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# Simulating Smoking Behaviors Based on Cognition-Determined, Opinion-Based System Dynamics

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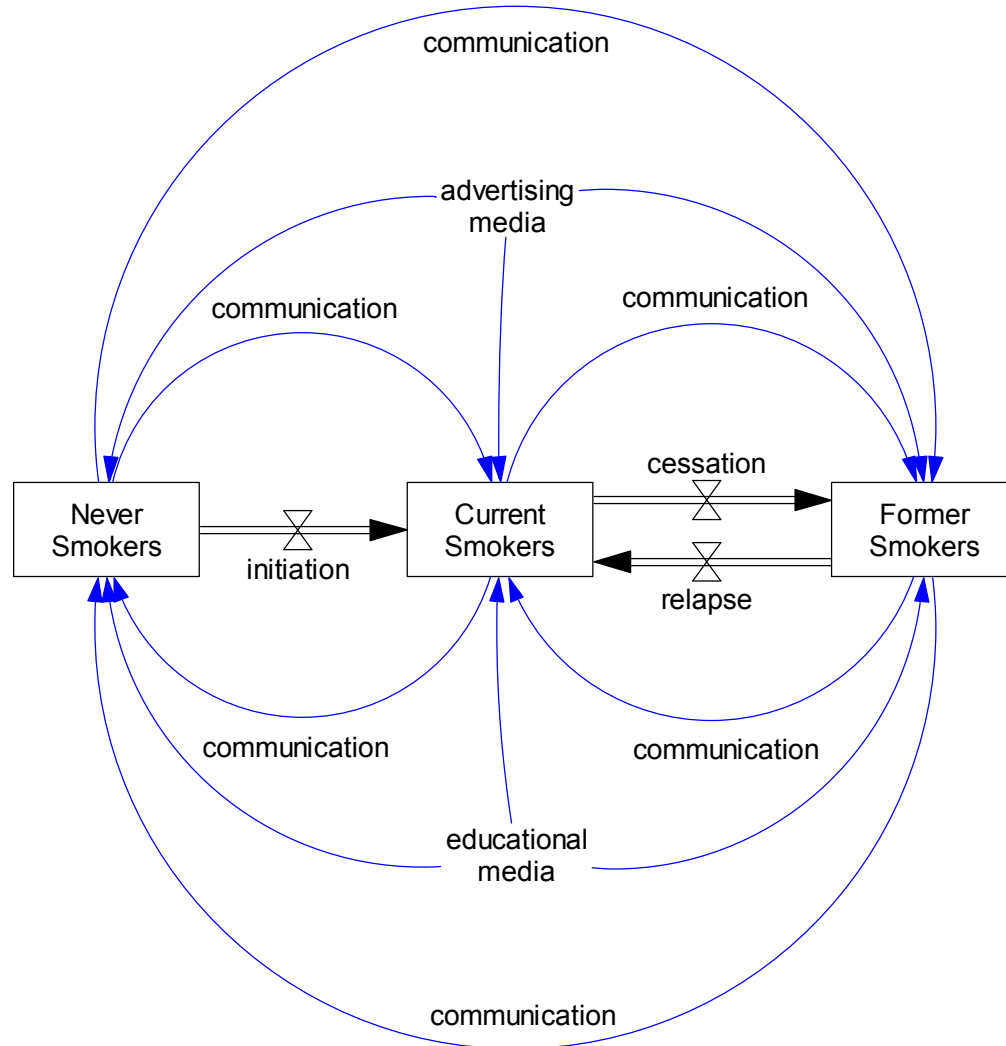


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# Simulating Smoking Behavior

- Existing work simulating smoking behaviors with opinion dynamics models
- Wanted to include details of cognition in determining how opinions change over time
  - Root causes of behaviors of interest
  - Beliefs, attitudes, intentions, affect, etc.
- Used Behavior Influence Assessment
  - Hybrid cognitive-system dynamics framework

# Basic Model Structure



# Behavioral Influence Assessment

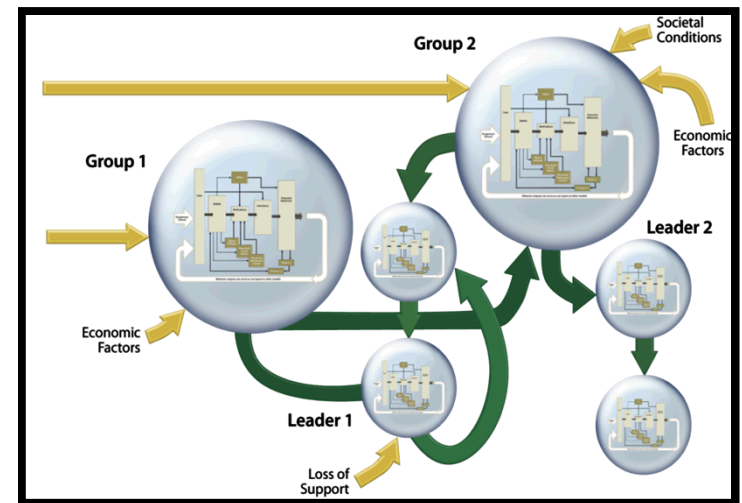
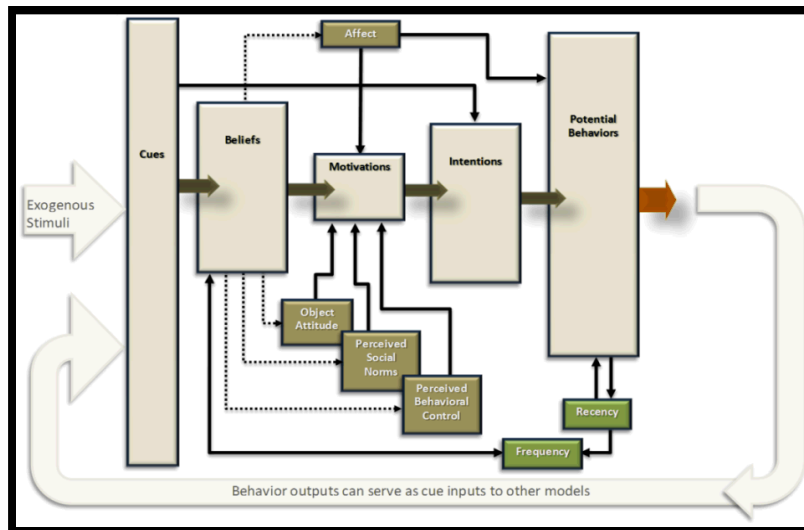
- In our application areas **human behavior** is important
  - Difficult to understand and model
  - SMEs, mental models are limited
  - Limited data, theory is useful but can't predict
- Goal: Build the best models possible, incorporating both physical and human components
  - Emphasize uncertainty

# Behavioral Influence Assessment

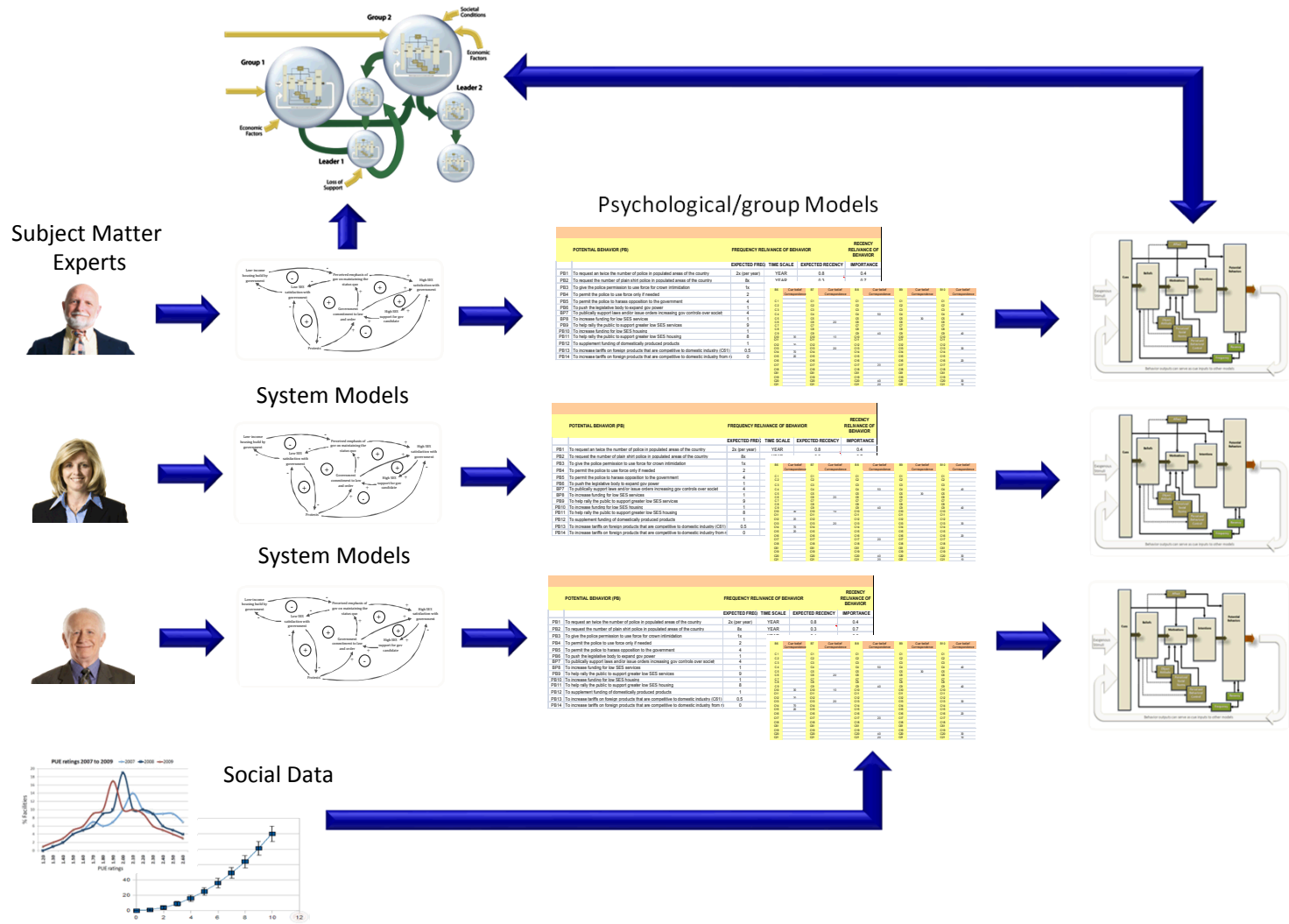
- Behavioral modeling technique developed at Sandia National Laboratories
- Used to improve understanding of the human dimension in order to better anticipate behaviors in response to potential events
- Theory domains: psychological, economic, social, historical, anthropological
- Theories and structure are expressed using system dynamics (approximation of differential equations)
- Previous applications to political systems

# Behavioral Influence Assessment (BIA)

- Hybrid cognitive-system dynamics modeling architecture
- Uses observations, decision theories, data, and SME input to construct/parameterize equations
- System dynamics modeling represents interactions, incorporating both endogenous and exogenous variables

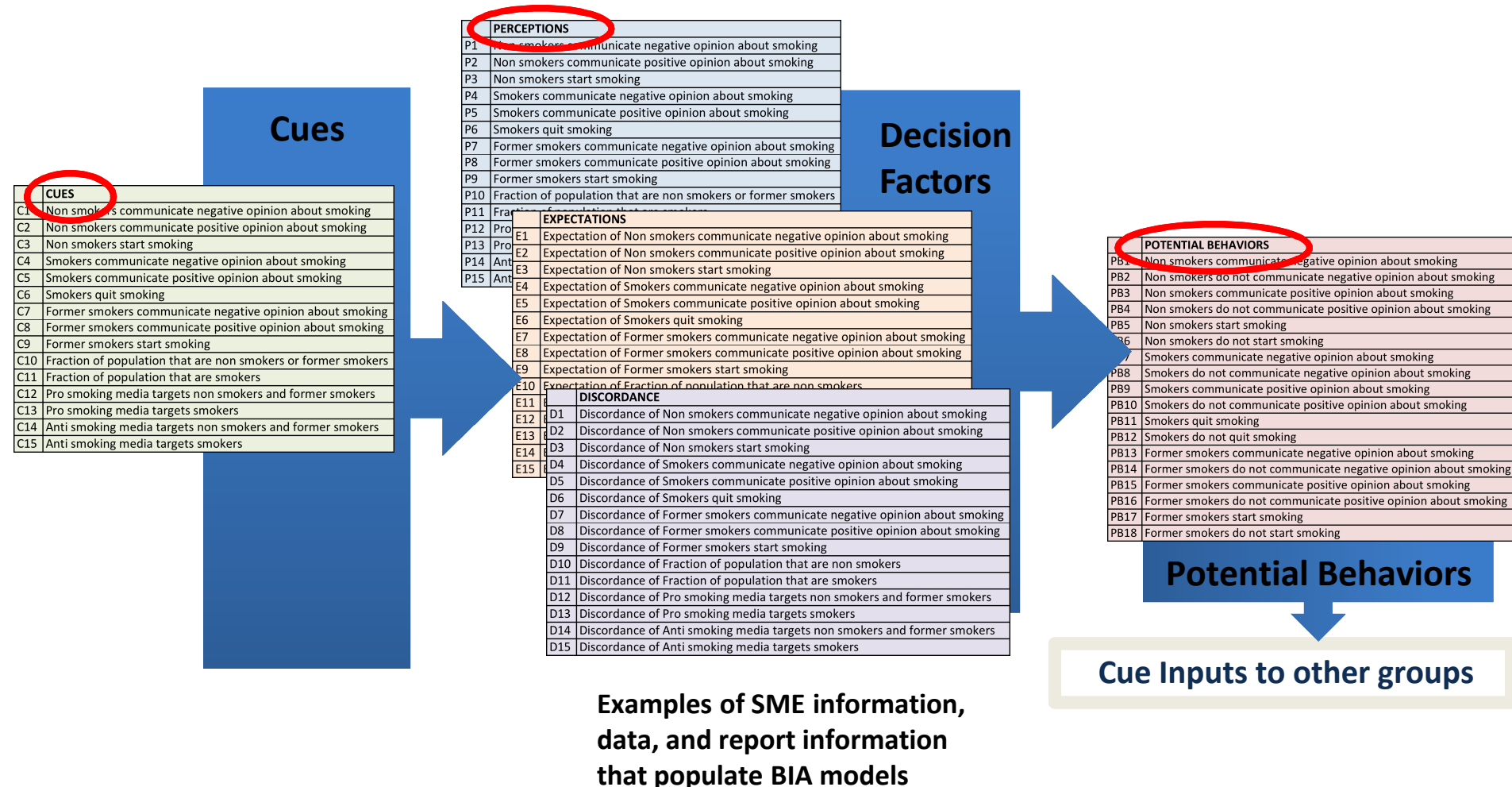


# Populating Psychosocial Theoretical Models



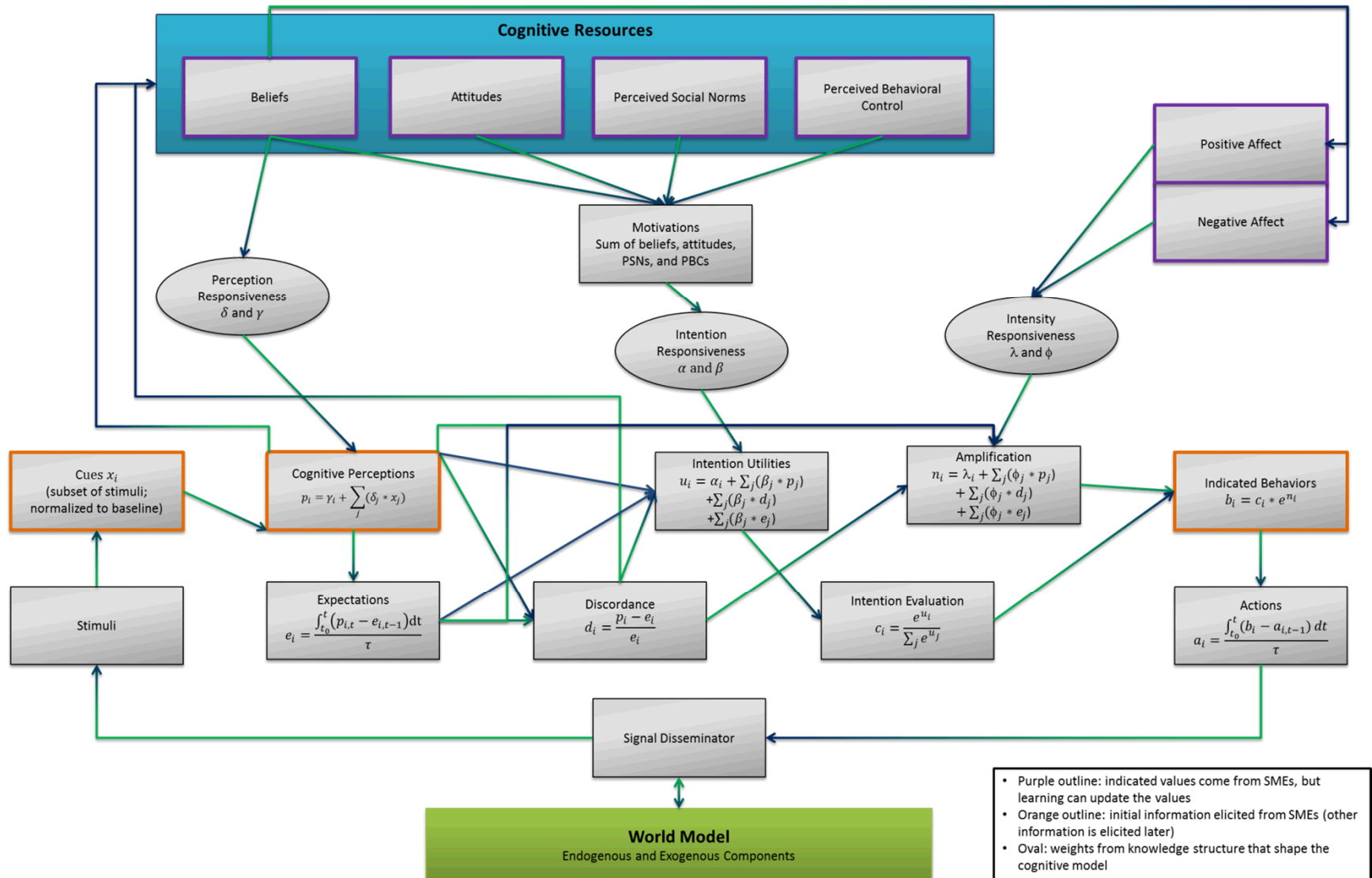
# Create Psychosocial Structure

## Information Underlying BIA Models

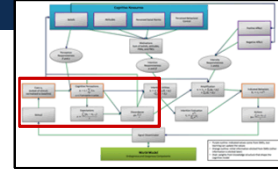




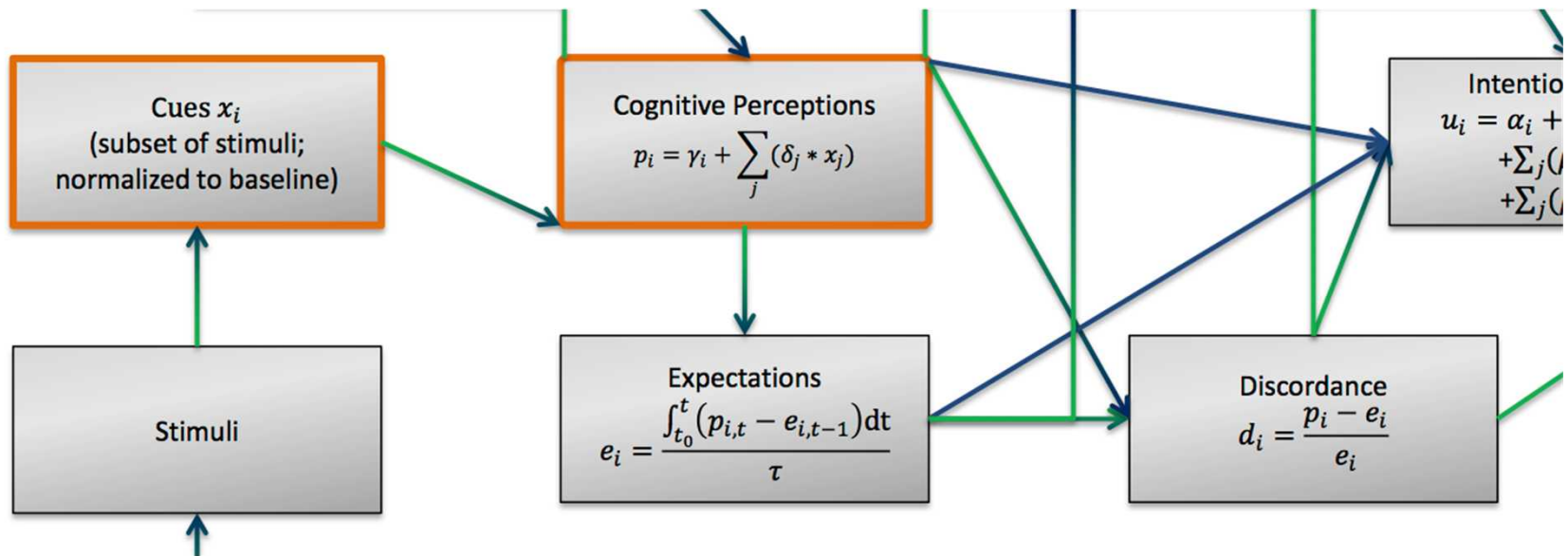
# Behavioral Influence Assessment - Cognition



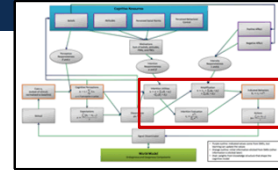
# Cognitive Model



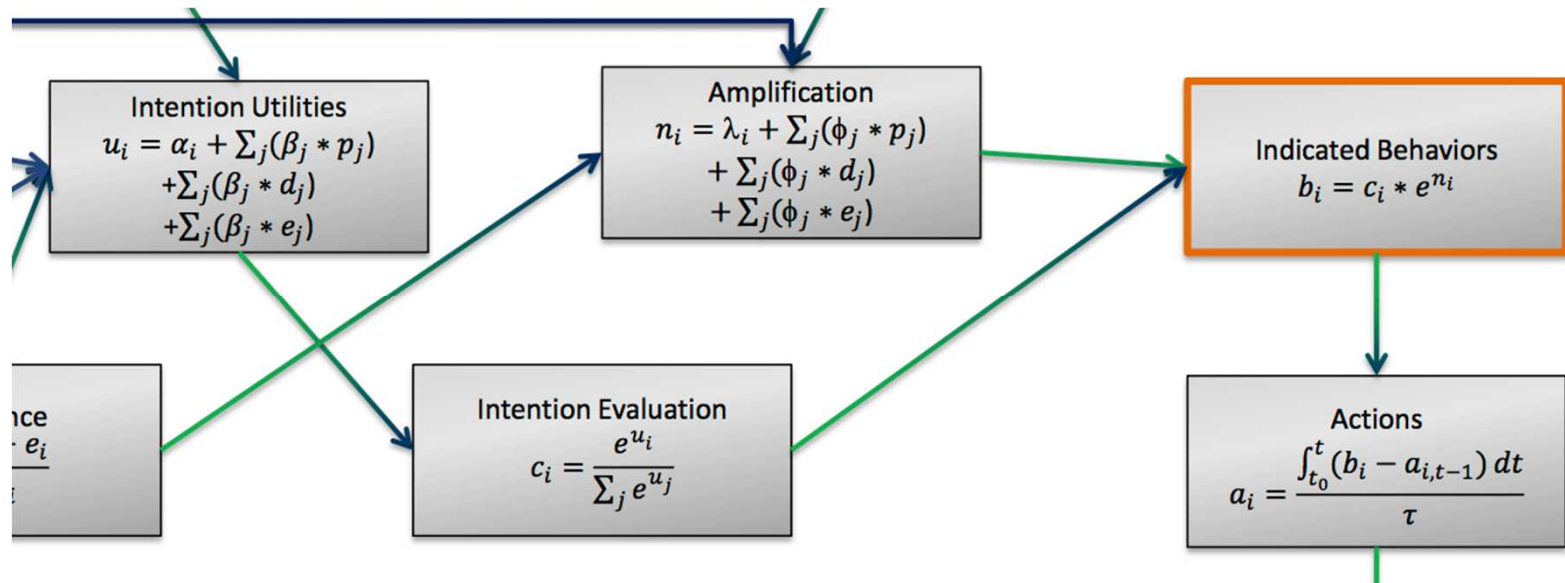
- **Cues:** Physical realization of world conditions or human action
- **Cognitive perceptions:** Interpretation of cues
- **Expectations:** Memory of status quo or anticipation of future conditions
- **Discordance:** Difference between perceptions and expectations



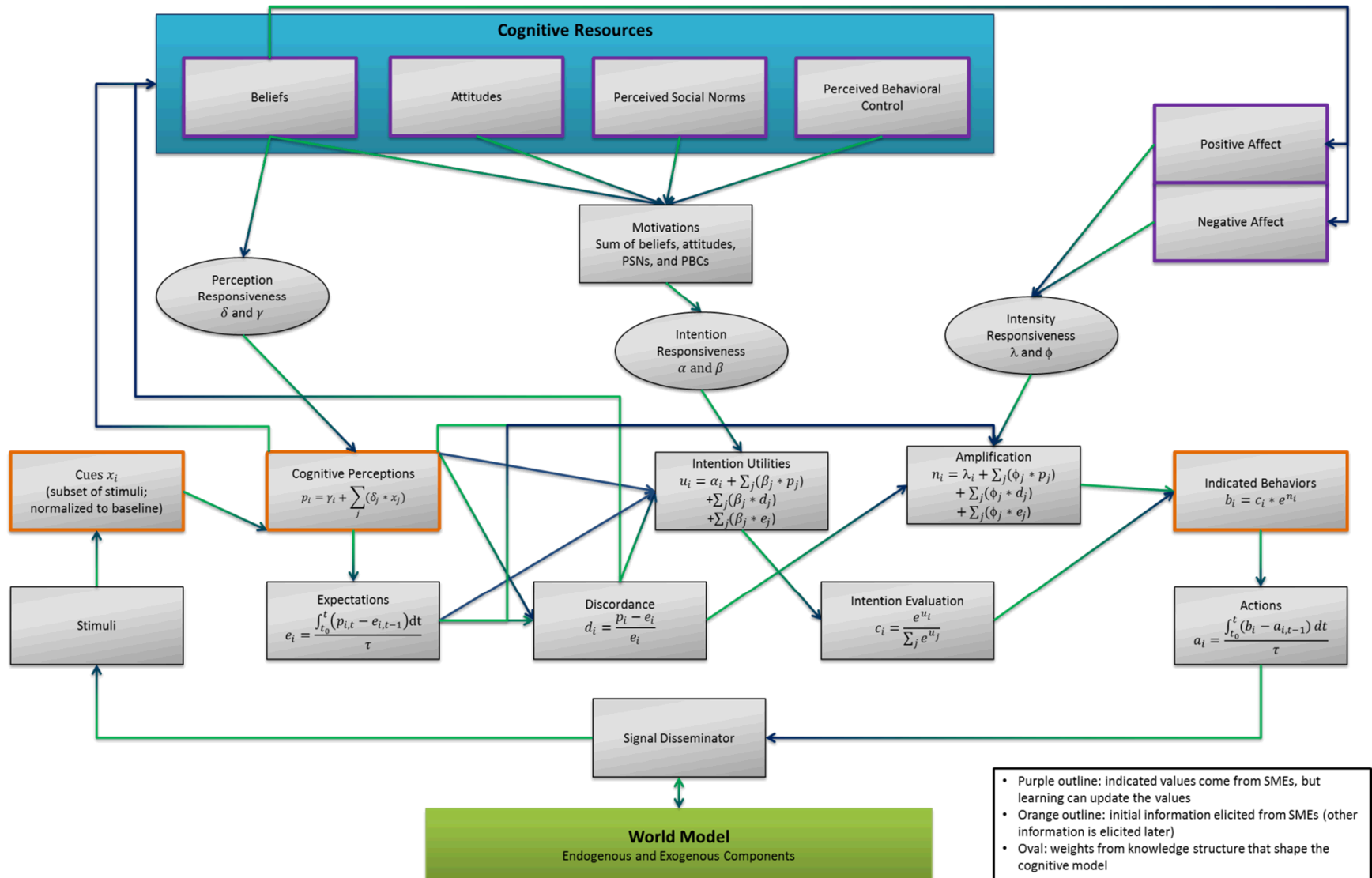
# Cognitive Model



- **Intention Utilities:** Perceived benefit of taking an action
- **Intention Evaluation:** Choice of action, based on Qualitative Choice Theory
- **Amplification:** Emotional or other intensification of intention
- **Indicated Behaviors:** Based on choice and amplification
- **Actions:** Physical realization of behaviors



# Behavioral Influence Assessment

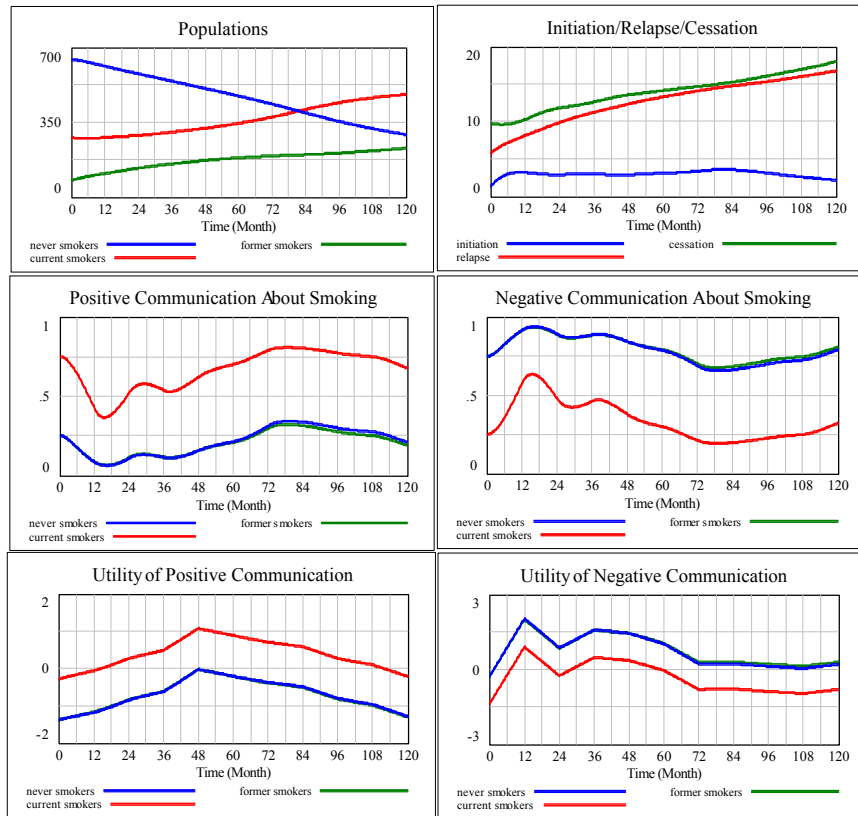


# Linking Perceptions to Behaviors

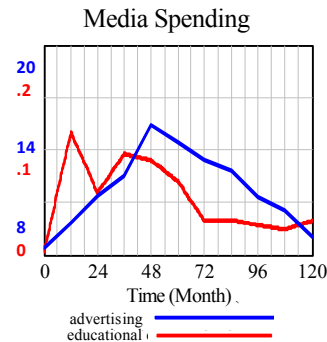
Potential Behaviors	Never smokers communicate negative opinion about smoking	Never smokers do not communicate negative opinion about smoking	Never smokers communicate positive opinion about smoking	Never smokers do not communicate positive opinion about smoking	Never smokers start smoking	Never smokers do not start smoking	Current Smokers communicate negative opinion about smoking	Current Smokers do not communicate negative opinion about smoking	Current Smokers communicate positive opinion about smoking	Current Smokers do not communicate positive opinion about smoking	Current Smokers quit smoking	Current Smokers do not quit smoking	Former smokers communicate negative opinion about smoking	Former smokers do not communicate negative opinion about smoking	Former smokers communicate positive opinion about smoking	Former smokers do not communicate positive opinion about smoking	Former smokers start smoking	Former smokers do not start smoking
Never smokers communicate negative opinion about smoking	0.50	0	0	0	0	0	0.25	0	0	0	0	0	0	0	0	0.02	0	0
Never smokers do not communicate negative opinion about smoking	0	0.50	0	0	0.25	0	0	0	0	0	0	0	0.20	0	0	0	0	0
Never smokers communicate positive opinion about smoking	0	0.50	0	0	0.25	0	0	0	0	0	0	0	0.20	0	0	0	0	0
Never smokers do not communicate positive opinion about smoking	0.50	0	0	0	0	0	0.25	0	0	0	0	0	0	0	0	0.02	0	0
Never smokers start smoking	0.000	6.00	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Never smokers do not start smoking	0.50	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Current Smokers communicate negative opinion about smoking	0.05	0	0	0	0	0	0.05	0	0	0	0	0	0	0	0	0	0.02	0
Current Smokers do not communicate negative opinion about smoking	0	0.50	0	0	0	0	0	0.05	0	0	0	0	0	0.20	0	0	0	0
Current Smokers communicate positive opinion about smoking	0	0.50	0	0	0	0	0	0.05	0	0	0	0	0	0.20	0	0	0	0
Current Smokers do not communicate positive opinion about smoking	0.05	0	0	0	0	0	0.05	0	0	0	0	0	0	0	0	0	0.02	0
Current Smokers quit smoking	0	0	0	3.00	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Current Smokers do not quit smoking	0	0	0	0	0.50	0	0	0	0	0	0	0	0	0	0	0	0	0
Former smokers communicate negative opinion about smoking	0.05	0	0	0.10	0	0	0	0	0	0	0	0	0	0	0	0.02	0	0
Former smokers do not communicate negative opinion about smoking	0	0.50	0	0	0.10	0	0	0	0	0	0	0	0	0.20	0	0	0	0
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Former smokers do not communicate positive opinion about smoking	0	0	0	0.10	0	0	0	0	0	0	0	0	0	0	0	0.02	0	0
Former smokers start smoking	0	0	0	0	0	0	0	1.00	0	0	0	0	0	0	0	0	0	0
Former smokers do not start smoking	0	0	0	0	0	0	0.50	0	0	0	0	0	0	0	0	0	0	0

# Illustrative Model Results

## Base Case



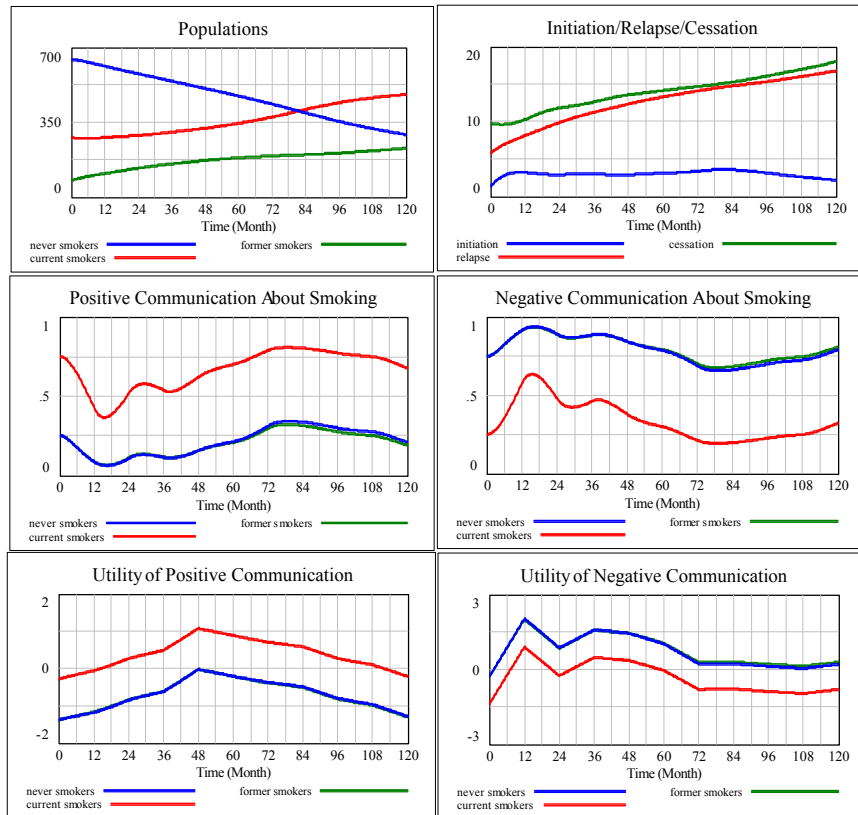
- Simple model
  - Static population of 1000
- Base case uses historical spending (1999-2009\*) on advertising and educational campaigns to approximate media spending
- Other cases use multiplier on media
  - Kicks in at 24 months
- Initiation/relapse/success depend on opinions
  - Opinions depend on communication with others and with media
- Initial calibration shown – can be improved



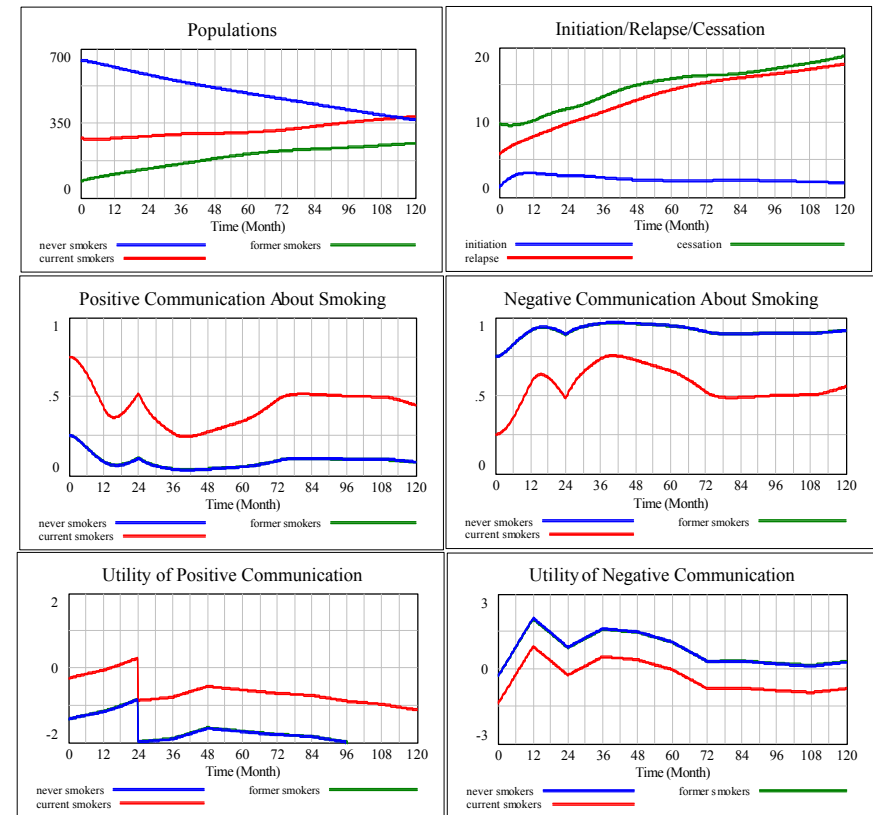
\* Note that historical advertising spending is substantially higher than educational spending

# Illustrative Model Results

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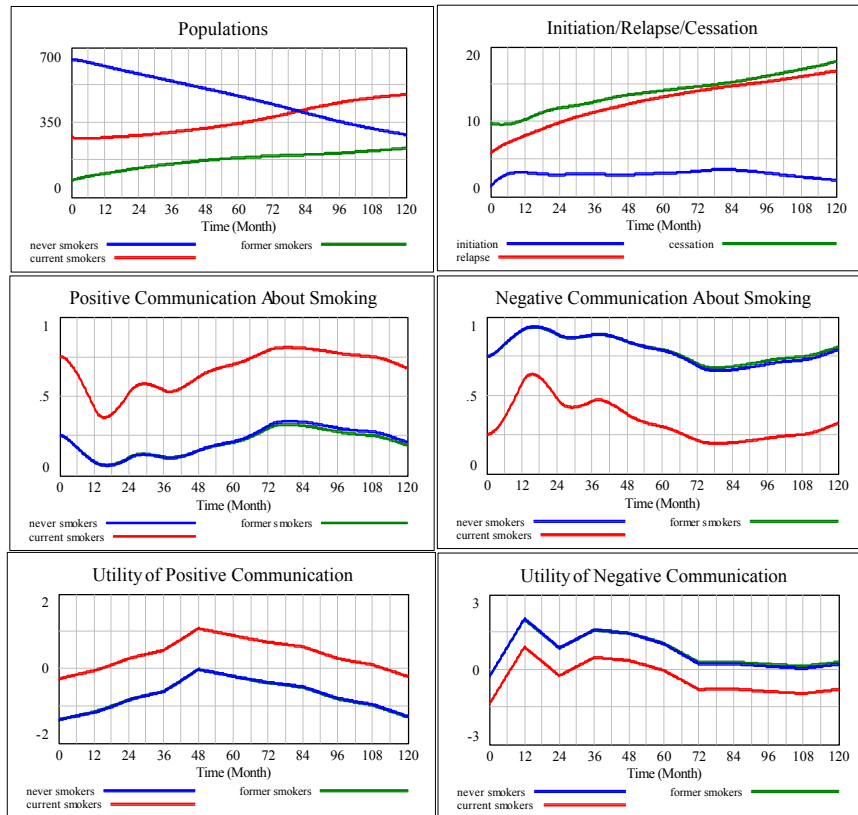
## Advertising Spending Cut in Half



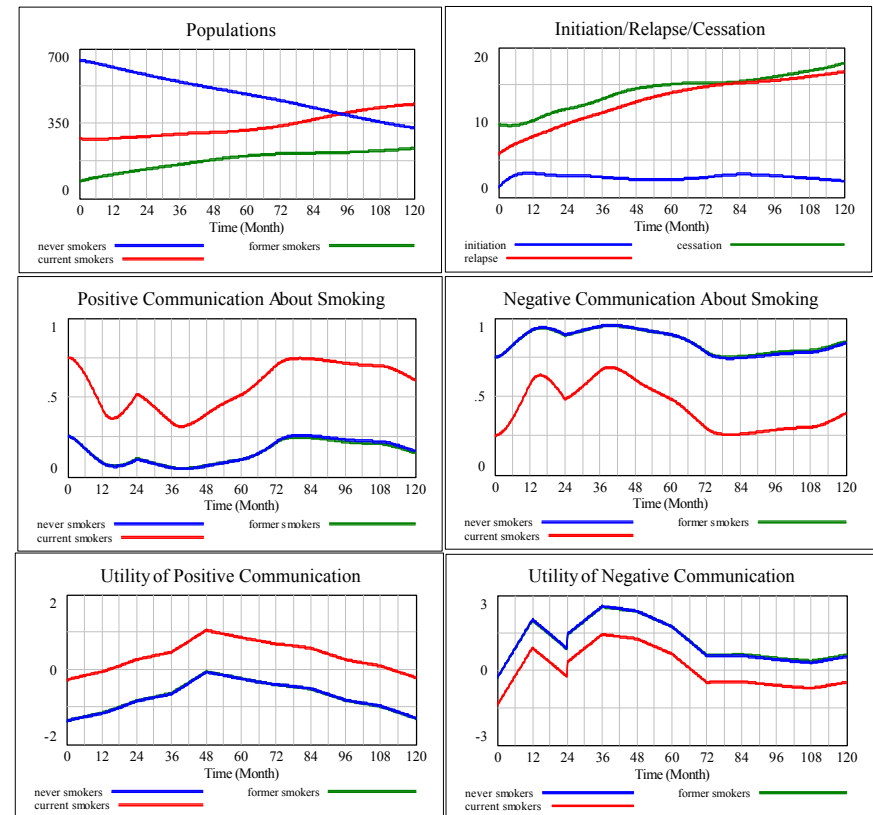
↑  
spending changes at month 24

# Illustrative Model Results

## Base Case



## Educational Spending Increased by Half



↑  
↑  
spending changes at month 24



# Conclusions

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- Able to look at efficacy of policies for altering behavior
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- Potential for BIA and opinion dynamics models to be used to validate each other