



23 **Abstract**

24 Biosolids containing per- and polyfluoroalkyl substances (PFAS) could contaminate the  
25 receiving environments once they are land applied. In this study, we evaluated the feasibility of  
26 controlling the bioavailability of PFAS in biosolids to timothy-grass through stabilization or  
27 mobilization approaches. Stabilization was accomplished by adding a sorbent (i.e. granular  
28 activated carbon (GAC), RemBind, biochar) to biosolids, while mobilization was achieved by  
29 adding a surfactant, sodium dodecyl sulphate (SDS), to biosolids. The results showed that the  
30  $\Sigma$ PFAS concentration in grass shoots grown in biosolids amended soil treated by GAC or  
31 RemBind at 2% was only 2.77% and 3.35% of the  $\Sigma$ PFAS concentration detected in shoots  
32 grown in biosolids amended soil without a sorbent, respectively, indicating the effectiveness of  
33 GAC and RemBind for stabilizing PFAS and reduce their bioavailability. On the other hand,  
34 mobilization by adding SDS to biosolids at a dose range of 10 – 100 mg/kg significantly  
35 increased the plant uptake of  $\Sigma$ PFAS by 15.48% - 108.57%. Thus, mobilization by adding SDS  
36 could be a valuable approach for enhancing the PFAS removal if phytoremediation is applied.  
37 Moreover, higher rate of PFAS uptake took place after grass cutting was observed in this study.  
38 Thus, proper mowing and regrowth of timothy-grass could lead to efficient and cost-effective  
39 removal of PFAS from biosolids amended soil through phytoremediation and leave the site clean  
40 to be used for other purposes.

41

42 **Keywords:** Per- and polyfluoroalkyl substances (PFAS); timothy-grass; stabilization; sorbent;  
43 mobilization.

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46

## 47 **Introduction**

48 Per- and polyfluoroalkyl substances (PFAS) have been used in food packaging materials,  
49 household items, stain-resistant furniture, nonstick cookware, outdoor gear, firefighting foam, etc.  
50 worldwide due to their water/oil repelling property and recalcitrant nature (Glüge et al., 2020;  
51 Meegoda et al., 2020). The broad applications of PFAS lead to their detection in municipal  
52 wastewater (Brusseau et al., 2020; Lenka et al., 2021). Unfortunately, the conventional physical,  
53 chemical and biological processes for wastewater treatment are found to be ineffective to remove  
54 or degrade PFAS, resulting in PFAS discharge in the effluent and accumulation in sewage sludge  
55 (Coggan et al., 2019; Sinclair and Kannan, 2006). For example, 14 perfluoroalkyl acids (PFAAs)  
56 with the number of carbons ranging from 3 to 14 were detected in the sewage sludge collected  
57 from 25 wastewater plants (WWTPs) in Shanghai, China, at concentrations up to 809 µg/kg  
58 (Yan et al., 2012). Another investigation showed that the concentrations of total perfluorinated  
59 carboxylic acids (PFCAs) and total perfluoroalkane sulfonic acids (PFSAs) in sewage sludge  
60 collected from 45 WWTPs in Switzerland were up to 233 µg/kg and 2,314 µg/kg, respectively  
61 (Alder and van der Voet, 2015). In the Czech Republic, 32 PFAS were detected in the sewage  
62 sludge from 43 WWTPs and the total PFAS concentrations ranged from 5.6 to 963.2 µg/kg  
63 (Semerád et al., 2020). If the screening levels (PFOA= 2.5 µg/kg and PFOS = 5.2 µg/kg), set by  
64 the state of Maine in the U.S. for soil beneficial use (Maine-DEP, 2021), become widely adopted,  
65 then most of the sludges generated worldwide may not be permitted for land application.

66 Sewage sludge can be turned to Class A or B biosolids and land-applied once it goes  
67 through certain type of pretreatment. Reports have shown that around 60% of biosolids in the  
68 U.S, mainly Class B biosolids, were land applied in the pass decades (Lu et al., 2012; Pepper et  
69 al., 2008; Robinson et al., 2012). According to U.S. EPA 40 CFR (Code of Federal Regulations)

70 Part 503, Standards for the Use or Disposal of Sewage Sludge, the recommended pretreatment  
71 technologies include composting, heat treatment, lime stabilization, and aerobic/anaerobic  
72 digestion (AD) (Peccia and Westerhoff, 2015; Wang et al., 2018). Unfortunately, these treatment  
73 techniques were not able to remove PFAS effectively. For example, Lakshminarasimman et al.  
74 (2021) found increasing  $\Sigma$ PFAS-F mass after treating sewage sludge through pelletization and  
75 alkaline stabilization. Li et al. (2021) noticed significantly higher concentrations of short-chain  
76 PFAAs (PFCAs: C < 8; PFSAAs: C < 6) in sewage sludge after AD, indicating the transformation  
77 of PFAS precursors to more stable PFAAs. Thermal treatment (e.g., the CambiTHP process) and  
78 ultrasonication at 20 kHz were also reported to be ineffective to decrease PFAS concentrations in  
79 sewage sludge (Zhang and Liang, 2021a; Zhang et al., 2022b). Similarly, higher concentrations  
80 of some PFAAs after the thermal and ultrasonication treatments were observed, possibly due to  
81 conversion of PFAS precursors and desorption of PFAS from sewage sludge particles. Given the  
82 ubiquitous detection of PFAS in sewage sludge and biosolids, land application of these materials  
83 inevitably leads to contamination of the receiving environment. Although U.S. EPA does not  
84 have regulations regarding PFAS in biosolids for land application, regulatory actions are in  
85 progress. Current, the Maine Department of Environmental Protection (DEP) requires PFAS  
86 testing of all sludge material licensed for land application and the screening levels of PFBS,  
87 PFOS, and PFOA in solid waste for beneficial use, including sludge and biosolids, are 1,900  
88  $\mu\text{g}/\text{kg}$ , 5.2  $\mu\text{g}/\text{kg}$ , and 2.5  $\mu\text{g}/\text{kg}$ , respectively. It is known that plants can uptake and accumulate  
89 PFAS in roots and shoots, which then obviously leads to contamination of the food chain.  
90 (Costello and Lee, 2020; Ghisi et al., 2019; Lesmeister et al., 2021). Thus, it is urgent to identify  
91 approaches that can decrease bioavailability of PFAS in biosolids amended to soil.

92 Immobilization/stabilization approach that strives to hold pollutants in their original  
93 environment while restricts their transport to the surrounding locations has been demonstrated to  
94 be effective for remediating PFAS contaminated soil. Biochar, granular activated carbon (GAC),  
95 clay minerals, and some commercial products such as RemBind<sup>®</sup> and FLUORO-SORB<sup>®</sup> have  
96 been tested as sorbents to stabilize PFAS in soil and showed promising performance (Askeland  
97 et al., 2020; Hale et al., 2017; Hearon et al., 2021; Kabiri and McLaughlin, 2021; Lath et al.,  
98 2018; McDonough et al., 2021; Silvani et al., 2019; Sorengard et al., 2019; Sörengård et al., 2019;  
99 Zhang and Liang, 2022). The mechanisms of the enhanced sorption between PFAS and chosen  
100 sorbents during stabilization process include electrostatic attraction, hydrophobic interaction,  
101 surface complexation, hydrogen-bonding and physical entrapment (Alves et al., 2020; Xiao et al.,  
102 2011; Zhao et al., 2014; Zhu et al., 2021). Different from soil that is mainly composed of abiotic  
103 and inorganic materials, biosolids formed from biological wastewater treatment contain higher  
104 concentration of biotic and organic materials (Collivignarelli et al., 2019). It is unknown at this  
105 stage whether PFAS in biosolids can be stabilized by a sorbent.

106 Opposite to stabilization, a mobilization approach could be used to remove PFAS from  
107 soil though plant uptake (i.e., phytoremediation). Phytoremediation aims to use plants to extract  
108 and remove pollutants in the contaminated environments. Previously, we have demonstrated the  
109 feasibility of utilizing plants including *Juncus effusus* (soft rush), *Typha latifolia* (cattail), *Carex*  
110 *comosa* (longhair sedge), and *Lemna minor* (duckweed) to reduce PFAS concentrations in  
111 contaminated water and soil (Cao et al., 2020; Zhang et al., 2019a; Zhang et al., 2021b; Zhang et  
112 al., 2020; Zhang and Liang, 2021b; Zhang et al., 2019b). The PFAS removal by plants was found  
113 to be strongly and positively correlated with PFAS' water solubility or hydrophilicity (Zhang et  
114 al., 2021b). Theoretically, the PFAS' water solubility could be affected by the physicochemical

115 properties of PFAS such as carbon chain length, functional groups, and octanol/water partition  
116 coefficient ( $K_{ow}$ ) (Bolan et al., 2021; Sima and Jaffé, 2021; Zhang et al., 2021b). PFAS'  
117 hydrophilicity or apparent solubility could be enhanced by adding a mobilizing reagent, such as  
118 surfactant. In general, anionic surfactants are reported to enhance the solubility of PFAS in water  
119 and decrease PFAS sorption to soil, facilitating the mobilization of PFAS (Bolan et al., 2021;  
120 Guelfo and Higgins, 2013). However, it remains unknown whether adding surfactants to  
121 biosolids could increase the bioavailability of PFAS in biosolids amended soil and enhance the  
122 performance of phytoremediation.

123         To control the environmental and health risks led by PFAS in biosolids amended to soil,  
124 we hypothesized that (1) adding a sorbent to biosolids can decrease plant uptake of PFAS in  
125 biosolids amended soil, while (2) adding a surfactant to biosolids can increase plant uptake of  
126 PFAS. In this study, timothy-grass (*Phleum pratense*) was selected as the model plant. It is an  
127 abundant perennial grass native to Europe and was introduced to North America by early settlers.  
128 Currently, timothy-grass is a major source of hay and cattle fodder (Lacefield et al., 1980).  
129 Previous reports also demonstrated the capability of timothy-grass for phytoremediation of heavy  
130 metal contaminated soil (Balsamo et al., 2015; Jani et al., 2014). To test the hypothesis, the  
131 uptake of PFAS by timothy-grass grown in soil amended by biosolids that was treated by a  
132 sorbent (i.e., biochar, GAC, or RemBind<sup>®</sup>) or an anionic surfactant (i.e., sodium dodecyl  
133 sulphate (SDS) was investigated. The objective of this study was to evaluate the feasibility of  
134 controlling bioavailability of PFAS in the biosolids-soil-grass system through a stabilization or  
135 mobilization approach.

136

## 137 **Materials and methods**

138 *1. Preparation of biosolids amended soil*

139 The chemicals and reagents used in this study were listed in Table S1. The sandy loam  
140 soil used in this study (pH = 7.56) was collected from a local farm in Albany County, New York.  
141 The soil was passed through a 2-mm sieve before use. The contents of natural organic matter and  
142 total organic carbon of the sieved soil were  $4.82 \pm 0.12\%$  and  $2.44 \pm 0.45\%$ , respectively. The  
143 sieved soil was mixed with vermiculite in a 1:1 volume ratio for increasing water retention of the  
144 soil and improving soil aeration. Then, the processed soil for plant cultivation was distributed to  
145 7-quart polypropylene containers (14.375"L x 8.25"W x 6"H, Fig. S1). Each container had 1.3 kg  
146 of dry soil.

147 The biosolids after anaerobic digestion of sludge were collected from a nearby  
148 wastewater treatment plant close to University at Albany. The total solid and total organic carbon  
149 of the biosolids were  $24.16 \pm 0.21\%$  and  $28.64 \pm 0.28\%$ , respectively. Ten PFAS, including  
150 perfluorobutanesulfonic acid (PFBS), perfluorohexanoic acid (PFHxA), undecafluoro-2-methyl-  
151 3-oxahexanoic acid (GenX), perfluoroheptanoic acid (PFHpA), perfluorohexane sulfonate  
152 (PFHxS), perfluorooctanoic acid (PFOA), perfluorononanoic acid (PFNA),  
153 perfluorooctanesulfonic acid (PFOS), perfluorodecanoic acid (PFDA), and perfluoroundecanoic  
154 acid (PFUnA), were added to and homogenized with the biosolids, reaching the target  
155 concentration of each PFAS at 300  $\mu\text{g}/\text{kg}$  dry biosolids. The mixture was then stored at 4 °C for  
156 7 days. Afterwards, the PFAS spiked biosolids were homogenized with one sorbent (biochar,  
157 GAC, or RemBind) at 0.2 or 2 wet wt.% or a surfactant, SDS, at 10, 50 or 100 mg/kg. The  
158 biochar (Biochar Supreme, LLC, Everson, WA) was derived from forest wood waste and  
159 contained over 85% of organic carbon with a specific surface area of  $\sim 800 \text{ m}^2/\text{g}$ . The size of the  
160 GAC (Alfa Aesar, Ward Hill, MA) ranged from 425  $\mu\text{m}$  to 850  $\mu\text{m}$  with a specific surface area

161 of ~650 m<sup>2</sup>/g. The porosity and density of the GAC were around 0.78 and 2.26 g/cm<sup>3</sup>,  
162 respectively. RemBind was gifted from AquaBlok Ltd as a distributor for RemBind<sup>®</sup> (Australia).  
163 After aging for 7 days, the biosolids with a sorbent or a surfactant were thoroughly mixed with  
164 the prepared soil at a ratio of 0.17 kg biosolids/kg of dry soil. This ratio is equivalent to 5 dry ton  
165 biosolids/acre of soil recommended by US EPA for biosolids land application. Based upon the  
166 TS of the biosolids and the spiked PFAS concentrations, there were 55.56 g of dry biosolids and  
167 16.67 µg of each spiked PFAS in each container with 1.3 kg of dry soil. Two sets of controls  
168 were set up as well: (1) soil amended with the original biosolids without PFAS spiking, sorbents,  
169 or surfactants (non-spiked control); (2) soil amended with PFAS spiked biosolids without any  
170 sorbents or surfactants (spiked control). Three replicates were prepared for each control and  
171 treatment.

## 172 2. *Plant cultivation and analysis*

173 Timothy-grass seeds were purchased from OrOlam LLC (South Miami, FL). One gram of  
174 seeds was sown evenly in each tank containing the prepared biosolids amended soil. Enough  
175 water was then added to each tank to reach 100% of field capacity. The plants were cultivated in  
176 a greenhouse and watered every day. The timothy-grass started germinating on the 5th day after  
177 sowing. On Day-40 after seed germination, the above-ground shoots of the grass in each tank  
178 were cut and rinsed thoroughly using deionized water. Around 1 g of the plant tissues from each  
179 treatment was used for chlorophyll extraction and quantification. The remaining plant shoots  
180 were freeze-dried at -37 °C for 48 h and subject to PFAS extraction and analysis. The plants after  
181 cutting were kept under the same growth condition. On Day-80 after seed germination or day-40  
182 after the first cut, the plant shoots were removed again and subject to chlorophyll and PFAS  
183 analysis. The soil in each tank was then kept under a fume hood for air drying. After 2 weeks, the

184 dried soil was crushed into fine particles and thoroughly homogenized by using a glass rod.

185 Representative soil samples were collected for PFAS analysis.

### 186 3. *Chlorophyll extraction and quantification*

187 On Day-40 and Day-80 after seed germination, 100 mg of fresh grass leaves were  
188 collected and used to quantify chlorophyll content. The leaf tissues were placed in a 15-mL glass  
189 tube with 10 mL of 90% acetone. After 48 hours, the chlorophyll concentration in the solvent  
190 was determined using a UV-Vis spectrophotometer (GENESYS 10S, Thermo Fisher Scientific,  
191 Waltham, MA, USA). The absorbance was read at 664 and 647 nm and used to calculate  
192 chlorophyll a and b and total chlorophyll content according to Equation 1 – 3 (Ritchie, 2006).

$$193 \text{Chl}_a (\text{mg/L}) = 12.72 \text{OD}_{663} - 2.59 \text{OD}_{645} \quad (1)$$

$$194 \text{Chl}_b (\text{mg/L}) = 22.9 \text{OD}_{645} - 4.67 \text{OD}_{663} \quad (2)$$

$$195 \text{Chl}_{total} (\text{mg/L}) = \text{Chl}_a + \text{Chl}_b = 20.31 \text{OD}_{645} + 8.05 \text{OD}_{663} \quad (3)$$

### 196 4. *PFAS extraction and analysis*

197 PFAS in the freeze-dried timothy-grass shoots were extracted by MTBE-NaOH  
198 according to a previously developed method (Zhang et al., 2021b; Zhang et al., 2020; Zhang et  
199 al., 2019b). Before extraction, each sample for extraction was spiked with 10 ng of  $^{13}\text{C}_2$ -PFHxA  
200 as the surrogate for determining the extraction efficiency. EPA method 1312 (Synthetic  
201 Precipitation Leaching Procedure, SPLP) was performed on the biosolids amended soil after  
202 drying to determine the leachability of PFAS. Briefly, 20 mL of  $\text{H}_2\text{SO}_4/\text{HNO}_3$  reagent (60/40  
203 wt./wt.) at pH = 4.2 were added to the soil sample. The soil with the  $\text{H}_2\text{SO}_4/\text{HNO}_3$  reagent was  
204 then vortexed for 30s and shaken on an end over end mixer overnight. After centrifugation at  
205 3,500 g for 30 min, the supernatant was collected and subject to solid phase extraction (SPE)  
206 using HyperSep C18 cartridges (Thermo Scientific, Waltham, MA). The SPLP leachable PFAS

207 on the C18 cartridges were eluted with 2 mL of methanol, followed by 2 mL of 0.1% NH<sub>4</sub>OH  
208 amended methanol. The SPLP leachable PFAS in clean soil without biosolids amendment were  
209 analyzed as well. PFAS in the final plant extracts and SPLP leachates were quantified using a  
210 1290 Infinity II LC system coupled with a 6470 Triple Quad Mass Spectrometer (LC-MS/MS,  
211 Agilent Technologies, Santa Clara, CA, USA). The detailed instrumental setup can be found in  
212 our previous report (Zhang and Liang, 2022).

### 213 5. *Data analysis*

214 The experimental data are presented as means  $\pm$  the standard deviation of three replicates.  
215 One-way analysis of variance and Tukey's test for post hoc comparisons were performed  
216 with IBM SPSS Statistics 22. Statistical significance was defined as  $p < 0.05$ .

217

## 218 **Results and discussion**

### 219 1. *PFAS stabilization in biosolids-amended soil*

220 Timothy grass has a shallow and fibrous root system, making the root recovery difficult.  
221 Thus, the concentrations of PFAS in the roots were not determined. Our results indicated that the  
222 added sorbents/surfactant significantly affected the distribution of PFAS in the biosolids-soil-  
223 grass system. As shown in Fig. 1, for the soil amended with the biosolids but without PFAS  
224 addition (non-spiked control), PFHxA, PFHpA, PFOA, and PFOS at  $24.70 \pm 1.46$ ,  $1.96 \pm 0.29$ ,  
225  $3.89 \pm 2.90$ , and  $0.70 \pm 0.05$   $\mu\text{g}/\text{kg}$ , respectively, was detected in shoots on Day-40. The presence  
226 of the same PFAS in grass shoots on Day-80 was also detected. The studied PFAS in the pristine  
227 soil without biosolids amendment were non-detectable. Thus, the source of these PFAS should  
228 be the biosolids used in this study. This biosolids is known to comprise PFAS as we previously

229 reported (Zhang and Liang, 2021a). In the same biosolids, PFOS had the highest concentration of  
230 10 µg/kg, while the concentration of PFHxA, PFHpA and PFOA was around 1 – 5 µg/kg.

231         Unsurprisingly, amending soil with biosolids spiked with PFAS at 300 µg/kg but without  
232 a sorbent or a surfactant (spiked control) resulted in significantly higher PFAS concentrations in  
233 grass shoots compared to the non-spiked control. All spiked PFAS except PFDA and PFUnA  
234 were taken up by timothy-grass. There was an obvious trend that the uptake of PFCAs and  
235 PFSAs in the shoots decreased with increasing carbon chain length. Among PFCAs, PFHxA had  
236 the highest concentration in shoots on Day-40 ( $217.23 \pm 16.95$  µg/kg), followed by PFHpA  
237 ( $90.66 \pm 6.74$  µg/kg), PFOA ( $21.73 \pm 0.59$  µg/kg), and PFNA ( $1.79 \pm 0.44$  µg/kg). When the  
238 carbon chain length was higher than 8, such as PFDA and PFUnA, the upward translocation was  
239 non-detectable. Similarly, PFBS at  $23.61 \pm 1.90$  µg/kg had the highest concentration in shoots  
240 among PFSAs, followed by PFHxS ( $17.61 \pm 0.88$  µg/kg) and PFOS ( $1.88 \pm 0.19$  µg/kg). PFCAs  
241 had significantly higher concentrations than PFSAs in plants when their carbon chain length was  
242 the same. This is in line with numerous studies that have demonstrated the effect of PFAS chain  
243 length and functional group on plant uptake (Costello and Lee, 2020; Ghisi et al., 2019;  
244 Lesmeister et al., 2021; Zhang et al., 2019b).

245         With sorbents at different doses, the bioavailability of PFAS in the biosolids amended  
246 soil varied significantly. On Day-40, biochar at both doses did not show any PFAS stabilization  
247 effect when compared to the spiked controls. Instead, it notably increased the plant uptake of  
248 PFAS, especially at the lower dose of 0.2%. The total PFAS concentration ( $\sum$ PFAS) in grass  
249 shoots grown in biosolids amended soil treated by biochar at 0.2% and 2% was 120.03% and  
250 56.99% higher than that of the spiked control. Such enhancement of plant uptake of PFAS was

251 also observed in soil with biosolids treated by 0.2% of GAC and RemBind, a sorbent containing  
252 activated carbon, aluminum oxyhydroxide, and clay minerals (Bräunig et al., 2021a).

253 Biochar has been investigated for PFAS stabilization in soil previously (Askeland et al.,  
254 2020; Silvani et al., 2019). Hydrophobic interaction and intra-particle diffusion were proposed to  
255 be the main mechanisms for PFAS adsorption onto biochar (Dalahmeh et al., 2019; Inyang and  
256 Dickenson, 2017). We also reported that biochar largely decreased the water and SPLP leachable  
257 PFAS with long carbon chains in soil (Zhang and Liang, 2022). However, in sewage sludge  
258 spiked with PFAS at 30 or 300  $\mu\text{g}/\text{kg}$ , the same biochar at a dose of 2% showed a limited  
259 reduction of leachable PFAS (Zhang et al., 2022a). The different compositions and  
260 characteristics between soil and biosolids could explain the different performance of biochar in  
261 these two materials. Biochar is commonly used as a soil amendment to alter soil structure and  
262 increase soil porosity and water-holding capacity (Hardie et al., 2014). Adding biochar to soil  
263 could provide a more hospitable environment for soil microorganisms and facilitate plant uptake  
264 of air, water, and nutrients (Palansooriya et al., 2019), possibly leading to the increased uptake of  
265 PFAS by timothy-grass. Similar beneficial effect on plants was also observed for soil amended  
266 with GAC. Brennan et al. (2014) found that carbonaceous sorbent such as biochar and GAC at 3%  
267 in soil had a positive effect on the growth of maize in terms of chlorophyll content and plant  
268 biomass. Jakob et al. (2012) also reported that GAC amendment at 2% in soil increased growth  
269 rate of squash and carrot. There is no evidence in the literature showing the positive effects of  
270 RemBind on plants. RemBind at high dose (5 – 30%) was even reported to decrease the biomass  
271 of wheatgrass and the weight of earthworms in treated soil (Bräunig et al., 2021a; Bräunig et al.,  
272 2021b). The adverse effect of RemBind was proposed to be due to the sorption of essential  
273 nutrients in soil to this sorbent. The dose used in this study was based on the dry weight of

274 biosolids. The overall weight percent of RemBind in the biosolids-amended soil at 0.2% was  
275 even lower. Thus, we speculated that GAC and RemBind at 0.2% in biosolids could also increase  
276 the water and nutrients uptake, leading to higher PFAS bioaccumulation in grass shoots  
277 compared to no-sorbent controls.

278         At the higher dose (i.e., 2%), GAC and RemBind significantly reduced the bioavailability  
279 of PFAS in biosolids-amended soil. The  $\Sigma$ PFAS concentration in grass shoots grown in biosolids  
280 amended soil treated by GAC or RemBind at 2% was only 2.77% and 3.35% of the  $\Sigma$ PFAS  
281 concentration detected in shoots in the spiked control, respectively. This is in line with our  
282 previous observation that GAC and RemBind at 2% had excellent performance regarding  
283 stabilizing PFAS in sludge (Zhang et al., 2022a). Strong stabilization performance of decreasing  
284 99% of water and SPLP leachable PFAS by GAC and RemBind in soil was also reported (Zhang  
285 and Liang, 2022). Thus, it appears that, the effect of sorption of PFAS to GAC or RemBind  
286 surpassed the potential enhancement of plant uptake led by the amendment of a sorbent.  
287 Considering the high complexity of the tested system, it is difficult to pinpoint exactly the  
288 reasons or mechanisms controlling the results we observed. Further in-depth investigations on  
289 the effects of biochar/GAC/RemBind on plant physiology and biochemistry are needed to  
290 elucidate the mechanisms underlying the decreased or enhanced uptake of PFAS in the presence  
291 of carbon-based sorbents at different doses.

292         In this study, the timothy-grass was cut about 1 inch above the soil surface on Day-40  
293 after germination. Afterwards, the grass was allowed to grow to a similar height on Day-80 and  
294 was subject to PFAS analysis again. For these Day-80 shoots, a similar PFAS uptake pattern was  
295 observed as those harvested on Day-40. Basically, compared to the spiked controls without a  
296 sorbent, GAC and RemBind at 0.2% and biochar at both 0.2% and 2% led to significant increase

297 of plant uptake of PFAS, while GAC and RemBind at 2% reduced over 99% of PFAS  
298 concentration in grass shoots. It should be noted that the concentrations of all studied PFAS on  
299 Day-80 (orange bars in Fig. 1) were significantly higher than their counterparts on Day-40 (blue  
300 bars in Fig. 1), which hinted higher rate of PFAS uptake during the second 40 days than the first  
301 40 days. This is in agreement with reports demonstrating that proper mowing could promote the  
302 water consumption and regrowth of grasses (Biran et al., 1981; Doležal et al., 2019; Klimeš and  
303 Klimešová, 2002). Similarly, the PFAS removal from biosolids amended soil by timothy-grass  
304 shoots during the second 40 days was significantly higher than that during the first 40 days (Fig.  
305 S2). After 80 days of cultivation, the total removal of  $\Sigma$ PFAS from biosolids amended soil,  
306 which was the sum of  $\Sigma$ PFAS removal on Day-40 and Day-80, in spiked control was  $5.03 \pm$   
307  $0.68\%$ . Treating biosolids with biochar at 0.2% led to the highest total removal of  $\Sigma$ PFAS by  
308 timothy-grass shoots, reaching  $9.11 \pm 0.85\%$ . GAC and RemBind at 2% decreased the total  
309 removal of  $\Sigma$ PFAS to  $0.14 \pm 0.01\%$  and  $0.08 \pm 0.02\%$ , respectively. Overall, RemBind at 2% had  
310 the best stabilization performance after 80 days of plant growth, while biochar at 0.2% had the  
311 worst performance regarding PFAS stabilization.

312 To investigate the effects of PFAS exposure, stabilization treatment for biosolids, and  
313 mowing on the growth of timothy-grass, we quantified the contents of chlorophyll a and b, which  
314 are the main pigments used in photosynthesis, in grass shoots on Day-40 and Day-80 (Fig. 2).  
315 The results indicated that spiking PFAS at  $300 \mu\text{g}/\text{kg}$  in biosolids had no significant effect on the  
316 chlorophyll content of timothy-grass. Although GAC and RemBind resulted in significantly  
317 higher total chlorophyll content compared to the non-spiked controls on Day-80, this effect was  
318 absent when compared to the spiked controls. Eliminating the potential effect from chlorophyll  
319 content, the increased uptake of PFAS after the first cutting could be due to: 1) established root

320 systems as a result of the first 40-day growth; 2) roots adapted to the presence of and exposure to  
321 PFAS; and 3) PFAS already accumulated in the roots. Although the exact reason is unclear at  
322 this point, it leads to a sound hypothesis that repeated cutting of the shoots will result in faster  
323 uptake of PFAS in soil and eventually lead to significant removal of PFAS from target sites. This  
324 will be beneficial from the perspective of phytoremediation.

325 Besides the PFAS concentrations in grass shoots, the concentrations of acidic water  
326 (SPLP) leachable PFAS in soil were also determined. Fig. 3 showed the percentages of leachable  
327 PFAS in biosolids amended soil, which were calculated by dividing the mass of SPLP leachable  
328 PFAS by the total mass of spiked PFAS. Without a sorbent, almost 100% of leaching of PFHxA,  
329 PFHpA and PFOA was observed. Similar to PFAS uptake by the shoots, a chain length effect  
330 was visible: the shorter the carbon chain of PFAS, the higher the leachability. Expectedly, GAC  
331 and RemBind at 2% significantly reduced the leachability of all studied PFAS, except PFUnA, in  
332 the biosolids amended soil. Interestingly, biochar at 2% and RemBind at 0.2% also resulted in  
333 significantly lower acidic water leachable PFAS, while biochar and GAC at 0.2% had no  
334 significant effect on PFAS leaching compared to the spiked controls. Compared to PFAS  
335 concentrations in the shoots (Fig. 1), there was no positive correlation between acidic water  
336 leachable PFAS and the extent of shoot uptake for treatment with biochar at both doses and  
337 RemBind at the dose of 0.2%. Thus, results from SPLP at pH = 4.2 for sites east of the  
338 Mississippi River may not be able to predict bioavailable PFAS to the studied grass. At present,  
339 there are no EPA methods for studying PFAS leaching from soil. The SPLP is an established and  
340 widely adopted EPA method for investigating leaching of organic contaminants in soil. Whether  
341 this method is suitable for PFAS or not is unclear at this point. But we do recognize that the  
342 acidic water used in the leaching procedure may actually decrease PFAS leaching due to the

343 acidic nature of PFAAs. But since the focus here was to evaluate effect of different sorbents  
344 toward stabilizing PFAS in soil amended by biosolids, the SPLP served our purpose well.

## 345 2. *PFAS mobilization in biosolids-amended soil*

346 Anionic surfactants could affect PFAS sorption in soil through partition-like interactions  
347 between nonionic portions of the surfactant and PFAS, leading to an increase in water solubility  
348 and a decrease in sorption (Kile and Chiou, 1989; Tao et al., 2006). This has been observed with  
349 PFOS in the presence of an anionic surfactant, sodium dodecylbenzene sulfonate (SDBS), at 50  
350 mg/L in an aqueous solution (Pan et al., 2009). Adding such surfactant increased the solubility of  
351 PFOS, resulting in decreasing sorption of PFOS on sediment and increasing mobility of PFOS.  
352 Guelfo and Higgins (2013) also reported that SDS at 100 mg/L decreased the sorption of PFOS,  
353 PFNA, and PFDA in soil. Anionic surfactants may also form hemimicelles near a solid surface,  
354 compete for sorption sites with PFAS, and decrease the sorption of PFAS on soil (Guelfo and  
355 Higgins, 2013). Cationic surfactant, such as cetyltrimethylammonium bromide (CTAB),  
356 however, was shown to have enhancing effect on PFAS sorption. Pan et al. (2009) found that  
357 CTAB at a concentration up to 50 mg/L remarkably enhanced the sorption of PFOS to sediment  
358 and reduced the mobility of this PFAA. This cationic surfactant was assumed to form  
359 hemimicelles coupled with PFOS and sorb on the sediment, thus decreasing PFOS mobility.

360 In this study, although adding SDS to biosolids at a dose up to 100 mg/kg did not  
361 significantly increase acidic water leachable PFAS in the biosolids amended soil (Fig. S3), the  
362 plant uptake of PFAS was positively affected by such surfactant treatment (Fig. 4). On Day-40,  
363 only the highest dose of 100 mg/kg resulted in significantly higher uptake of PFAS by the shoots.  
364 The exceptions were PFOA and PFOS, for which no dose effect was observed. On Day-80,  
365 however, no dose effect was visible for PFSAs as all three doses led to significantly higher

366 uptake of PFBS, PFHxS, and PFOS by the shoots. This was also true for GenX. Regarding  
367 PFCAs, the dose effect was specific to each individual PFAS. With respect to PFDA and PFUnA,  
368 SDS at  $\leq 100$  mg/kg did not lead to detection of these two long chain PFCAs in the shoots. The  
369 absence of these two PFCAs in the shoots and their low leachability by SPLP, especially for  
370 PFUnA, hinted that they may bind to biosolids and soil tightly. For  $\Sigma$ PFAS, all three doses led to  
371 significantly higher PFAS uptake by the shoots on Day-80. With SDS, similar effect of chain  
372 length and PFAS functional group on their uptake by the shoots as those revealed in Fig. 1 was  
373 observed. Similarly, the grass shoots accumulated more PFAS and achieved higher  $\Sigma$ PFAS  
374 removal during the second 40 days than those during the first 40 days (Fig. S2). After two cuts,  
375 the total removal of  $\Sigma$ PFAS, which was calculated by dividing the mass of  $\Sigma$ PFAS in plant  
376 shoots by the total mass of  $\Sigma$ PFAS spiked to the biosolids, in the biosolids amended soil treated  
377 by SDS at 10, 50, and 100 mg/kg was  $8.90 \pm 1.49\%$ ,  $7.24 \pm 0.41\%$ ,  $9.16 \pm 0.95\%$ , respectively.  
378 Regarding individual PFAS, the uptake by shoots from soil followed this order: PFHxA ( $46.94 \pm$   
379  $6.37\%$ ) > PFHpA ( $18.66 \pm 2.47\%$ ) > PFBS ( $11.46 \pm 2.72$ ) > GenX ( $9.91 \pm 0.49\%$ ) > PFOA ( $3.79$   
380  $\pm 0.46\%$ )  $\approx$  PFHxS ( $3.45 \pm 0.45\%$ ) > PFNA ( $0.52 \pm 0.06\%$ ) > PFOS ( $0.21 \pm 0.04$ ) > PFDA (0%)  
381 = PFUnA (0%). The mobilization treatment with SDS did not change the chlorophyll content in  
382 timothy-grass either, although shoots exposed to SDS at 50 or 100 mg/kg had higher chlorophyll  
383 content compared to the non-spiked controls on Day-40 after mowing (Fig. 2). Overall, SDS  
384 significantly increased the bioavailability of PFAS to timothy grass in biosolids amended soil. In  
385 light of the increased uptake by shoots over time, it is reasonable to expect that this treatment  
386 could be used to improve the performance of phytoremediation at PFAS contaminated sites.

### 387 3. *Environmental implications*

388 In summary, this investigation revealed that PFAS in biosolids must be controlled.  
389 Without proper treatments, PFAS in the biosolids-soil-plant systems will be translocated to plant  
390 shoots, are mobile and easily leached by water although the extent of upward and downward  
391 movement depends significantly on plant species and individual PFAS's physicochemical  
392 properties. In this context, this study provided two strategies for controlling PFAS in biosolids  
393 destined for land application. One strategy is to amend the biosolids with either GAC or  
394 RemBind at 2% to stabilize PFAS in the biosolids-soil matrix. In this case, it is expected that  
395 PFAS will become immobilized and stable in the matrix. To demonstrate the practicality of this  
396 strategy, long-term field studies are needed in view of the possibility that PFAS can desorb from  
397 the sorbent and/or the biosolids/soil particles due to microbial degradation and the dynamic  
398 nature in the real world.

399 Another approach is to add SDS at 10-100 mg/kg to increase PFAS bioavailability to  
400 plants. In this scenario, the rationale is to allow PFAS to be uptaken by plants to the maximum  
401 extent. The harvested plants can then be handled by a hydrothermal liquefaction process for  
402 complete PFAS destruction (Zhang et al., 2021a; Zhang et al., 2020). Such an approach, however,  
403 could potentially lead to an uncontrolled leaching of PFAS to surrounding environments as  
404 PFAS are more mobile due to the presence of a surfactant. Therefore, the long-term effect of this  
405 strategy needs to be further evaluated in the field to justify its value.

406

## 407 **Conclusions**

408 This study demonstrated the feasibility of controlling the bioavailability of PFAS in  
409 biosolids through stabilization or mobilization. GAC and RemBind at a dose of 2% stabilized  
410 PFAS in the biosolids and significantly reduced the bioavailability of PFAS in the biosolids

411 amended soil, while a lower dose of GAC and RemBind at 0.2% notably promoted the plant  
412 uptake of PFAS. Biochar enhanced the uptake of PFAS by timothy-grass as well regardless of  
413 dose. The mobilization approach through adding SDS significantly increased the bioavailability  
414 of PFAS to timothy-grass, offering a better remediation solution as PFAS are removed from a  
415 given site. Proper mowing and regrowth of timothy-grass could promote the uptake of PFAS  
416 from the biosolids amended soil, thus enhancing the performance of mobilization treatment.

417

## 418 **Acknowledgements**

419 The authors acknowledge financial support from University at Albany, State University  
420 of New York and partial support from U.S. Department of Energy's Office of Energy Efficiency  
421 and Renewable Energy (EERE) under the Bioenergy Technologies Office Award Number DE-  
422 EE0008932.

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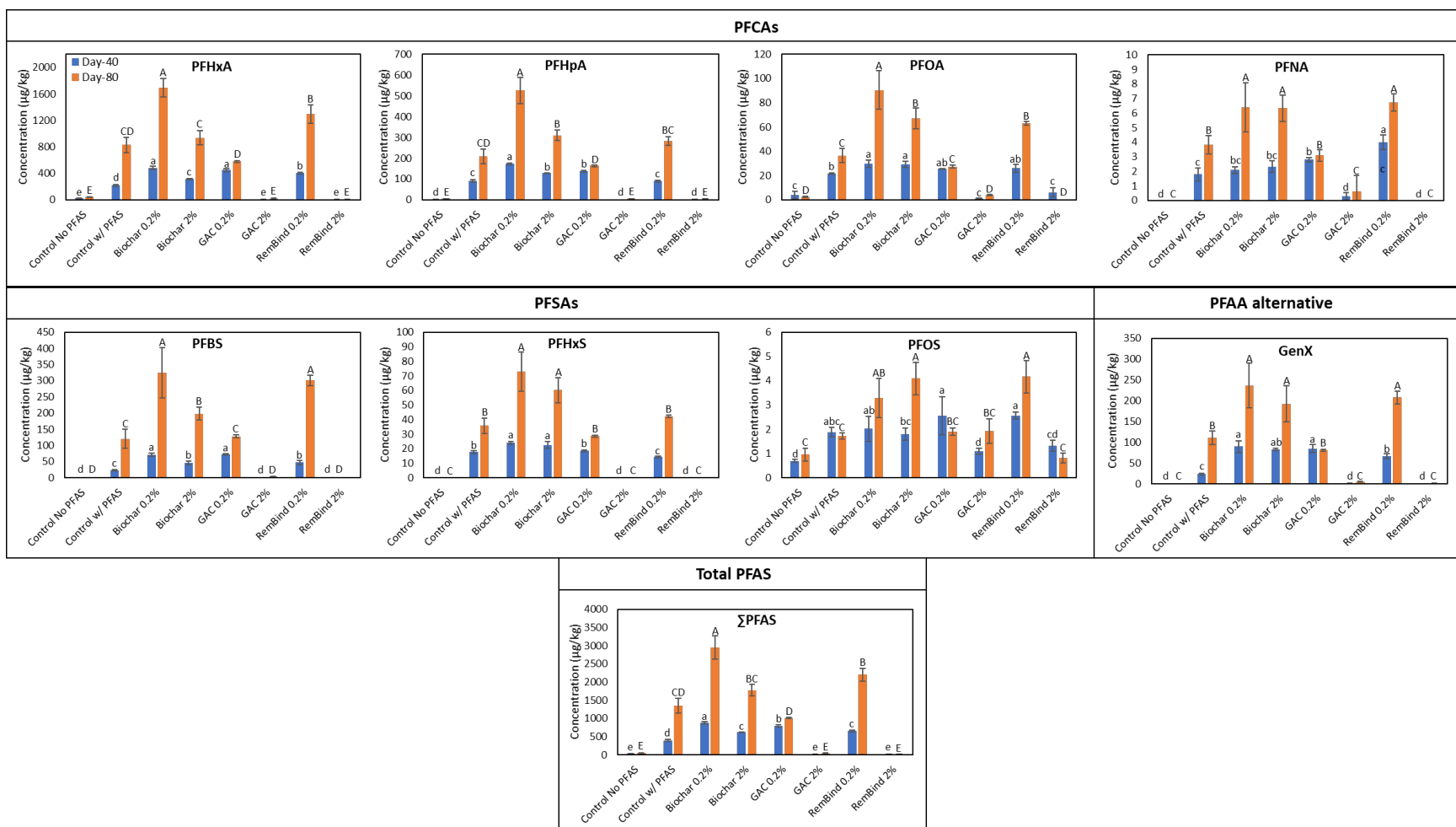
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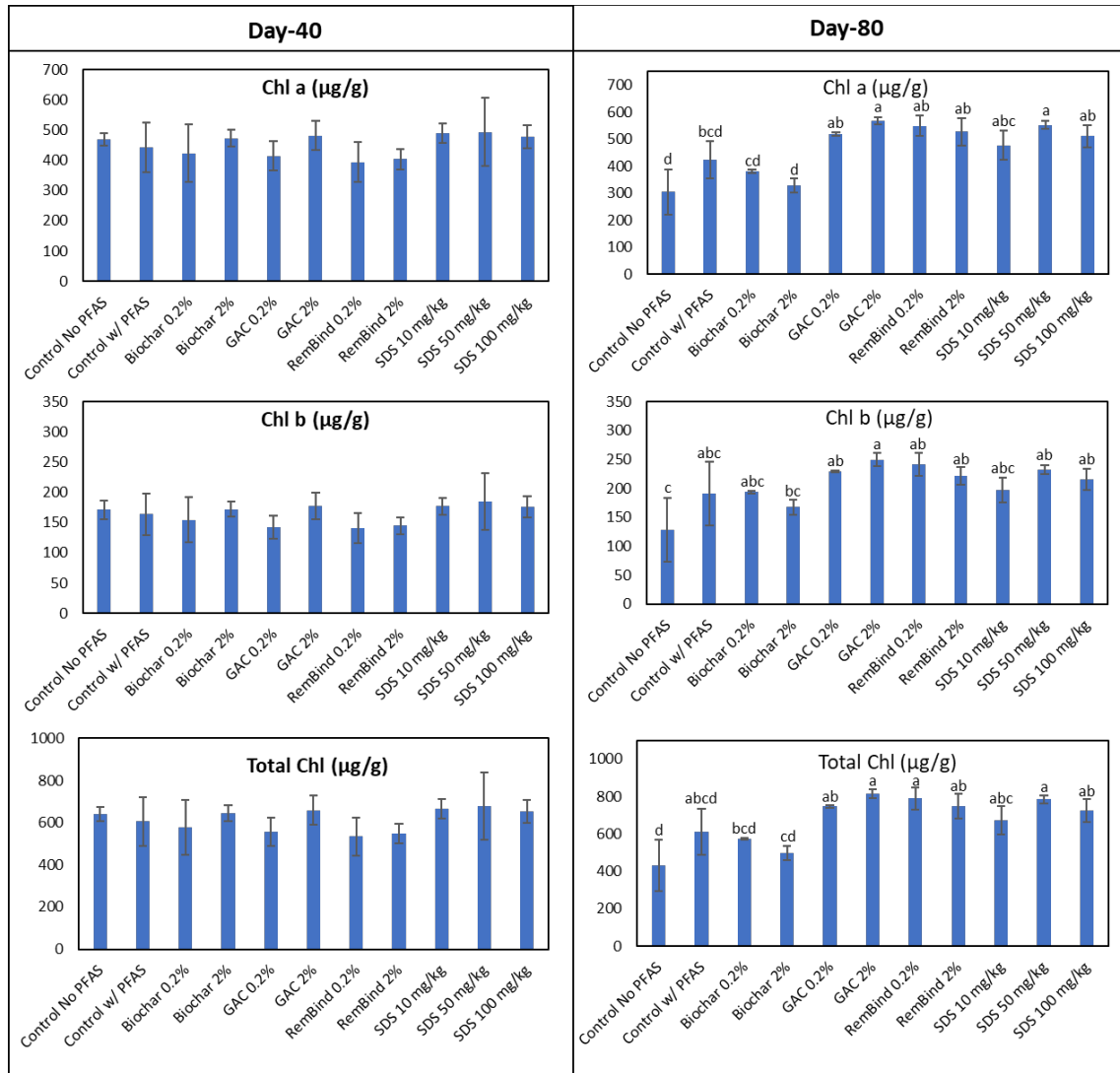


605

606 Fig. 1. Concentrations of PFAS in timothy-grass shoots grown in biosolids-amended soil treated by different sorbents on Day-40 and

607 Day-80 (n=3). PFDA and PFUnA were not detected in timothy-grass shoots. Different letters in lower case and upper case represent

608 significant differences among the treatments ( $p < 0.05$ ).

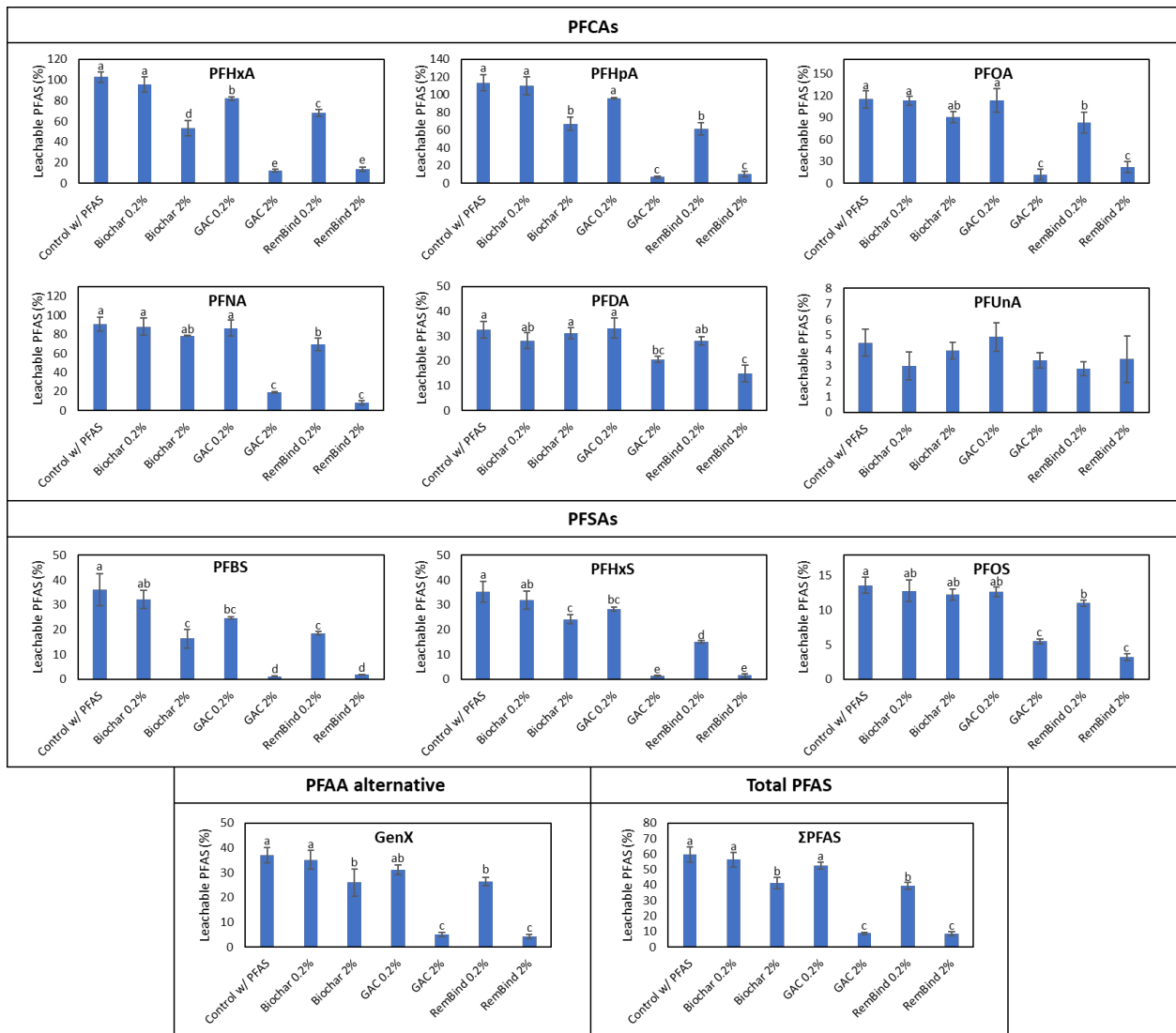


609

610 Fig. 2. Levels of chlorophyll a, chlorophyll b and total chlorophyll in timothy-grass shoots on

611 Day-40 and Day-80 (n=3). Different letters represent significant differences among the

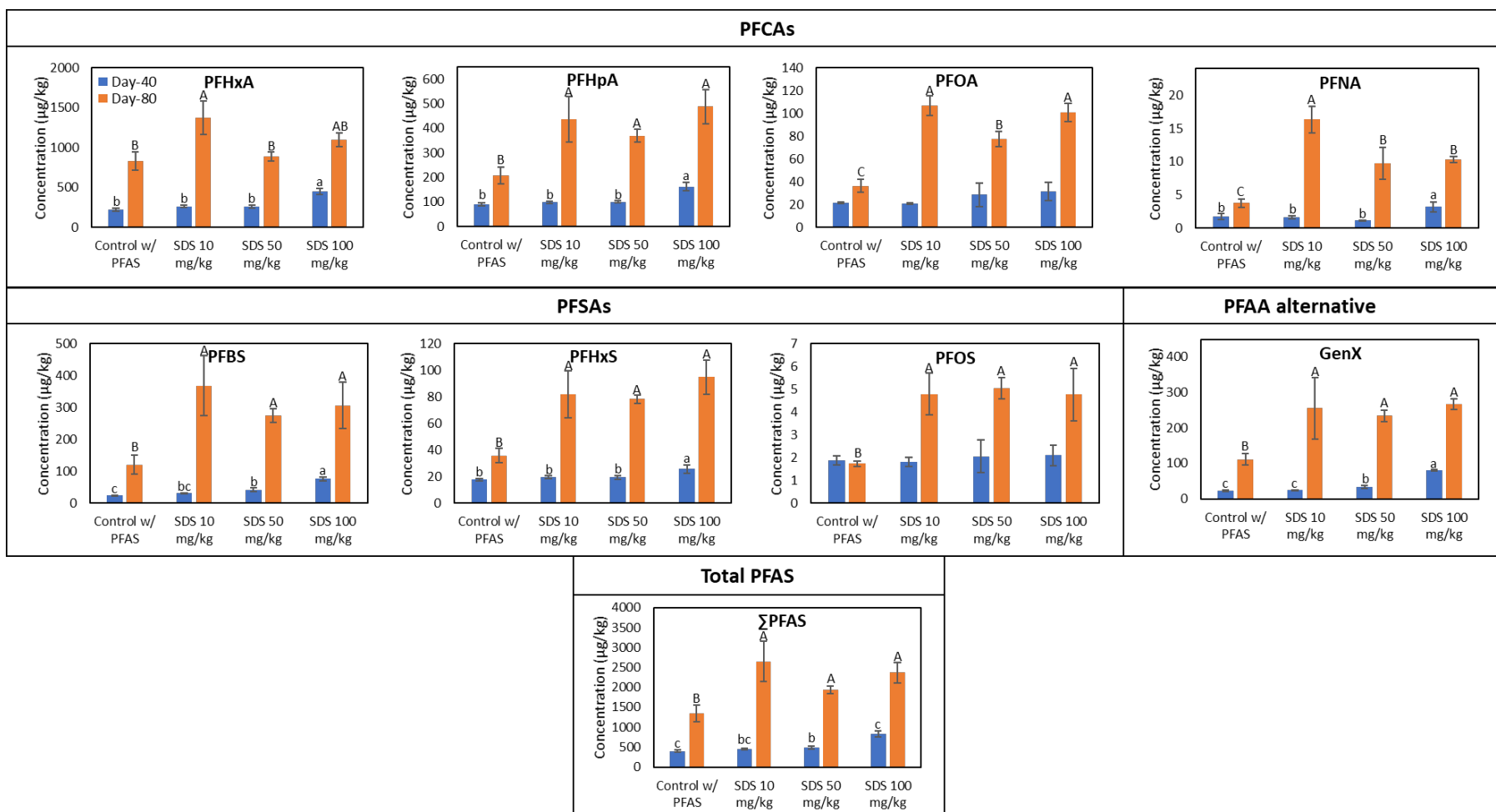
612 treatments ( $p < 0.05$ ).



613

614 Fig. 3. Percentages of leachable PFAS in biosolids-amended soil treated by different sorbents on

615 Day-80 (n=3). Different letters represent significant differences among the treatments ( $p < 0.05$ ).



616

617 Fig. 4. Concentrations of PFAS in timothy-grass shoots grown in biosolids-amended soil treated by SDS on Day-40 and Day-80 (n=3).

618 PFDA and PFUnA were not detected in timothy-grass shoots. Different letters in lower case and upper case represent significant

619 differences among the treatments ( $p < 0.05$ ).

620



Stabilization



Mobilization

