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1 **Atomically Thin Half-van der Waals Metals Enabled by Confinement Heteroepitaxy**

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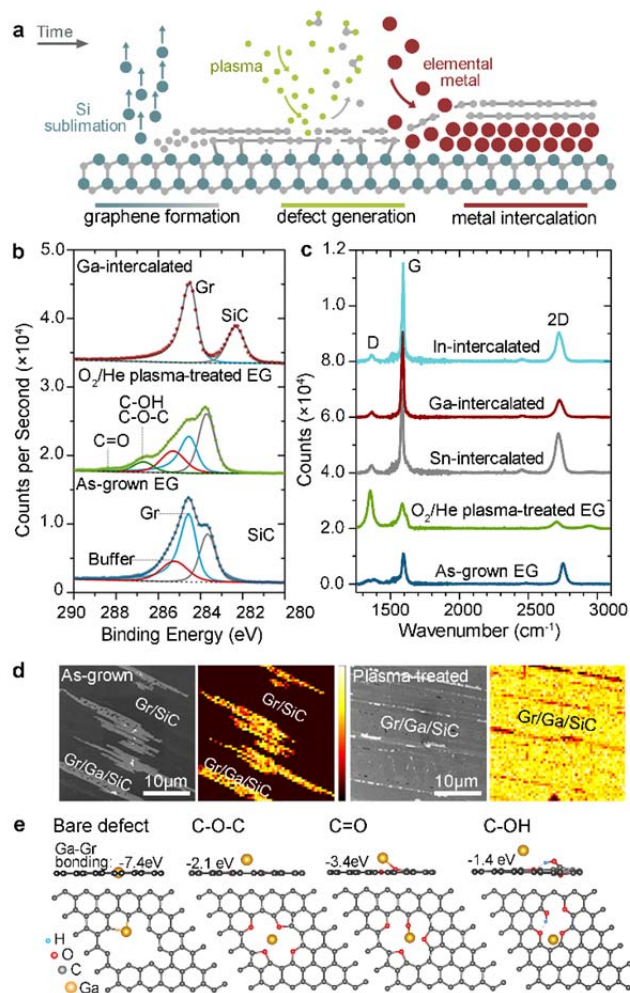
38 **Atomically thin two-dimensional (2D) metals may be key ingredients in next-generation**  
39 **quantum and optoelectronic devices. However, 2D metals must be stabilized against**  
40 **environmental degradation and integrated into heterostructure devices at the wafer scale.**  
41 **The high-energy interface between silicon carbide and epitaxial graphene provides an**  
42 **intriguing framework for stabilizing a diverse range of 2D metals. Here we demonstrate**  
43 **large-area, environmentally stable, single-crystal 2D gallium, indium, and tin. These 2D**  
44 **metals are covalently bonded to SiC below but present a non-bonded interface to graphene**  
45 **overlayer, i.e. they are “half van der Waals” metals with strong internal gradients in**

46 **bonding character. These non-centrosymmetric 2D metals open compelling opportunities**  
47 **for superconducting devices, topological phenomena, and advanced optoelectronic**  
48 **properties. For example, air-stable 2D-Ga is a superconductor that combines six strongly**  
49 **coupled Ga-derived electron pockets with a large nearly-free-electron Fermi surface that**  
50 **closely approaches the Dirac points of the graphene overlayer.**

51

52 Major advances in fundamental science have followed from the exfoliation, stacking, and  
53 encapsulation of atomically thin 2D layers<sup>1</sup>. The next step towards technological impact of 2D  
54 layers and heterostructures is to transition sophisticated “pick and place” devices to a *wafer-scale*  
55 platform. However, the sensitivity of 2D systems to interfacial reactions and environmental  
56 influences – especially for two-dimensional metals or small-gap semiconductors – poses  
57 challenges for large-scale integration. Very few metals resist degradation of their top few atomic  
58 layers upon environmental exposure, and for a 2D metal, these layers constitute the entire  
59 system. A general platform for producing *environmentally stable* and *wafer-scale* 2D metals that  
60 are not prone to interfacial interactions would represent a significant advance. Inspired by the  
61 success of **wide-bandgap** 2D gallium nitride,<sup>2</sup> **we turn focus onto the metal alone and**  
62 **demonstrate a platform dubbed **confinement heteroepitaxy** (CHet), where the interface between**  
63 **epitaxial graphene and silicon carbide<sup>3</sup> stabilizes **crystalline** 2D forms of Group-III (Ga, In) and**  
64 **group-IV (Sn) elements. Defect engineering of the graphene overlayer enables uniform, large-**  
65 **area intercalation as a surfactant at the high-energy SiC/EG interface; this interface then**  
66 **templates intercalant crystallization at a thermodynamically defined number of atomic layers.**  
67 The unreactive nature of as-grown epitaxial graphene on SiC (graphene plus buffer layer)  
68 performs multiple services: (1) it only partially passivates the SiC surface underneath, thereby  
69 sustaining the high-energy interface that drives intercalation; (2) it lowers the energy of the  
70 (otherwise exposed) upper surface of the metal, thus facilitating 2D morphologies; (3) it protects  
71 the newly formed 2D metal from environmental degradation after intercalation through *in situ*  
72 healing of the graphene defects. Stability of these 2D metals in air over months greatly facilitates  
73 *ex situ* characterization and enables facile processing and device fabrication. Competing methods  
74 to obtain thin crystalline metal films are specific to certain metallic species (e.g. Au<sup>4</sup> or TiN<sup>5</sup>)  
75 and generally produce thicker, few-nm layers without *in situ* encapsulation, whereas CHet  
76 produces stable atomically-thin crystalline 2D forms of diverse metals which do not otherwise  
77 exist in nature.

78 **Discussion**



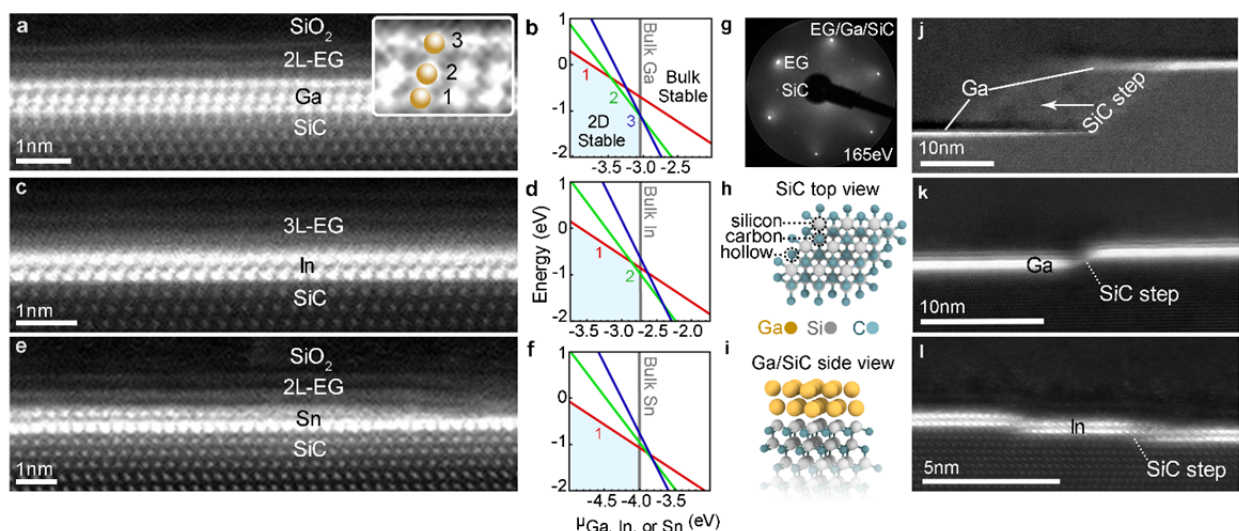
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 Figure 1: **Confinement Heteroepitaxy in defect-engineered epitaxial graphene.** (a) Schematic of CHet showing EG growth, O<sub>2</sub>/He plasma treatment and intercalation steps. (b) XPS showing C 1s for (bottom) as-grown EG, (middle) O<sub>2</sub>/He plasma-treated EG, and (top) Ga-intercalated EG demonstrating the creation and annihilation of C-O bonds during CHet; this is confirmed by (c) Raman spectroscopy of as-grown EG, O<sub>2</sub>/He plasma-treated EG, and metal-intercalated EG, where the defect peak (D peak) is dramatically reduced as a result of the intercalation process. **The SiC background Raman spectra are subtracted from the acquired EG/SiC Raman.** (d) SEM and accompanying AES maps demonstrate that defects formed due to plasma treatments lead to significantly improved intercalation uniformity, with >95% surface coverage when the EG is plasma treated. (e) DFT modelling of Ga atoms on optimized graphene sheets with bare, C-O-C, C=O, and C-OH passivated defects suggests that oxygen termination (e) provides favorable energies for metal attraction and intercalation through the graphene sheet. The Ga binding energy to each defect is shown in each model.

Unlike traditional EG intercalation methods<sup>6-9</sup>, CHet (**Figure 1a**) uses plasma-treated EG and high-pressure (300 Torr) thermal evaporation to realize continuous films of crystalline 2D metals. Nominally monolayer epitaxial graphene is grown by silicon sublimation from 6H-SiC(0001),<sup>10</sup> after which exposure to an oxygen plasma generates defects in the EG layers. Metallic precursors such as Ga, Sn, and In situated in a crucible directly beneath EG are then heated with the EG/SiC to 700–800°C. The vaporized metal diffuses through EG defects to reach the EG/SiC interface. X-ray photoelectron spectroscopy (XPS) (**Figure 1b**) and Raman spectroscopy (**Figure 1c**) reveal how the graphene defects evolve during CHet. O<sub>2</sub>/He plasma treatments create defects in the graphene layers that contain C=O and C–OH and/or C–O–C bonds visible in the carbon 1s spectra (**Figure 1b**)<sup>11,12</sup>; these correlate with a 15× increase in the Raman D:G intensity ratio ( $I_D/I_G$ ) (**Figure 1c**)<sup>13</sup>. Upon metal intercalation, signatures of carbon-oxygen bonding and the EG buffer layer peak disappear from the carbon 1s region (**Figure 1b**), and a metallic Ga 3d peak appears (**Figure S1**). Ultimately, metal intercalation (Ga, In, or Sn) releases the buffer layer<sup>6-8</sup> and removes carbon-oxygen bonding. XPS signatures remain stable even after >8 months in air (**Figure S2**). Intercalation also yields a pronounced (~5×) decrease in  $I_D$  relative to plasma-treated EG, and a 3–4× and 1–2× increase in  $I_G$  and  $I_{2D}$ , respectively, relative to as-grown EG (**Figure 1c**). The decreased  $I_D$ , lack of D' and D+G modes, loss of carbon-

119 oxygen bonding, and air stability of resulting 2D metals all suggest that the graphene heals  
 120 during intercalation at elevated temperatures<sup>14-16</sup> and subsequently acts as a barrier to oxidation  
 121 post-synthesis. The strengthening of  $I_G$  and  $I_{2D}$  after intercalation may be attributed to  
 122 metal/graphene charge transfer and/or plasmon resonance<sup>17-19</sup>. Comparison of Auger electron

123 spectroscopy (AES) (**Figures 1d, S3**) and Raman mapping (**Figure S4**) of EG/Ga samples  
 124 prepared using pristine vs. plasma-treated EG reveals that plasma-treatments greatly increase the  
 125 lateral coverage of intercalated Ga. Beyond a simple increase in intercalation sites, first-  
 126 principles calculations suggest that Ga/EG bonding is strengthened with increasing vacancy size,  
 127 where large, *un-passivated* defects bond covalently with Ga (**Figures 1e, S5**). First-principles  
 128 calculations suggest that the termination of multivacancy graphene defects with oxygen moieties  
 129 facilitates metal adhesion and transport to the underlying EG/SiC interface through intermediate  
 130 metal binding energies that are weaker than those of unpassivated vacancies but stronger than  
 131 those for hydroxyl terminations or the basal plane (**Figures 1e, S5**).

132 Two dimensional Ga, In, and Sn are 1–3 atomic layers thick and highly registered to the SiC  
 133 substrate (**Figure 2a,c,e**). The dominant thickness observed can be explained by first-principles  
 134 equilibrium phase stability calculations (**Figures 2b, d, f, S6**) that predict the layer thickness as a  
 135 function of metal chemical potential. Strong metal-SiC bonding stabilizes a thin 2D metal  
 136 compared to the bulk 3D form, but this advantage is diluted by successive thickening of the  
 137 intercalant so that the bulk phase is preferred beyond a certain thickness. These calculations  
 138 predict a stability range of 1–3 layers for Ga, 1–2 layers for In, and 1 layer for Sn, all in  
 139 encouragingly close agreement with scanning transmission electron microscopy (STEM) images  
 140 (**Figure 2a, c, e**), which display 2–3 layers for Ga, 2 for In, and 1–2 for Sn (in the case of Sn, the  
 141 blurring of the second Sn layer indicates a lower structural stability for this layer). This close  
 142 correspondence suggests near-equilibrium growth conditions during CHet, i.e. a relatively high  
 143 metal atom mobility, which is supported by the uniform metal coverage achieved. The high  
 144 energy of the initial EG/SiC interface, which follows from the ineffectiveness of graphene in  
 145 terminating SiC dangling bonds, provides a strong thermodynamic driving force to 2D metal  
 146 formation, suggesting a broader applicability of CHet to support additional species as 2D metals.  
 147 **The metal thicknesses shown in Figure 2a ,c, e are uniform across the terraces of SiC, although**



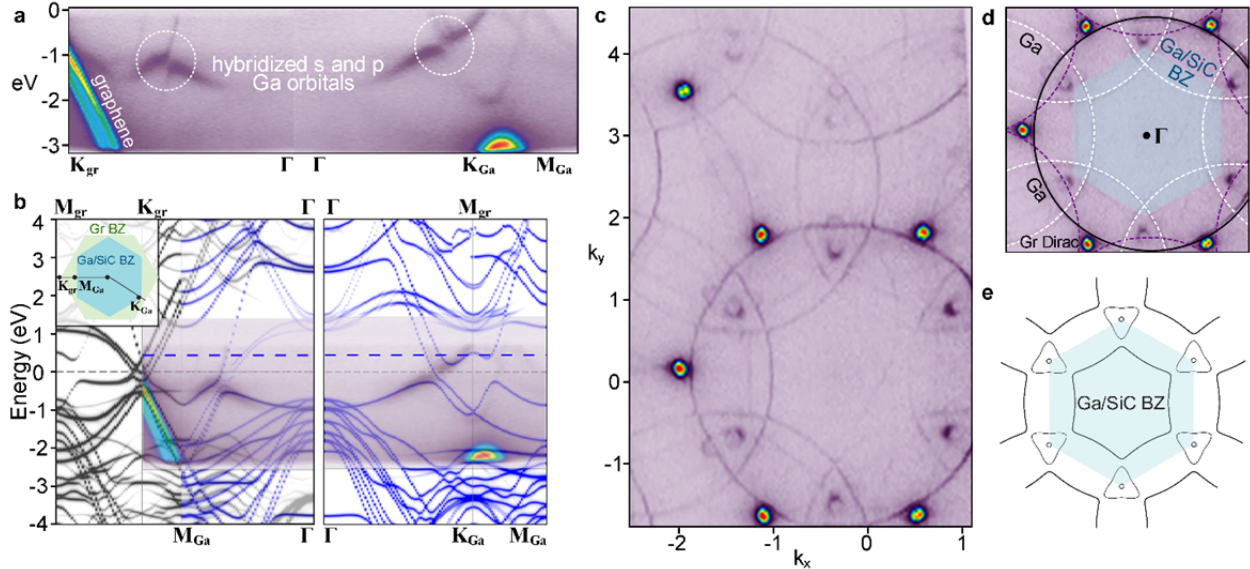
**Figure 2: Atomic Structure of CHet-grown 2D metals.** (a) Cross-sectional STEM showing 3 layers of Ga between EG and SiC, and (b) corresponding energy minimization calculations showing preferred intercalant layer numbers, with (c-f) showing cross-sectional STEM and layer number calculations for In and Sn. Energy dispersive x-ray spectroscopy (**Figure S7**) confirms that intercalant layers match the respective precursor elements and are not oxidized. The grey, vertical lines in b, d, and f indicate the metal chemical potential of the bulk metal, and red, green, and blue lines indicate energy as a function of chemical potential for 1, 2, and 3 layers, respectively. The lowest line at a given potential indicates the ground state layer-number. (g) Acquired LEED pattern for EG/Ga/SiC indicating the presence of EG and SiC with no additional spots for a unique Ga (or In, Sn – **Figure S8**) structure, indicating the Ga is lattice matched to EG or SiC. (h) Top-down schematic of hexagonal SiC with different sites labeled, where (i) the intercalated Ga layers exhibit an “ABC” stacking over the SiC substrate. (j-l) Step bunching in the SiC surface can lead to discontinuities in the 2D metals, necessitating that SiC steps be single–few atoms in height to maintain structural and electrical continuity.

148 some SiC terraces show uniform 2L Ga.

149 An epitaxial relationship of the 2D metals to the SiC substrate is further supported by the  
150 observation in low-energy electron diffraction (LEED) of graphene and SiC patterns, but no  
151 distinct spots corresponding to a structurally unique intercalant layer (**Figures 2g, S8**); i.e. the  
152 SiC diffraction pattern is shared by the metal. The 2.72 Å lateral Ga spacing observed via STEM  
153 also closely matches that of SiC (**Figure 2a, S9**). First-principles structural optimization provides  
154 further insights into the epitaxial relationship of Ga to SiC (0001). Structural relaxations were  
155 performed for 1–3 layers of Ga initialized at sites projecting onto the silicon, carbon, and/or  
156 hollow sites of SiC (**Figures 2h, S10, S11, Table S1**). Adding a top bilayer graphene only  
157 affects band fillings without changing the relative stability of the Ga structures, so it is not  
158 considered in these structural stability calculations. The ground-state locations for the first,  
159 second, and third layers of Ga are above the silicon ( $\text{Ga}_{\text{Si}}$ ), carbon ( $\text{Ga}_{\text{C}}$ ), and hollow ( $\text{Ga}_{\text{hollow}}$ )  
160 sites respectively (**Figure 2i**). This “ABC” stacking resembles a face-centered-cubic lattice  
161 cleaved along (111), matching the hexagonal arrangement of SiC (0001) and is possibly related  
162 to the metastable distorted FCC phase of Ga-III<sup>20</sup>. Ga registry weakens for increased metal  
163 thickness: the  $\text{Ga}_{\text{Si}}$  stacking site for single-layer Ga is 0.14 eV more stable than  $\text{Ga}_{\text{C}}$  and  $\text{Ga}_{\text{hollow}}$ ,  
164 but the ground states of Ga multilayers are preferred by only 0.05 eV against competing phases.  
165 Cross-sectional STEM (**Figure 2a**, inset) supports the calculated evolution with increasing  
166 thickness, where the interlayer spacing between the first and second Ga layers (2.19 Å) is  
167 **significantly** smaller than the second and third (2.36 Å). Density functional theory results show a  
168 pronounced shift from largely covalent bonding in the bottom Ga layer (templated against SiC)  
169 to **comparably strong but** more metallic bonding **between** the upper Ga layers **and much weaker**  
170 **interaction between the upper Ga layer and the graphene overlayer** (**Table S1**). Experimentally,  
171 epitaxy and metal continuity are interrupted by large steps in the SiC surface (**Figure 2j**), while  
172 smaller steps (**Figure 2k**) are less disruptive and single-atom steps (**Figure 2l**) are metal-  
173 continuous and appear to maintain epitaxy across the step.

174 The structural quality of 2D-Ga is reflected in the excellent agreement of ARPES measurements  
175 with calculations of the structurally optimized epitaxial system (**Figure 3a**, also **Figure S12** for  
176 2D In). The high valence electron count of *p* block metals and the small lateral unit cell of  
177 epitaxial 2D-Ga yield an exceptionally large *s*-band Fermi velocity of  $2 \times 10^6$  m/s, comparable to  
178 that of bulk Al and Ga (assuming a free electron model)<sup>21</sup> or indium on Si(111)<sup>22</sup> and  
179 substantially larger than the band velocity of graphitic  $\pi$  states<sup>23,24</sup>. The calculated band structure  
180 (**Figure 3b**) shows color-coded projections of the total wavefunction onto the plane-wave  
181 components of the graphene (black) and Ga/SiC (blue) primitive cell, where bands are unfolded  
182 from the supercell Brillouin zone<sup>25</sup>. The most prominent features are three avoided crossings  
183 between *s* and *p* Ga bands, one along  $\Gamma$ - $M_{\text{Ga}}$  and two along  $\Gamma$ - $K_{\text{Ga}}$  (comparing to a freestanding  
184 frozen bilayer of Ga, **Figure S13**, the Ga *s*-band starts  $\sim 9$  eV below the Fermi level). A large Ga-  
185 derived near-free-electron-like Fermi surface (**Figure 3c, d**) closely approaches the graphene  
186 Dirac points at  $K_{\text{gr}}$  and  $K'_{\text{gr}}$  with further electron pockets around the corners of the Ga Brillouin  
187 zone. The position of the graphene Dirac point 0.2–0.3 eV below the Fermi level (**Figure S14**)  
188 indicates that Ga (or indium, **Figure S12**) electron dopes graphene by  $8\text{--}10 \times 10^{12} \text{ cm}^{-2}$ . This is  
189 supported by the Fermi surface of bilayer Ga/SiC calculated without graphene (**Figure 3e**) where  
190 the Fermi level is upshifted by 0.4 eV to be consistent with the measured ARPES band alignment  
191 (see **Figure S11**); this artificial upshift is not needed when using hybrid functionals, which

192 generally yield more accurate band alignments (see SI for details on supercell strain imposed in  
 193 calculations). Finally, the measured Fermi surface clearly shows that the graphene Brillouin zone



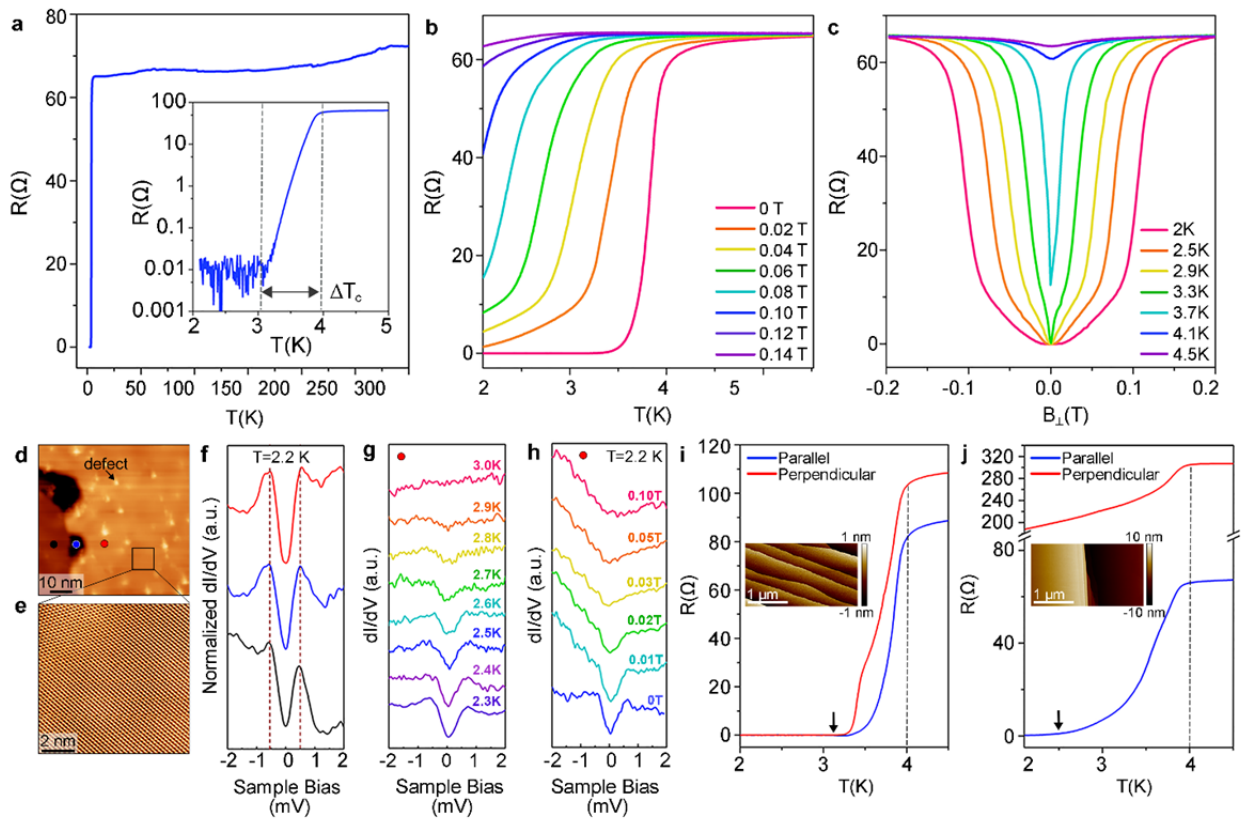
**Figure 3: Electronic Structure of CHet-grown 2D Ga.** (a) Measured ARPES spectra for EG/Ga/SiC showing graphene and Ga bands near  $M_{Ga}$  and  $K_{Ga}$  and (b) Calculated band structure in black and blue overlaid with measured ARPES (purple). The effective unfolded band structures of  $2 \times 2$  graphene +  $\sqrt{3} \times \sqrt{3}$  R30° bilayer Ga/SiC along the  $\Gamma M_{Ga}$  ( $\Gamma K_g$ ) and the  $\Gamma K_{Ga}$  ( $\Gamma M_g$ ) directions are projected onto graphene (black) and Ga/SiC (blue), as indicated by the Brillouin zone paths in the inset ( $M_{gr}$  in the left panel and  $M_{Ga}$  on the right are from repeated zones). ARPES measurements along the same paths are superimposed. (c, d) ARPES-measured Fermi surface showing nearly-free-electron-like circular contours. Superimposed black, white, and purple circles in (d) correspond to nearly free electron like circular contours from Ga and are drawn to aid in comparison of experimental data with (e) DFT-calculated Fermi surface of bilayer Ga/SiC with the Fermi level shifted (to the blue dashed line in panel (b)) to match the measured band filling.

194 is rotated 30° from the underlying Ga/SiC zone; providing direct evidence for orientational  
 195 epitaxy between Ga and SiC.

196 The air stability of 2D metals formed by CHet enables *ex situ* transport measurements without  
 197 complex capping methodologies. A co-linear four-point-probe indium dot configuration reveals a  
 198 largely metallic behavior for 2D-Ga on small-step SiC from room temperature down to 4 K,  
 199 below which a sharp 4-order-of-magnitude drop in resistance occurs (Figure 4a). Following  
 200 definitions in Methods,  $T_c^{\text{onset}} = 3.95$  K, and  $T_c^{\text{zero}} = 3.2$  K, i.e. higher than in bulk orthorhombic  
 201  $\alpha$ -Ga (1.08K)<sup>26</sup>, similar to that of metastable monoclinic  $\beta$ -Ga (5.9–6.5K), and below that of  
 202 metastable amorphous Ga (8.4 K)<sup>27–29</sup>. As expected, the transition drops and broadens with  
 203 increasing perpendicular magnetic field  $B_{\perp}$  (Figure 4b). R versus  $B_{\perp}$  indicates  $B_c = 130$  mT at 2  
 204 K with a corresponding coherence length  $\xi_0 \sim 50$  nm (Figure 4c, Methods). A linear  
 205 extrapolation of  $B_c(T)$  from R(B) suggests a zero-Kelvin critical field  $B_{c0} \approx 260$  mT and  $\xi_0 \sim$   
 206 36 nm, higher than that of  $\alpha$ -Ga ( $B_{c0} \approx 6$  mT)<sup>26</sup> and  $\beta$ -Ga ( $B_{c0} \approx 54$  mT)<sup>29</sup> (Figure S15a).  
 207 Considering the very high Fermi velocity and moderate  $T_c$ , the system is likely not in the clean  
 208 limit. Scanning tunneling microscopy/spectroscopy show quite uniform differential tunneling  
 209 conductance ( $dI/dV$ ) spectra at multiple locations on the sample (Figure 4d,f, S15). A  
 210 superconducting gap with well-defined coherence peaks at  $\pm 0.6$  meV is seen at 2.2 K (Figure  
 211 4h) and disappears at  $\sim 3$  K, below the transport  $T_c$  (Figure 4g), perhaps due to a moderately  
 212 reduced proximity-induced superconducting order parameter in the 2–3L graphene overlayer<sup>30</sup>.

213 The observation of a significant superconducting order parameter at the upper graphene surface  
 214 bodes well for the formation of superconducting heterostructures via proximity effect.

215 When crystallographic steps on SiC(0001) are less than 1 nm tall (**Figure 2k,l**), transport  
 216 measurements that orient the current parallel or perpendicular to the steps have similar  $T_c^{\text{onset}} \sim 4$   
 217 K and  $T_c^{\text{zero}} \sim 3.2$  K (**Figure 4i**). Although steps more than 5 nm tall (**Figure 2j, 4j**) yield similar  
 218  $T_c^{\text{onset}} \sim 3.8$  K for both directions, only parallel transport displays a fully developed  
 219 superconducting transition with  $T_c^{\text{zero}} \sim 2.5$  K, suggesting that transport perpendicular to large  
 220 steps encounters a finite series resistance at the steps. Small-step 2D-Ga exhibits a Berezinskii-  
 221 Kosterlitz-Thouless transition temperature<sup>31</sup> of  $T_{\text{BKT}} = 3.1$  K (2.9 K) for transport parallel  
 222 (perpendicular) to the SiC steps (**Figure S17**), indicating a largely isotropic 2D superconducting  
 223 transition in these samples. Note that I-V measurements up to the critical current ( $I_c$ ) are limited  
 224 by the experimental setup, and  $T_{\text{BKT}}$  is likely closer to 3.88 K (**Figure S17**) if extracted from  
 225 curves closer to  $I_c$ . Full  $R(T)$  and  $R(B)$  curves for “large-step” 2D-Ga are provided in **Figure**  
 226 **S18**. Epitaxial graphene synthesis must limit step bunching to ensure uniform superconducting  
 227 films with isotropic transport. **SiC step height and bunching can be mitigated by reducing the**



**Figure 4: Superconductivity in 2D-Ga grown via confinement heteroepitaxy.** (a) Zero-field  $R(T)$  curve for an optimized 2D-Ga (plasma-treated, small-step, parallel configuration) film from 300 to 2 K. Inset of (a): log-scale plot from 5 to 2 K of the same curve. (b)  $R(T)$  curves showing a degradation in  $T_c$  and increase in residual resistance at 2 K with increasing out-of-plane magnetic field. (c) Resistance vs out-of-plane magnetic field ( $R(B)$ ) curves showing a similar degradation in the superconducting state with increasing temperature. The kink may be attributed to two superconducting phases, possibly from discrete 2L Ga and 3L Ga regions, step-edge interactions, or distinct superconducting transitions within a 3L Ga region. Data shown in a-c is from the same sample and measurement configuration. (d-e) Large-area and atomic resolution scanning tunneling microscopy images of the EG surface topography, respectively. (f) Differential conductance ( $dI/dV$ ) spectra (normalized to 3.0 K spectra) taken at 2.2 K for the 3 different regions shown in (d). (g,h) Temperature-dependent (zero-field) and perpendicular magnetic-field-dependent (2.2 K)  $dI/dV$  spectra, respectively, of the right-terrace in (f). (i,j)  $R(T)$  plots comparing perpendicular and parallel current directions performed on small-step and large-step samples (both plasma-treated), respectively. Black arrows indicate approximate  $T_c(\text{zero})$  values, and dashed lines are meant to aid the eye ( $T = 4$  K

228 temperature of the pre-EG growth H<sub>2</sub> etch step,<sup>32</sup> or through the delivery of carbon to the SiC  
 229 surface during EG growth to promote buffer layer nucleation and suppress mass transport across  
 230 SiC that leads to step formation.<sup>33,34</sup>

231 When considering the electronic origin of the  
 232 superconductivity in 2D Ga/SiC, each of the  
 233 constituent materials appear to be poor  
 234 superconductors: SiC is semiconducting,  
 235 graphene is not heavily doped as in graphene  
 236 intercalation compound superconductors, and  
 237 2D Ga exhibits nearly-free electron characters  
 238 and thus would not lead to substantial T<sub>c</sub>,  
 239 since electron-lattice interactions are weak in  
 240 nearly-free electron metals. We show using  
 241 first-principles calculations that it is another  
 242 Fermi surface manifold – small electron  
 243 pockets around K – that mainly contributes to  
 244 superconductivity. Using DFT, we calculate  
 245 the electronic densities of states near the  
 246 Fermi level for  $\alpha$ ,  $\beta$ , and bi-/tri-layer 2D-Ga  
 247 (**Figure 5a,b**) and also the Eliashberg spectral  
 248 function  $\alpha^2F(\omega)$  for tri-layer Ga<sub>Si</sub>Ga<sub>C</sub>Ga<sub>C</sub>  
 249 epitaxial to SiC without the graphene cap  
 250 (**Methods, Figure S19**).  $\alpha$ -Ga contains Ga  
 251 dimers whose incipient covalency suppresses  
 252 the density of states near the Fermi level,  
 253 while  $\beta$ -Ga recovers a more nearly free-  
 254 electron-like behavior. **Figure 5c** compares  
 255  $\alpha^2F(\omega)$  and the cumulative electron-phonon  
 256 coupling strength  $\lambda(\omega)$  to the projected  
 257 phonon density of states for the three  
 258 individual Ga layers and the interfacial Si  
 259 atom. The dominant contributions to the overall  $\lambda=1.62$  come from Ga vibrations below 120 cm<sup>-1</sup>,  
 260 with modest evidence near 180 cm<sup>-1</sup> for distinct coupling channels specific to the (more  
 261 covalent) lower layers of Ga and little sign of involvement from the interfacial Si. **This is in  
 262 contrast to previous reports attributing 2D superconductivity to interfacial bonding<sup>35</sup>. Figure 5d**  
 263 shows the momentum-resolved electron-phonon coupling<sup>36</sup> ( $\lambda_{\mathbf{k}}$ ) across the Ga/SiC Brillouin zone  
 264 for electronic states within  $\pm 0.5$  eV of the Fermi energy; (**Figure S19** provides a similar plot for  
 265 a narrower energy range). Dominant contributions to  $\lambda_{\mathbf{k}}$  come from electron pockets near the two  
 266 symmetry-inequivalent K points. Further decomposition of  $\lambda_{\mathbf{k}=\mathbf{K}}$  by phonon wavevectors show  
 267 that the strongest contributions arise from intervalley scattering between the two K valleys (see  
 268 discussion on **Figures S20 and S21**). Interestingly, this reciprocal-space structure to the coupling  
 269 is similar to MoS<sub>2</sub>, but here we have a p-block metal (with a large companion near-circular  
 270 nearly-free-electron Fermi surface), with a small but crucial Fermi surface manifold with a doped  
 271 semiconductor character. A set of six pockets are indeed clearly seen in the ARPES

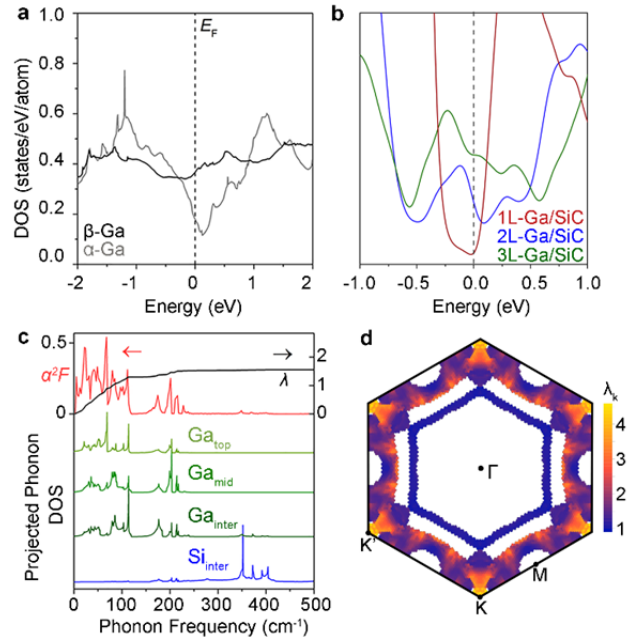


Figure 5: Theoretical calculations on graphene/2D-Ga heterostructures. (a) Electronic density of states (DOS) vs energy density functional theory (DFT) calculations for the two bulk phases of Ga including the stable  $\alpha$ -Ga (low-T<sub>c</sub>) and the metastable  $\beta$ -Ga (high-T<sub>c</sub>) phases. (b) DOS vs energy calculations for 2L-Ga/SiC and 3L-Ga/SiC. (c) The Eliashberg spectral function  $\alpha^2F(\omega)$  (red) compared with the projected phonon DOS of the three types of Ga atoms in trilayer Ga (shades of green) and the top Si atoms at the interface (blue). Importantly, the cumulative electron phonon coupling strength  $\lambda(\omega)$  is superimposed in black at the top of (c). (d) Momentum-resolved electron-phonon coupling  $\lambda_{\mathbf{k}}$  shows that the dominant contribution to coupling strength  $\lambda$  comes from the electron pockets near the K and K' points in the Ga Brillouin zone. Graphene is not included in calculations.

272 measurement in **Figure 3c**, 30° rotated from the graphene Dirac points; they correspond to hole  
273 pockets near K in **Figure 3b** and 3e, and also similar in size to the pockets in the more accurate  
274 hybrid-functional-calculated bands of **Figure S11** (see discussions on **Figure S21** for details on  
275 the exact character of the pocket). The dominant contribution from these pockets is reassuring,  
276 since such strong coupling would not be expected from the more free-electron-like sheets of the  
277 Fermi surface. The Using the McMillian-Allen-Dynes formula<sup>37,38</sup> with  $\lambda=1.62$  and  $\mu^*$  from 0.1  
278 to 0.15 yields a  $T_c$  of 3.5 to 4.1 K, in good agreement with experiment. Literature reports of the  
279 electron-phonon coupling strength in  $\beta$ -Ga suggest that it is also a reasonably strong-coupled  
280 superconductor<sup>39</sup>, unlike more weakly coupled  $\alpha$ -Ga<sup>37</sup>.

281 The large  $\lambda=1.62$  derived from the Ga states alone suggests that the EG layers are unlikely to be  
282 the driver of superconductivity in CHet-derived 2D-Ga. ARPES (**Figure 3**) provides further  
283 evidence towards this conclusion: the Fermi level is only 0.2–0.3 eV above the graphene Dirac  
284 point, corresponding to  $n \approx 8-10 \times 10^{12} \text{ cm}^{-2}$ , which is 10–100× lower than superconducting Li- or  
285 Ca-doped epitaxial graphene<sup>40,41</sup>. In those cases, superconductivity is attributed to a partially  
286 filled band near the  $\Gamma$  point at a much higher level of charge transfer into graphene than is  
287 observed in Ga-intercalated EG. Superconductivity in low-angle twisted bilayer graphene<sup>42</sup>  
288 likely exhibits a different origin from that in EG/Ga wherein the required interlayer twist is not  
289 present within the EG itself, although the environmental stability of 2D-Ga coupled with the  
290 controllable thickness of EG (1-3L post-intercalation) opens prospects to mechanically stack an  
291 additional (twisted) graphene monolayers onto EG/2D-Ga to create one of many hybrid  
292 superconducting systems possible based on the platform of highly stable CHet-derived 2D  
293 metals.

294

## 295 **Conclusion**

296 Confinement Heteroepitaxy (CHet) stabilizes 2D forms of 3D metals. The overlying graphene  
297 layers utilized in CHet not only help confine the 2D metals, but also serve as a hermetic seal to  
298 prevent oxidation of ultrathin non-noble metals, as revealed by the ability to perform extensive  
299 *ex situ* characterization of these materials. Whereas previously gold was arguably the only  
300 environmentally stable elemental metal, the realization of air-stable, single-crystal, elemental  
301 metals and superconductors at the interface of graphene and SiC opens the door to stabilizing  
302 diverse 2D allotropes of 3D metals and their alloys across the periodic table with potentially  
303 novel properties, all of which are candidates for incorporation into advanced multi-component  
304 heterostructures for next-generation quantum<sup>3</sup>, photonic<sup>43</sup>, and electronic applications.

305

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317

## 318 **Contributions**

319 N.B, B.B., Y.W., V.C., and J.A.R. wrote the paper with input from co-authors. N.B. performed the  
320 intercalation growths and XPS characterization and assisted in Raman spectroscopy and SEM  
321 characterization. B.B performed Raman spectroscopy and SEM characterization and assisted in sample  
322 preparation and electrical characterization. Y.W. performed DFT modeling of EG/Ga/SiC  
323 heterostructures in consultation with V.C. with input from J.Z., B.B., N.B., and J.A.R. J.J. performed  
324 electrical measurements under the direction of C.Z.C. with input from B.B and J.Z. R.K., A.B., and C.J.  
325 performed ARPES measurements under direction of E.R. N.N. performed graphene defect modeling  
326 under the direction of A.vD. K.W. performed cross-sectional STEM imaging. M.K. and W.K. prepared  
327 LEED tool for EG/metal/SiC samples and M.K. performed LEED measurements. A.D.L.F.D. performed  
328 intercalation growths and assisted with material characterization. C.D. and S.S. performed the graphene  
329 synthesis under the direction of J.A.R. J.S. assisted in XPS data analysis. M.F., Q.Z., G.Z., and A.P.L.  
330 performed scanning probe characterization. Y.W.C assisted with electrical measurements under the  
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333 electron spectroscopy, and Max Wetherington for Raman spectroscopy support.

334

## 335 **Methods**

### 336 *Epitaxial Graphene Synthesis and Plasma Treatment*

337 Epitaxial graphene is synthesized via silicon sublimation from the (0001) plane of semi-insulating 6H-SiC  
338 (II-VI Inc.) at 1800°C, 700 Torr Argon, for 15 min (Ref.13, SI). Graphene layers were plasma treated  
339 using a Tepla M4L plasma etch tool, using 150 sccm O<sub>2</sub> and 50 sccm He under a pressure of 500 mTorr  
340 and power of 50 W for 60 seconds.

341

### 342 *2D-Metal Intercalation*

343 Metal intercalation was performed using an STF-1200 horizontal tube furnace fitted with a 1” outer  
344 diameter quartz tube. A custom-made alumina crucible from Robocasting Enterprises LLC. was used to  
345 hold 1x1cm EG/SiC substrates, which were placed with graphene layers on the Si face of SiC facing  
346 downward, toward the inside of the crucible. 30-60 mg of metallic Ga (Sigma Aldrich, 99.999%), In  
347 powder (Alfa Aesar, -325 mesh, 99.99%), or Sn granules (Alfa Aesar, 99.5%) were placed in the crucible,  
348 directly beneath the EG/SiC substrate. The crucible with EG/SiC and the respective metal precursor was  
349 then loaded into the tube furnace and evacuated to ~5 mTorr. The tube is then pressurized to 300-700  
350 Torr with Ar. At this time, the furnace was heated to 700-800°C under a ramp rate of 20°/minute and Ar  
351 flow of 50 sccm. The furnace was held at the growth temperature for 30 minutes, then cooled to room  
352 temperature.

353

### 354 *X-ray photoelectron spectroscopy*

355 X-ray photoelectron spectroscopy measurements were carried out with a Physical Electronics Versa Probe  
356 II equipped with a monochromatic Al K<sub>α</sub> X-ray source (hν=1486.7 eV) and a concentric hemispherical  
357 analyzer. High resolution spectra were obtained over an analysis area of 200 μm at a pass energy of 29.35  
358 eV for C 1s, Si 2p, Ga 3d, and Ga 2p regions. O 1s regions were collected with a pass energy of 46.95 eV.  
359 The acquired spectra were fitted Lorentzian line shapes, and the asymmetric graphene peak fit was  
360 derived from exfoliated highly oriented pyrolytic graphite and H-intercalated epitaxial graphene reference  
361 samples. Spectra were charge referenced to this graphene peak in C 1s corresponding to 284.5 eV. A U 2  
362 Tougaard background was used to fit XPS spectra.

363

364 *Raman spectroscopy*

365 Raman Spectroscopy is performed with a Horiba LabRam Raman system using a wavelength of 488nm  
366 and a power of 4.6 mW. Spectra are acquired with an integration time of 30s, using a 600 grooves/mm  
367 grating.

368

369 *Cross-sectional transmission electron microscopy*

370 Cross-sectional samples for STEM imaging were prepared by *in situ* lift-out via milling in a FEI Helios  
371 NanoLab DualBeam 660 focused ion beam (FIB). Prior to FIB, ~40/5/10 nm of SiO<sub>2</sub>/Ti/Au was deposited  
372 via electron-beam evaporation in a Kurt J. Lesker Lab18 evaporator, to improve contrast during STEM  
373 imaging at low magnifications. Cross-sections were prepared using a Ga<sup>+</sup> ion beam at 30 kV then stepped  
374 down to 1 kV to avoid ion beam damage to the sample surface.

375 High resolution scanning transmission electron microscopy (STEM) of sample cross sections was  
376 performed in a FEI dual aberration corrected Titan3 G2 60-300 S/TEM at 200kV using a high angle  
377 annular dark field (HAADF) detector. The HAADF detector (Fischione) has a collection angle of 51-300  
378 mrad for Z-contrast imaging. A beam current of 70pA, beam convergence of 30 mrad (C2 aperture of 70  
379 μm), and camera length of 115 mm are used for STEM image acquisition. The STEM EDS maps are  
380 collected by using the superX EDS system, which has 4 EDS detectors surrounding the sample.

381

382 *Low-energy electron diffraction*

383 Low-energy electron diffraction measurements of EG/Ga/SiC, EG/In/SiC, and EG/Sn/SiC samples were  
384 performed using LEED Spectrometer BDL800IR-MCP manufactured by OCI Vacuum Microengineering.  
385 Samples were first degassed at 200°C for 30 minutes under UHV to desorb surface moisture and  
386 contaminants. LEED patterns were then acquired at room temperature using constant primary beam  
387 currents of 10 nA and beam energies of 50 eV – 250 eV, in 1 eV steps.

388

389 *Angle-resolved photoemission spectroscopy*

390 Angle-resolved photoemission spectroscopy measurements were performed at the Microscopic and  
391 electronic structure observatory (MAESTRO) beamline at the Advanced Light Source at Lawrence  
392 Berkeley National Lab. The sample was annealed at 550 K for 30 minutes in the end-station before  
393 measurements to remove adsorbates from the transfer of the sample through air. Measurements of  
394 EG/Ga/SiC and Gr/In/SiC structures were performed using a photon energy of 140 eV and 110 eV,  
395 respectively. Photoemission spectra were collected by moving the sample around one angle while using  
396 the angle resolved mode of a Scienta R4000 electron analyzer for the collection of the other angular axis.

397

398 *Transport measurements and  $T_c$ ,  $B_c$ , and  $T_{BKT}$  extraction:*

399 Transport measurements were carried out in a Quantum Design physical property measurement system  
400 (PPMS) system. Contacts were made to the graphene/Ga heterostructure by lightly scratching the film  
401 surface with a diamond scribe or tweezers, and then lightly pressing or soldering indium dots onto the  
402 scratched region. This was done in a casual attempt to make side-contact to the 2D-Ga. Indium dots were  
403 arrayed in a standard co-linear four-point-probe configuration with contact pitch on the order of hundreds  
404 of microns. All resistance measurements were made with an excitation current of 1 μA.  $T_c$ (onset) is  
405 defined as the intersection of linear extrapolations of the transition and normal regions. The linear fit for  
406 the transition region is the region of maximum slope, which is consistent for the entire transition width as  
407 seen in the log plot inset in **Figure 4a**.  $T_c(0.5R_N)$  is defined as the temperature at which the sample  
408 reaches half of its normal resistance.  $T_c$ (zero) is defined as the temperature at which resistance effectively  
409 reaches a zero-resistance state i.e. the noise floor of the PPMS system ~ 0.01 Ω. The transition width  $\Delta T_c$   
410 is defined as the change in temperature between the  $T_c$ (onset) and  $T_c$ (zero). Various  $T_c$  values are provided  
411 in order to help comparison with other works in literature which may use different values. Critical field

412  $B_{c2}(0.9R_N)$  is defined as the magnetic field at which the sample reaches 90% of its normal resistance.  
413 Coherence length is estimated from  $B_{c2}(T) = \frac{\Phi}{2\pi\xi_0^2}$ .

414 *Scanning tunneling spectroscopy/microscopy (STS/STM):*

415 Ga-intercalated graphene/SiC was studied using ultra-high vacuum low-temperature scanning tunneling  
416 microscope with *in situ* out of plane magnetic field at the Center for Nanophase Materials Sciences at Oak  
417 Ridge National Laboratory. The sample was preheated to 200°C to remove surface adsorbates at UHV  
418 with a base pressure of  $2 \times 10^{-10}$  Torr before transferring *in situ* to STM stage. STM/S was conducted using  
419 mechanically cut Pt-Ir tip. All Pt-Ir tips were conditioned and checked using clean Au (111) surface  
420 before each measurement. Topographic images were acquired in constant current mode with the bias  
421 voltage applied to the samples. All the spectroscopies were obtained using the lock-in technique with bias  
422 modulation at 973 Hz. The STM image in **Figure 4d** was taken at  $V_b = 10$  mV and  $I_t = 400$  pA. The STM  
423 image in **Figure 4e** was taken at  $V_b = -100$  mV,  $I_t = 100$  pA. The dI/dV spectra in **Figures 4f-h** were  
424 measured at  $V_b = 5$  mV,  $I_t = 400$  pA, and  $\Delta V = 0.1$  mV.

425

426 *Theory*

- 427 i. Graphene defect generation/passivation and Ga adsorption: All density functional theory calculations  
428 investigating the role of plasma treatment on EG defects and Ga intercalation were performed in  
429 Quantum Espresso (SI ref. 14), using projected augmented wave pseudopotentials (SI ref. 15, 16) and  
430 the Perdew-Burke-Ernzerhof parametrization of the generalized gradient approximation exchange-  
431 correlation functional (GGA-PBE, SI ref. 17, 18). A  $5 \times 5 \times 1$   $\Gamma$ -centered k-point mesh was applied for  
432 Brillouin zone integration. Planewave expansions were truncated at an energy cut-off of 408 eV for  
433 wavefunctions and at 4080 eV for charge densities. The Marzari-Vanderbilt cold smearing scheme  
434 (SI ref. 19) was applied with a broadening of 0.1 eV. Structural relaxations used the Broyden-  
435 Fletcher-Goldfarb-Shanno algorithm with a force threshold of 0.025 eV/Å. A vacuum layer of 20 Å  
436 was inserted in the direction normal to the graphene sheets to minimize the spurious interactions  
437 across the periodic boundary. The models in the figures were visualized using OVITO (SI ref. 20) and  
438 VESTA (SI ref. 21) software.
- 439
- 440 ii. 2D Ga phase stability and electronic structure calculations: All density functional theory calculations  
441 on phase stabilities and electronic structure were performed using the GGA-PBE exchange-  
442 correlation functional (SI ref. 17) and the projector augmented wave (PAW) pseudopotentials (SI ref.  
443 15,16). Plane-wave expansions were truncated at an energy cutoff of 500 eV. All structural  
444 relaxations were performed using dipole corrections to the total energy (SI ref. 22) and to the  
445 electrostatic potential (SI ref. 23) in the out-of-plane direction, until the remaining forces are within  
446 0.01 eV/Å. Brillouin zone samplings are performed on grids with k-point densities equivalent to that  
447 of a  $20 \times 20 \times 1$  grid for a  $1 \times 1$  Ga/SiC unit cell. All Ga/SiC calculations were performed using 7  
448 repeating units of SiC along the  $z$  direction as substrate, capped by Ga from above and by hydrogen  
449 from below. Graphene/Ga/SiC calculations were performed using 5 repeating units along the  $z$   
450 direction for the a  $2 \times 2$  graphene +  $\sqrt{3} \times \sqrt{3}$  R30° Ga/SiC supercell, and 3 repeating units for the a  $5 \times 5$   
451 graphene +  $4 \times 4$  R0° Ga/SiC supercell to alleviate the computational demand of accommodating more  
452 atoms in the large supercells. Band unfolding were performed using the GPAW package (SI ref. 24);  
453 all other calculations were performed by the Vienna Ab Initio Package (VASP) (SI ref. 25). Fermi  
454 surfaces of Ga/SiC are calculated on a  $40 \times 40 \times 1$  grid and interpolated onto a  $200 \times 200 \times 1$  grid for  
455 plotting. Band structures at the hybrid functional level were calculated using the range-separated form  
456 of Heyd, Scuseria, and Ernzerhof (SI ref. 26) (HSE06, i.e. with a range-separation parameter of  
457  $0.2 \text{ \AA}^{-1}$ ) and using structures relaxed at the PBE level. Self-consistent HSE06 calculations were  
458 performed on a  $12 \times 12 \times 1$  k-point grid. In **Figure 5b**, bilayer and trilayer Ga on SiC exhibits a DOS at  
459  $E_F$  similar to  $\beta$ -Ga (**Figure 5a**), where for bilayer Ga we artificially shift  $E_F$  by 0.5 eV to account for

460 the additional (undetermined) electron doping so the band alignment agrees with ARPES  
461 measurements. As for the DOS calculations carried out on hexagonal 2L and 3L-Ga/SiC, the Ga<sub>Si</sub>Ga<sub>C</sub>  
462 and Ga<sub>Si</sub>Ga<sub>C</sub>Ga<sub>C</sub> stacking sequences were used, respectively. The Ga<sub>Si</sub>Ga<sub>C</sub>Ga<sub>C</sub> stacking sequence  
463 occupies one of the lower energy configurations out of all the possible stacking sequences for 3L-Ga  
464 and most closely matches the band structure as directly measured in ARPES (**Figures S10-11, Table**  
465 **S1**). Thus, Ga<sub>Si</sub>Ga<sub>C</sub> and Ga<sub>Si</sub>Ga<sub>C</sub>Ga<sub>C</sub> stackings were used to calculate the DOS and the Ga<sub>Si</sub>Ga<sub>C</sub>Ga<sub>C</sub>  
466 stacking was used to calculate  $T_c$  (**Figure S18a**).

467 iii. Electron-phonon interactions: All calculations related to electron-phonon interactions are performed  
468 in a cell with only two SiC units, due to the heavy computational demand of these routines; SiC slabs  
469 are passivated from below by H atoms with the same mass as Si. The starting-point electronic charge  
470 density is calculated on a  $12 \times 12 \times 1$   $\Gamma$ -centered k-point grid. Electronic wavefunctions are then  
471 computed for a  $6 \times 6 \times 1$  grid. The phonon dispersion is calculated using density functional perturbation  
472 theory based on the same  $6 \times 6 \times 1$  grid. All computations above are performed by the Quantum  
473 ESPRESSO package using the local density approximation exchange-correlation functional,  
474 Hartwigsen-Goedecker-Hutter norm-conserving pseudopotentials, and a plane wave expansion cutoff  
475 of 1090 eV. To achieve a dense sampling of electron-phonon coupling matrix elements across the  
476 Fermi surface, we construct electronic and phonon Wannier functions based on wavefunctions and  
477 phonon modes sampled on the coarse  $6 \times 6 \times 1$  grid and generate interpolations onto a  $96 \times 96 \times 1$  grid, as  
478 implemented by the EPW code. Wannier functions are initialized by projecting the following orbitals  
479 onto Bloch wavefunctions: two  $s$  and one  $p_z$  for each Ga, one  $sp^3$  orbital for each Si, and one  $sp^3$  for  
480 each C. An outer disentanglement window (i.e. one that captures all targeted bands with the chosen  
481 orbital characters) coincides with the entire energy range (**Figure S18b**). An inner window (where all  
482 Bloch states are included within the projection manifold) spans the energy range from the lower  
483 bound of **Figure 18b** up to 1 eV above the Fermi level. See **SI** for more details on equations and  
484 references used.

#### 485 **Data availability**

486 The data that support the findings of this study are available from the authors on reasonable request, see  
487 author contributions for specific data sets.

488

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