

Decontamination, Sterilization and Disinfection

Instructor Guide



Welcome & Introductions

Slide 1



Introduce Instructor(s):

[Introduce others associated with the training, as appropriate]

Name

Affiliation

Representation (I'm here on behalf of . . .)

Quick Experience Glimpse

Relevancy of the Course to your experience

Welcome & Introductions

66
99

Before you introduce yourselves, I'd like to provide some reminders about this facility and the training:

1. Restrooms are . . .
2. Exits are . . .
3. Evacuation procedures are . . .
4. [any escort or restricted access procedures]
5. We will have intermittent breaks during the course, but please feel free (or not) to take a quick break if you need to at other times during the course
6. Beverages and snacks will be available at (time) and at (location). You may/may not eat and drink in this room
7. Please silence any cell phones or other noise-making devices.
8. Others . . .

Slide 2



Introductions

- Instructors
- Students
 - Your name?
 - Where are you from?

A cartoon emoji of a yellow smiley face with a white hand raised in a wave. A speech bubble above it contains the word "HELLO!".

A faint background image of a world map.

The logo for the U.S. Chemical Safety and Hazard Investigation Board (CSB), featuring the letters "SEPA" and "U.S. Chemical Safety and Hazard Investigation Board" in a circular design.

Slide 2

Welcome & Introductions

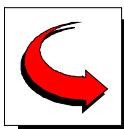


Let's go around the room and let each of you introduce yourself. Please tell us your name, where you work (organization and/or title, as appropriate), and what you hope to gain from the course.



Ground rules

This will be a very interactive session and you will learn the most if you participate fully. We will not intentionally force any one to speak or to do an activity that embarrasses them – if you are uncomfortable, please speak to one of the leaders. For those of you who like to talk, please share your expertise but be aware of those around you who may be quieter and give them time to share their opinion as well. We ask that everyone respect the break times and report back promptly when asked to do so. But most of all, we want to make this a fun time to learn, so remember to smile and enjoy yourself!



Transition to Objectives



Goal

To review the Action Plan and Learning Objectives for the course and to solicit any additional learning goals from the participants.



Time

20 minutes

Welcome & Introductions

Slide 3



Instructions for the Action Plan handout:

- The Action Plan handout is on page __ of the student guide.
- It is designed to help you assess your learning of the material as we go through the course. It is also referred to as a learning contract.
- Go over each section of the Action Plan . . .
- The sections KNOW, FEEL and DO are designed to help outline personal learning objectives for this course.
- Ask each participant to think about what they would like to be able to KNOW, FEEL, and DO once this course is completed
- Tell the students that this is their own Action Plan. It does not need to be shared with anyone. It can be used during the course and after the course to help continually reach learning goals.
- Allow 5 minutes

Welcome & Introductions

Slide 4



Key Messages

- Disinfection and decontamination have similar meanings. Both are less rigorous than sterilization which is the complete removal of all life.
- No disinfectant is ideal, they all have strengths and limitations. Understanding the strengths and limitations is key to their use.
- There are a number of factors that determines how effective a particular disinfectant is.
- Micro-organisms have various innate resistance to disinfectants.



Page 4

Slide 5



Key Messages – Continued

- Autoclaves can be used to sterilize things through wet heat and the application of appropriate time, pressure and temperature.
- Wet heat is much more effective than dry heat.
- Validation is a process to ensure that the decontamination, disinfection or sterilization process used was complete and achieved its requirements.



Page 6

Welcome & Introductions



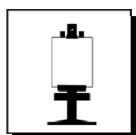
Key Messages for Instructor

1. Disinfection and decontamination have similar meanings. Both are less rigorous than sterilization which is the complete removal of all life.
2. No disinfectant is ideal, they all have strengths and limitations. Understanding the strengths and limitations is key to their use.
3. There are a number of factors that determine how effective a particular disinfectant is.
4. Micro-organisms have various innate resistance to disinfectants
5. Autoclaves can be used to sterilize things through wet heat and the application of appropriate time, pressure and temperature.
6. Wet heat is much more effective than dry heat.
7. Validation is a process to ensure that the decontamination, disinfection or sterilization process used was complete and achieved its requirements



Background Information for Instructor

Review the course objectives, these can be read from the slide. Check for understanding and verify that these objectives are consistent with student expectations.



Capture any additional KNOW, FEEL, or DO or other learning goals

Capture any learning goals that will supplement course objectives and address any that are outside the scope of the course.

This course is flexible in nature. If there is a learning goal that is easily incorporated into the course, feel free to add it. Please note successful additions and consistently requested learning goals in the evaluation portion of this course and/or to GBRMC administrators.



Transition to Biorisk Management Touchstone

Biorisk Management

Slide 6



Biorisk Management: the AMP Model

Biorisk Management =
Assessment, Mitigation, Performance

Slide 5

A world map background with an orange vertical bar on the left side. The text "Biorisk Management: the AMP Model" is at the top, and "Biorisk Management = Assessment, Mitigation, Performance" is in the center. The bottom right corner features two circular logos: "BEP" and "CBP".

Background Information for Instructor

- Review the AMP model of Biorisk Management with the participants.
- The following three slides provide specific definitions for A, M, and P.
- Integration of laboratory biosafety (protect people from pathogens) and laboratory biosecurity (protect pathogens from people)

Biorisk Management

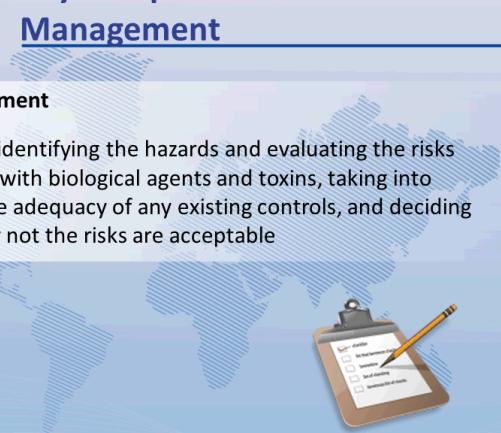
Slide 7



Key Components of Biorisk Management

❖ **Biorisk Assessment**

- Process of identifying the hazards and evaluating the risks associated with biological agents and toxins, taking into account the adequacy of any existing controls, and deciding whether or not the risks are acceptable



Slide 6



Background Information for Instructor

The instructor uses the following three slides: Biorisk Assessment; Biorisk Mitigation; and Performance to define key components of biorisk management

Slide 8



Key Components of Biorisk Management

❖ **Biorisk Mitigation**

- Actions and control measures that are put into place to reduce or eliminate the risks associated with biological agents and toxins



Slide 7





Biorisk Management



Slide 9



Background Information for Instructor

The instructor uses this slide and following slide (Performance) to define key components of biorisk management

Key Components of Biorisk Management

Performance

- The implementation of the entire biorisk management system, including evaluating and ensuring that the system is working the way it was designed. Another aspect of performance is the process of continually improving the system.

Slide 8



Lecture

Taken together, the three elements of AMP constitute a complete biorisk management system. The elements of the AMP model also underpin CWA 15793:2011 – Laboratory Biorisk Management Standard



Transition to Definitions & Methods of Decontamination

Definitions & Methods of Decontamination

Slide 10



Definitions

- **Sterilization** - act or process, physical or chemical, that destroys or eliminates all forms of life, especially microorganisms. The definition is categorical and absolute - an item either is sterile or is not.
- **Disinfection** - Generally less lethal process than sterilization. It is the elimination of nearly all recognized pathogenic micro-organisms but not necessarily all microbial forms (e.g., bacterial spores).

9

BEP CBE



Background Information for Instructor

These definitions are essential for the students to KNOW. Note that the first three can all describe “decontamination”.

Spend some time here.

If you have time, you could give half the students a card with the words (one per card): sterilization, disinfection, antiseptic, decontamination – on them (if you have 16 students; eight will receive word cards – there will be two sets of the four cards).

The other half of the class would have a card that had the definition of each of those words (if you have 16 students, the remaining eight would divide two sets of definition cards among themselves).

Give the students 1 minute to find a match between the word and the definition. If you do this, make sure that the slides are not visible and ask the students to close their books. Give a prize to the first four to match.



Definitions & Methods of Decontamination

Slide 11



Definitions, continued

- **Antiseptic** - a substance that prevents or arrests the growth or action of microbes, either by inhibiting their activity or by destroying them
 - “septic” – containing disease causing organism, anti - remove
- **Decontamination** – A process to remove contamination. Decontamination renders an area, device, item, or material safe to handle, that is, reasonably free from a risk of disease transmission.



Background Information for Instructor

The most commonly thought-of decontamination methods for biological contamination are chemical and thermal. But filtration and radiation methods are also often used every day in the lab in the forms of HEPA filters and UV lights. Even though they are important, we won't spend time on the filtration and radiation methods in this course but rather we will focus on the methods that require choice to be made to use them properly. So the majority of the course will focus on chemical decontamination and a small portion on thermal decontamination.





Definitions & Methods of Decontamination

Slide 12



Methods of Decontamination

- Chemical (e.g., bleach)
- Thermal (e.g., autoclave)
- Filtration (e.g., HEPA filter)
- Radiation (e.g., UV light)

Slide 11



Change slide to decontamination



Background Information for Instructor

The most commonly thought-of decontamination methods for biological contamination are chemical and thermal. But filtration and radiation methods are also often used every day in the lab in the forms of HEPA filters and UV lights.

Even though they are important, we won't spend time on the filtration and radiation methods in this course but rather we will focus on the methods that require choices to be made to use them properly. So the majority of the course will focus on chemical decontamination and a small portion on thermal decontamination.



Transition to Chemical Disinfection

Chemical Disinfection

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Lecture

There are a variety of chemical disinfectants – and nearly all chemicals are disinfectants – there are very few sterilants in the chemical category. We will discuss the properties of many of these classes later.

Slide 13



Classes of Chemical Disinfectants

Chemical Disinfectants

- Halogens (Chlorine, Iodophors)
- Aldehydes (Glutaraldehyde/Formaldehyde)
- Phenolics
- Alcohols
- Acids (Peracetic acid) & Alkalies (NaOH)
- Oxidizing Agents (Hydrogen peroxide)
- Quaternary Ammonium compounds
- Biguanidines (Chlorhexidine)

Slide 12



Slide 14



The Ideal Chemical Disinfectant

Group Exercise:

You are looking for the perfect chemical disinfectant.

In your groups, please spend 5 minutes to list all of the properties of the ideal chemical disinfectant. Write one property per sticky note and post them on your flip chart.

Slide 13



Chemical Disinfection



Small group activity (5 minutes).



Activity Instructions (to students)

- You have 5 minutes, in your groups, to list all of the properties of the ideal chemical disinfectant.
- To help with this task list all properties on sticky-notes and place them on your flip chart.
- Be prepared to report your definition and rationale to the class.



You have 5 minutes to complete this activity

Directions for Instructor:

- Allow 5 minutes – this is a brainstorming session and does not require detailed, complete answers.
- Lead a 5-minute plenary discussion. Begin by asking for one group of students to report the properties they came up with.
- Ask one group to post one sticky note on a flip chart or surface (wall, floor, or table) located in a space that all students can see. Ask that group why this property would make a disinfectant ideal.
- Ask the other groups if they have a match for that note. If so, post their notes on top of the first note.
- Repeat this process until all the properties are used up.
- If you want to provide a reward, reward unique answers (answers that only one group came up with) – it's easier to use different colored sticky notes to help keep track of this.
- Emphasize the many factors that must be considered for a good disinfectant. Tell the students that most chemical disinfectants have some of these properties, but not all of them and that is why it is important to know which properties are associated with different chemical disinfectants.

Chemical Disinfection

Expected Responses

- Broad spectrum (kills almost everything)
- High efficiency (kills rapidly)
- Unaffected by organic matter, soaps & detergents, water hardness, pH
- Nontoxic
- Noncorrosive
- Nonflammable
- Odorless
- Cheap
- Stable (Stores for a long time)
- Environmentally friendly
- Penetrates readily
- Easily monitored

New Responses from Students:

Chemical Disinfection

Slide 15



Factors Affecting Disinfection

Group Exercise - Continued:

Now consider the conditions and **factors** that might affect how well a chemical disinfectant will work.

In your groups, please spend **5 minutes** to **list all of the factors**. Write one factor per **sticky note** and post them on your **flip chart**.



Small group activity (5 minutes).



Activity Instructions (to students)

- You have 5 minutes, in your groups, to think of the things that might get in the way of whether a chemical disinfectant works well or not.
- To help with this task write each factor on sticky-notes and place them on your flip chart.
- Be prepared to report your factors and rationale to the class.

Chemical Disinfection



You have 5 minutes to complete this activity

Directions for Instructor:

- Allow 5 minutes – this is a brainstorming session and does not require detailed, complete answers.
- To report out, use the next slide which has animations that will reveal one factor at a time (per mouse click or down arrow). Reveal the first factor (Number of microorganisms) and ask the groups who had a match. Ask the matching groups to post their sticky notes together on a flip chart titled, Factors Affecting Disinfection. Ask the first group to respond why the factor affects disinfection. Repeat throughout the list on the slide. Then ask what other factors remain and work with the class to determine if they are new factors or if they belong with one of the other factors.
- Allow a good 10 to 15 minutes for the reporting-out phase of this exercise.



Chemical Disinfection

Expected Responses

- Number of microorganisms
- Location of microorganisms
- Innate resistance to the disinfectant
- Concentration and potency of the disinfectant
- Physical and chemical factors
- Presence of organic matter
- Duration of exposure
- Biofilms

New Responses from Students:



Chemical Disinfection

Slide 16



Factors Affecting Disinfection

- Number of microorganisms
- Location of microorganisms
- Innate resistance to the disinfectant
- Concentration and potency of the disinfectant
- Physical and chemical factors
- Presence of organic matter
- Duration of exposure
- Biofilms



Slide 15



Background Information for Instructor

Information below on Expected Results is derived from CDC Guideline for Disinfection and Sterilization in Healthcare Facilities, 2008

Expected Results: Number and Location of Microorganisms

All other conditions remaining constant, the larger the number of microbes, the more time a germicide needs to destroy all of them. Spaulding illustrated this relation when he employed identical test conditions and demonstrated that it took 30 minutes to kill 10 *B. atrophaeus* (formerly *Bacillus subtilis*) spores but 3 hours to kill 100,000 *Bacillus atrophaeus* spores. Researchers also have shown that aggregated or clumped cells are more difficult to inactivate than monodispersed cells.

The location of microorganisms also must be considered when factors affecting the efficacy of germicides are assessed. Surfaces that have crevices, joints, and channels are more difficult to disinfect than are flat-surfaces because penetration of the disinfectant of all areas is more difficult. Porous, uneven surfaces (such as untreated wood) can be particularly difficult to chemically disinfect. Only surfaces that directly contact the germicide will be disinfected, so there must be no air pockets and the area must be completely immersed for the entire exposure period. Proper design of the work surfaces in a bioresearch laboratory is very important.

Chemical Disinfection

Expected Results: Innate Resistance

Microorganisms vary greatly in their resistance to chemical germicides and sterilization processes (see the next slide). Intrinsic resistance mechanisms in microorganisms to disinfectants vary. For example, spores are resistant to disinfectants because the spore coat and cortex act as a barrier, mycobacteria have a waxy cell wall that prevents disinfectant entry, and gram-negative bacteria possess an outer membrane that acts as a barrier to the uptake of disinfectants. Implicit in all disinfection strategies is the consideration that the most resistant microbial subpopulation controls the sterilization or disinfection time. That is, to destroy the most resistant types of microorganisms (i.e., bacterial spores), the user needs to employ exposure times and a concentration of germicide needed to achieve complete destruction. **Show the next slide to review order of resistance.** Except for prions, bacterial spores possess the highest innate resistance to chemical germicides, followed by coccidia (e.g., *Cryptosporidium*), mycobacteria (e.g., *M. tuberculosis*), nonlipid or small viruses (e.g., poliovirus, and coxsackievirus), fungi (e.g., *Aspergillus*, and *Candida*), vegetative bacteria (e.g., *Staphylococcus*, and *Pseudomonas*) and lipid or medium-size viruses (e.g., herpes, and HIV). The germicidal resistance exhibited by the gram-positive and gram-negative bacteria is similar with some exceptions (e.g., *P. aeruginosa* which shows greater resistance to some disinfectants). *P. aeruginosa* also is significantly more resistant to a variety of disinfectants in its "naturally occurring" state than are cells subcultured on laboratory media. *Rickettsiae*, *Chlamydiae*, and mycoplasma cannot be placed in this scale of relative resistance because information about the efficacy of germicides against these agents is limited. Because these microorganisms contain lipid and are similar in structure and composition to other bacteria, they can be predicted to be inactivated by the same germicides that destroy lipid viruses and vegetative bacteria. A known exception to this supposition is *Coxiella burnetti*, which has demonstrated resistance to disinfectants.

Chemical Disinfection

Expected Results: Concentration and Potency of Disinfectants

With other variables constant, and with two exceptions (70% ethanol; 1% povidone-iodine), the more concentrated the disinfectant, the greater its efficacy and the shorter the time necessary to achieve microbial kill. Generally not recognized, however, is that all disinfectants are not similarly affected by concentration adjustments. For example, quaternary ammonium compounds and phenol have a concentration exponent of 1 and 6, respectively; thus, halving the concentration of a quaternary ammonium compound requires doubling its disinfecting time, but halving the concentration of a phenol solution requires a 64-fold (i.e., 2^6) increase in its disinfecting time.

Expected Results: Physical and Chemical Factors

Several physical and chemical factors also influence disinfectant procedures: temperature, pH, relative humidity, and water hardness. For example, the activity of most disinfectants increases as the temperature increases, but some exceptions exist. Furthermore, too great an increase in temperature causes the disinfectant to degrade and weakens its germicidal activity.

An increase in pH improves the antimicrobial activity of some disinfectants (e.g., glutaraldehyde, quaternary ammonium compounds) but decreases the antimicrobial activity of others (e.g., phenols, hypochlorites, and iodine). The pH influences the antimicrobial activity by altering the disinfectant molecule or the cell surface.

Relative humidity is the single most important factor influencing the activity of gaseous disinfectants/sterilants, such as EtO, chlorine dioxide, and formaldehyde.

Water hardness (i.e., high concentration of divalent cations) reduces the rate of kill of certain disinfectants because divalent cations (e.g., magnesium, calcium) in the hard water interact with the disinfectant to form insoluble precipitates.

Expected Results: Presence of Organic Matter

Organic matter in the form of serum, blood, pus, or fecal or lubricant material can interfere with the antimicrobial activity of disinfectants in at least two ways. Most commonly, interference occurs by a chemical reaction between the germicide and the organic matter resulting in a complex that is less germicidal or nongermicidal, leaving less of the active germicide available for attacking microorganisms. Chlorine and iodine disinfectants, in particular, are prone to such interaction. Alternatively, organic material can protect microorganisms from attack by acting as a physical barrier.

Chemical Disinfection

Expected Results:
Duration of Exposure

No disinfectant works immediately. Surfaces and items must be exposed to the germicide for an appropriate minimum contact time (which varies with the disinfectant used and concentration).

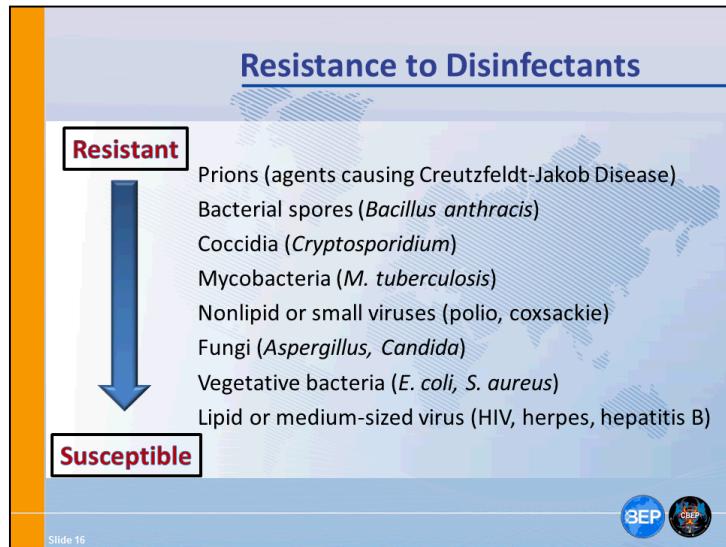
Air pockets interfere with the disinfection process, and items that float on the disinfectant will not be disinfected. In general, longer contact times are more effective than shorter contact times.

Expected Results:
Biofilms

Microorganisms may be protected from disinfectants by production of thick masses of cells and extracellular materials, or biofilms. Biofilms are microbial communities that are tightly attached to surfaces and cannot be easily removed. Once these masses form, microbes within them can be resistant to disinfectants by multiple mechanisms, including physical characteristics of older biofilms, genotypic variation of the bacteria, microbial production of neutralizing enzymes, and physiologic gradients within the biofilm (e.g., pH). Bacteria within biofilms are up to 1,000 times more resistant to antimicrobials than are the same bacteria in suspension. Although new decontamination methods are being investigated for removing biofilms, chlorine and monochloramines can effectively inactivate biofilm bacteria. Investigators have hypothesized that the glycocalyx-like cellular masses on the interior walls of polyvinyl chloride pipe would protect embedded organisms from some disinfectants and be a reservoir for continuous contamination. Biofilms have been found in whirlpools, dental unit waterlines, and numerous medical devices (e.g., contact lenses, pacemakers, hemodialysis systems, urinary catheters, central venous catheters, endoscopes). Their presence can have serious implications for immunocompromised patients and patients who have indwelling medical devices. Some enzymes and detergents can degrade biofilms or reduce numbers of viable bacteria within a biofilm.

Chemical Disinfection

Slide 17



Chemical Disinfection

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Lecture

Microorganisms vary greatly in their resistance to chemical germicides and sterilization processes (see the next slide). Intrinsic resistance mechanisms in microorganisms to disinfectants vary. For example, spores are resistant to disinfectants because the spore coat and cortex act as a barrier, mycobacteria have a waxy cell wall that prevents disinfectant entry, and gram-negative bacteria possess an outer membrane that acts as a barrier to the uptake of disinfectants. Implicit in all disinfection strategies is the consideration that the most resistant microbial subpopulation controls the sterilization or disinfection time. That is, to destroy the most resistant types of microorganisms (i.e., bacterial spores), the user needs to employ exposure times and a concentration of germicide needed to achieve complete destruction. **Show the next slide to review order of resistance.** Except for prions, bacterial spores possess the highest innate resistance to chemical germicides, followed by coccidia (e.g., *Cryptosporidium*), mycobacteria (e.g., *M. tuberculosis*), nonlipid or small viruses (e.g., poliovirus, and coxsackievirus), fungi (e.g., *Aspergillus*, and *Candida*), vegetative bacteria (e.g., *Staphylococcus*, and *Pseudomonas*) and lipid or medium-size viruses (e.g., herpes, and HIV). The germicidal resistance exhibited by the gram-positive and gram-negative bacteria is similar with some exceptions (e.g., *P. aeruginosa* which shows greater resistance to some disinfectants). *P. aeruginosa* also is significantly more resistant to a variety of disinfectants in its "naturally occurring" state than are cells subcultured on laboratory media. *Rickettsiae*, *Chlamydiae*, and mycoplasma cannot be placed in this scale of relative resistance because information about the efficacy of germicides against these agents is limited. Because these microorganisms contain lipid and are similar in structure and composition to other bacteria, they can be predicted to be inactivated by the same germicides that destroy lipid viruses and vegetative bacteria. A known exception to this supposition is *Coxiella burnetti*, which has demonstrated resistance to disinfectants.

Chemical Disinfection

Slide 58



Environmental Factors

Environmental Factors

- **Dried spills** (from media, buffers) may limit contact between the disinfectant and the target organism.
 - Pre-cleaning usually necessary for spills
- **Dirt, grease and oils** - all can protect the organisms.
 - Grease and oils will repel water based disinfectants.



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Lecture

Organic matter in the form of serum, blood, pus, or fecal or lubricant material can interfere with the antimicrobial activity of disinfectants in at least two ways. Most commonly, interference occurs by a chemical reaction between the germicide and the organic matter resulting in a complex that is less germicidal or nongermicidal, leaving less of the active germicide available for attacking microorganisms. Chlorine and iodine disinfectants, in particular, are prone to such interaction. Alternatively, organic material can protect microorganisms from attack by acting as a physical barrier.

Slide 69



Product Factors

Product Factors

- **Age** of the product/solution
- **Method** of application
 - spray vs. wipe
- **Rate** of application
- **Storage** conditions
 - Opaque vs. clear containers



Chemical Disinfection



Plenary Discussion (2 minutes).

Question to consider:

How each of these might affect the effectiveness of the chemical disinfectant?

Expected Response:

Age – The older the product, possibly the less stable it is, and the less effective it can become.

Method – How the disinfectant is applied can affect how effective it is depending on the coverage area. Some application methods will have a better coverage area than others, sometimes this is necessary and others it is not.

Rate – Some disinfectants take time to work. Depending on the disinfectant used this could be anywhere from 1-2 minutes or up to an hour. Disinfection time will also depend on the agent characteristics. For example bacterial spores will take longer to kill compared to an unstable enveloped virus.

Storage – Many disinfectants have different rates of decay that can be accelerated by light, air, etc., It is important to determine the optimal storage conditions for a particular disinfectant as it could be come ineffective if these considerations are not met.

Ask: Any questions on Chemical Disinfection?



Take a Break (10 minutes)



Time Check

You should be approximately __ hour and __ minutes into the course.
You have __ hours of the course remaining.





Chemical Disinfection



Transition to Properties and Selection of Chemical Disinfectants



Properties and Selection of Chemical Disinfectants

Slide 7



Properties of Chemical Disinfectants

Group Exercise:

Your group will be assigned a chemical disinfectant to **research** including the following information:

- Mode of action
- Typical concentration used
- Uses in the laboratory
- Advantages
- Limitations/Disadvantages

In your groups, please spend **10 minutes** to **review the resource material** provided. **Complete the table** in your **student guide** and be prepared to report to the class.



Small group activity (20 minutes).



Activity Instructions (to students)

- You have 10 minutes, in your groups, review the resource material provided.
- Complete the table in your student guide.
- Be prepared to discuss with the rest of the class.

Properties and Selection of Chemical Disinfectants



You have 20 minutes to complete this activity

Directions for Instructor:

- Participants will need a copy of the WHO Laboratory Biosafety Manual (or at least a copy of Chapter 14 on disinfectants). Chapter 14 of the third edition has information for each type/class of disinfectant. Chapter 14 is in the additional course materials included with this course and is also included in the Student Guide.
- Assign each table one or two of the disinfectants on the list below.
- Participants should be directed to read and discuss their assigned disinfectant class in small groups and be prepared to report their findings to the whole group. They can record their answers in the template in their workbook. Also provide each group a handout (or two) of the template. They can complete this to post with the other groups' results.

Classes of disinfectants to be assigned:

- Bleach (Chlorine)
- Iodophor
- Glutaraldehyde
- Formaldehyde
- Phenolic compounds
- Quaternary Ammonium
- Alcohols
- Hydrogen peroxide and peracids
- After 10 minutes, ask each group to report their findings and also to place a copy of their template and findings on a flipchart labeled, Properties of Chemical Disinfectants.
- Be sure to highlight any similarities, differences or unique answers.



Properties and Selection of Chemical Disinfectants

Slide 21



<h1>Properties of Chemical Disinfectants</h1>	
Criteria	Report
Name of Chemical Disinfectant:	
Mode of Action	
Typical Concentration used	
Uses in the Laboratory	
Advantages	
Limitations/Disadvantages	

Expected Responses

Chapter 14 – LBM will guide the expected responses.

New Responses from Students:

Properties and Selection of Chemical Disinfectants

Slide 22



Choosing a Chemical Disinfectant

Group Exercise:

In your groups, please spend **5 minutes** to **read the scenario** provided. **Discuss and select** an appropriate disinfectant. Using the template in your workbook, spend **15 minutes** to **write an SOP** for using the disinfectant in the scenario.



Slide 23



Scenario

- A researcher plans to grow various strains of *Bacillus cereus* (a potential foodborne pathogen closely related to *B. anthracis*) on petri dishes.
- Individual colonies will then be used to inoculate liquid broth cultures of up to 500 mLs. The cultures are grown in glass reusable Erlenmeyer flasks in a shaker incubator.
- Cultures will be transferred to plastic disposable tubes to be spun down in a centrifuge. The pellet will be washed, collected and analyzed for toxin production. This will involve the use of micropipettes, glass slides, and various stains and reagents.
- Sub cultures will be lyophilized for storage in small (<1ml) cryovials and stored in the freezer.
- **How will lab surfaces and reusable materials be disinfected?**



Properties and Selection of Chemical Disinfectants



Small group activity (25 minutes).



Activity Instructions (to students)

- Read the scenario (5 minutes)
- Discuss and select an appropriate disinfectant for use in the scenario (5 minutes)
- Using the template in your workbook, write an SOP for using the disinfectant in the scenario (15 minutes).



You have 25 minutes to complete this activity

Directions for Instructor:

- The report-out phase is covered in the next slides.

Slide 84



Standard Operating Procedure for:	
Conditions	
Who should use the SOP?	
When should it be used?	
Why should the SOP be used?	
Where should it be used?	
Context	
Input(s):	Contaminated surfaces and reusable materials
Output:	Disinfected surfaces and reusable materials
Preparation required:	
Actions (steps required to move from the input to the output)	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	

Slide 23

BEP



Properties and Selection of Chemical Disinfectants

Slide 95



“Evaluating” your SOP

Group Exercise - Continued:

Give your SOP to another small group for evaluation.

In your groups, spend **15 minutes** to read the SOP you've been asked to evaluate and **answer the following questions**:

- Did you understand the SOP?
- Is it physically possible to follow the SOP?
- What questions do you have?
- What suggestions might make the SOP easier to understand and follow?

If time allows, come to a class-wide consensus on the SOP to be used.



Slide 24



Small group activity (15 minutes).



Activity Instructions (to students)

- Trade SOPs with another group.
- Read the SOP you have been given (5 minutes)
- Answer the questions on the slide (10 minutes).
- Be prepared to share your evaluation.



You have 15 minutes to complete this activity

Directions for Instructor:

- Direct the groups to exchange SOPs for evaluation.
- If time allows, guide class through the selection of the best SOP presented.

Properties and Selection of Chemical Disinfectants

Expected Responses

For any SOP these are some questions that should be addressed. Try to encourage students to use these questions to guide them through the review.

Who? Is it everyone in the lab? Only those trained in a certain procedure? Only those with a specific clearance (medical, security, etc.)? Only the supervisor or people with a specific title?

When? Is this a daily, weekly, monthly procedure? Should it be done only before or after certain other procedures? Etc.

Why? This is a harder question. Most SOPs are targeted towards getting consistent results (quality) or towards safety or security.

Where? Is there a specific place this SOP should/must be performed? On a certain piece of equipment? In a specific room? In the BSC?

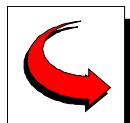
Take a Break (10 minutes)



Time Check



You should be approximately ____ hour and ____ minutes into the course.
You have ____ hours of the course remaining.



Transition to Additional Methods of Disinfection



Additional Methods of Disinfection

Slide 106



Additional Methods of Disinfection

- Thermal
 - Autoclave
 - Incinerator
- Filtration
- Radiation
 - Non-ionizing (UV light, microwave)
 - Ionizing (E-Beam, gamma and x-rays)

Slide 25



Lecture

As mentioned at the beginning, we will discuss primarily chemical and thermal means of decontamination. Before we move to thermal decontamination, let's discuss, briefly, filtration and radiation.

How does a HEPA filter work as a decontamination procedure?

By removing potentially infectious particles from the air it filters

Other examples of using filtration as a decontamination method?

Using Millipore filters to filter liquid media or other heat sensitive products – same principle – filters out particulates

How does radiation work as a disinfectant?

The ultraviolet light kills microorganisms by penetrating the cell wall and reaching directly inside the cell where it causes alterations in the DNA strands, thereby leading to disruption of the genetic material. As a result, the cell becomes inactivated and is no longer able to reproduce. All that the ultraviolet radiation does is damage the cellular DNA and prevent multiplication of cells.

Additional Methods of Disinfection

Slide 117



Autoclaves

Slide 26

BEP CBE

66
99

Lecture

Saturated steam under pressure (autoclaving) is the most effective and reliable means of sterilizing laboratory materials. Autoclaves come in a variety of shapes and sizes.

Slide 128



Heat Kills!

- 160 °C Spores killed 2 hrs dry heat
- 134-138 °C Prions inactivated
- 121 °C Spores killed in 2 min (autoclave)
- 100 °C Only spores survive after 10 minutes
- 82 °C Bacteria killed 3 secs (pasteurization)
- 72 °C Bacteria killed 17 secs
- 63 °C Bacteria killed in 30 mins
- 56 °C HIV inactivated 30 mins
- 41 °C Protein denaturing starts
- 37 °C Body temperature
- 20 °C Room temperature

Slide 27

BEP CBE



Additional Methods of Disinfection

Slide 139



Principles of Autoclave Sterilization

- Direct exposure to **steam** at the required **temperature** and **pressure** for a **specific time**
 - 121 °C– 123 °C
 - 15 psi; 1.05 kg/cm²
- Time required depends on the nature of the material to be **sterilized**. (Generally 1 hr for waste)

Slide 28



Background Information for Instructor

For most purposes, the following cycles will ensure sterilization of correctly loaded autoclaves:

1. 3 min holding time at 134 °C
2. 10 min holding time at 126 °C
3. 15 min holding time at 121 °C
4. 25 min holding time at 115 °C.

Additional Methods of Disinfection

Slide 30



Steam Penetration

- Steam **must** directly contact **all** areas of the load (bags should be loosely gathered)
- If the steam cannot penetrate a dry container, you have **dry heat**, which takes **much longer** to achieve kill.
- Add ~ 50 - 250 ml of water to bags **prior** to autoclaving to facilitate steam saturation

Slide 28



Background Information for Instructor

Materials should be loosely packed in the chamber for easy steam penetration and air removal. Bags should allow the steam to reach their contents.

Slide 31



When to Autoclave?

Group Exercise:

In **your groups**, spend **10 minutes** develop a list of the **advantages** and **disadvantages** for using an autoclave to decontaminate laboratory materials.

- **Complete the template** in your workbook.
- Based on your answers:
 - When would using an autoclave be advantageous?
 - When would another method be preferable to autoclaving?

Slide 30



Additional Methods of Disinfection



Small group activity (15 minutes).



Activity Instructions (to students)

- List the advantages and disadvantages of using an autoclave. (5 minutes)
- Complete the template in your workbook (5 minutes).
- Be prepared to discuss your answers.



You have 15 minutes to complete this activity

Directions for Instructor:

- Use 5 minutes to have each group report their responses.

Additional Methods of Disinfection

Expected Answers

Pros:

- readily available
- well-tested technology
- cost-effective
- generally low maintenance
- cycle parameters easily verified
- Testing relatively simple

Cons:

- Requires operator training, written SOPs, and use of PPE
- cannot be used for heat-sensitive materials
- may cause corrosion, dulling of sharp edges
- hazards :
- high-temperature
- pressure vessel
- immediate environment can be wet, slippery
- processing plastics can produce toxic components in exhaust steam
- nitrocellulose can ignite

When to autoclave:

- Materials that will withstand the heat, moisture, and pressure
- Require high level disinfection or sterilization

When to NOT autoclave

- Materials that CANNOT withstand the heat, moisture, and pressure
- Materials with significant odor during autoclaving (still might be best option but consideration for the smell needs to be addressed)
- Volatile chemicals, especially those that are corrosive

Additional Methods of Disinfection

Slide 14



Autoclave Safety

- Follow manufacturers' guidelines
- Do **not** open pressurized chamber
- Avoid standing directly in front when opening
- Establish a **preventative maintenance schedule** and **annual inspection** by certified technician
- Wear appropriate PPE
- **Careful** – liquids are hot
- Open door **slowly**, allow steam to **vent** before opening fully



Slide 31

Slide 15



Autoclave safety

- Do **not** place sealed containers into autoclave
- Do **not** autoclave items containing **solvents, volatiles, radioactive** or **corrosive chemicals**
- Use shallow metal pans for best results and heat transfer
- Check **drain** and **seals**



Slide 32



Ask students to relate any “horror” stories about autoclave use. Almost everyone has experienced something related to the high heat or high pressure of an autoclave. However, along with these stories, ask students to consider how many times they were able to use the autoclave safely – proving that it is a very valuable tool in a biological laboratory

Additional Methods of Disinfection

Slide 34



Plenary Discussion (2 minutes).

What do you notice about this picture of an autoclave? Any practices or procedures that you would modify? Anything with the autoclave itself?

Expected Responses:

The rubber sealing doesn't seem to be functional as it is taped.

The tape could inhibit a continual seal, which could inhibit the autoclave from reaching temperature correctly so sterilization may not occur as desired.

Electrical cords are not organized and are a hazard.

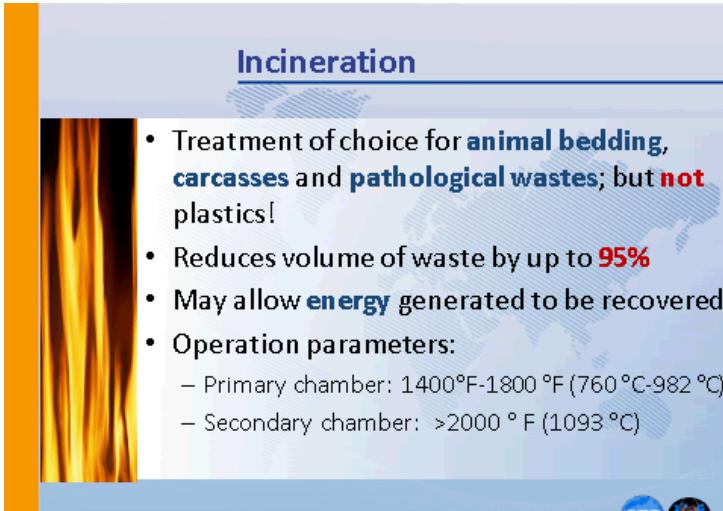


Additional Methods of Disinfection

Slide 165



Incineration



- Treatment of choice for **animal bedding, carcasses and pathological wastes**; but **not** plastics!
- Reduces volume of waste by up to **95%**
- May allow **energy** generated to be recovered
- Operation parameters:
 - Primary chamber: 1400°F-1800°F (760°C-982°C)
 - Secondary chamber: >2000 ° F (1093 °C)

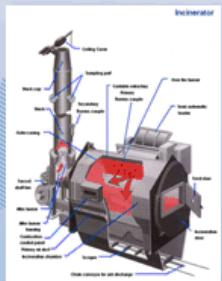
 

Slide 17



Incineration Concerns

- Can generate **smoke**, residues with **heavy metals, gases** (e.g., HCl, CO, PCBs, etc.)
- May require **pollution control devices**, e.g., wet/dry air scrubbers, electrostatic precipitators
- Loading needs to be controlled
- May require **permits**



Additional Methods of Disinfection

Slide 187



Incinerator?



What is the advantage and disadvantage of an incinerator over an autoclave or chemical disinfectants?

Expected Responses:

Advantage:

It reduces the volume of overall waste that would need to be taken care of.

Energy efficient

Disadvantage:

Harmful to environment depending on what is incinerated.

Efficient operation depends on the right mix of materials in the waste being treated.

Require permits



Additional Methods of Disinfection



Plenary Discussion (3 minutes).

What is required to make a fire an incinerator? When is fire ok? When does fire need to be an incinerator?

The level of heat is the key factor in incineration – the two chambers also provide an additional opportunity to burn materials that are released from the heat in the first chamber.



Take a Break (10 minutes)



Time Check

You should be approximately __ hour and __ minutes into the course.
You have __ hours of the course remaining.



Transition to Validation of Decontamination



Validation of Decontamination

Slide 198



Validation Methods

Group Exercise:

In your groups, spend **10 minutes** to discuss methods or ways in which you can assure that the following procedures actually result in decontamination:

- Chemical disinfection – **surfaces**
- Chemical disinfection – **liquids**
- Autoclave sterilization
- Incinerator run

27



Small group activity (10 minutes).



Activity Instructions (to students)

- Each group should discuss one of these processes and decide what you can do to validate the effectiveness of the methods.
- Take about 5 minutes to discuss and gather ideas.
- Be prepared to share your ideas with the rest of the class.

Validation of Decontamination



You have 10 minutes to complete this activity

Directions for Instructor:

- Each of these processes should be assigned to different groups.
- After 5 minutes, ask the students to stop working on the exercise
- Ask groups to report out their ideas and why they think that their validation methods would work. Ask the other groups for any comments.
- Discuss in plenary – Why is validation important? When is validation important?
- Be sure to highlight any similarities, differences or unique answers.

Validation of Decontamination

Expected responses

Chemical disinfection – surfaces

- Rodac plates can collect organisms from surface – compare before and after (will not demonstrate effectiveness on specific organism)
- Total ATP before and after – again won't show effectiveness on specific organisms but will demonstrate 'decontamination' of viable organisms.
- Read label for organisms tested – follow label precisely.

Chemical disinfection – liquid

- Note that labels very rarely talk about effectiveness in liquid solutions.
- Before and after plating of liquid (serial dilutions) after specified contact time.

Autoclave sterilization

- Temperature and pressure records
- Autoclave tape – is heat sensitive – only registers high temp, not pressure
- Chemical Indicators that change colors under appropriate temp and pressure
- Biological indicators – measure actual reduction in heat resistant spores – must be placed in representative autoclave load in hard-to-decontaminate place

Incinerator run

- Temperature records
- Ash should be sterile – hard to sample using sterile techniques
- Biological indicator placed in burn-proof container – should show 6-log (at least reduction) for sterilization

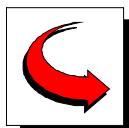
Why is validation important?

Validation, at its best, allows for all the factors that can impact the effectiveness of a decontamination method to be tested, real-time. If the decontamination goal is reached, then those factors can be included. If not, factors may need to be eliminated before the technique will work. For mechanical systems, also indicates that the system is functioning.

When is validation important?

Because of the highly dynamic nature of the factors that impact effectiveness, validation should be performed frequently. After a baseline is established for a reasonably stable procedure, sometimes surrogate measures can be used daily with more rigorous procedures performed weekly or less frequently. For example, using a chemical or heat indicator for the autoclave on a daily basis, with biological indicators used weekly (depending on the risk assessment).

Validation of Decontamination



Transition to Review

Review & Wrap Up



Goal

The purpose and goal of this section is to recap the key messages of the course and to conduct a “What? So What? Now What?” review of the course and key messages.



Time

Allow 10 minutes to get through the Review section.

Slide 209



Review of decontamination

Review

To wrap-up, let's discuss what we learned about decontamination in a biological laboratory setting.

What did we learn?
What does it mean?
Where do we go from here?

BEP

Review & Wrap Up

66
99

Hold a contest among the class to see who can answer each question first. Once someone has gotten the right answer first, they cannot answer another question.

What are three types of decontamination? (chemical, thermal, filtration, radiation)

What are three types of chemical disinfectants?

- (Halogens (Chlorine, Iodophors)
- Aldehydes (Glutaraldehyde/Formaldehyde)
- Phenolics
- Alcohols
- Acids (Peracetic acid) & Alkalies (NaOH)
- Oxidizing Agents (Hydrogen peroxide)
- Quaternary Ammonium compounds
- Biguanidines (Chlorhexidine)

What is the definition of sterilization? act or process, physical or chemical, that destroys or eliminates all forms of life, especially microorganisms. The definition is categorical and absolute - an item either is sterile or is not.

What is the definition of decontamination? A process to remove contamination. Decontamination renders an area, device, item, or material safe to handle, that is, reasonably free from a risk of disease transmission.

Name three factors that impact chemical disinfectant effectiveness.

- Number of microorganisms
- Location of microorganisms
- Innate resistance to the disinfectant
- Concentration and potency of the disinfectant
- Physical and chemical factors
- Presence of organic matter
- Duration of exposure
- Biofilms

Other questions can also be used depending on time.

Review & Wrap Up

Review, continued

Ask these questions in plenary (not part of the contest): Why is decontamination important in biorisk management? What type of containment does decontamination help provide – primary or secondary? (both)

What next steps will you take to increase your knowledge or practices around decontamination? Make sure to note these on your action plan.

Slide 21



Review Key Messages

- Disinfection and decontamination have similar meanings. Both are less rigorous than sterilization which is the complete removal of all life.
- No disinfectant is ideal, they all have strengths and limitations. Understanding the strengths and limitations is key to their use.
- There are a number of factors that determine how effective a particular disinfectant is.
- Micro-organisms have various innate resistance to disinfectants.



Page 40

Slide 22



Review Key Messages – Cont.

- Autoclaves can be used to sterilize things through wet heat and the application of appropriate time, pressure and temperature.
- Wet heat is much more effective than dry heat.
- Validation is a process to ensure that the decontamination, disinfection or sterilization process used was complete and achieved its requirements.



Page 41

Review & Wrap Up



Review Key Messages

Include discussion on how activities/examples relate to the Key Messages of the course and how the messages can be applied.

1. Disinfection and decontamination have similar meanings. Both are less rigorous than sterilization which is the complete removal of all life.
2. No disinfectant is ideal, they all have strengths and limitations. Understanding the strengths and limitations is key to their use.
3. There are a number of factors that determine how effective a particular disinfectant is.
4. Micro-organisms have various innate resistance to disinfectants.
5. Autoclaves can be used to sterilize things through wet heat and the application of appropriate time, pressure and temperature.
6. Wet heat is much more effective than dry heat.
7. Validation is a process to ensure that the decontamination, disinfection or sterilization process used was complete and achieved its requirements.

Slide 23



<h1>Action Plan</h1>					
By the end of this lesson, I would like to:					
KNOW		FEEL		BE ABLE TO DO	
<p>Your learning doesn't stop with this lesson. Use this space to think about what else you need to do or learn to put the information from this lesson into practice.</p>					
What more do I need to know or do?	How will I acquire the knowledge or skills?		How will I know that I've succeeded?		How will I use this new learning in my job?

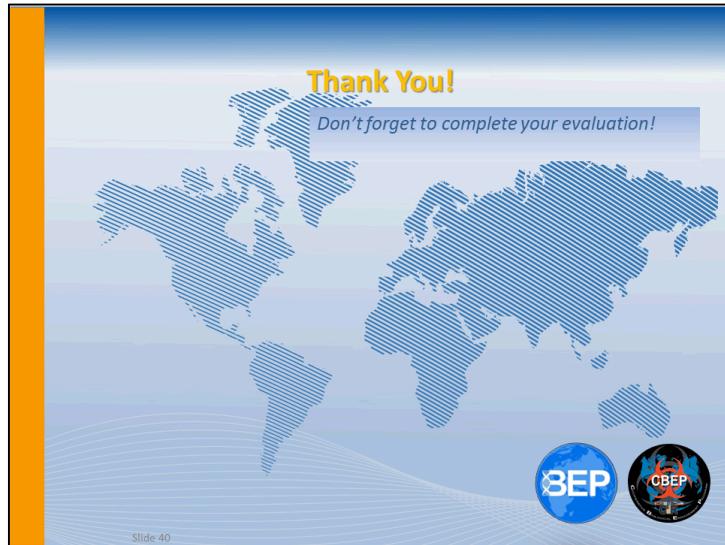
Use space on back, if needed

Remember to complete your action plan – it is helpful to give yourself a due date for next steps.



Review & Wrap Up

Slide 24



Level 1 Evaluation

- Ask students to complete the course evaluation and to put it in the evaluation box (alternately, give students instructions for completing the evaluation on-line).