

# More with Less: Novel Approaches to LAMP Assay Design for Better Performance with Fewer Resources

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- Oscar Negrete - Virology

## Collaborators

- Lark Coffey (UC Davis)
- Michael Busch (UCSF/BSRI)
- Scott Weaver (UTMB)
- Slobodon Paessler (UTMB)
- Barbara Johnson (CDC)
- Brandy Russell (CDC)

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# Challenges in Deployed Diagnostics

- Emerging, re-emerging, and neglected diseases like Zika and Ebola occur in parts of the world where medical infrastructure is lacking.
- Safety, security, and speed of sample transport to reference labs is a major concern in areas with poor infrastructure.
- Point-of-Need assays requires robust **assay chemistry**, cheap **consumables**, and simple **instrumentation**.
- WHO **ASSURED** criteria: **Affordable**, **Sensitive**, **Specific**, **User-friendly**, **Rapid** and robust, **Equipment-free** and **Deliverable** to end-users.



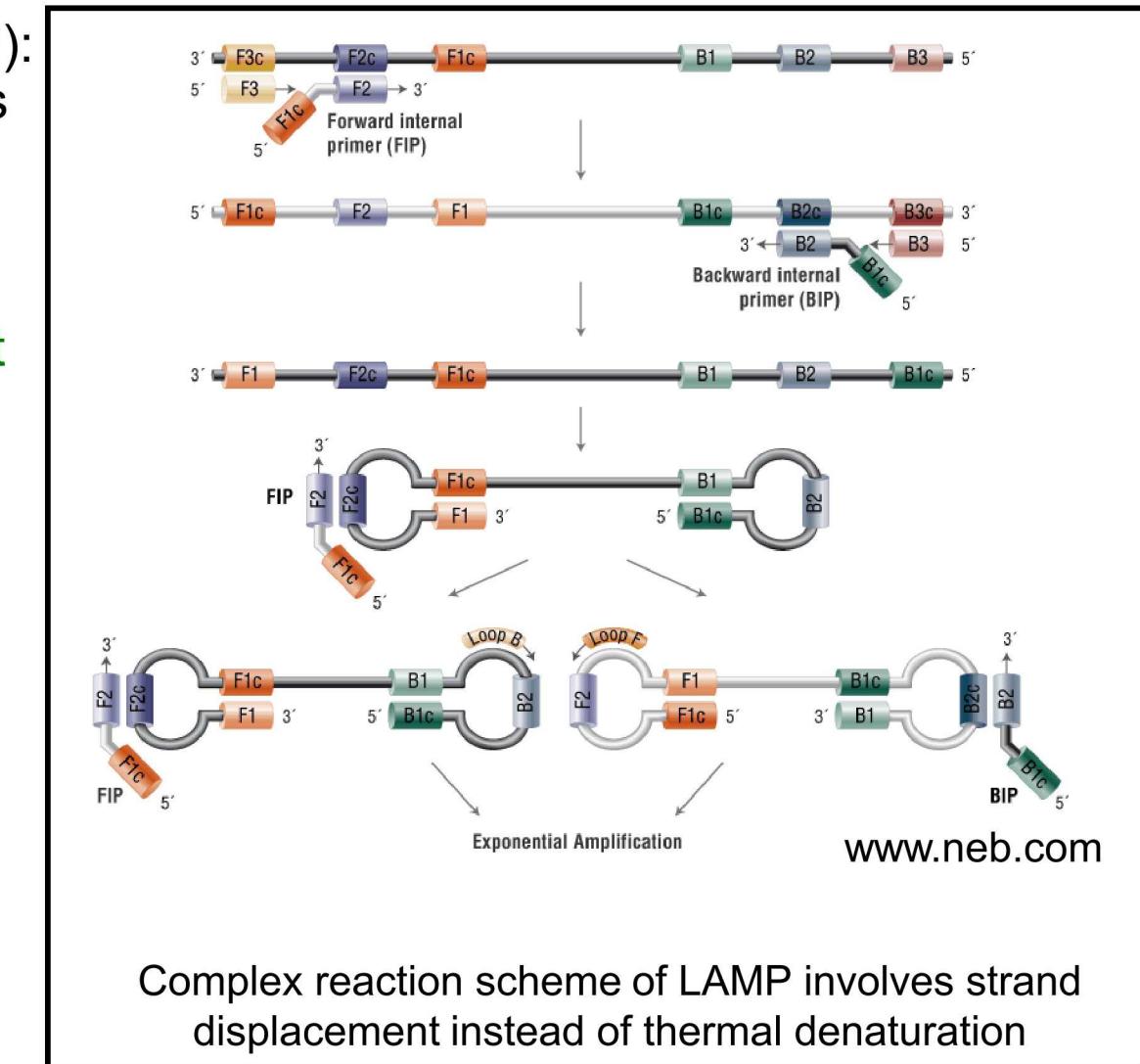
Photo/Justin Williams

Sample transport: safety, stability, security, and speed?

MMWR 2014 / Vol. 63 / No. 50 (Liberia / Ebola outbreak)  
Photos: Justin Williams, Sampson Dolo

# LAMP is a PCR alternative well suited to low resource settings

- Loop Mediated Isothermal Amplification (LAMP): primer-based amplification of DNA/RNA targets
- Fast (5-30 min), robust, simple, sensitive
- Low capital expense/Low power
- Can work with minimal/no sample pretreatment
- Can't easily multiplex
- Most detection techniques are non-specific (turbidity, colorimetric, etc)
- • Prone to false positives
- Less quantitative than qPCR
- LAMP is just one of many isothermal amplification schemes (also including NASBA, TMA, NEAR, RPA, HDA, CRISPR-based diagnostics etc) that have been proposed for simplified or POC NAATs



# Why is LAMP prone to false positives? (exponential amplification in absence of a target)

- Historical perspective
  - The original detection methods were often “open-tube” which inevitably involved a risk of amplicon contamination
  - Newer closed-tube techniques are mostly immune to this problem, but the reputation has stuck!
- Chemistry perspective
  - LAMP involves high concentrations of 6-8 primers, resulting in a high probability of primer-primer interaction
  - LAMP typically involves a high concentration of  $Mg^{++}$  further promoting primer-primer interaction
  - *Bst* DNA polymerase and other strand-displacing polymerases used for LAMP have some ability to extend from 3' mismatches
- Author’s Personal Perspective
  - Investment in PCR >> LAMP (or any other isothermal technique)
  - “crowdsourced” experience with design rules for PCR >> >> LAMP etc

# Analyzing LAMP false-positives

JOURNAL OF CLINICAL MICROBIOLOGY, Jan. 2004, p. 257–263  
0095-1137/04/\$8.00 + 0 DOI: 10.1128/JCM.42.1.257–263.2004  
Copyright © 2004, American Society for Microbiology. All Rights Reserved.

Vol. 42, No. 1

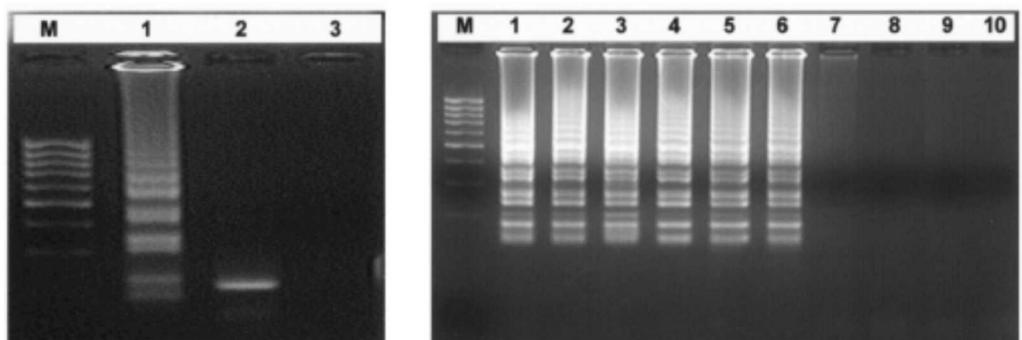
## Real-Time Reverse Transcription Loop-Mediated Isothermal Amplification for Rapid Detection of West Nile Virus

Manmohan Parida, Guillermo Posadas, Shingo Inoue, Futoshi Hasebe, and Kouichi Morita\*

TABLE 1. Details of oligonucleotide primers used for RT-LAMP amplification of E gene of WN virus

Primer name	Type	Length(s)	Genome position*	Sequence (5'-3')
F3	Forward outer	19-mer	1028–1046	TGGATITGGTTCTCGAAAGG
B3	Reverse outer	19-mer	1228–1210	GGTCAGCACGTTTGTCAATT
FIP	Forward inner (F1C + TTIT + F2)	46-mer; F1C, 22-mer; F2, 20-mer	F1C, 1121–1100; F2, 1050–1069	TGGCCGCCCTCATATTCATCATTTCAAGTCGCGTGA CTATCATGT
BIP	Reverse inner (B1C + TTIT + B2)	45-mer (B1C, 22-mer; B2, 19-mer)	B1C, 1144–1165; B2, 1208–1190	TGCTATTGCTACCGTCAGCGTTTTGAGCTTC CATGGTCG
Loop F	Forward loop	19-mer	1093–1075	CATCGATGGTAGGCTTGTC
Loop B	Reverse loop	18-mer	1169–1186	TCTCCACCAAAGCTGCGT

\* Genome position according to the WN virus strain NY99 (flamingo 382-99) complete genome sequence (GenBank accession number AF196835).



- In our hands, this WNV primer set generates a lot of “false positives” at long incubation times
- Both “true positives” and “false positives” give a ladder-like banding pattern on a gel
- We excised bands and sequenced some of the products of true & false positives

# Sequencing LAMP false-positives

## True positive amplicon structure (n = 9 samples)

[+LB, -BIP, -inner region, +FIP, -LF]	3/9
[+LF, -FIP, +inner region, +BIP]	4/9
[+LF, -FIP, +inner region, +BIP(partial), +LB, -BIP]	1/9
[+LF, -BIP, -FIP]	1/9

## False-positive amplicon structure (n = 6 samples)

[+FIP, -BIP, -LF]	1/6
[+LF, -BIP, -FIP]	3/6
[+ LF, +BIP, -FIP(partial)]	1/6
[+BIP, -LF]	1/6

- True positives (except one) have the “inner region” between the 3’ ends of FIP and BIP
- 7 of 9 true positives have same structure (or reverse complement)
- False positives lack the “inner region” and are comprised of a subset of primers in various configurations
- False positives also have “filler sequence” that doesn’t seem to correspond to primer sequences
  - One of the “true positives” looked like a false positive (?)
- False positives don’t seem to involve the LB primer

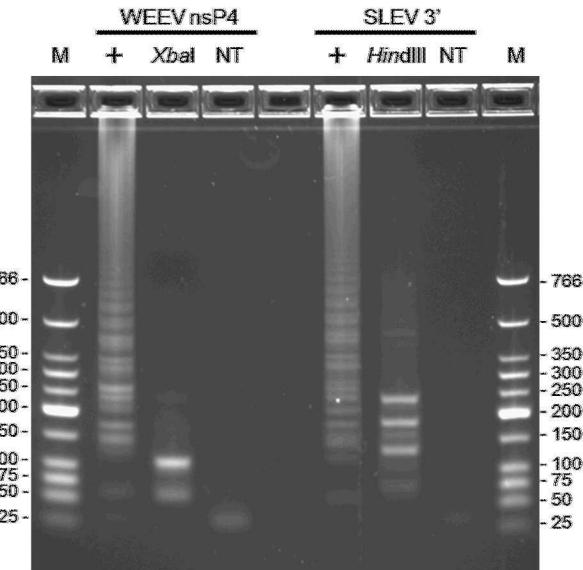
# Suppressing LAMP false-positives

- Primer design! (more on this later)
- Tinker with the chemistry
  - Reaction conditions
  - Various additives
  - Other polymerases
- Monitor in real-time (non-specific amplification happens late)
- Move away from non-specific detection techniques
  - False-positive amplification may still occur, but if you don't detect them, it's not as much of a problem

**Author's Anecdotal Observation:** additives and polymerases that amplify faster, also tend to make false-positives sooner

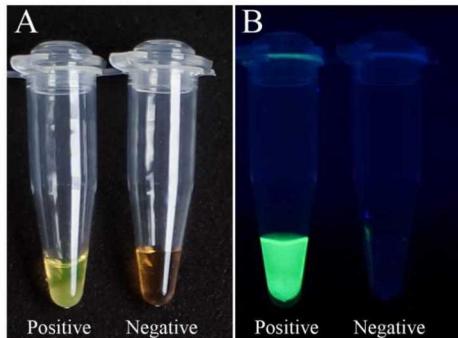
## How to know if LAMP worked? (nonspecific)

## A. Run product on a gel



Wheeler *PLoS One* 2016

## B. Post-reaction, add SYBR Green



Nie *PLoS One* 2012

### C. Turbidity (precipitation of $Mg^{++}$ pyrophosphate)

Controls

Heat-treated viral cultures

+ve -ve 1 2 3 4

Pfu/reaction: 960 96 9.6 0.96

Jayawardena, *Emerg. Inf. Dis.* 2007

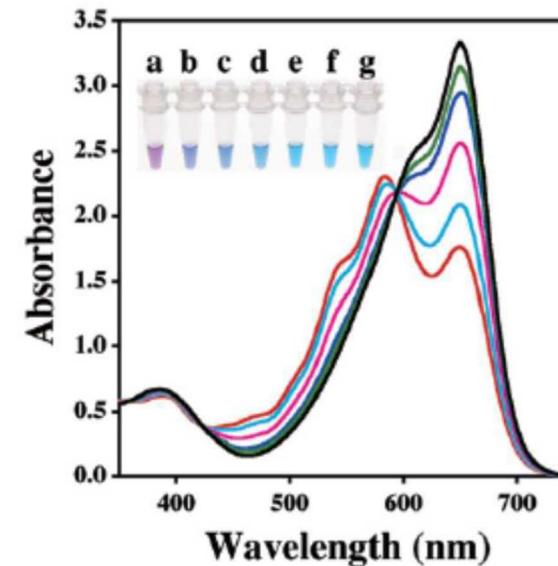
## D. Color-change indicators

e.g. hydroxynaphthol blue  
color change from violet to  
blue upon complexation of  
 $Mg^{++}$  as reaction proceeds

## E. Mn<sup>++</sup>-quenched calcein

“unquenches” as reaction  
proceeds ( $Mn^{++}$ -PPi forms)

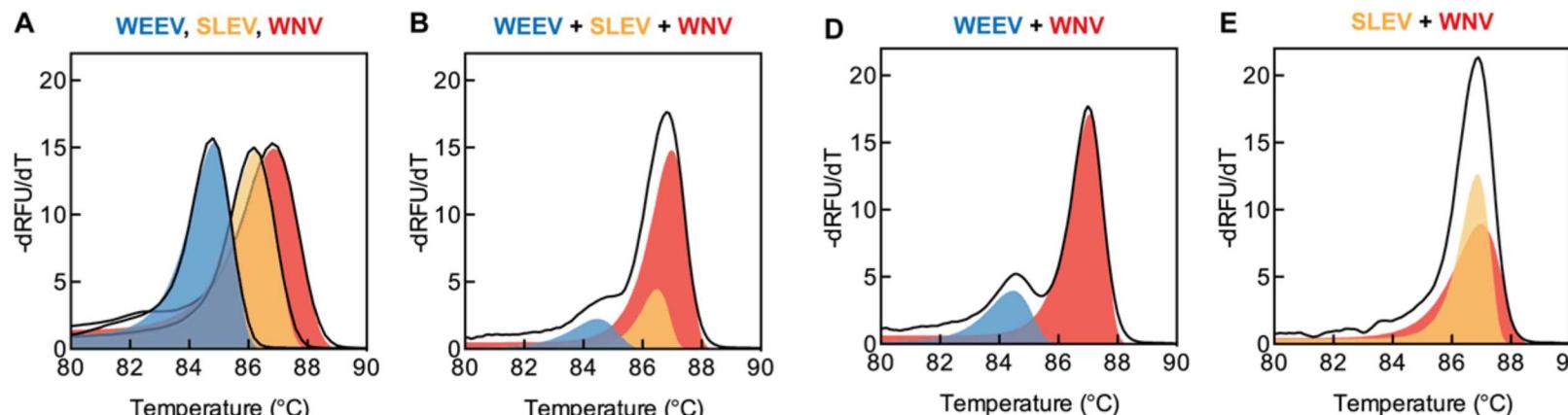
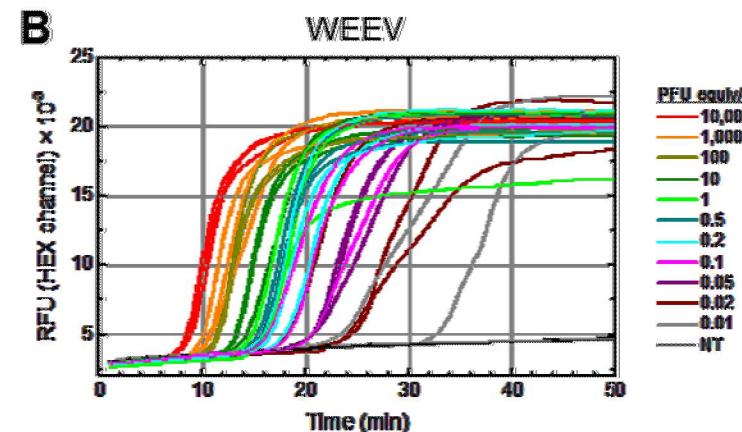
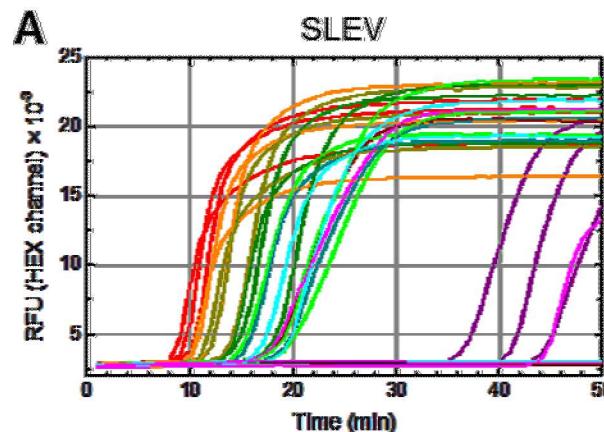
## F. pH indicators in weakly buffered LAMP (bright color change as pH drops)



Goto, *Biotechniques* 2009

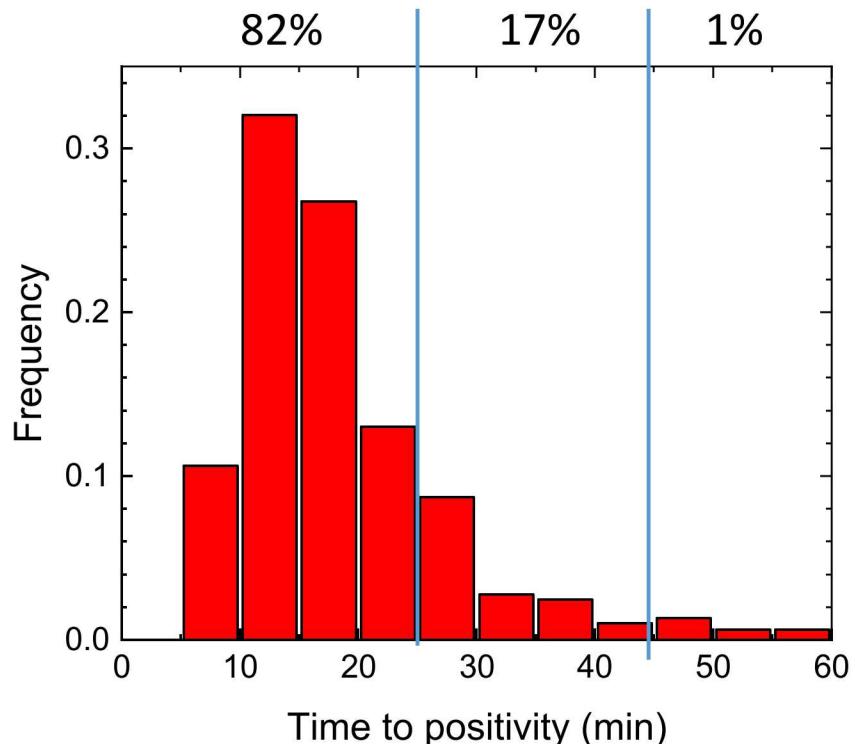
# Real-Time monitoring of RT-LAMP

- Real-time monitoring with LAMP-compatible intercalating dye (SYTO 9, SYTO 82, SYTO 62)
- High resolution melt curves (capable of multiplexing, “false positives” usually have different melt characteristics)
- But high-resolution melt curves may not be so field-deployable!



# Time-thresholding for true vs false positives

- RJM's non-systematic study of >1400 positive control RT-LAMP assays (varying template concentration)
- Most true positives arise < 45 minutes



- Recent work from Ismagilov group on digital LAMP: Rolando *et al*, *Anal Chem* 2019
- Background amplification usually happens later

analytical  
chemistry

Cite This: *Anal. Chem.* 2019, 91, 1034–1042

Article

pubs.acs.org/ac

## Real-Time, Digital LAMP with Commercial Microfluidic Chips Reveals the Interplay of Efficiency, Speed, and Background Amplification as a Function of Reaction Temperature and Time

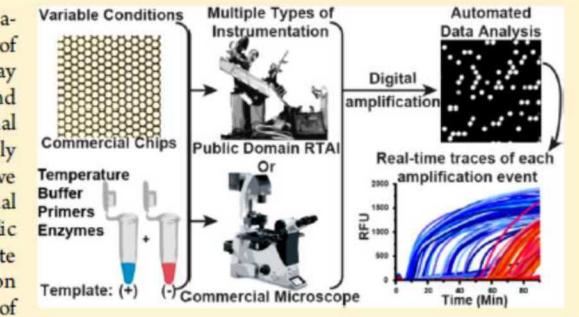
Justin C. Rolando,<sup>†</sup> Erik Jue,<sup>‡</sup> Nathan G. Schoepp,<sup>†</sup> and Rustem F. Ismagilov\*,<sup>†,‡,§</sup>

<sup>†</sup>Division of Chemistry & Chemical Engineering, California Institute of Technology, 1200 East California Boulevard, Mail Code 210-41, Pasadena, California, 91125, United States

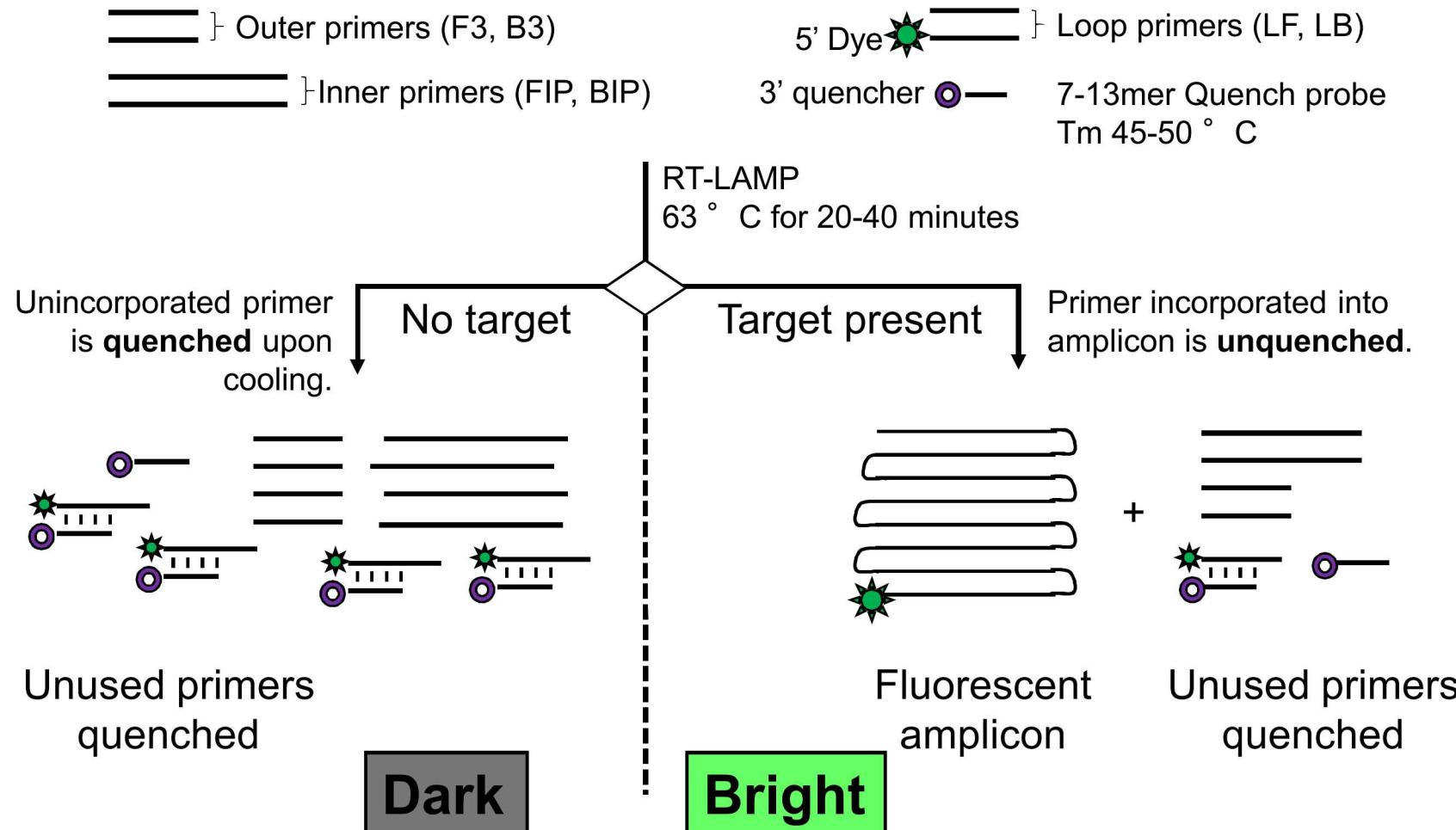
<sup>‡</sup>Division of Biology & Biological Engineering, California Institute of Technology, 1200 East California Boulevard, Mail Code 210-41, Pasadena, California 91125 United States

### Supporting Information

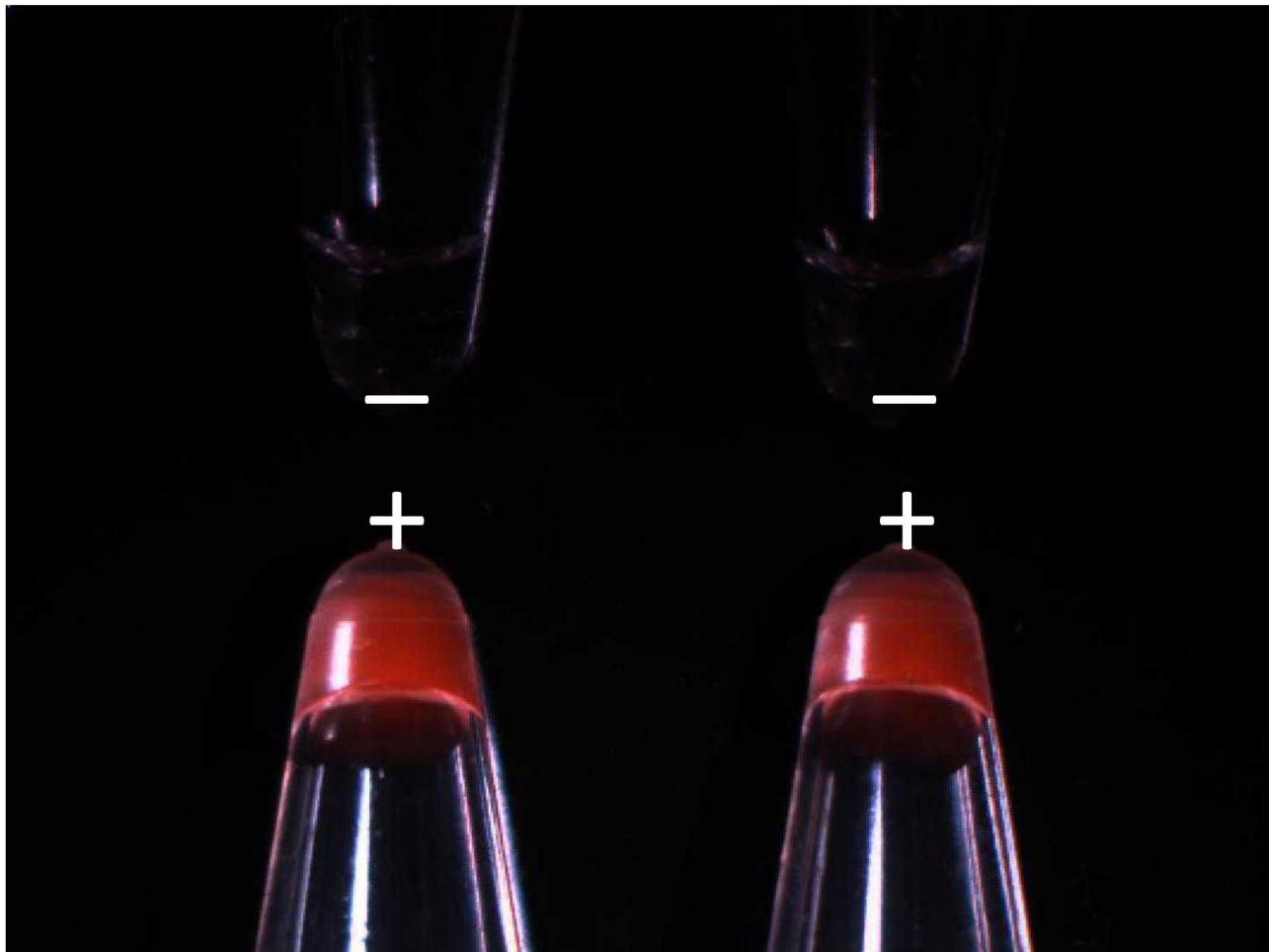
**ABSTRACT:** Real-time, isothermal, digital nucleic acid amplification is emerging as an attractive approach for a multitude of applications including diagnostics, mechanistic studies, and assay optimization. Unfortunately, there is no commercially available and affordable real-time, digital instrument validated for isothermal amplification; thus, most researchers have not been able to apply digital, real-time approaches to isothermal amplification. Here, we generate an approach to real-time digital loop-mediated isothermal amplification (LAMP) using commercially available microfluidic chips and reagents and open-source components. We demonstrate this approach by testing variables that influence LAMP reaction speed and the probability of detection. By analyzing the interplay of



# QUASR: Quenching of Unincorporated Amplification Signal Reporters



# WNV QUASR assay (ROX label)



Published WNV RT-LAMP primer set from Parida *et al* adapted to QUASR detection

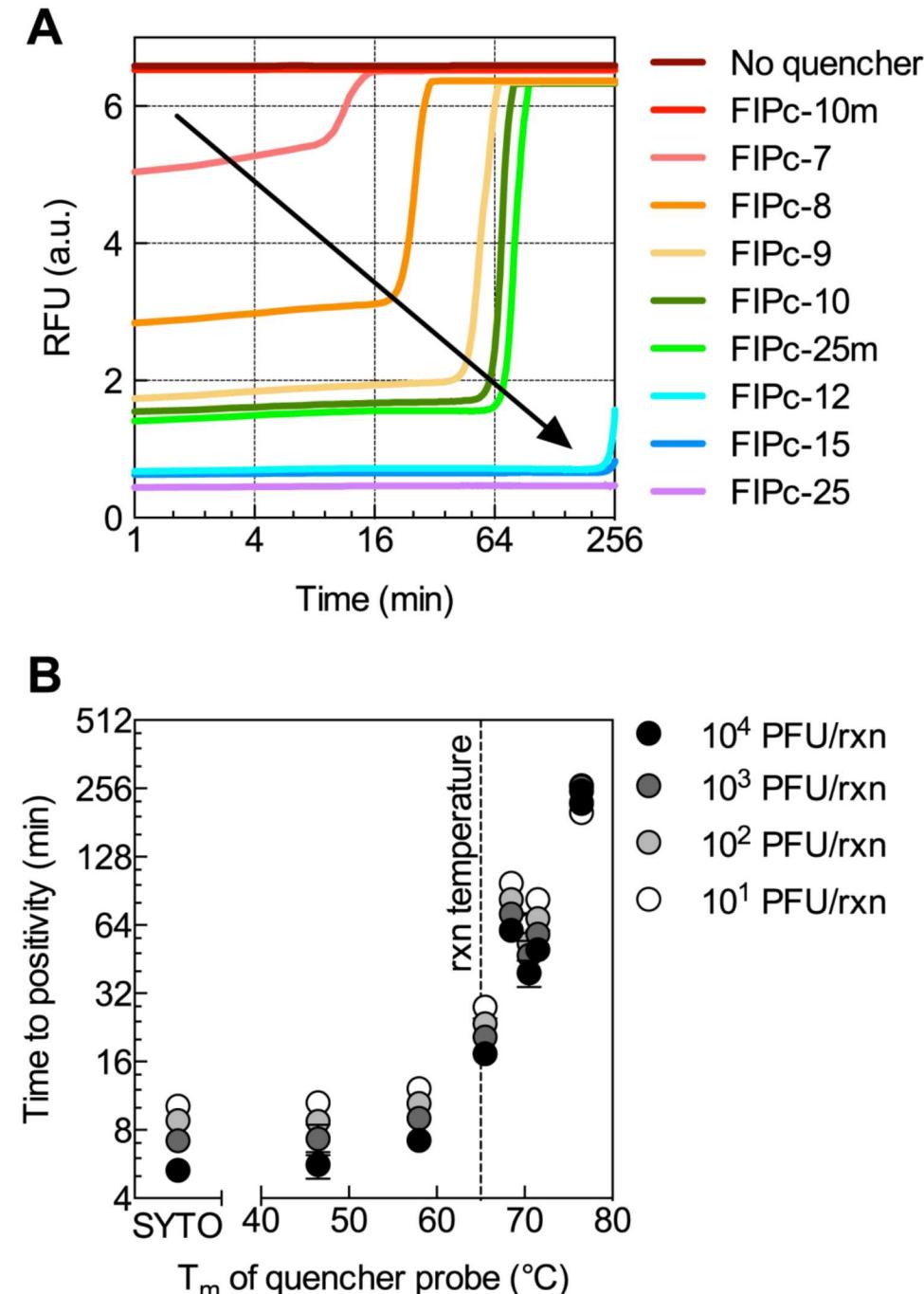
Color photo taken with green LED flashlight and magenta theatre lighting gel as a filter



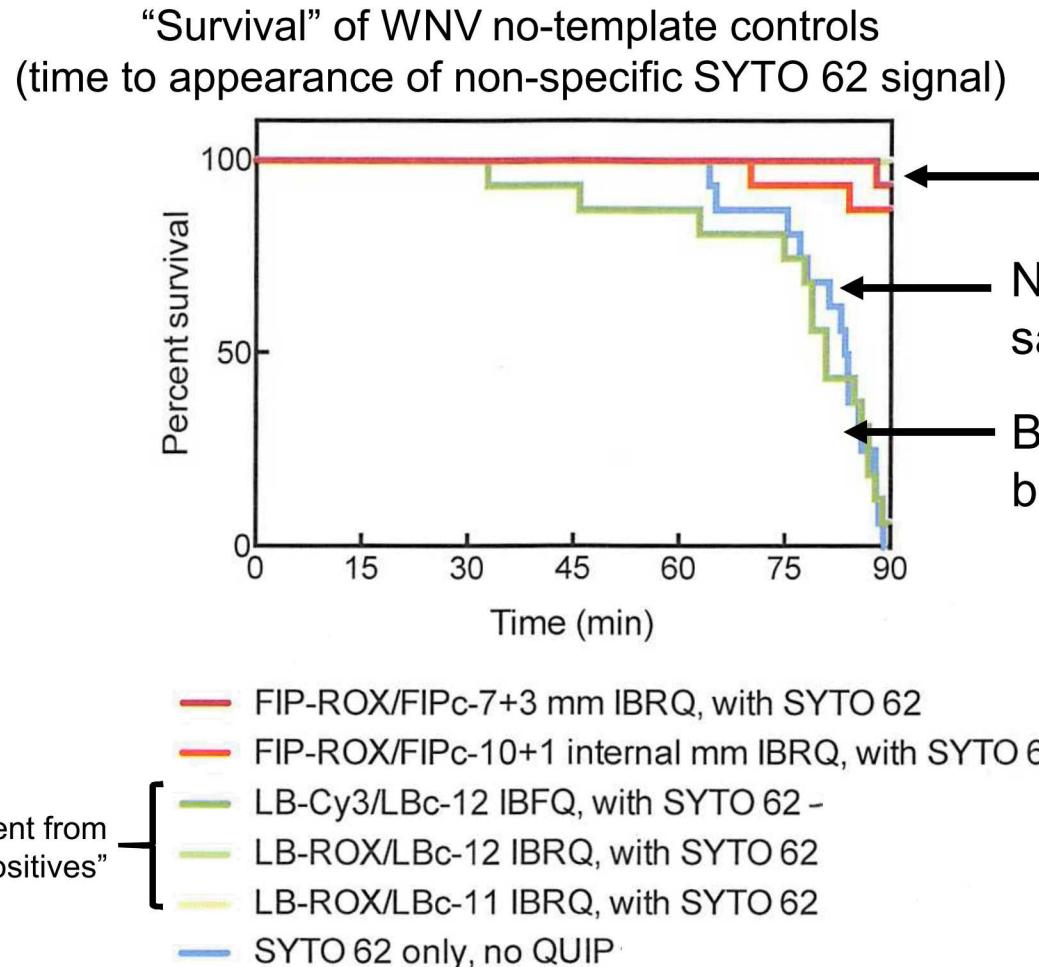
- Closed-tube detection
- Bright endpoint signal
- Large difference between positive and negative

# Optimized QUASR quenchers results in no inhibition

- As  $T_m$  of quencher approaches reaction temperature, reaction is inhibited
- If probe  $T_m$  is  $> 50\text{-}55^\circ\text{C}$ , we can observe probe being displaced in real time, similar to Tanner *et al* "DARQ" *Biotechniques* 2012 but reaction is slower
- Constraints on lower limit for  $T_m$ :
  - Ambient temperature for performing detection
  - Temperature at which labeled primer forms a stable hairpin structure



# QUASR can suppress detection of LAMP “false positive” amplification



Good QUASR: Spontaneous amplification is suppressed; and not evident in endpoint signal

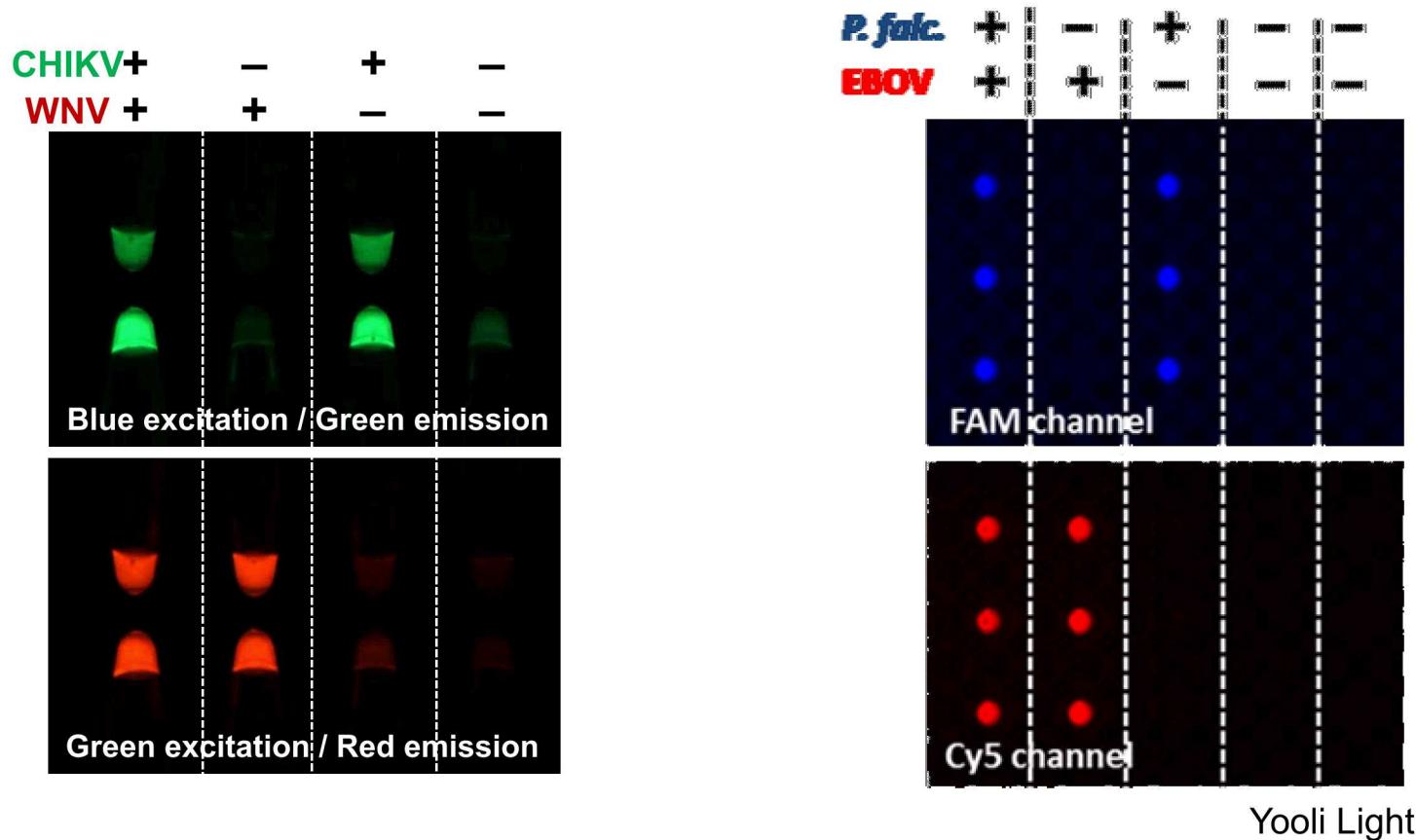
No QUASR: Spontaneous amplification in all samples, and visible with non-specific DNA dye

Bad QUASR? Spontaneous amplification happens, but is not evident in endpoint probe signal (still ok)

- “False positive” amplification usually occurs  $>40$  minutes, so we define a cutoff of 30-40 minutes
- Even if a sample shows false positive with the SYTO dye, the QUASR signal is usually still negative
- e.g. 1/197 FP for QUASR, vs 67/145 FP for SYTO, in 90-minute extended rxns)
- The choice of dye might matter?
  - LB-Cy3 bad / LB-ROX good?

# Multiplexing RT-LAMP with QUASR

(A) Chikungunya virus + West Nile virus    (B) *Plasmodium falciparum* + Ebola virus



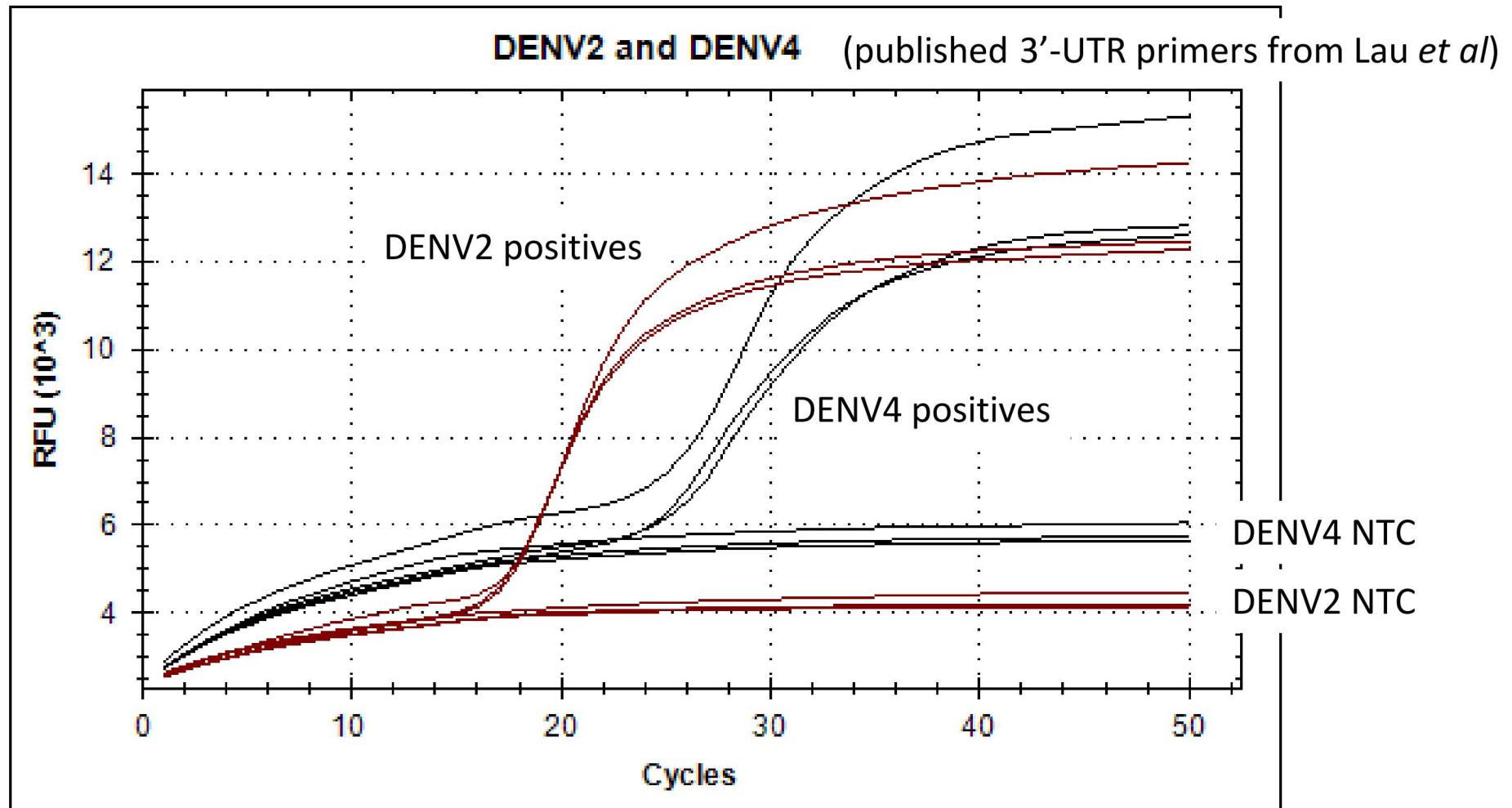
Target specific

Multiplexable

LAMP historically was hard to multiplex

# LAMP Background Issue #2: Rising Baselines

- Non-exponential DNA synthesis occurring independently of the LAMP reaction?
- Not discussed in most published LAMP assays because endpoint techniques only are used.



# Multiple primer analyzer indicates dimers involving 3' end of FIP

Primer dimers identified for DENV-2 (primers for DENV-4 are very similar)

Self-Dimers:

1 dimer for: FIP

5-tcatctcacccgggggggggggttagaggagaccctc->  
||||| | | |||||  
<-ctccccagaggagattggggggggggttccactctact-5

Cross Primer Dimers:

FIP with BIP

FIP

5-agaggttagaggagaccccccgcaggatctctggtcttcc->  
||||| | | | | | |  
<-ctccccagaggagattggggggggggttccactctact-5

**Would you expect this to be stable enough to extend at 63 °C?**

# Consult sequence alignment for target region

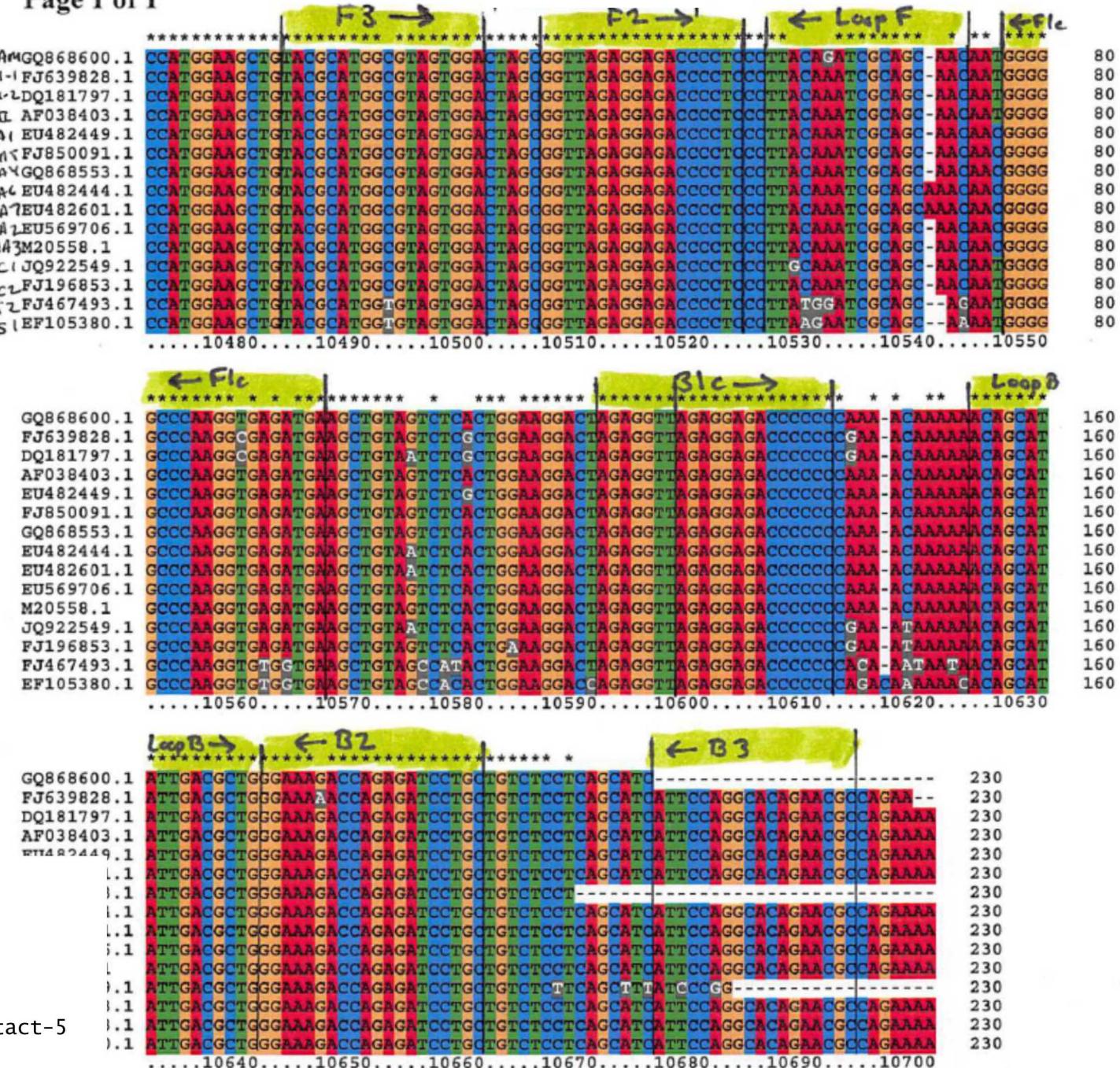
- Sequence alignment showing representatives of 15 DENV-2 genotypes
- There is limited room to “adjust” F2 without having to adjust other primers
- In this case: all adjustments to F2 are allowed by the sequence alignment

- “Bump” F2 4 bases to left

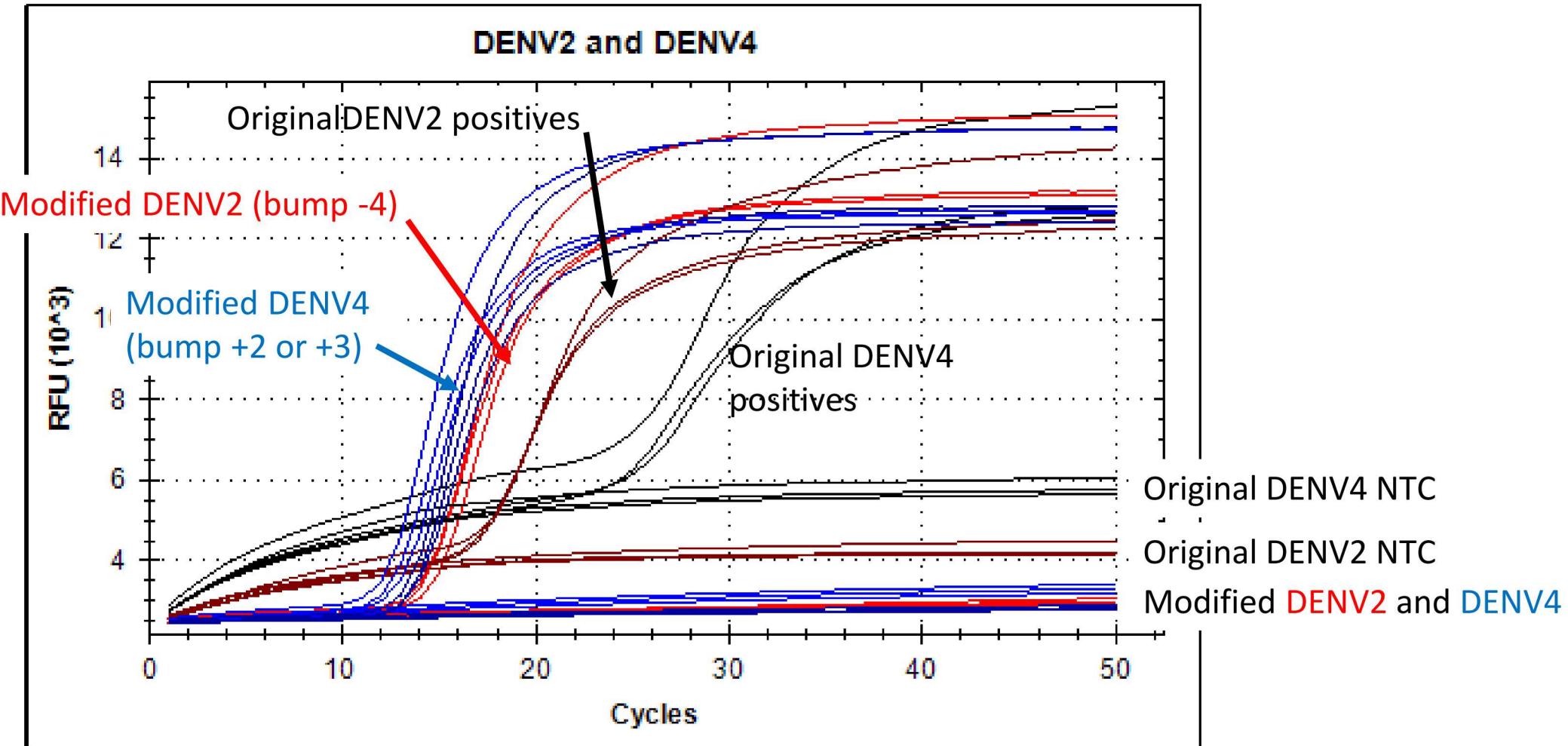
*versus*

999 999 999 999 999 999 999 999 999 999

<-ctcccccaqaaqgagat



# Bumping F2 reduces background and speeds amplification in both cases



# Thermodynamic basis for rising baseline?

- nearest-neighbor model for primer hybridization

$$\Delta G_{hyb}^o = \Delta G_{initiation}^o + \sum_{i,j=1}^4 n_{i,j} \Delta G \left( \frac{N_i N_j}{N'_i N'_j} \right)$$

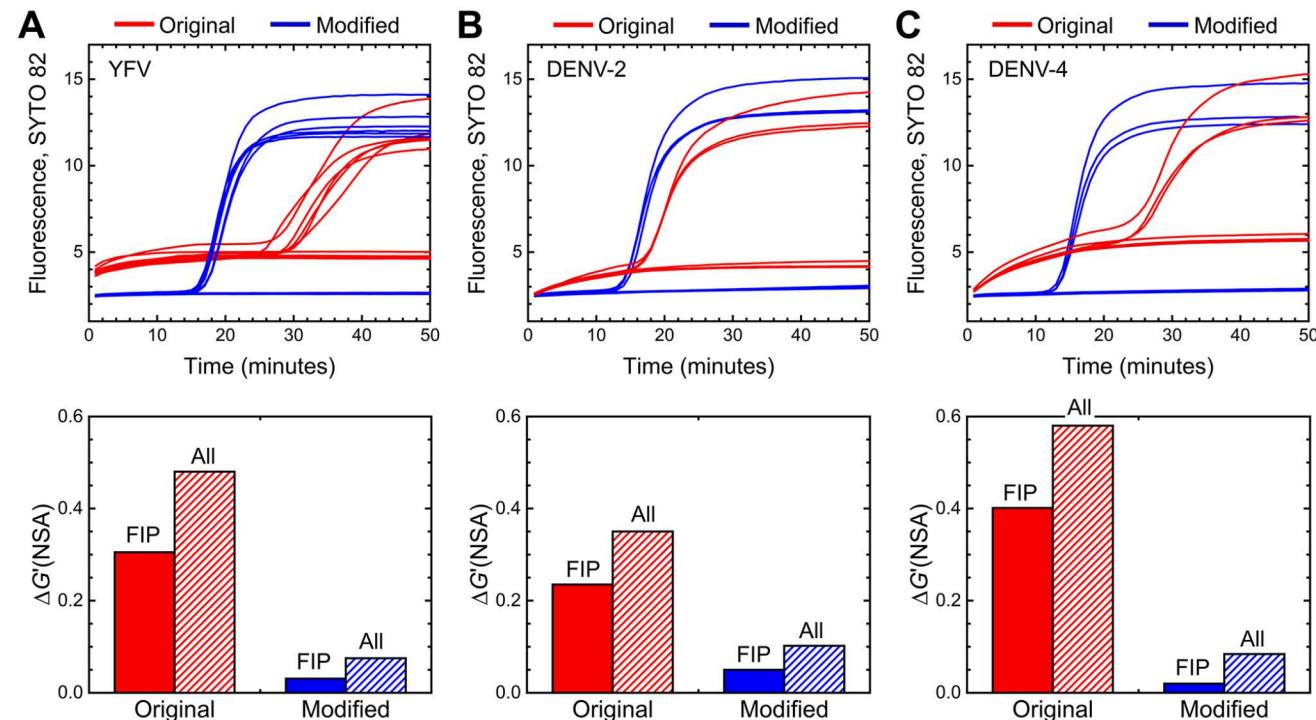
- Normalized  $\Delta G'$  for all possible primer-primer interactions

$$\Delta G' (NSA) = \left( \frac{1}{\Delta G_{hyb}^{perfect-binding}} \right) \left( \sum_{Hairpins} \Delta G_{hyb} + \sum_{Dimers} \Delta G_{hyb} \right)$$

- Probability of non-specific amplification is related to  $\Delta G'$  of primer interactions

$$\ln(P_{NSA}) \propto \Delta G' (NSA)$$

Small adjustments to primers to minimize  $\Delta G' (NSA)$  eliminate baseline rise and improve rate of reaction

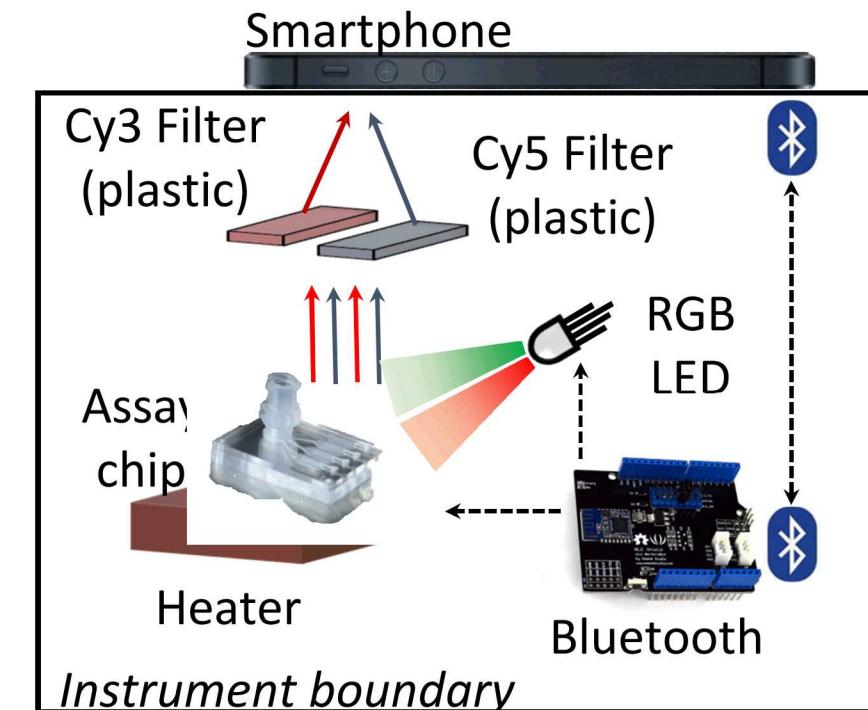


Meagher *et al*, Analyst 2018

- Anecdotally,  $\Delta G' (NSA)$  may also be predictive of primer sets prone to “false positives”

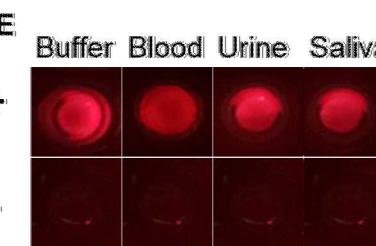
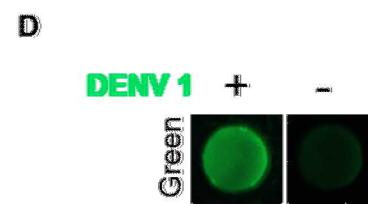
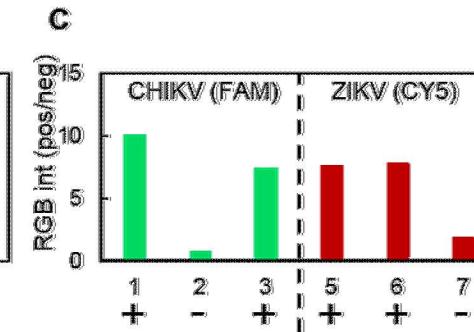
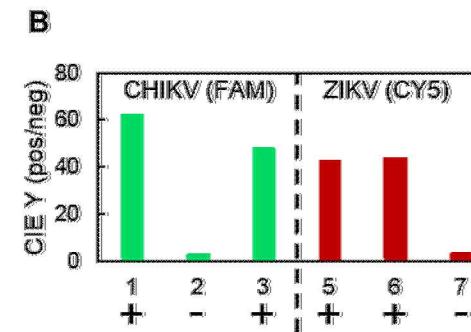
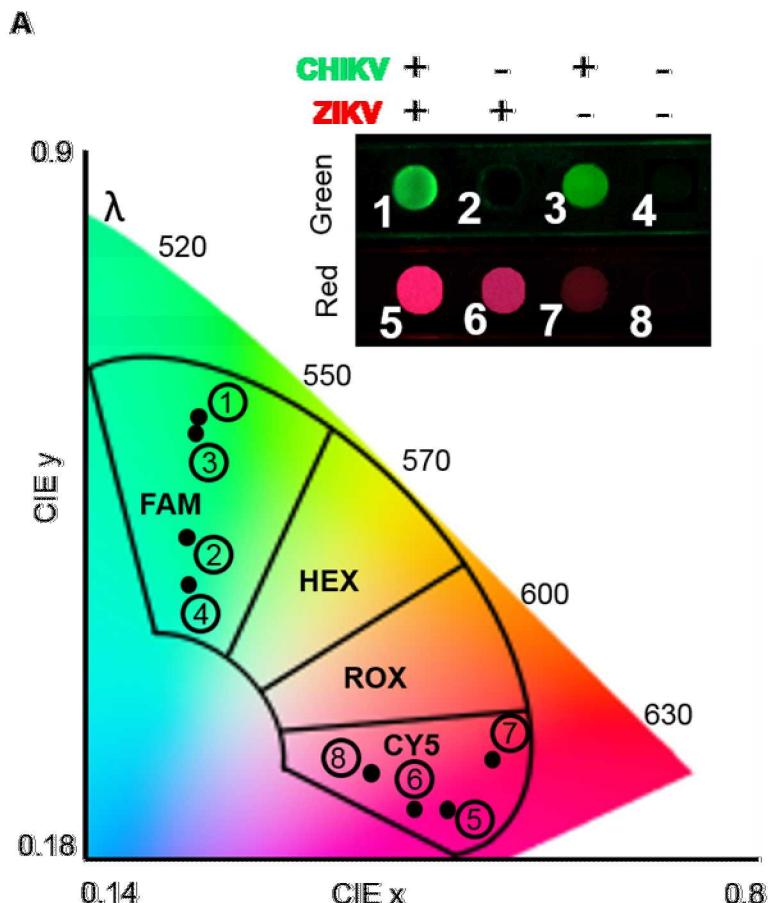
# Smartphone instrument for QUASR LAMP

- Handheld box contains heater, optics, and Bluetooth enabled microcontroller
- Compatible with iPhone and Android phones
- Smart phone app “front end” controls heater, timing, fluorescence image acquisition, and scoring
- Real-time or endpoint measurements
- Accepts inexpensive consumables (PCR tubes, microwells)
- Raw material costs: about \$50 with plastic filters; \$500 with high quality coated glass filters, plus phone

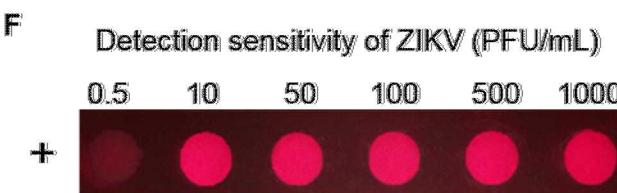


# Smartphone assay detects CHIKV/ZIKV duplex and pan-DENV assays

Phone app maps multicolor fluorescence images onto chromaticity-luminance (CIE xyY) color space to allow automated assay scoring with high signal-to-background

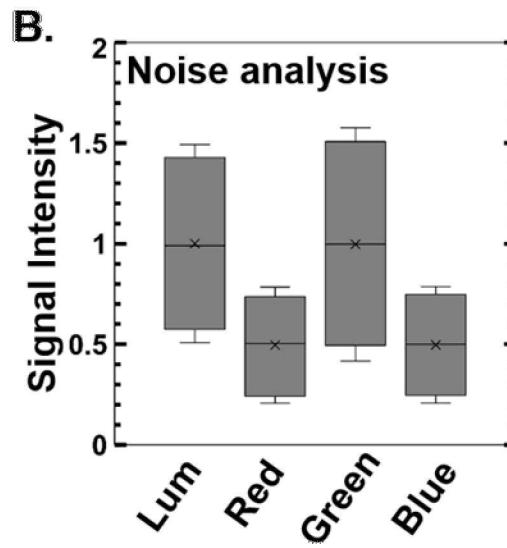
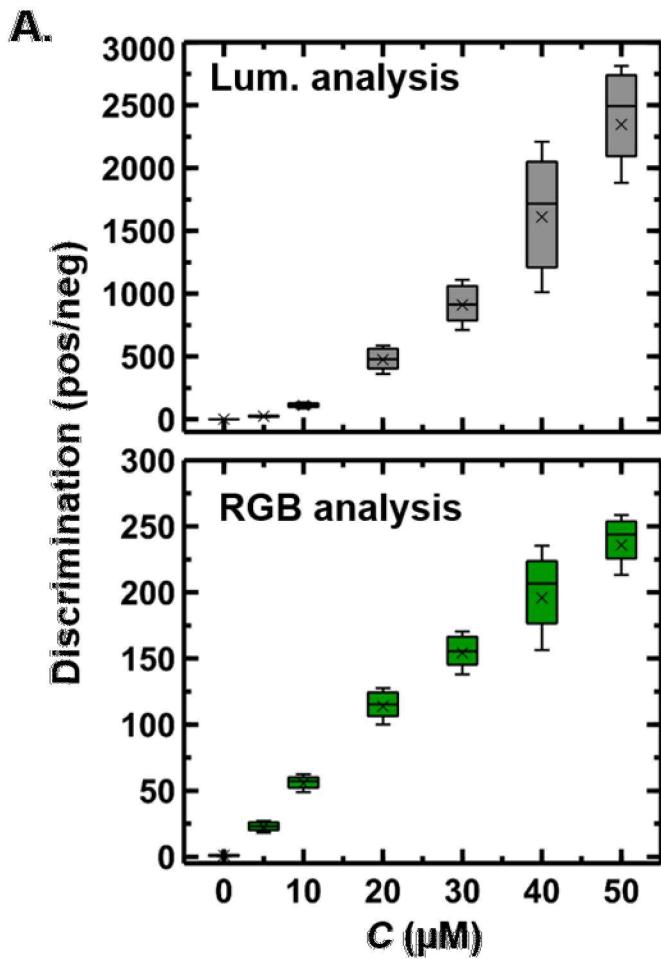


ZIKV detection in clinical sample matrices (intact virus, no extraction)

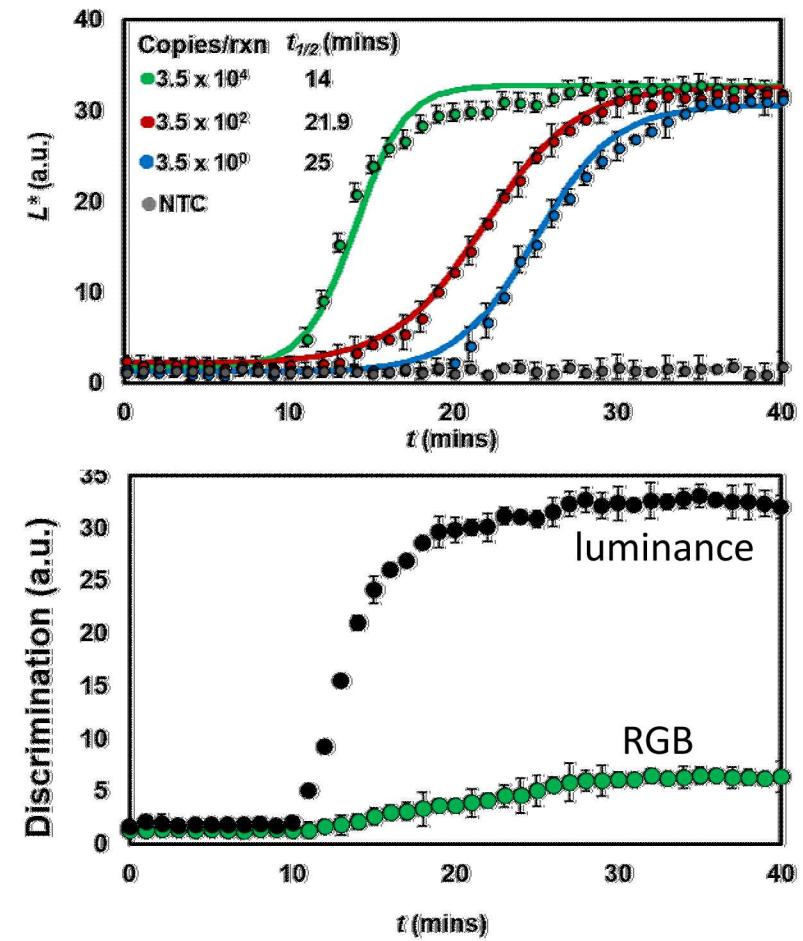


# Chromaticity transformation improves LAMP signal-to-noise with smartphone

Comparison of signal strength and noise for QUASR images indicates luminance enhances positive/negative discrimination



Real-time LAMP on smart phone (*N. gonorrhoea* DNA)



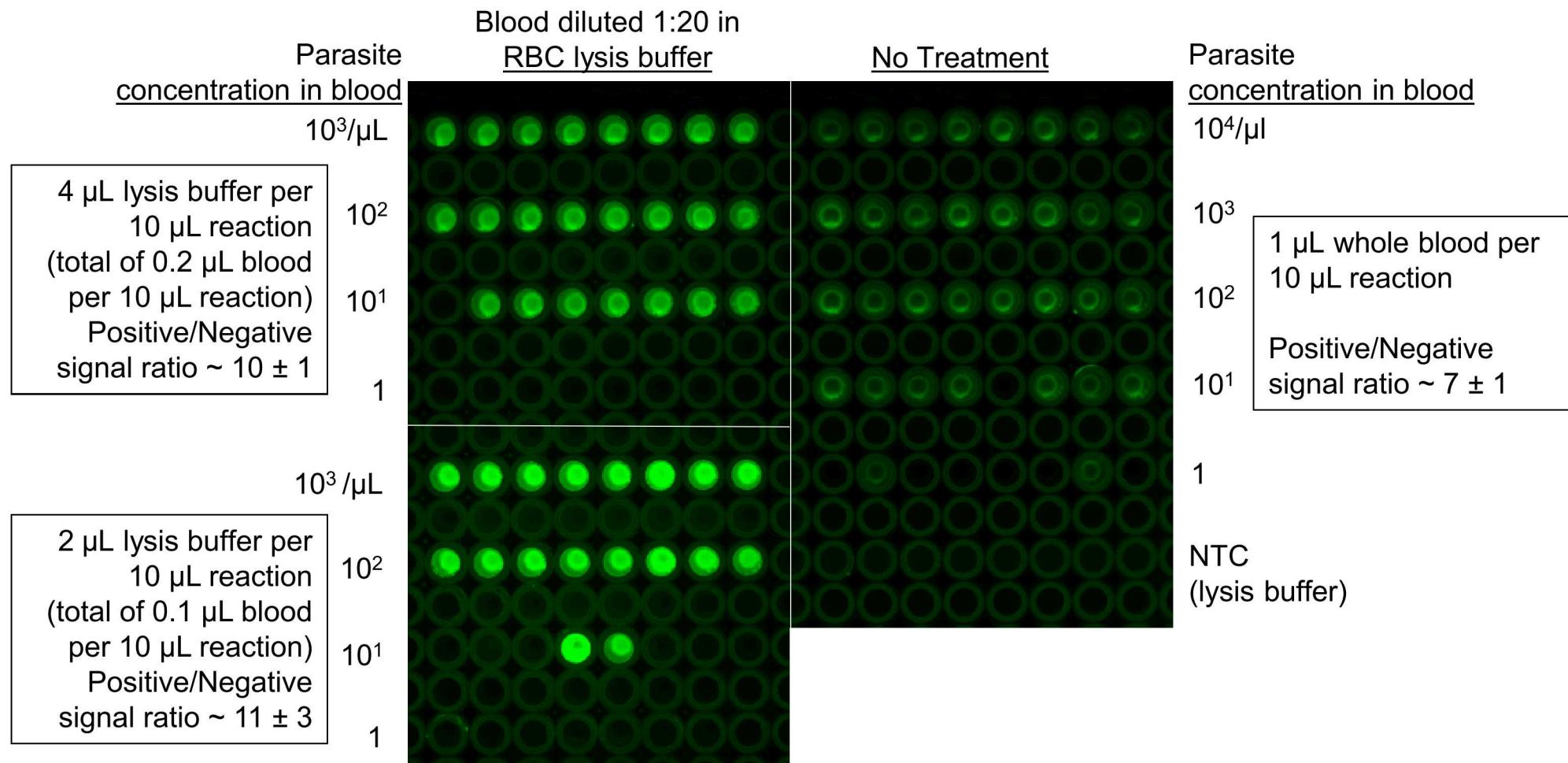
# Sample prep is a major challenge (or opportunity for simplification)

- For PCR, usually sample prep = DNA/RNA extraction
  - Serves to release DNA/RNA from the confines of cell or virus particles, remove inhibitory substances, and (in some cases) concentrate DNA/RNA
  - Usually some variation upon lyse / bind / wash / elute
  - Losses of DNA/RNA can occur at each of these steps!
  - Silica or charge-based; spin columns, vacuum columns/plates, magnetic beads
  - Usually requires multiple reagent additions
  - Can be a major source of variability, particularly when performed "manually"
- Several demonstrations of adapting the lyse / bind / wash / elute paradigm to easier, field-deployable format

# Sample prep without bind/wash/elute

- Boiling or detergent lysis
- Or no sample prep at all (dilution)
- Many isothermal amplification techniques, and even PCR with novel variants of enzymes, can tolerate inhibitory substances such as blood
  - *Bst* DNA polymerase used in LAMP is known for its tolerance of crude samples
- Many pathogens spontaneously “lyse” at temperature of LAMP, meaning a separate lysis step is not always required.
- We have tried to leverage these characteristics to try to “eliminate” sample prep
  - Tradeoff is simplicity, vs. limited sample input (typically max 10% of sample matrix is tolerated, with some reduced performance), and no concentration of DNA/RNA
  - Will not be applicable to the most dilute pathogens!

# “No Sample Prep” for *P. falciparum* parasites in blood

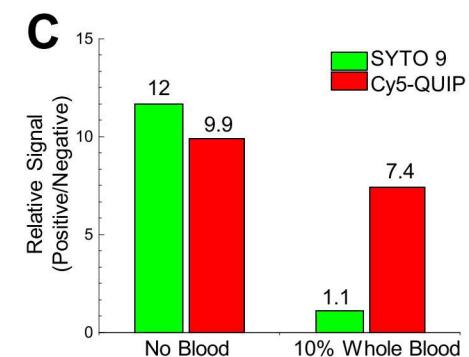
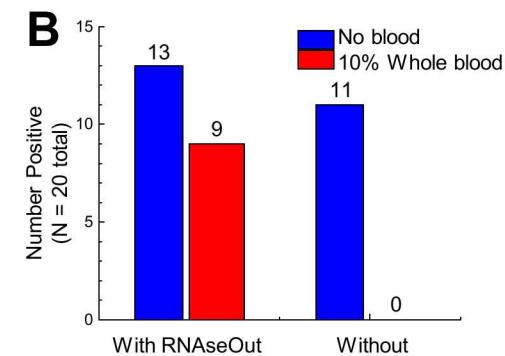
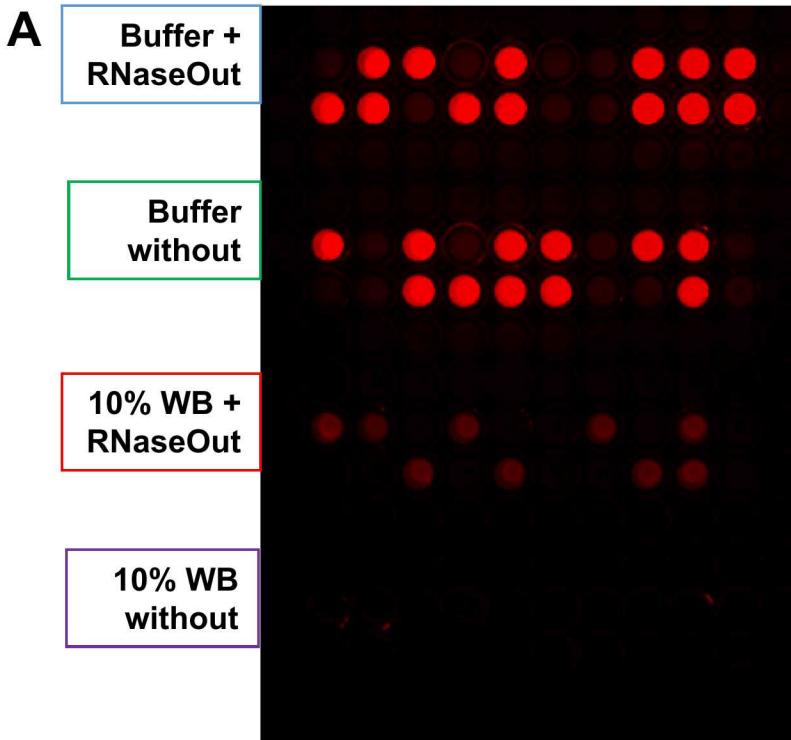


No Treatment: 1ul of whole blood sample

RBC lysis buffer : 1:20 diluted, 2 or 4ul added to rxn (so sampling 0.1 or 0.2  $\mu\text{L}$  per reaction)

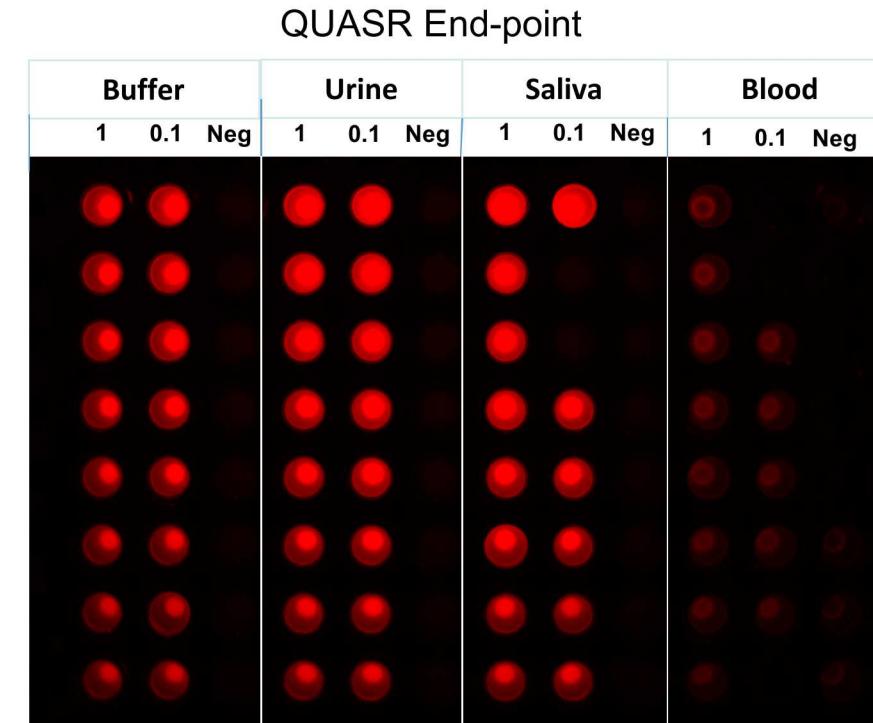
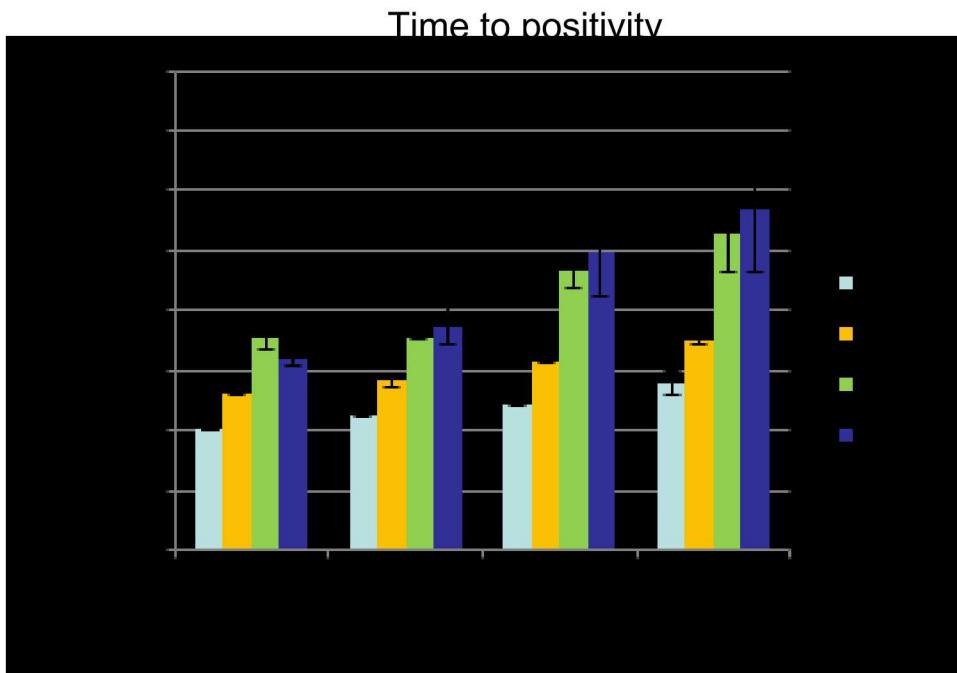
BIP-Cy3, 500ms exposure

# Addition of RNase Inhibitor enables detection of Ebola RNA from whole blood



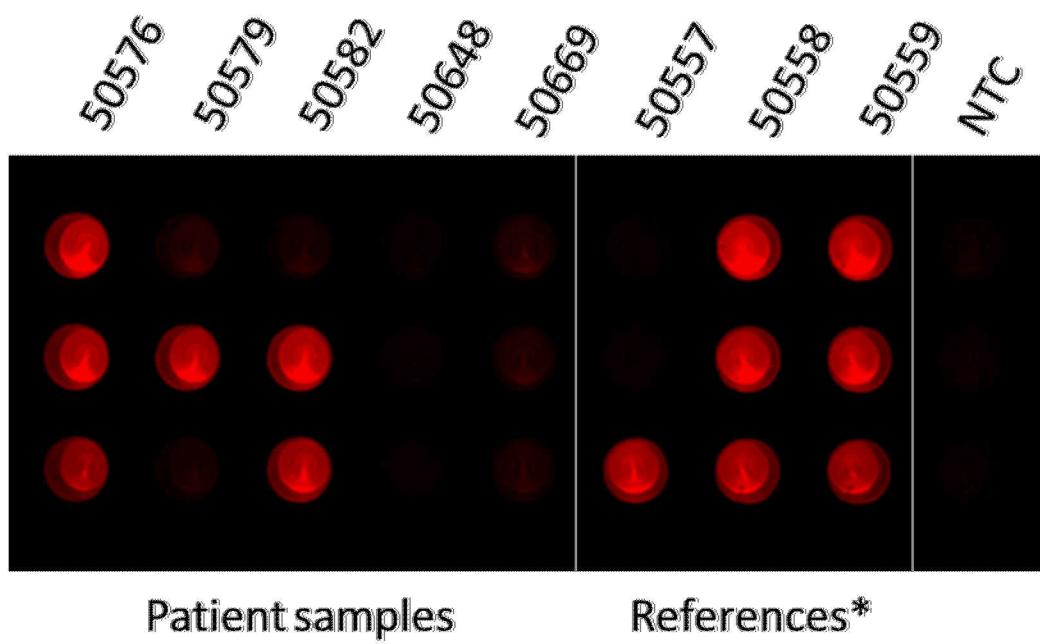
# Zika RT-LAMP in clinical matrices

- Intact Zika virus spiked directly into human blood, saliva, or urine
- Spiked samples added (1/10 dilution) into dry LAMP mix (no lysis or RNA extraction)
- Performance in urine most similar to buffer.
- Reactions slow down somewhat in saliva and blood, slight dropoff in rate of positive detection at 0.1 PFU

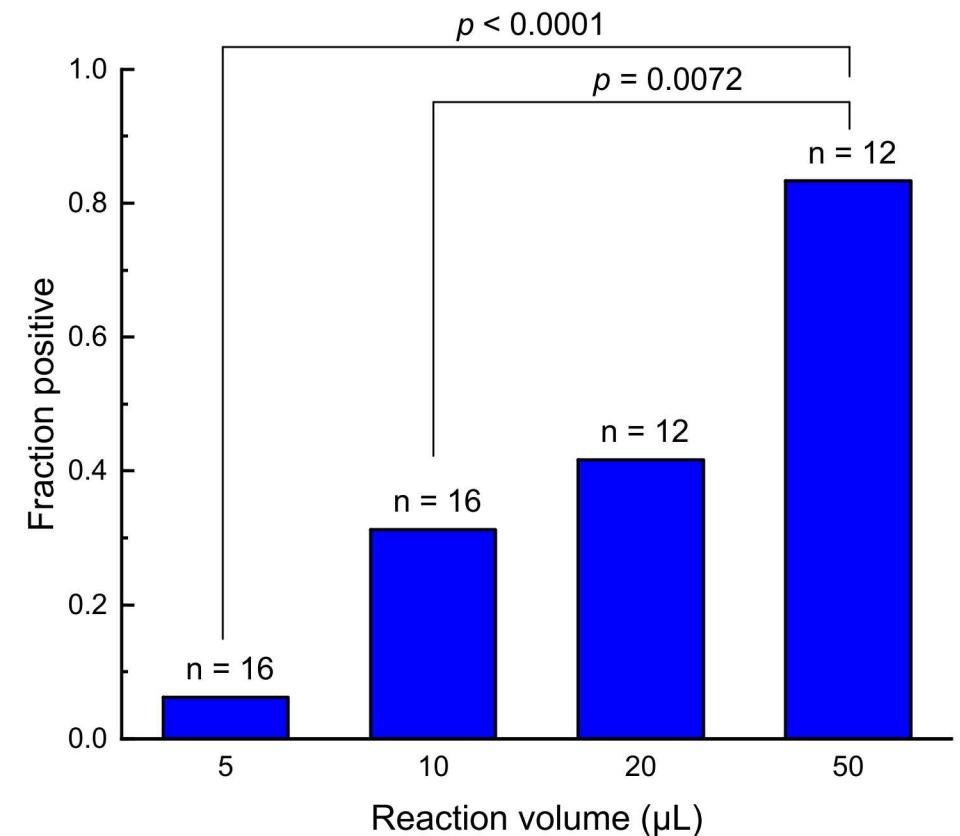


# When target concentration is low, scale up reactions.

A. ZIKV patient sera analyzed by QUASR.  
Only one positive when using 10  $\mu$ L reactions  
(1  $\mu$ L serum), but better success using 50  $\mu$ L  
reactions (5  $\mu$ L serum per reaction)



B. Scaling QUASR reaction volume at constant *ratio* of sample to total volume increases probability of detection (target = WNV)



# Conclusions & Future Work

- “False positives” and background amplification are an issue with LAMP
  - Potential to mitigate through improved assay chemistry and better understanding of LAMP chemistry and primer design
- QUASR modification to LAMP helps satisfy requirements for a point-of-care diagnostic
  - Many published LAMP primer sets can be improved with simple changes
- Simplified approaches to sample prep and instrumentation combined with improvements to chemistry may enable LAMP to move to a field-deployable technique
- LAMP is one of several isothermal techniques with desirable characteristics
- Meanwhile the limitations of qPCR continue to be addressed, and untargeted approaches including sequencing continue to become easier too.

Contact: Robert Meagher, [rmeaghe@sandia.gov](mailto:rmeaghe@sandia.gov)