

# Risk Assessment in the Clinical Microbiology Laboratory

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# Biorisk Assessment

- **According to the BMBL, 5<sup>th</sup> ed.**
  - “There is no standard approach for conducting a biological risk assessment, but some structure can be helpful in guiding the process.” (Biosafety in Microbiological and Biomedical Laboratories, 5<sup>th</sup> ed., HHS Publication No. (CDC) 21-1112)
- **Risk assessments drive risk identification, prioritization, and mitigation measure determination**
  - Biosafety
  - Biosecurity



# Overview

- **Define Risk**
- **Define Biosafety and Biosecurity, and components of each**
- **Discuss a structured process to conduct risk assessments**
  - Biosafety
  - Biosecurity
- **Risk Mitigation**
- **Risk Assessment Case Studies**
  - Ebola
  - Prions
  - Unknown Samples



# Definitions

- **Biosafety**
  - Combination of equipment, practices and procedures, and PPE to minimize the likelihood of accidental exposure to biological material
    - **Protection of workers**
- **Biosecurity**
  - Combination of equipment and practices and procedures to minimize the likelihood of deliberate theft, diversion, exploitation of biological material, equipment, and expertise
    - **Protection of biological material**
    - **Protection of expertise**
    - **Protection of equipment**
    - **Protection of information**



# Risk

- **Function of the likelihood an adverse event will occur and the consequences of the adverse event**
  - Risk = Likelihood \* Consequences
  - Accidental exposures
  - Theft of biological material
- **Work with pathogens will always involve some level of biosafety and biosecurity risk**
  - Distinguish between “acceptable” and “unacceptable” risks
  - Risks must be prioritized
  - Cannot protect against every conceivable adverse event
- **Resources for risk mitigation are not infinite**
  - Risk mitigation is determined by risk assessment
  - Existing resources should be used efficiently



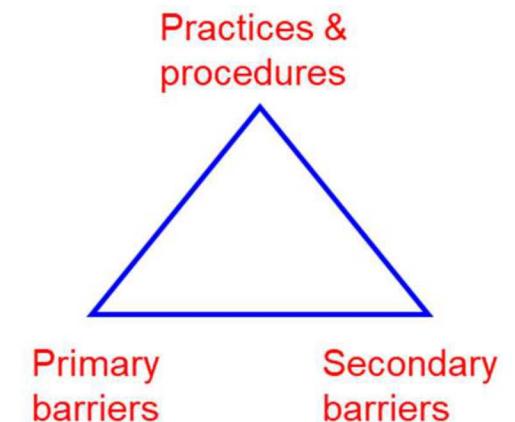


# BIOSAFETY



# Biosafety Risk Assessment

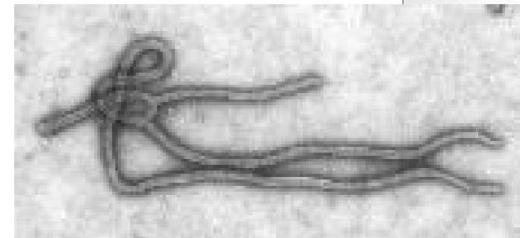
- 1. Characterize biological agents and activities**
  - a. Evaluate biological agent characteristics and hazards
  - b. Evaluate hazards of activities and procedures
- 2. Evaluate scenarios**
  - a. Create scenarios consisting of the specific agent and specific procedures
  - b. Determine the likelihood of exposure based upon the procedure and the likelihood of infection based upon the agent as related to the method of exposure
- 3. Characterize the risk**
  - a. Evaluate the overall likelihood and consequences of each scenario
  - b. Determine acceptable and unacceptable risks
  - c. Prioritize
- 4. Determine appropriate measures to mitigate the risks**
  - a. Primary barriers, and secondary barriers
  - b. Practices & procedures
  - c. PPE





# Biological Agent Characteristics

- **Effects and severity may vary**
  - Lethal
  - Incapacitating
- **ID<sub>50</sub>: Number of organisms necessary to cause infection**
- **LD<sub>50</sub>: Amount of agent necessary to kill 50% of animals tested**
- **Environmental stability**
- **Transmissibility**
- **Antibiotic resistance**
- **Route of entry**
  - Potentially result in different disease
- **Infectious (low ID<sub>50</sub>)**
- **Treatment availability**
- **Prophylaxis availability**
- **Endemic or exotic**
- **Host range**



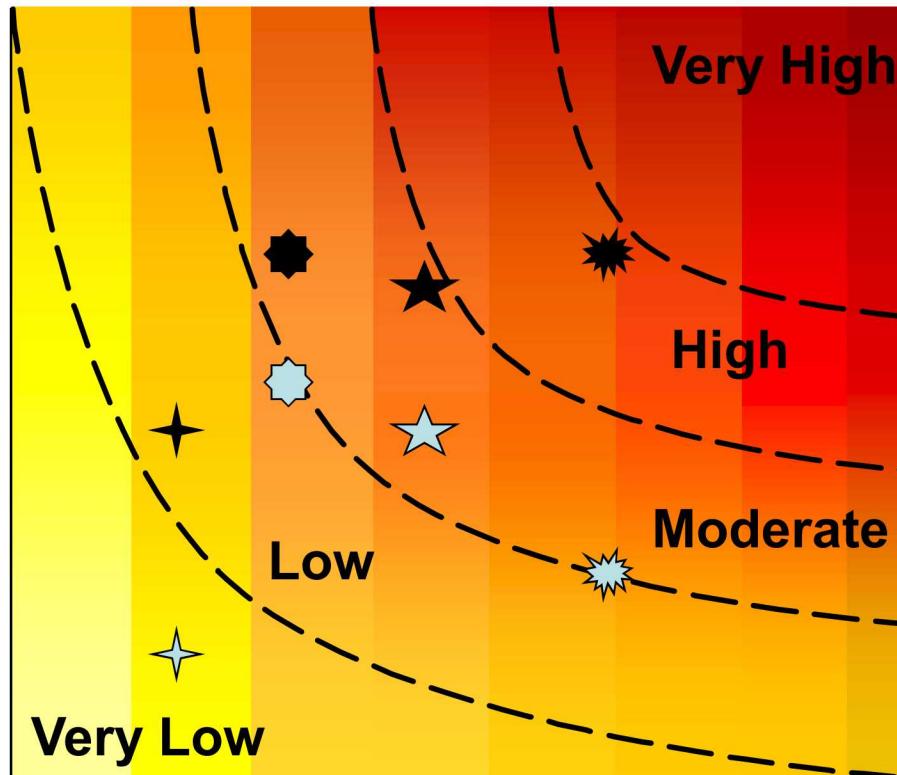


# Activities and Scenarios

- Identify scenarios for how exposures could occur
- Sample receipt
  - Opening samples received by shipment
  - Sample collection procedures, such as blood or CSF
- Sample manipulation
  - Culture
  - Slide preparation
    - Use of microtome for tissue preparation
  - PCR
- Biocontainment is the appropriate balance of practices & procedures, primary barriers and secondary barriers, and PPE necessary to mitigate risks



## Characterize the Risk



- Protect against unacceptable risk scenarios

- Develop mitigation measures and incident response plans for acceptable risk scenarios



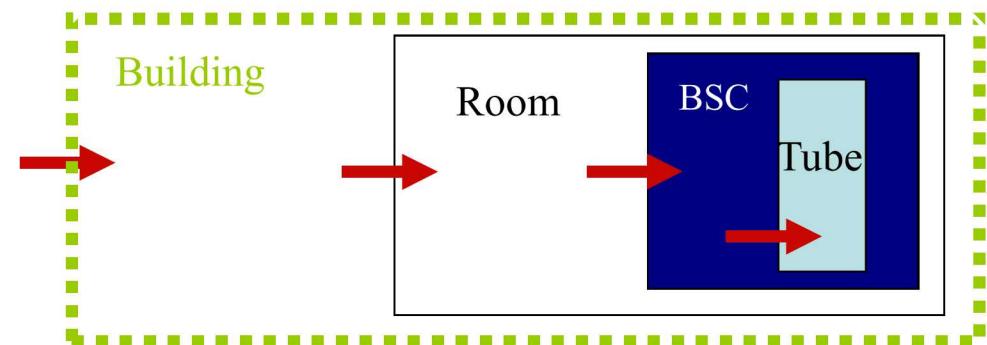
## Biosafety Mitigation





# Biosafety: Engineering Controls

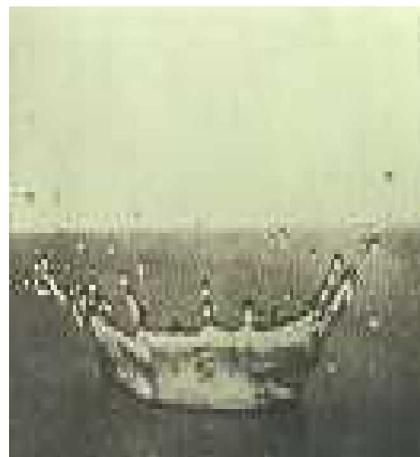
- **Primary barriers – contain the agent at the source**
  - Biological safety cabinet
  - Specialized lab equipment (centrifuges)
- **Secondary barriers – contain the agent within the room or facility *in case an agent escapes from the primary barriers***
  - Building & Room Construction
  - HVAC
    - Directional airflow
    - Exhaust filtration
  - Other Engineering Controls:
    - Solid waste treatment
    - Wastewater treatment





# Biosafety: Standard and Special Procedures

- **Appropriate covering on work surface assists clean-up**
- **Appropriate disinfectant**
  - Chemical
  - Concentration
  - Contact time
- **Handwashing**
- **Procedures that minimize aerosol generation**





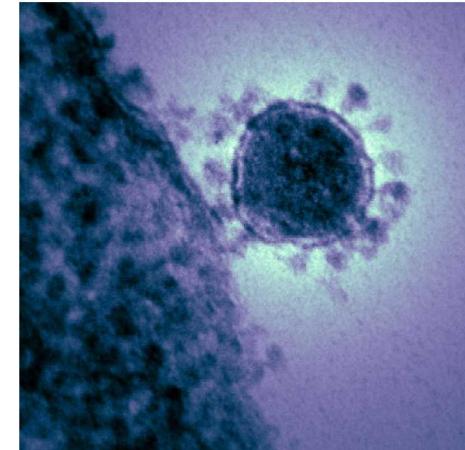
## Biosafety: PPE Examples





# Severe Acute Respiratory Syndrome (SARS)

- In 2003, SARS infected over 8,000 people and killed approximately 800
- Cases in Pacific Rim and Canada
- Laboratory acquired SARS outbreaks
  - Singapore—September 2003
  - Taiwan (China)—December 2003
  - Beijing and Anhui (China)—March 2004





## Laboratory-Acquired SARS Outbreak in China, March-April 2004

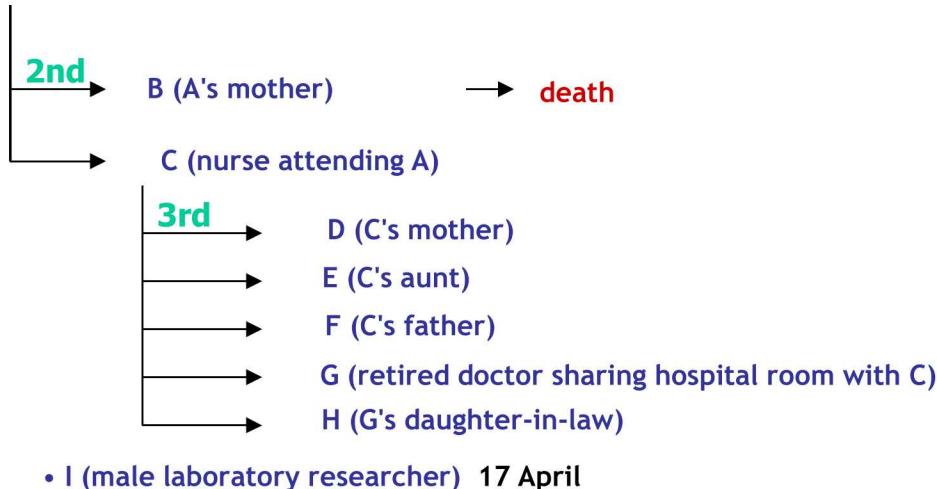
- Occurred in Beijing and Anhui Province, linked to the National Institute of Virology, China CDC
- The source of the outbreak was failed or incomplete inactivation of SARS-CoV (cold inactivation)
- Involved two verified chains of SARS-CoV transmission
  - Three generations, resulting in 9 cases
- Serological analysis on the laboratory staff revealed three more seroconverted cases





# Laboratory-Acquired SARS Outbreak in China, March-April 2004

• A (female research student) 25 March



SARS IgG (+) J (female laboratory worker in BSL-3 laboratory)  
K (female laboratory worker developed pneumonia)  
L (male laboratory worker, A's supervisor)

China CDC





## Common Problems

- Bad practice in laboratory management
- Poor supervision of less experienced professionals
- A lack of accountability for occupational health and safety
- A lack of biosafety policy
- A lack of biosafety procedures and staff training in biosafety practice
- A lack of internal and external quality assurance



# Summary of Biosafety Level Requirements

Table 3. *Summary of biosafety level requirements*

	BIOSAFETY LEVEL			
	1	2	3	4
Isolation <sup>a</sup> of laboratory	No	No	Yes	Yes
Room sealable for decontamination	No	No	Yes	Yes
Ventilation:				
— inward airflow	No	Desirable	Yes	Yes
— controlled ventilating system	No	Desirable	Yes	Yes
— HEPA-filtered air exhaust	No	No	Yes/No <sup>b</sup>	Yes
Double-door entry	No	No	Yes	Yes
Airlock	No	No	No	Yes
Airlock with shower	No	No	No	Yes
Anteroom	No	No	Yes	—
Anteroom with shower	No	No	Yes/No <sup>c</sup>	No
Effluent treatment	No	No	Yes/No <sup>c</sup>	Yes
Autoclave:				
— on site	No	Desirable	Yes	Yes
— in laboratory room	No	No	Desirable	Yes
— double-ended	No	No	Desirable	Yes
Biological safety cabinets	No	Desirable	Yes	Yes
Personnel safety monitoring capability <sup>d</sup>	No	No	Desirable	Yes

<sup>a</sup> Environmental and functional isolation from general traffic.

<sup>b</sup> Dependent on location of exhaust (see Chapter 4).

<sup>c</sup> Dependent on agent(s) used in the laboratory.

<sup>d</sup> For example, window, closed-circuit television, two-way communication.



From: WHO LBM 3<sup>rd</sup> edition  
18

 International  
BIOMEDICAL THREAT REDUCTION



# BIOSECURITY



# Laboratory Biosecurity Risks

- **Likelihood**
  - Of an adversary targeting and successfully acquiring a specific biological agent from the laboratory
- **Consequences**
  - Of disease from malicious release of the specific biological agent
- **Risks**
  - Deliberate release of biological material resulting in
    - **Exposure to the human community**
    - **Exposure to the animal community**
- **This method can be used to assess and help protect against other security risks (E.g. theft of equipment or sabotage)**



## Biocrime Example: Diane Thompson, October 1996

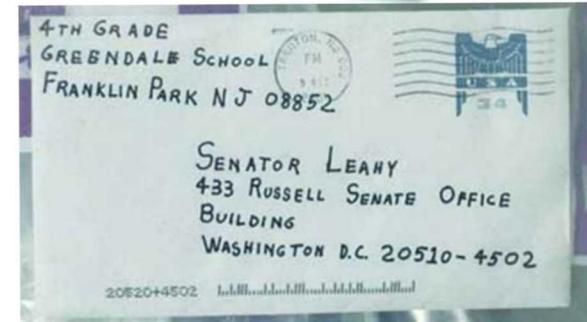
- **Location:** Hospital in Dallas, TX
- **Perpetrator:** Diane Thompson
  - Clinical laboratory technician
- **Objective:** Possibly revenge against former boyfriend and cover-up by infecting co-workers
- **Organism:** *Shigella dysenteriae* Type 2
  - Acquired from clinical laboratory
- **Dissemination**
  - Contaminated pastries in the office break room
  - Infected 12 of her coworkers
- **Outcome**
  - Arrested, convicted, 20 year sentence





## Bioterrorism Example: Anthrax, October 2001

- **Location:**
  - Numerous sites in the US
- **Perpetrator:**
  - Bruce Ivins accused
- **Objective:**
  - Unknown
- **Organism:**
  - *Bacillus anthracis*
- **Dissemination**
  - 7 letters sent through postal system
  - 22 confirmed cases of anthrax
    - 11 Cutaneous
    - 11 Inhalational (5 Deaths)
- **Outcome:**
  - FBI unveils evidence against Ivins who died prior to indictment





# Biosecurity Risk Assessment

## 1. Characterize biological agents and threats

- a. Evaluate pathogens and toxins at a facility (asset assessment)
- b. Evaluate adversaries who might attempt to steal those pathogens or toxins (threat assessment)



## 2. Evaluate scenarios

- a. Create scenarios consisting of “specific adversaries” attempting to steal and misuse a specific biological agent
- b. Determine how the various scenarios could be perpetrated (vulnerability assessment)



## 3. Characterize the risk

- a. Evaluate likelihood and consequences of each scenario
- b. Determine acceptable and unacceptable risks





## Asset Characterization

- **Determining the ease or difficulty of malicious use (likelihood) should involve assessing the following:**
  - Difficulty of acquiring the agent
  - Difficulty of processing the agent into a suitable quantity in a suitable form
  - Difficulty of disseminating the agent to cause harm
- **Determining the potential consequences of the malicious use of a particular agent or toxin should involve assessing the following:**
  - Physical impact of an attack on a population
  - Impact of an attack on the economy
  - Impact of changes in public perception
  - Impact on facility operations



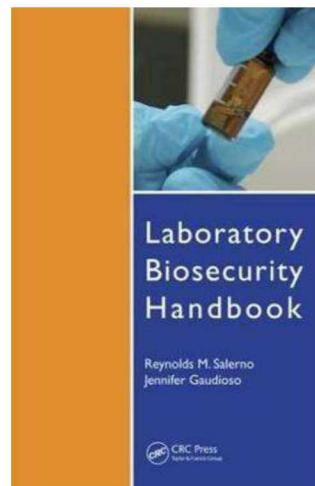
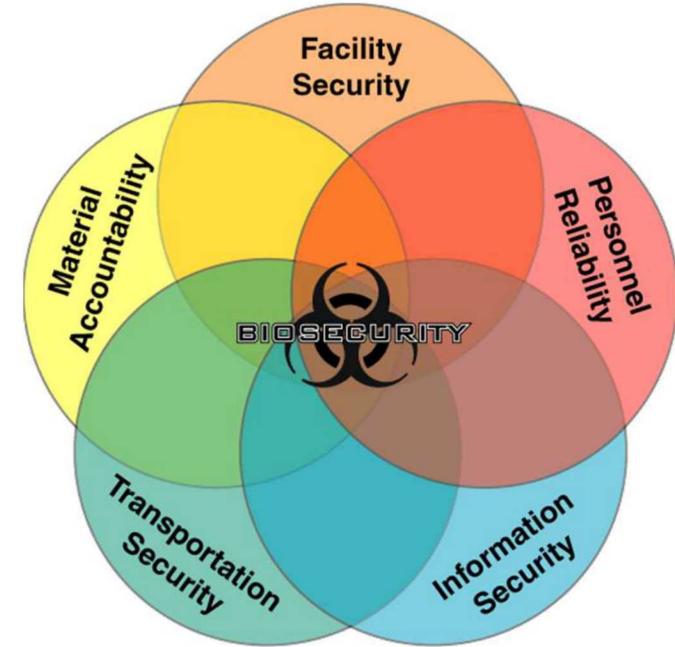
## Scenarios

- **Scenarios are used to help detect vulnerabilities in the biosecurity management program**
- **Consider**
  - Assets
  - Facility
  - Adversary type
  - The method the adversary could use to:
    - **Attempt to steal or divert the biological agent**
    - **Subsequently misuse the agent or toxin**



# Biosecurity Systems – A Comprehensive Approach

- **Biosecurity system components**
  - Physical security
  - Personnel security
  - Material handling and control measures
  - Transport security
  - Information security
  - Program management practices
- **Each component implemented based on results of risk assessment**





# Indicators

- **Nefarious activity may be difficult to detect**
  - Evidence of equipment use outside of routine activity
  - Evidence of suspicious activities such as media consumption exceeding routine activity
- **Suspicious behaviors**
  - Outsider threat
    - Unusual deliveries
    - Attempts to penetrate the laboratory
    - Hanging around the laboratory
    - Increased interest in laboratory or location where biological materials are stored
  - Insider threat
    - Change in behavior
    - Susceptibilities to coercion
    - Efforts to get access to areas not required for job



## Disease Patterns as Indicators

- Increase in patients with similar symptoms and disease in the same stage
- High mortality rate among victims having common home, work, or activity locations
- Concurrent human and animal illness with same causative agent
- Abnormal disease distribution
  - New geographic location
  - Unusual time of year
- Diagnosis of a disease with potential or historical bioterrorism usage

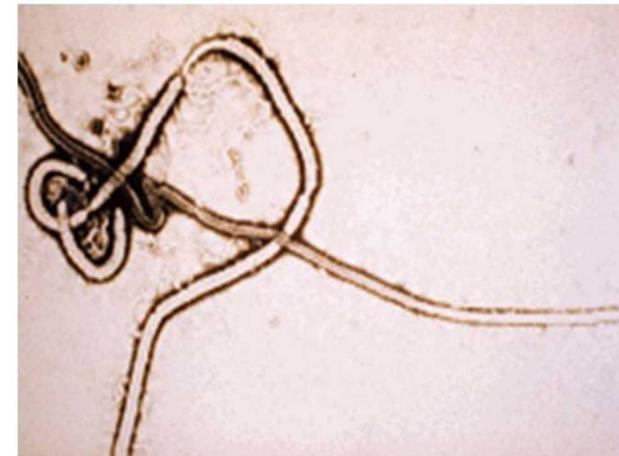
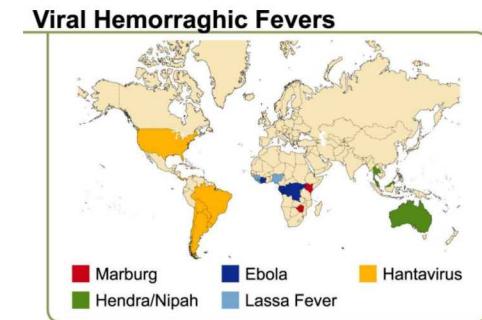


# CASE STUDIES



# Ebola Virus Risk Assessment

- Zoonotic
- Host Range
  - Humans and nonhuman primates
- Relatively unstable (enveloped viruses)
- ID<sub>50</sub>: 1 – 10 virions
- Mortality varies
  - 50 – 90%
- Generally only supportive treatment
  - New Ebola vaccine
- BSL4 organism
  - Exotic

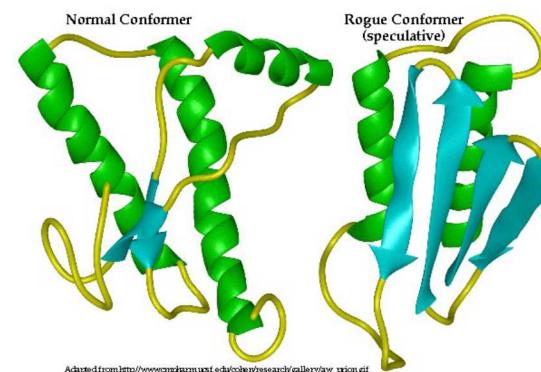
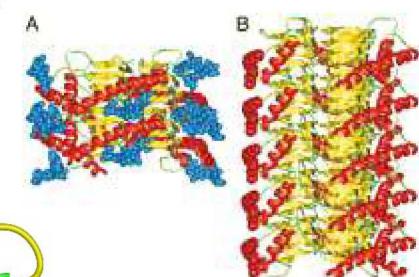
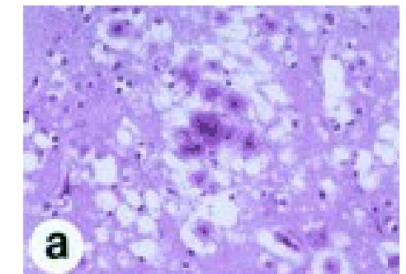






# Prions Bovine Spongiform Encephalopathy

- Transmissible spongiform encephalopathy
  - Mad cow disease
  - Variant Creutzfeldt Jakob disease (vCJD)
- Incubation period: Years
- Extremely stable
- ID<sub>50</sub>: Unknown but thought to be one prion protein
- Unilaterally fatal
- No treatment





## Unknown Samples

- **What do you know about the sample?**
- **What do you know about the patient?**
- **What other information can help you determine risks associated with the sample?**
- **What are considerations for biosecurity?**
  - Is this disease-causing agent unique?
  - Is it possible that the disease results from a deliberate release?

A photograph of a sunset or sunrise. The sun is a bright, glowing orb positioned in the lower center, partially obscured by the dark silhouettes of tree branches and leaves. The sky is a warm, golden-yellow color, transitioning to a darker orange and then to a pale blue at the top. A single bird is captured in flight, its dark silhouette a small point of interest in the upper left quadrant of the frame.

Thank you!