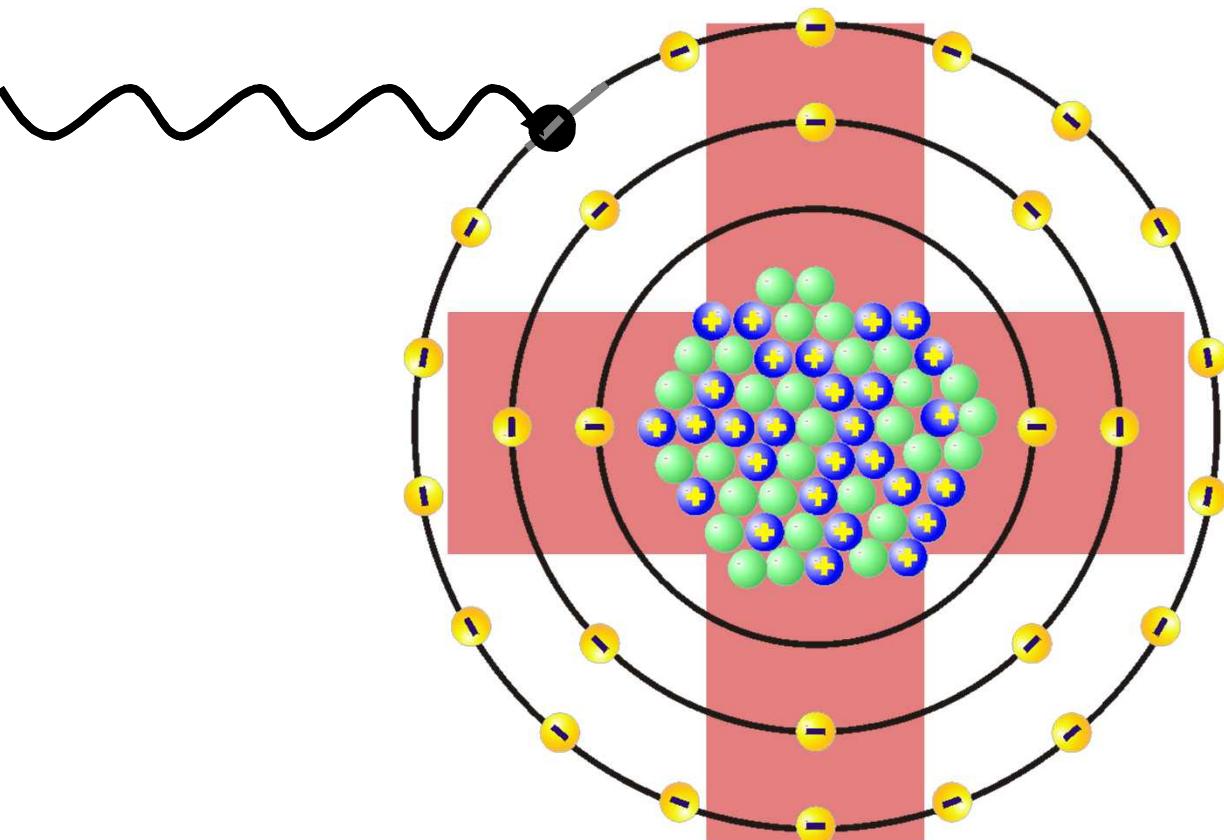
Hydrogen
(tritium)

UNSTABLE

"Radioactive"

Ionization

The process of removing electrons from neutral atoms

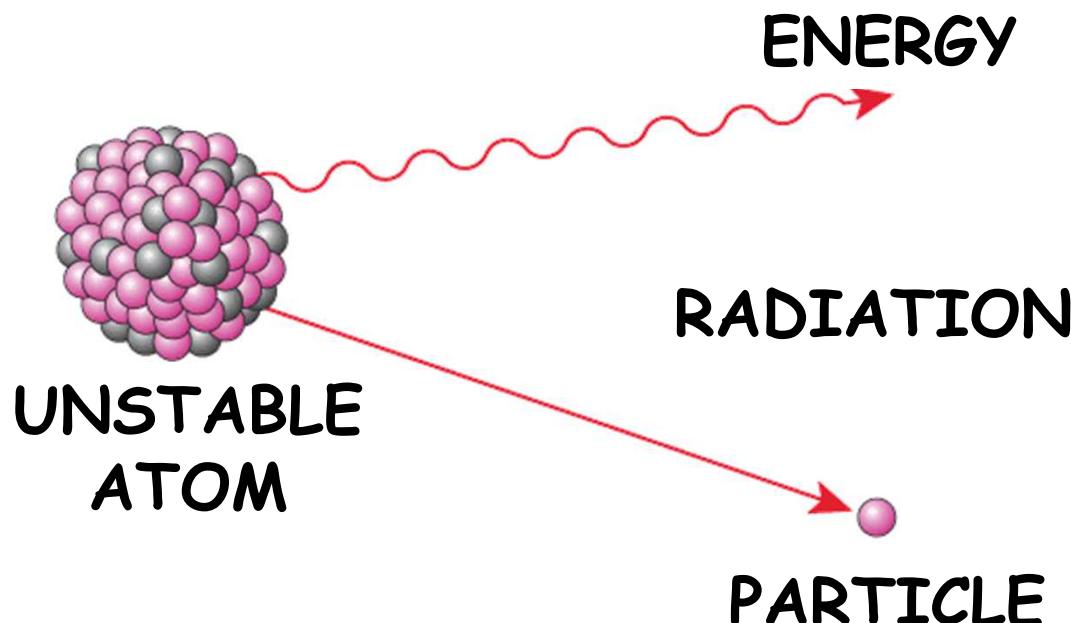


AND

Free ejected electron

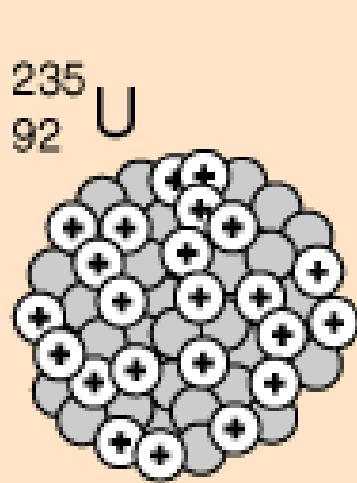
Radiation

- Energy released from unstable atoms and some devices in the form of rays or particles
- Can be either ionizing or non-ionizing

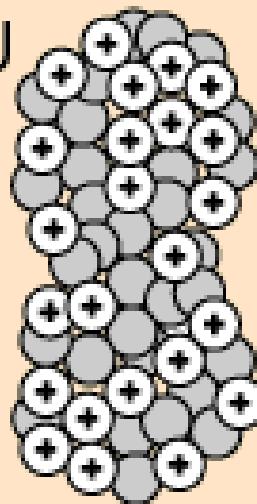


Uranium-235 Fission

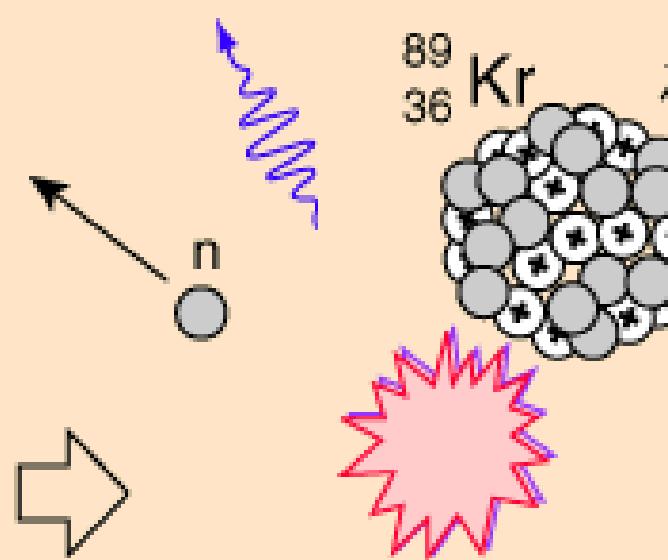
An example of one of the many reactions in the uranium-235 fission process.



 Impact by slow neutron with energy on order of an eV.

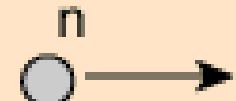


U-236 compound nucleus is unstable, oscillates.



Neutrons can initiate a chain reaction.

Fission yields fragments of intermediate mass, an average of 2.4 neutrons, and average energy about 215 MeV.



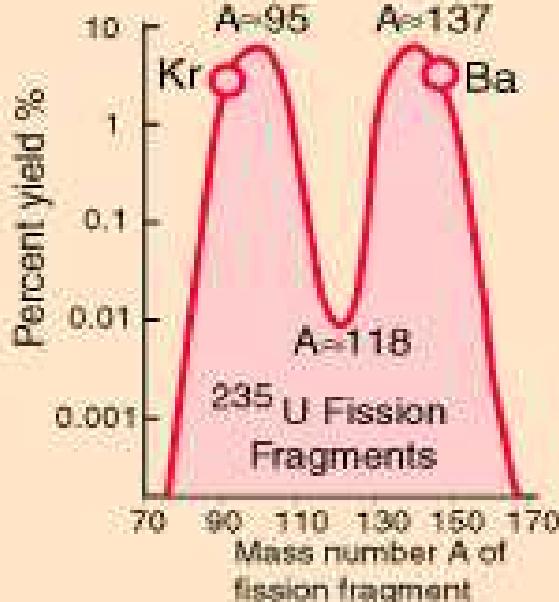
gamma ray



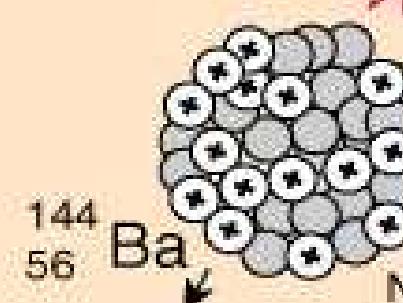
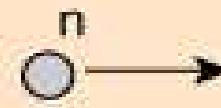
Uranium-235 Fission Example



One of the many reactions in the uranium-235 fission process.



Fission yields fragments of intermediate mass, an average of 2.4 neutrons, and average energy about 215 MeV.



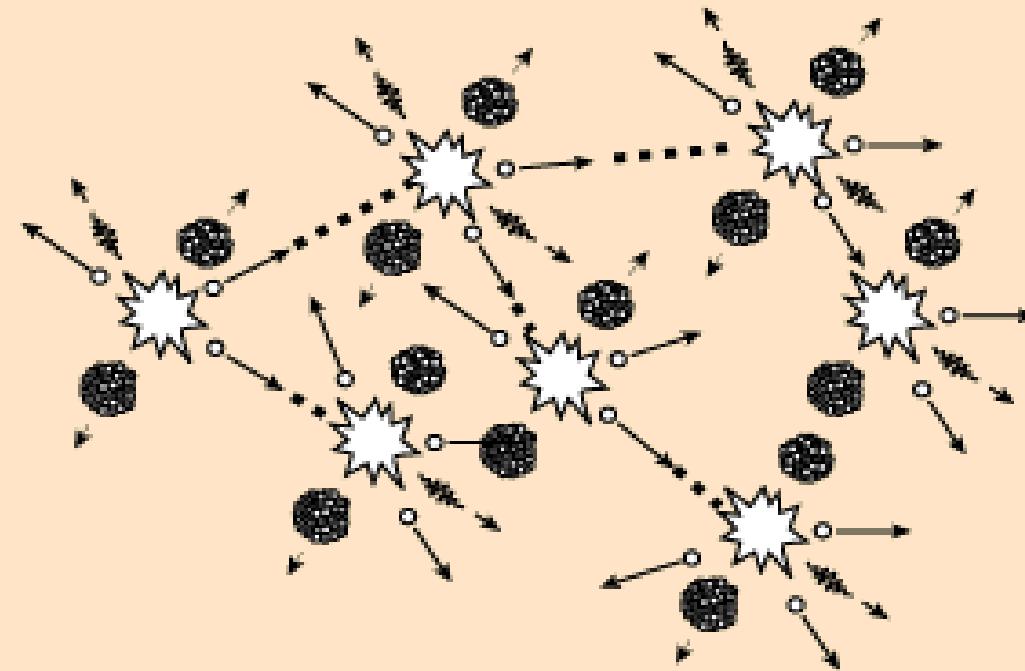
gamma ray



Neutrons can initiate a chain reaction.

Uranium-235 Chain Reaction

If at least one neutron from U-235 fission strikes another nucleus and causes it to fission, then the chain reaction will continue. If the reaction will sustain itself, it is said to be "critical", and the mass of U-235 required to produce the critical condition is said to be a "critical mass". A critical chain reaction can be achieved at low concentrations of U-235 if the neutrons from fission are moderated to lower their speed, since the probability for fission with slow neutrons is greater.



A fission chain reaction produces intermediate mass fragments which are highly radioactive and produce further energy by their radioactive decay. Some of them produce neutrons, called delayed neutrons, which contribute to the fission chain reaction.

Ionizing Radiation

- Radiation that possesses enough energy to cause ionization in the atoms with which it interacts
- Released from unstable atoms and some devices in the form of rays or particles
 - alpha α
 - beta β
 - gamma/x-ray γ
 - neutron $0n^1$

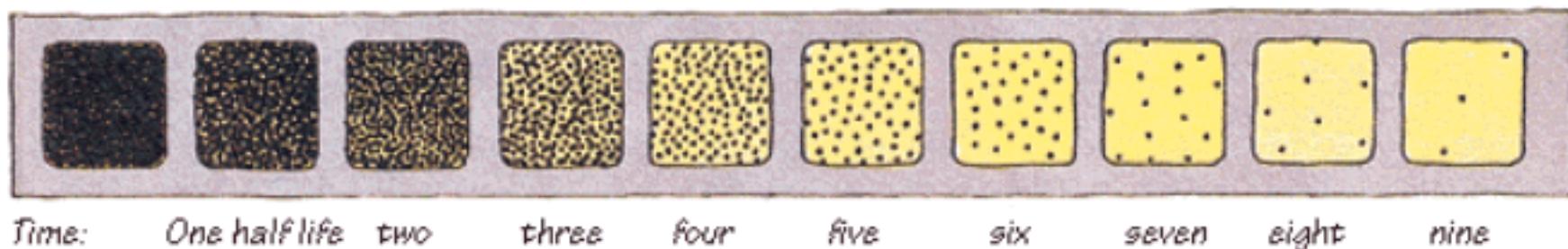
URANIUM 238 (U238) RADIOACTIVE DECAY

type of radiation	nuclide	half-life
α	uranium-238	4.47 billion years
β	thorium-234	24.1 days
β	protactinium-234m	1.17 minutes
β	uranium-234	245000 years
α	thorium-230	8000 years
α	radium-226	1600 years
α	radon-222	3.823 days
α	polonium-218	3.05 minutes
β	lead-214	26.8 minutes
β	bismuth-214	19.7 minutes
β	polonium-214	0.000164 seconds
α	lead-210	22.3 years
β	bismuth-210	5.01 days
β	polonium-210	138.4 days
α	lead-206	stable

Radioactive Half-Life

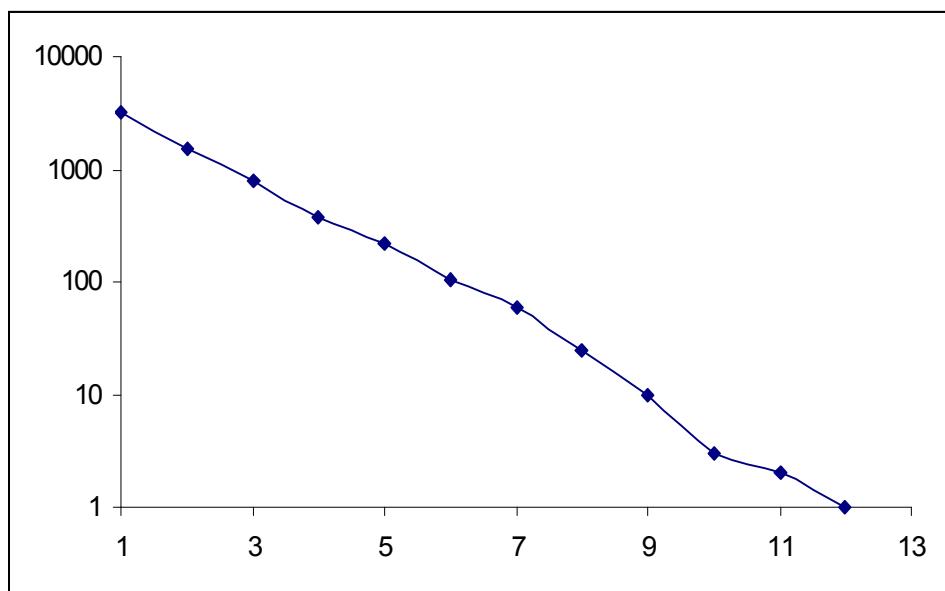
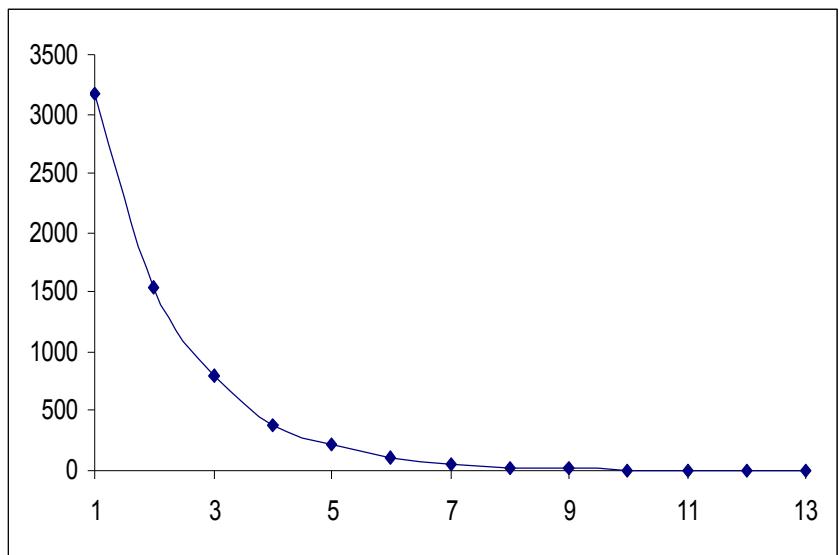
The time it takes for one half of the radioactive atoms present to decay

Decay rate of radioactivity: After ten half lives, the level of radiation is reduced to one thousandth



$$N = N_0 e^{-\lambda t}$$

$$\lambda = \ln 2 / t_{1/2}$$



Derivation of the Radioactive Decay Law

- Define

Activity \equiv Rate of Decay = A

$$A \equiv \frac{dN(t)}{dt} \propto N(t)$$

Where N(t) is the number of radioactive nuclei present at time t

λ = Radioactive Decay Constant

$$A \equiv \frac{dN(t)}{dt} \propto N(t) = -\lambda N(t)$$

- Why do we have a minus sign in the formula?

Activity (Continued)

$$A \equiv \frac{dN(t)}{dt} \propto N(t) = -\lambda N(t)$$

$$A \equiv \frac{dN(t)}{dt} = -\lambda N(t)$$

$$\frac{dN(t)}{N(t)} = -\lambda dt \Rightarrow \frac{dN}{N} = -\lambda dt \Rightarrow \int_{N_0}^{N(t)} \frac{dN}{N} = -\lambda \int_0^t dt$$

$$\ln \frac{N(t)}{N_0} = -\lambda t \Rightarrow \frac{N(t)}{N_0} = e^{-\lambda t} \Rightarrow N(t) = N_0 e^{-\lambda t}$$

Relationship Between Activity and Mass

$$A = \frac{(\ln 2)(6.02 \times 10^{23}) \left(\frac{m}{at.wt} \right)}{t_{1/2}}$$

- A = activity in Bq (sec $^{-1}$)
- $t_{1/2}$ = half-life in seconds
- m = mass in grams
- $at.wt$ = gram atomic weight
- 6.20×10^{23} is Avogadro's number: the number of atoms in one gram atomic weight

$$A \equiv \frac{dN(t)}{dt} = -\lambda N(t)$$

Units of Activity

- Curie
 - The traditional unit of activity
 - $1 \text{ Ci} = 3.7 \times 10^{10} \text{ disintegrations/second}$
 - Based on the disintegration rate of 1 gm of Ra-226
- Becquerel
 - SI Unit
 - $1 \text{ Bq} = 1 \text{ dis/sec}$

Half-life

- **Half Life Definition**

≡ The average amount of time required for the sample size or activity to decrease to 1/2 of its initial amount.

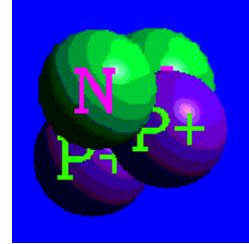
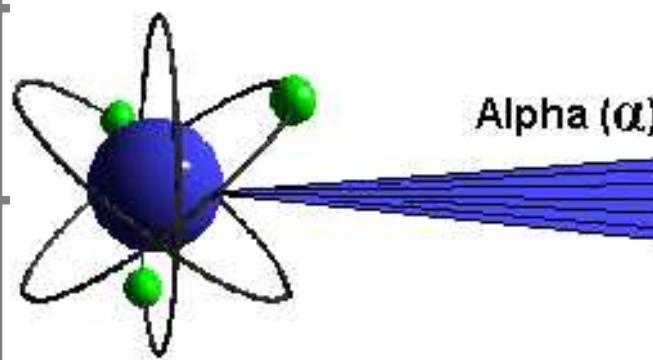
- **Derivation => initial conditions:** $N(t) = \frac{N_0}{2}$: $t = t_{1/2}$

$$\frac{N_0}{2} = N_0 e^{-\lambda t_{1/2}} \Rightarrow \frac{1}{2} = e^{-\lambda t_{1/2}} \Rightarrow -\ln(2) = -\lambda t_{1/2}$$

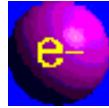
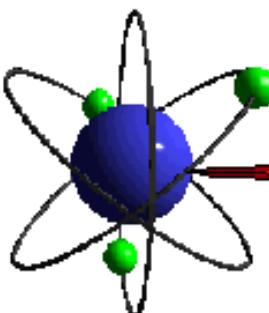
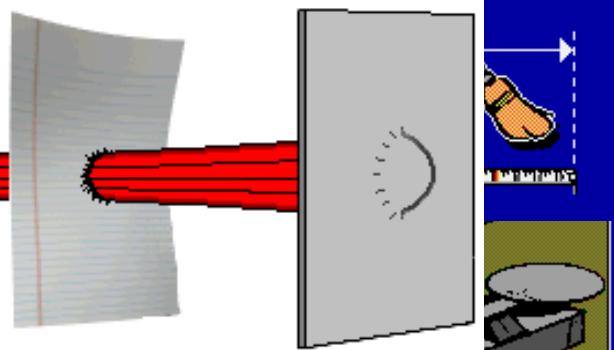
$$\lambda = \frac{\ln(2)}{t_{1/2}} = \frac{0.693}{t_{1/2}} \quad \longrightarrow$$

$$t_{1/2} = \frac{0.693}{\lambda}$$

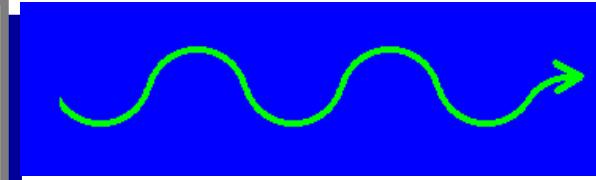
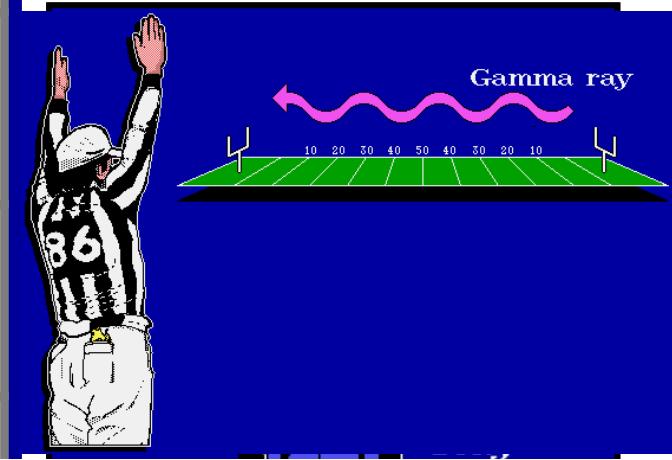
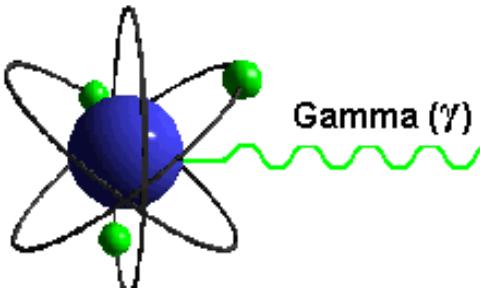
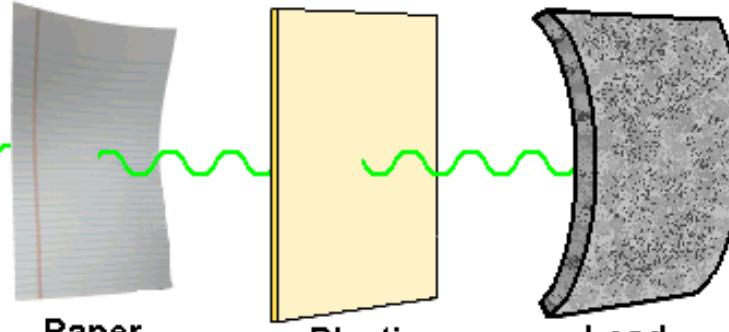
Alpha Radiation (α)

Characteristics	Particle, Large Mass, +2 Charge	
Range	Very Short 1 - 2" in air	
Shielding	Paper Outer layer of skin	
Hazards		
Sources		

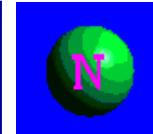
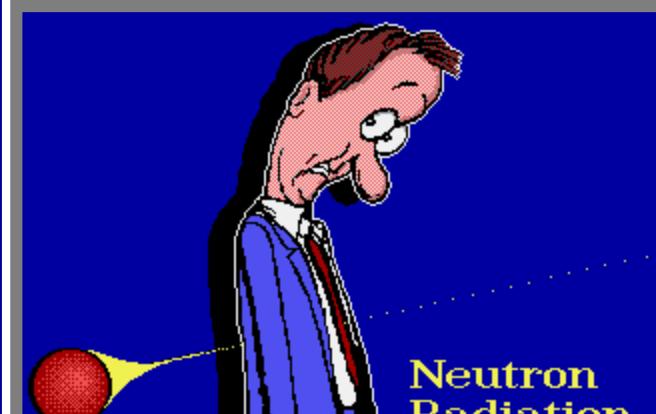
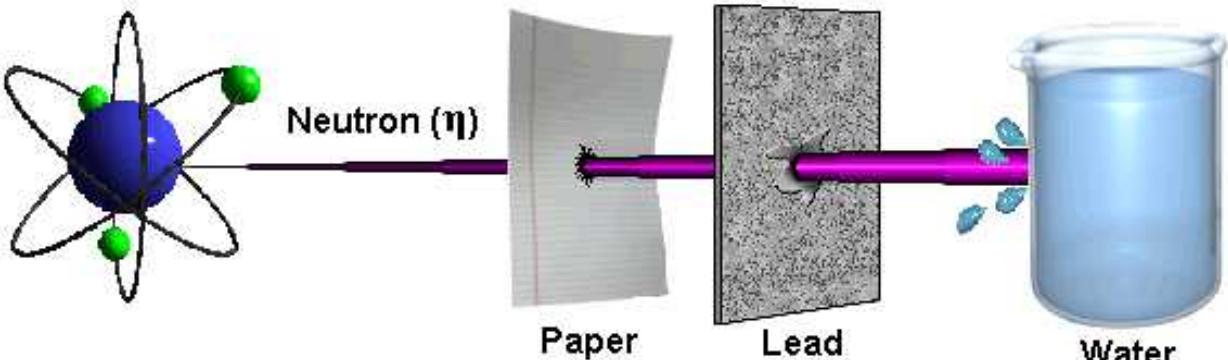
Beta Radiation (β)

Characteristics	Particle, Small Mass, -1 Charge	
Range	12ft / MeV in air	
Shielding	Plastic, aluminum	
Hazards		
Sources		

Gamma Rays (γ) and X-Rays

Characteristics	No mass, no charge electromagnetic	 A green wavy line representing an electromagnetic wave on a blue background.
Range	Hundreds of feet in air	 A football player in a black and white uniform with the number 86 is blocking a pink wavy line labeled "Gamma ray" on a football field. The field has yard lines labeled 10, 20, 30, 40, 50, 40, 30, 20, 10.
Shielding	Lead, Steel Concrete	
Hazards	External Source	 A diagram of an atom with a blue nucleus and three green electrons. A green wavy line labeled "Gamma (γ)" is shown emanating from the nucleus.
Sources		 A diagram showing the absorption of a green wavy line labeled "Gamma (γ)" by different materials. From left to right: a stack of lined paper labeled "Paper", a yellow block labeled "Plastic", and a grey block labeled "Lead".

Neutron Radiation (η)

Characteristics	Particle with no charge	
Range	Hundreds of feet in air	
Shielding	Hydrogenous material - water, polyethylene	
Hazards		
Sources		

RAD or GRAY(Gy)

- **Units of absorbed energy in any material**
- **1 Gy = 1 joule/kilogram of absorber**
- **1 rad = 1 erg/gram of absorber**
- **1 Gy = 100 rad**
- **Does not take into account the potential effect that different types of radiation have on the body**

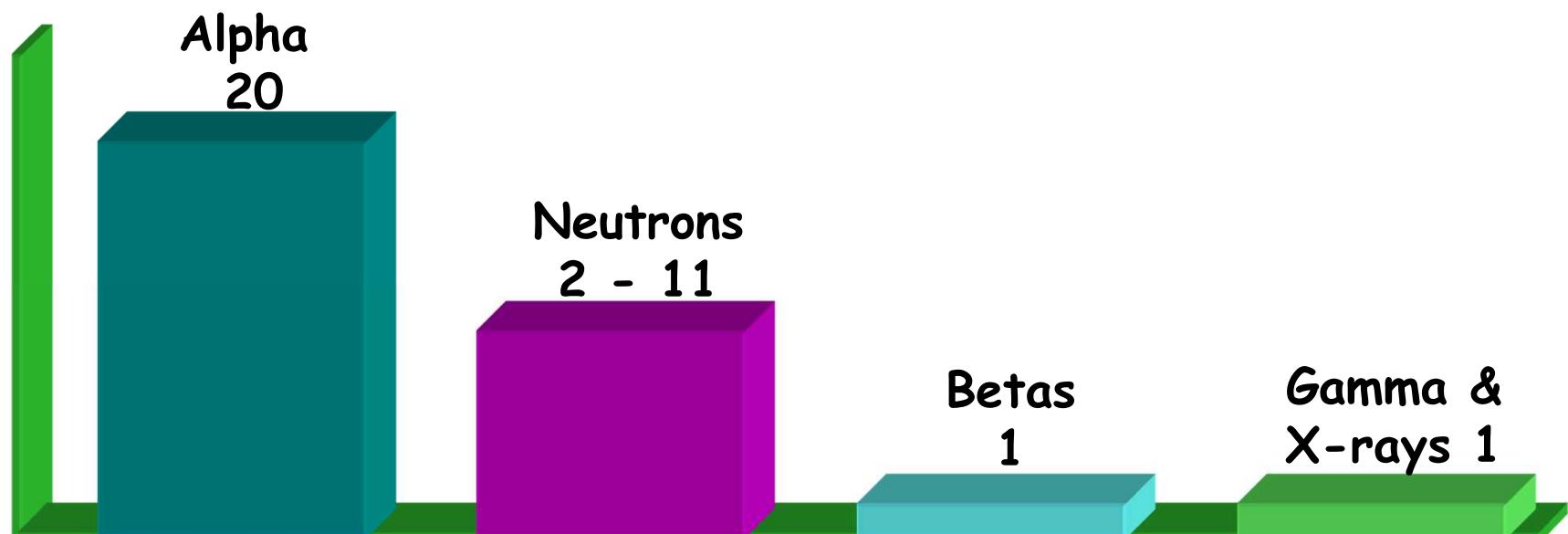
Sievert (Sv) or rem (roentgen equivalent man)

- A measure of biological damage
- $1 \text{ Sv} = 100 \text{ rem}$
- Takes into account the energy absorbed and the biological effect on the body of that absorbed dose

Quality Factor (QF)

The QF is used as a multiplier to reflect the relative amount of biological damage caused by the same amount of energy deposited in cells by the different types of ionizing radiation.

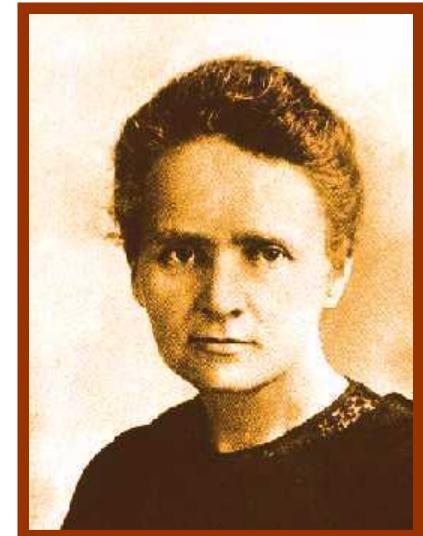
$$Gy \times QF = Sv$$



Radioactivity Units

Basic unit: Bequerel (Bq)

- One disintegration per minute (dpm)
- derived from the number of counts measured by instrument



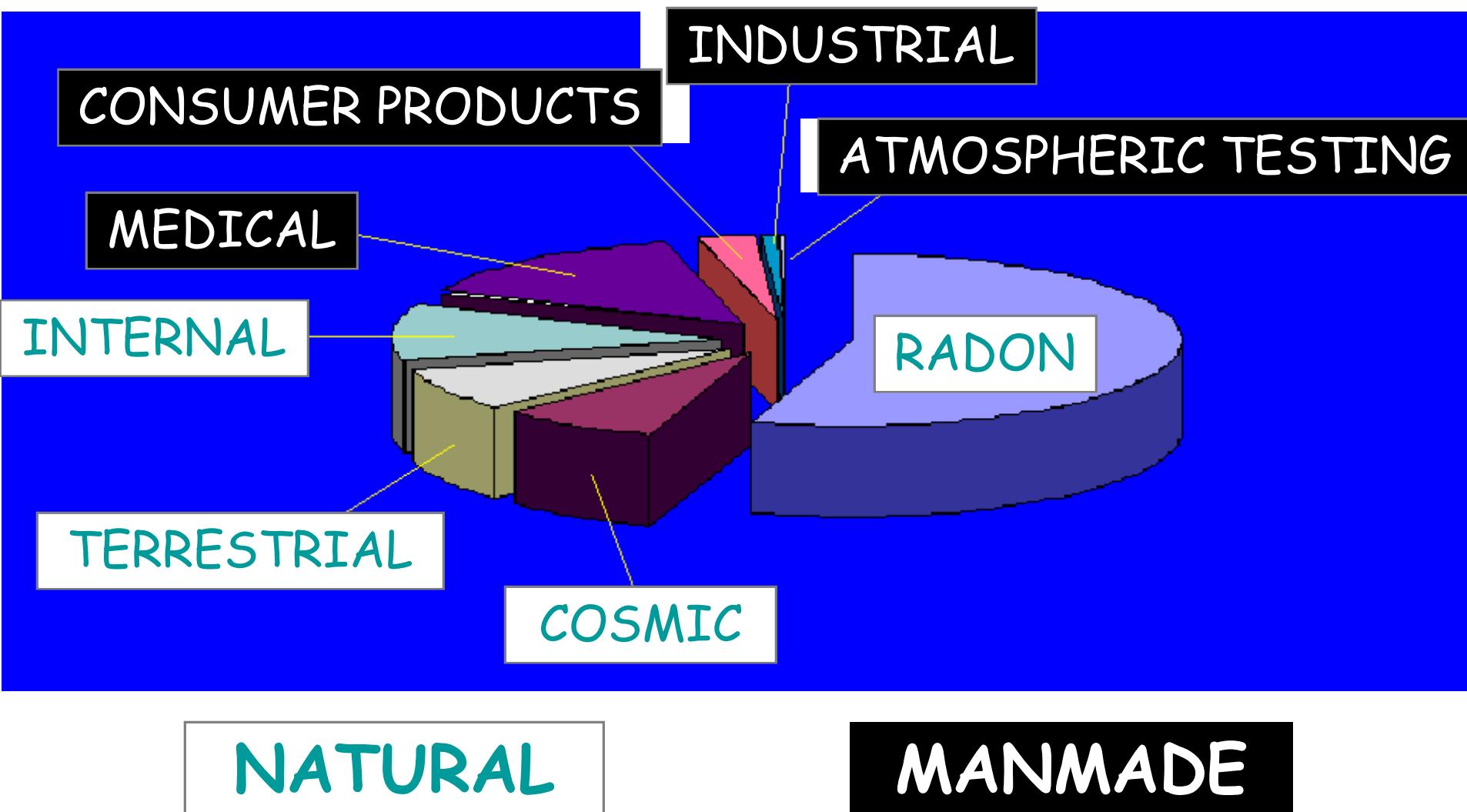
Marie Curie
1867 - 1934

Discovered
radium & polonium

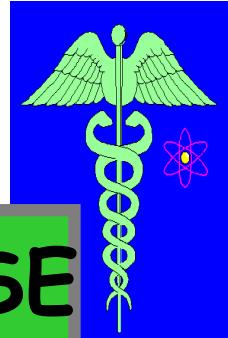
Traditional unit

- Curie (Ci)
- $1 \text{ Ci} = 3.7 \times 10^{10} \text{ Bq}$

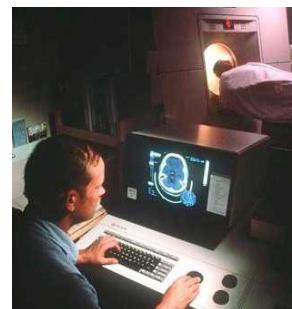
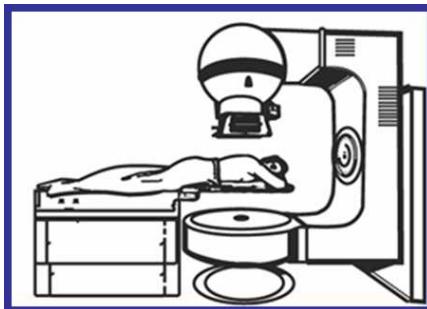
Background Radiation Sources



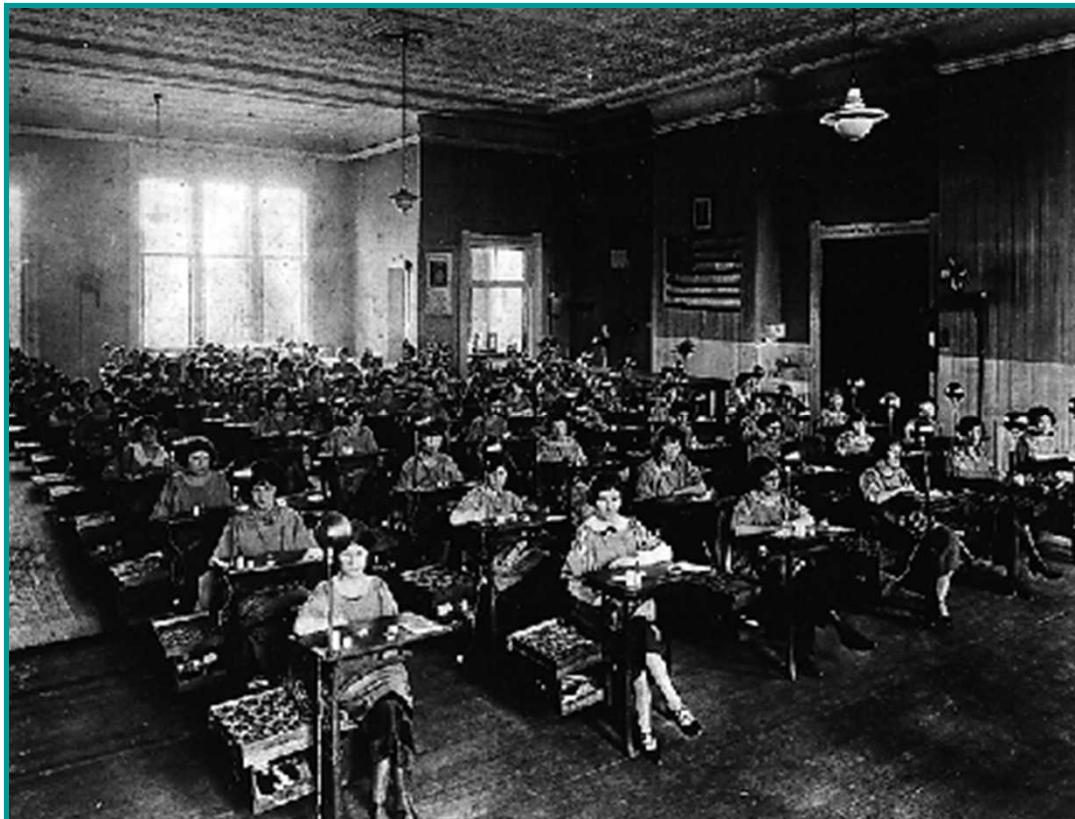
Medical Procedures



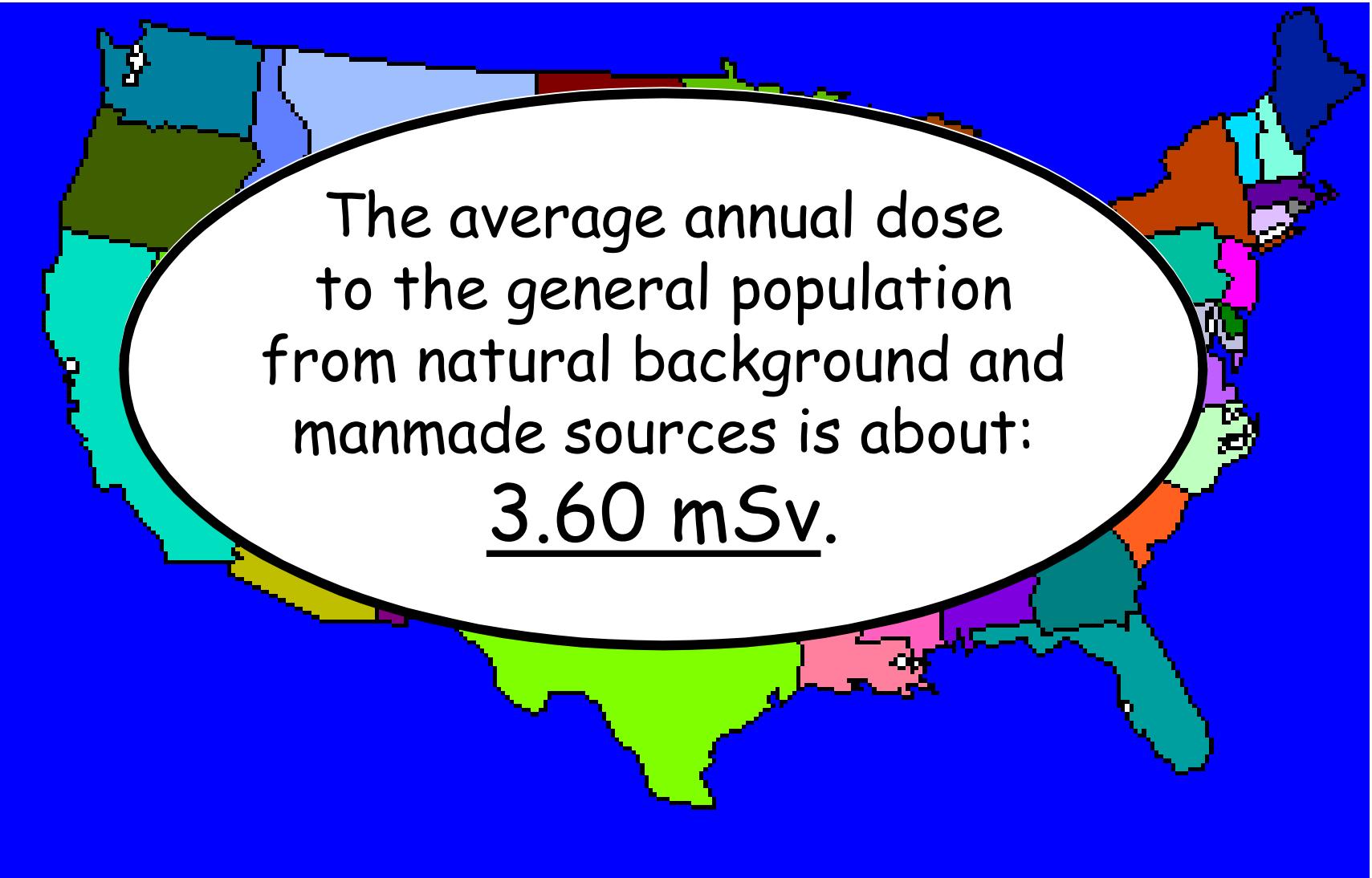
PROCEDURE	AVERAGE DOSE
THERAPY	6 Sv to tumor
CAT SCAN	0.058 Sv to head
MAMMOGRAM	4 mSv to breast
CHEST X-RAY	0.1 mSv



Radium Dial Factory



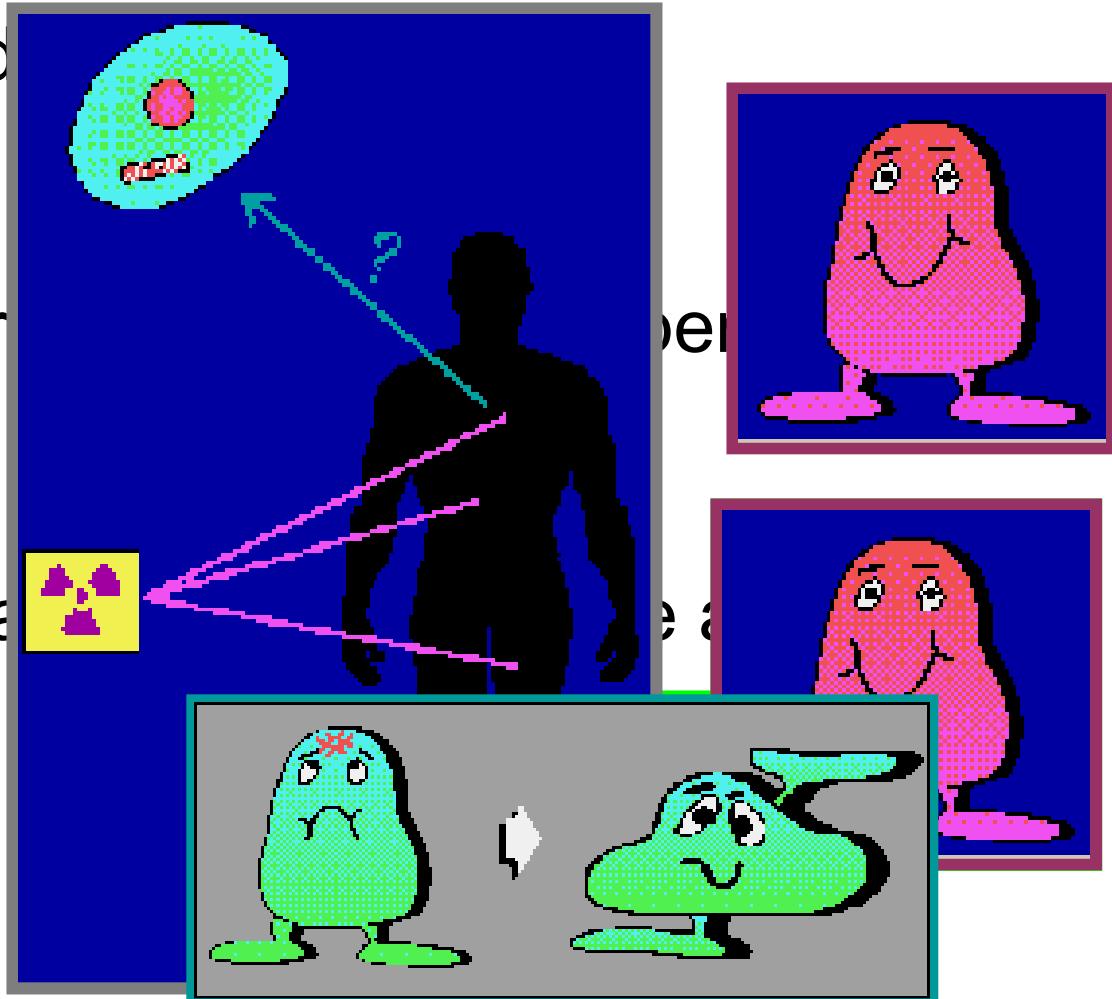
U.S. Average



The average annual dose to the general population from natural background and manmade sources is about:
3.60 mSv.

Possible Effects of Radiation on Cells

- There is no damage to cells
- Cells repair damage
- Cells are damaged
- Cells die



Acute Exposure Effects

AVG DOSE	DAMAGE
> 50 Sv	Death Within 2 -3 Days
> 5 Sv	Gastrointestinal Damage
4.5 - 6 Sv	LD 50-60
2 - 5 Sv	Blood System Damaged
1 - 2 Sv	Radiation Sickness
0.25 - 0.50Sv	Slight Blood Changes
0.05 Sv	Annual Limit

Cancer Risk

- Current rate of cancer death among Americans is about 20%.
- An individual who receives 250 mSv over a working life increases his/her risk of cancer by 1% to about 21%.
- The average annual dose to DOE workers is less than 1 mSv.

Comparison of Health Risks

Health Risk	Days Lost
Unmarried Male	3500
Tobacco User	2250
Unmarried Female	1600
Overweight Individual	777
Alcohol Consumer	365
Motor Vehicle Driver	207
1 mSv/yr for 70 yrs	10

Comparison of Occupational Risk

Industry	Days Lost
Coal Miner	328
Farmer	277
Transportation Worker	164
U.S. Average	74
Manufacturer	43
Radiological Worker	40
Trades Employee	30

The Nuclear Fuel Cycle

