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# Symmetry-driven phonon chirality and transport in 1D and bulk Ba<sub>3</sub>N-derived materials

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*Abstract:* Symmetry and dimensionality are essential factors defining lattice dynamics and conductivity ( $\kappa$ ). Here, we critically examine these via *ab initio* Boltzmann transport applied to single chain and bulk electride Ba<sub>3</sub>N and Ba<sub>3</sub>NX ( $X$ =Sb,Bi). Chiral phonons in 1D chains obey new symmetry-based scattering rules that limit thermal resistance. Weak chain coupling breaks these in the bulk, giving lower  $\kappa$  and large  $\kappa$  anisotropy. Curiously, intercalation of large  $X$  atoms binds chains more strongly, reducing the volume, yet gives lower  $\kappa$  and transforms the electronic behavior. Insights developed here can be more generally applied to other materials and provide novel avenues for predictive materials design.

Key words: One-dimensional transport, thermal transport anisotropy, Boltzmann transport theory, phonon anharmonicity, interaction selection rules

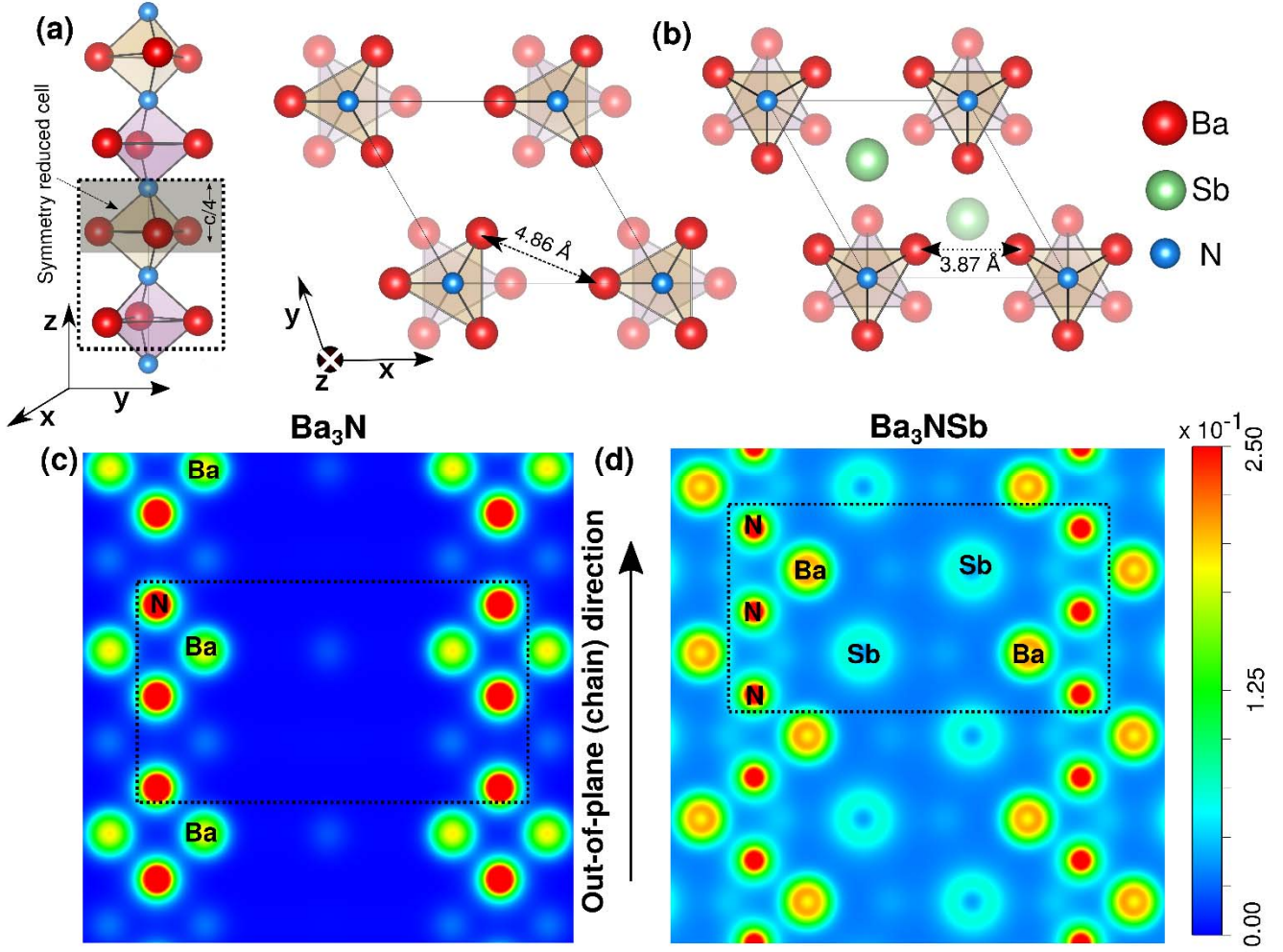
*Introduction* — Weakly bonded and low-dimensional materials have emerged as a cornerstone for modern opto- and nano-electronic devices, including electronic and thermal interconnects, solar cells, lasers, thermoelectrics and thermal management materials [1-5]. Lattice thermal conductivity ( $\kappa$ ), a critical property for these applications, depends on material composition, structure, symmetry and dimensionality. High power devices require materials with high  $\kappa$ , while thermoelectric devices require materials with low  $\kappa$  and superior electronic properties. These thermal transport extremes are often found in layered materials, which exhibit anisotropy in conductivity due to their structure and bonding. Higher  $\kappa$  is observed along directions of strong covalent bonding, while lower  $\kappa$  manifests along directions of weaker bonding. The prototypical example is graphite with van der Waals (vdW) bonded carbon layers, for which the basal plane  $\kappa$  is  $\sim 2000 \text{ Wm}^{-1}\text{K}^{-1}$ , while the value across the layers is  $6 \text{ Wm}^{-1}\text{K}^{-1}$  [6-8]. Similarly, the in-plane  $\kappa$  for bulk  $\text{MoS}_2$  ranges from 85-112  $\text{Wm}^{-1}\text{K}^{-1}$  [9,10], 15-30 times higher than the cross-plane values [11]. These weakly bonded structures provide avenues for tuning  $\kappa$  by varying layer number [9], applying strain [12,13] and intercalating atoms between layers [14-16].

Similar to layered 2D materials, 1D chains can be weakly bonded to form bulk materials (e.g.,  $\text{TiS}_3$  [17,18] and  $\text{TaSe}_3$  [19,20]) with highly anisotropic thermal transport nearly confined to a single direction. While thermal transport in 2D materials has been explored intensively [6,21-26], transport in quasi-1D materials has been little studied, with the exception of polyethylene chains [27],  $\text{Mn}_n\text{Si}_{2n-m}$  [28], and  $\text{Ta}_2\text{Pd}_3\text{Se}_8$  nanowires [29].

In this Letter, we investigate how composition, structure, symmetry and dimensionality govern  $\kappa$  behavior in single chain and weakly bonded quasi-1D systems of the proposed electride  $\text{Ba}_3\text{N}$  [30] and related systems. In particular, we employ the Boltzmann transport equation (BTE) methodology coupled with density functional theory (DFT) to describe the electronic structure, phonon scattering and transport properties of an isolated single chain of  $\text{Ba}_3\text{N}$ , bulk  $\text{Ba}_3\text{N}$  (vdW coupled chains) and bulk

$\text{Ba}_3\text{NX}$  ( $X=\text{Sb},\text{Bi}$ ) (see **Figure 1** for structures). We describe phonon chirality[31-33] and symmetry selection rules for phonon-phonon interactions in the 1D  $\text{Ba}_3\text{N}$  chain, thereby obtaining scattering rules that apply to a general class of 1D systems. These selection rules are partly responsible for an unusual contribution to  $\kappa$  by high frequency optical phonons and a substantial variation in  $\kappa$  behavior in going from 1D to 3D  $\text{Ba}_3\text{N}$ . We examine the  $\kappa$  anisotropy in bulk  $\text{Ba}_3\text{N}$  ( $\kappa_z / \kappa_x \sim 7.5$  at room temperature (RT=300K), where  $z$  is along the chains and  $x$  is perpendicular) and  $\text{Ba}_3\text{NX}$ , and demonstrate an unusual competition between structure and scattering to determine  $\kappa$  when introducing heavy Sb or Bi atoms to the  $\text{Ba}_3\text{N}$  chain lattice. Lastly, we discuss the electronic properties of these materials, namely, that despite their similar crystal structures,  $\text{Ba}_3\text{N}$  is metallic, while  $\text{Ba}_3\text{NSb}$  and  $\text{Ba}_3\text{NBi}$  are semiconductors with bandgaps  $\sim 0.5\text{-}0.6$  eV.

*Single chain  $\text{Ba}_3\text{N}$*  — Structural symmetries play a governing role in vibrational properties, phonon interactions and lattice transport, particularly in lower dimensional materials. Single chain  $\text{Ba}_3\text{N}$  is built from units of 3 Ba atoms that form an equilateral triangle (edge length  $3.642 \text{ \AA}$ ) with an N atom centrosymmetric above it at a distance  $c/4$  where  $c = 7.050 \text{ \AA}$ , as shown by the gray square in **Figure 1(a)**. The unit cell that describes the chain is composed of two such units, one located  $c/2$  above the other and rotated by  $\pi$  (dashed rectangle in **Figure 1(a)** gives the side view). These alternating rotated units are stacked on each other to create the  $\text{Ba}_3\text{N}$  chain which we define to lie along the  $z$  axis. The rotational symmetry between these building blocks within the unit cell yields a description of the lattice dynamics within the smaller symmetry-reduced cell (1 N and 3 Ba atoms) with a rotation operator ( $S_{\alpha\beta}^l$ ) and lattice vectors  $\vec{R}_l = (R_{lz}, \theta_l)$ , where  $R_{lz}$  locates the symmetry-reduced cell along the chain. For cells located at  $R_{lz} = nc$  with  $n$  an integer,  $\theta_l = 0$  and  $S_{\alpha\beta}^l$  is the identity matrix, while for cells located at  $R_{lz} = c(n+1/2)$   $\theta_l = \pi$  and  $S_{\alpha\beta}^l$  is a  $\pi$ -rotation matrix. The dynamical matrix that describes the vibrations of the chain is then given by [34,35]:



**Figure 1:** Structure of (a) Ba<sub>3</sub>N and (b) Ba<sub>3</sub>NSb as viewed in the  $xy$  plane. A side view of an isolated Ba<sub>3</sub>N chain is also shown in (a). Charge density for (c) Ba<sub>3</sub>N and (d) Ba<sub>3</sub>NSb projected in the (110) plane. For bulk Ba<sub>3</sub>N the chains are nearly isolated, while for Ba<sub>3</sub>NSb the chains interact via Sb atoms. The unit cell of single chain Ba<sub>3</sub>N is illustrated by dashed black lines, while the symmetry-reduced four atom unit is highlighted by the gray rectangle in (a). The crystal structure of Ba<sub>3</sub>NBi is similar to Ba<sub>3</sub>NSb.

$$D_{\alpha\beta}^{kk'}(q_z \ell) = \frac{1}{\sqrt{m_k m_{k'}}} \sum_{l'} \sum_{\gamma} \Phi_{\alpha\gamma}^{0k,l'k'} S_{\gamma\beta}^{l'} e^{i(q_z R_{l'} + \ell \theta_{\gamma})}$$

(1)

where  $q_z$  is a continuous wavevector along the chain,  $m_k$  is the mass of the  $k^{\text{th}}$  atom,  $\Phi_{\alpha\beta}^{0k,l'k'}$  is the harmonic interatomic force constant (IFC) between the  $k^{\text{th}}$  atom in the  $0^{\text{th}}$  cell and the  $k^{\text{th}}$  atom in the  $l^{\text{th}}$

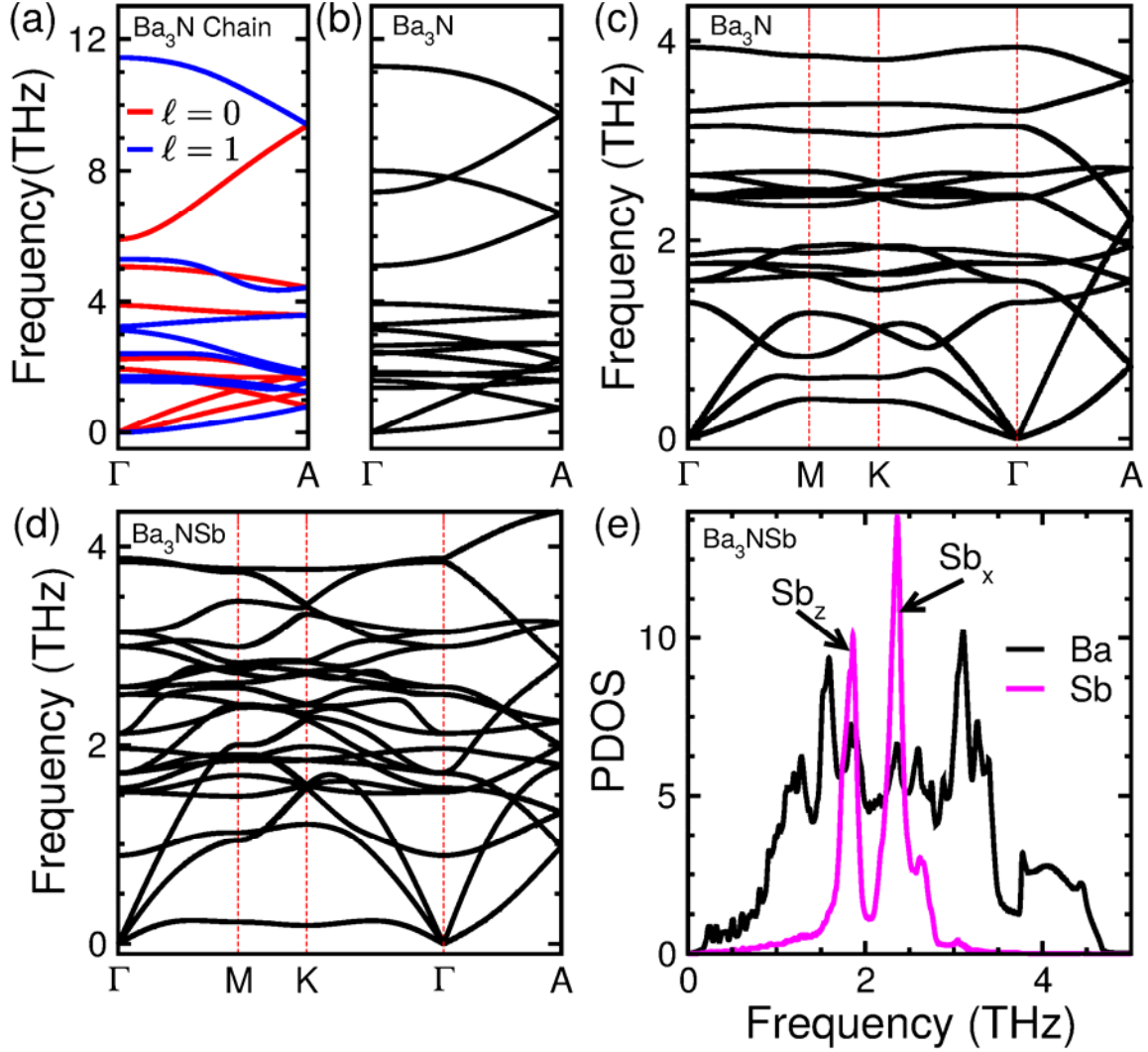
cell for the  $\alpha^{\text{th}}$  and  $\beta^{\text{th}}$  directions. Cells here are now composed of the smaller four atom units. The phonon modes pick up a rotational quantum number  $\ell = 0, 1$ , or chirality, which leads to conservation conditions for three-phonon scatterings (described below). This chirality is likely present in a wide array of single chain systems (e.g., polyethylene), and measurement [31] and utilization of this phonon chirality may be possible in novel quantum applications.

Diagonalization of Eq. 1 for every  $q_z$  and  $\ell$  gives the 1D phonon dispersion for the  $\text{Ba}_3\text{N}$  chain, which is compared with its 3D bulk counterpart in **Figures 2(a) and 2(b)**. Twelve red curves correspond to phonon branches with chirality  $\ell = 0$ , and twelve blue curves for  $\ell = 1$ . The  $\text{Ba}_3\text{N}$  chain demonstrates typical low-frequency acoustic phonon behavior having two quadratic flexure branches, one linear longitudinal (LA) branch and one linear torsional branch. These correspond to rigid  $x, y, z$  crystal translations and a rotation about the chain axis, respectively. The quadratic flexure branch behavior is common in low dimensional materials like nanotubes[36], 1D polyethylene chains[37] and graphene[38].

As previously demonstrated with single-walled carbon nanotubes[34,39], the  $\ell$  chirality must be conserved in a phonon-phonon scattering process, independent of the number of phonons involved. Thus, the conservation of momentum and energy conditions for three-phonon scatterings are given by:

$$\begin{aligned} \ell \pm \ell' &= \ell'' + \ell_G \\ q_z \pm q'_z &= q''_z + G_z \\ \omega_{q_z \ell_j} \pm \omega_{q'_z \ell'_j} &= \omega_{q''_z \ell''_j} \end{aligned} \quad (2)$$

where  $\omega_{q_z \ell_j}$  is the phonon frequency for phonon with  $q_z$  and  $\ell$  in the  $j^{\text{th}}$  branch, and  $G_z$  and  $\ell_G$  are components of the reciprocal lattice vector.  $G_z = 2\pi n / c$  and  $\ell_G = m$  with  $n$  and  $m$  non-zero integers for Umklapp processes, and  $n=m=0$  for Normal processes. This added quantum conservation condition restricts how three phonons can interact compared with bulk  $\text{Ba}_3\text{N}$  and contributes to reduced thermal resistance in the chain.



**Figure 2:** The full phonon dispersions for (a) single chain  $\text{Ba}_3\text{N}$ , (b) bulk  $\text{Ba}_3\text{N}$  along the out of plane direction. The phonon dispersion of single chain  $\text{Ba}_3\text{N}$  is decoupled in terms of the quantum number  $\ell$ . The single chain flexure branches ( $\ell=1, j=1$ ) and ( $\ell=1, j=2$ ) are degenerate. Also shown are the low frequency phonon dispersions for (c) bulk  $\text{Ba}_3\text{N}$  and (d)  $\text{Ba}_3\text{NSb}$  along high symmetry directions. (e) Phonon density of states (PDOS) for  $\text{Ba}_3\text{NSb}$ .

Still another symmetry selection rule is present for the N atoms in the chain structure, which governs their vibrations and interactions. Neglecting high order anharmonic and trivial terms, the potential energy near equilibrium is given by:

$$V = \frac{1}{2} \sum_{\alpha\beta} \sum_{lkl'} \Phi_{\alpha\beta}^{lkl'} u_{\alpha}^{lk} u_{\beta}^{l'k'} + \frac{1}{6} \sum_{\alpha\beta\gamma} \sum_{lkl'l''k''} \Phi_{\alpha\beta\gamma}^{lkl'l''k''} u_{\alpha}^{lk} u_{\beta}^{l'k'} u_{\gamma}^{l''k''} \quad (3)$$

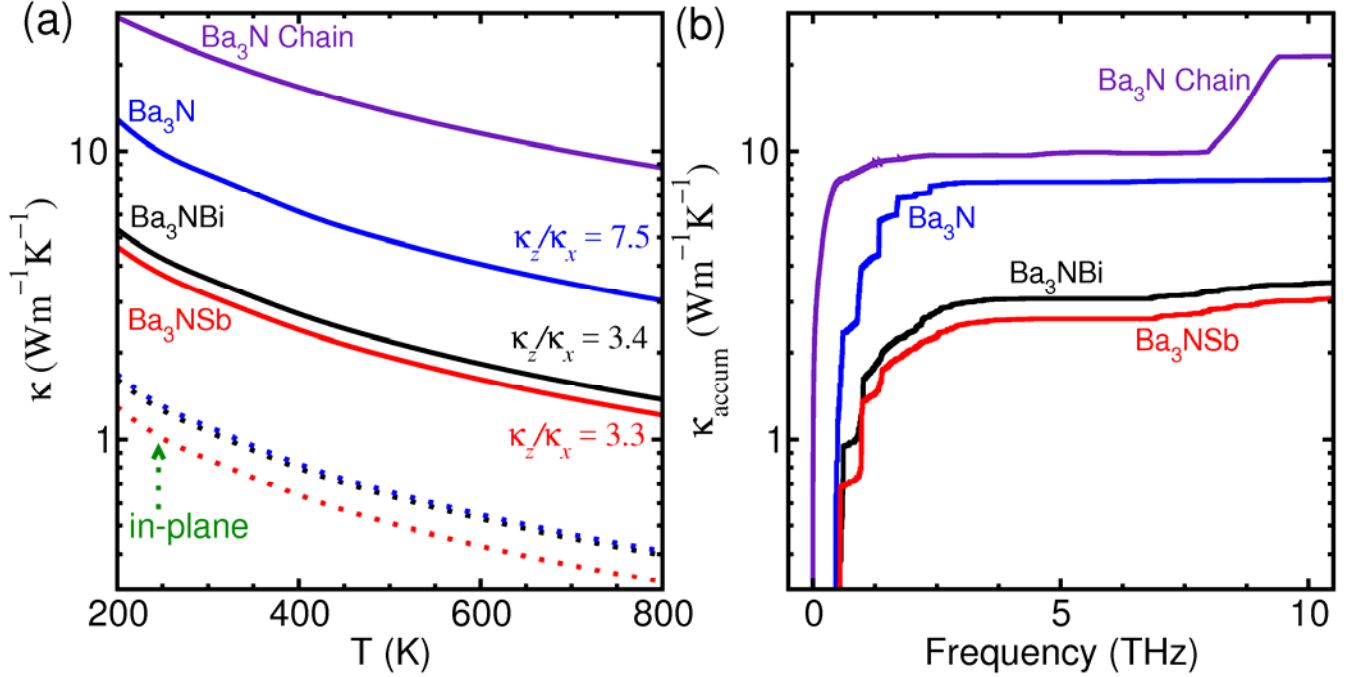
where  $\Phi_{\alpha\beta\gamma}^{lkl'l''k''}$  are the anharmonic IFCs that govern three-phonon interactions and  $u_{\alpha}^{lk}$  is a small displacement of the  $k^{\text{th}}$  atom in the  $l^{\text{th}}$  cell in the  $\alpha^{\text{th}}$  direction. Each term must satisfy the symmetry constraints imposed by the crystal. Thus, for one N atom displaced along  $z$ , the first term in Eq. 3 must be invariant to  $\pm$  displacements perpendicular to  $z$  (e.g.,  $u_x^{lk}$  and  $-u_{-x}^{lk}$ ). This is similarly true for two N atoms displaced along the  $z$  direction in the second term of Eq. 3. Thus, for  $k=k'=k''=N$ ,  $\Phi_{xz}^{lkl'} = -\Phi_{xz}^{lkl'} = 0$  and  $\Phi_{xzz}^{lkl'l''k''} = -\Phi_{xzz}^{lkl'l''k''} = 0$  and like terms. This leads to a decoupling of N vibrations parallel and perpendicular to the chain and limits the three-phonon scatterings available in the Ba<sub>3</sub>N chain. Similar selection rules can be derived for higher order interactions. This symmetry selection rule is not as prohibitive as a similar reflection symmetry rule previously found in graphene [28], however, when coupled with the quantum selection rule in Eq. 2, this further limits the scattering resistance in the Ba<sub>3</sub>N chain compared with that in bulk Ba<sub>3</sub>N.

The calculated  $\kappa$  for single chain Ba<sub>3</sub>N as a function of temperature is given in **Figure 3(a)** (also compared with bulk Ba<sub>3</sub>N) and defined by:

$$\kappa_{\alpha} = \sum_{\vec{q}j} C_{\vec{q}j} v_{\vec{q}j\alpha}^2 \tau_{\vec{q}j\alpha} \quad (4)$$

where  $v_{\vec{q}j\alpha}$  is the  $\alpha^{\text{th}}$  component of the velocity of phonon mode with wavevector  $\vec{q}$  in branch  $j$ ,  $C_{\vec{q}j}$  is the volume-normalized mode specific heat, and  $\tau_{\vec{q}j\alpha}$  is the transport lifetime, which is computed from the full solution of the BTE. For the Ba<sub>3</sub>N chain,  $\vec{q} = (q_z, \ell)$ ,  $j=1-12$  and transport is along  $z$  only, while for bulk  $\vec{q} = (q_x, q_y, q_z)$ ,  $j=1-24$  and transport occurs along all three Cartesian directions with  $\kappa_x = \kappa_y \neq \kappa_z$ . DFT-based calculations of the vibrational and transport properties have been described previously [40-42]; calculation details specific to Ba<sub>3</sub>N and Ba<sub>3</sub>NX are given in the SI [43]. Despite giving little thermal resistance, we have incorporated phonon-isotope scattering from the natural

isotope variations for each element [44,45]. As with other lower dimensional systems [6,30,40], the often-employed relaxation time approximation (RTA) [46] does not yield accurate results for the  $\text{Ba}_3\text{N}$  chain:  $\kappa_{\text{full BTE}} / \kappa_{\text{RTA}} = 1.6$  at RT. Large integration meshes are required to get converged results for the 1D chain and special care was taken to describe the scattering of the ultralow frequency acoustic modes (see SI for details [43]).



**Figure 3:** Calculated lattice thermal conductivity of  $\text{Ba}_3\text{N}$  (chain and bulk),  $\text{Ba}_3\text{NSb}$  and  $\text{Ba}_3\text{NBi}$ : along  $x$  (cross-chain; dashed curves) and  $z$  (along the chains; solid curves). (b) The accumulation of thermal conductivity ( $\kappa_{\text{accum}}$ ) along the chain direction as a function of frequency for each system at RT. The bulk systems have similar cross-chain thermal conductivities.

As with carbon nanotubes[39] and graphene[8,47], the flexure branches ( $\ell=1, j=1$ ) and ( $\ell=1, j=2$ ) give significant contributions (31% at RT) to the overall thermal conductivity, despite having low velocity phonons. The linear acoustic branches ( $\ell=0, j=1$ ) and ( $\ell=0, j=2$ ) contribute only  $\sim 10\%$  to the total  $\kappa$ . More interestingly, a high frequency optic branch ( $\ell=0, j=12$ ) gives more than half the total  $\kappa$  at RT, partly due to having the highest velocity phonons (as large as 6150 m/s,

nearly twice that of the LA sound speed) and partly due to larger lifetimes. This is seen in the large increase in  $\kappa$  accumulation ( $\kappa_{\text{accum}}$ ) at  $\sim 8$  THz in **Figure 3(b)** which gives the RT  $\kappa_{\text{accum}}$  with frequency (sum of  $\kappa$  contributions from phonons with frequency less than a reference frequency [43]). The highest frequency modes are determined by the lightest atoms (N) vibrating in the stiffest direction (along  $z$ ). As the phonon selection rules discussed above particularly apply to these vibrations, these modes have less scattering and longer lifetimes. Furthermore, at the  $\Gamma$  point in Fig. 2(a) the  $(\ell=1, j=12)$  mode has the highest frequency (nearest neighbor N atoms vibrating out-of-phase) and the  $(\ell=0, j=12)$  has the lower frequency (all N atoms vibrating in-phase). At the A point these vibrations become degenerate with intermediate frequency due to the phase factors in Eq. 1, with half the N atoms not vibrating and the second nearest neighbor N atoms vibrating out-of-phase. The large difference between the  $\Gamma$  and A frequencies for these branches results in highly dispersive phonons. Large optic phonon contributions to  $\kappa$  are rare as these branches often have less dispersion than heat-carrying acoustic modes. However, they have been found to be important in  $\text{Ge}_2\text{Sb}_2\text{Te}_5$  [48] and functionalized graphene [49]. As the  $(\ell=0, j=12)$  optic branch lies at higher frequencies than the other heat-carrying modes, phonon-defect interactions [50-52] may be an important resistive process in single chain  $\text{Ba}_3\text{N}$ , and the percentage of their contributions are suppressed at lower temperatures.

*Bulk  $\text{Ba}_3\text{N}$*  — Bulk  $\text{Ba}_3\text{N}$  has a trigonal chain pattern in the  $xy$  plane with lattice parameters  $a = 7.642 \text{ \AA}$  and  $c = 7.050 \text{ \AA}$  [53] (**Figure 1(a)**). As demonstrated by the electronic charge density in **Figure 1(c)** and the near quadratic behavior of the transverse acoustic branches along the  $\Gamma$ -A direction in **Figure 2(c)**, the chains are only weakly coupled in bulk  $\text{Ba}_3\text{N}$ . The full phonon dispersions are given in Figure S2 in the Supporting Information (SI) [43]. Despite the weakness of these interactions, chain coupling breaks the symmetry-based selection rules for phonon-phonon scattering present in an isolated chain. This gives more scattering of heat-carrying modes resulting in lower  $\kappa$  as seen in **Figure 3**,  $\kappa_{\text{chain}}/\kappa_{\text{bulk},z} \sim 3$  at RT. Similar dimensional reductions of  $\kappa$  were demonstrated for polyethylene

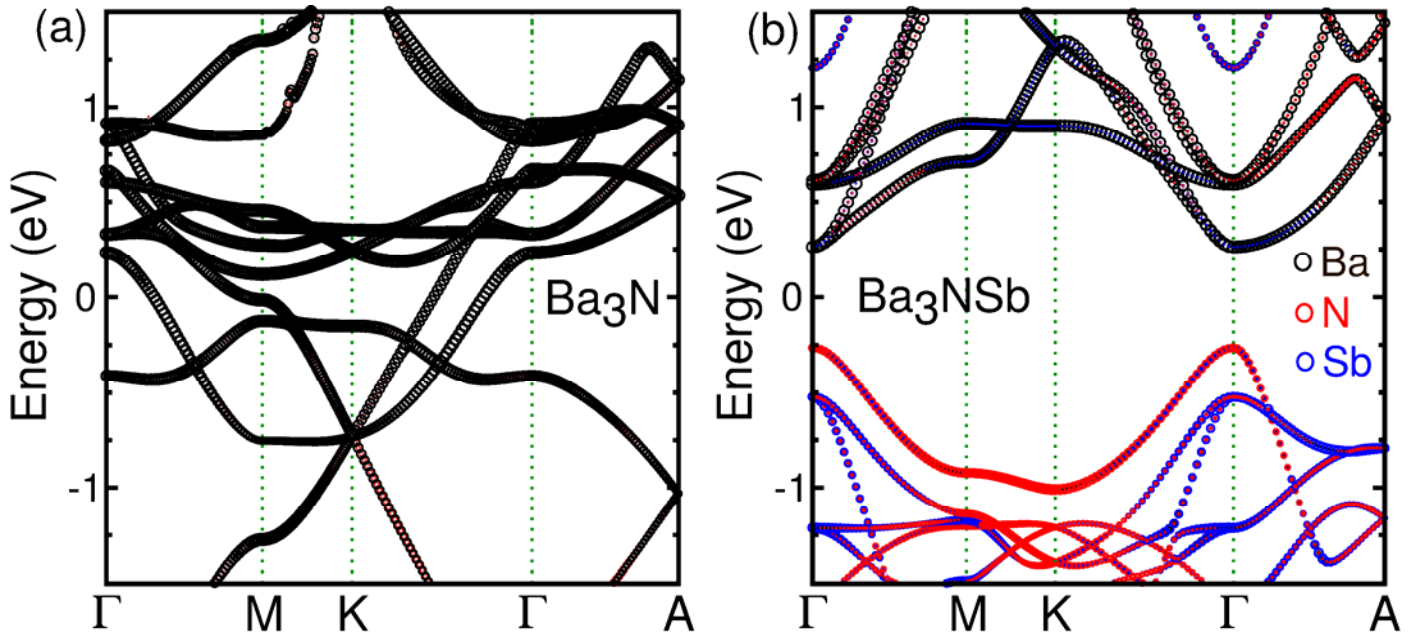
( $\kappa_{\text{chain}}/\kappa_{\text{bulk},z} \sim 3$  [27,54]) and for graphene compared to graphite,  $\kappa_{\text{graphene}}/\kappa_{\text{in-plane,graphite}} \sim 1.6$  [6,55]. The calculations presented here for bulk  $\text{Ba}_3\text{N}$  and  $\text{Ba}_3\text{NX}$  do not explicitly incorporate vdW interactions as these give similar vibrational behaviors (Figure S3 in SI [43]).

Regarding the anisotropy, in-chain bonds are primarily ionic with in-chain Ba-N bond lengths 2.744 Å, while the chains are weakly coupled in bulk  $\text{Ba}_3\text{N}$  with the smallest chain-chain bond length being 4.843 Å. This bonding discrepancy results in softer phonon dispersions along cross-chain directions ( $\Gamma \rightarrow \text{M} \rightarrow \text{K} \rightarrow \Gamma$ ) than along the chains ( $\Gamma \rightarrow \text{A}$ ) in  $\text{Ba}_3\text{N}$  and  $\text{Ba}_3\text{NSb}$  (**Figure 1**), resulting in higher phonon speeds along the chains. For example, the LA sound speeds for bulk  $\text{Ba}_3\text{N}$  are  $v_{\text{LA}}(\Gamma \rightarrow \text{M}) = 2433$  m/s and  $v_{\text{LA}}(\Gamma \rightarrow \text{A}) = 3512$  m/s. As a result of this directional variation,  $\kappa_z/\kappa_x \sim 7.5$  at RT for bulk  $\text{Ba}_3\text{N}$  and  $\kappa_z > \kappa_x$  over the entire temperature range in **Figure 3(a)**.  $\kappa_{\text{accum}}$  along the chain direction ( $z$ ) for bulk  $\text{Ba}_3\text{N}$  shown in **Figure 3(b)** demonstrates distinct step-like contributions to the overall  $\kappa$  in small, discrete frequency ranges (also found in  $\text{Ba}_3\text{NX}$  systems, though to a lesser degree). These discrete  $\kappa_{\text{accum}}$  jumps can be correlated with sections of the phonon dispersion in **Figure 2(c)** where optic branches are strongly dispersive along the  $\Gamma \rightarrow \text{A}$  direction (large velocities) and flat in the  $\Gamma \rightarrow \text{M} \rightarrow \text{K} \rightarrow \Gamma$  directions (large density of states (DOS)). These optic mode contributions give only  $\sim 10\%$  of the total  $\kappa_z$  in bulk  $\text{Ba}_3\text{N}$ , much less than the optic contributions in single chain  $\text{Ba}_3\text{N}$ .

*Bulk  $\text{Ba}_3\text{NX}$*  — Heavy Sb and Bi atoms have been separately intercalated into the bulk  $\text{Ba}_3\text{N}$  chain structure to create  $\text{Ba}_3\text{NX}$  ( $X = \text{Sb, Bi}$ ) crystals [56] (see **Figure 1(b)**). For  $\text{Ba}_3\text{NSb}$  ( $\text{Ba}_3\text{NBi}$ ), the lattice parameters  $a = 7.534$  (7.611) Å and  $c = 6.643$  (6.679) Å are smaller than those of  $\text{Ba}_3\text{N}$  ( $a = 7.642$  Å and  $c = 7.050$  Å). The smallest chain-chain bond length is also reduced to 3.876 (3.949) Å [56] mostly due to a  $\pi/6$  rotation of the chains with respect to those of  $\text{Ba}_3\text{N}$ . The stronger chain bonding and reduced volume in bulk  $\text{Ba}_3\text{NX}$  gives an overall higher frequency dispersion (see **Figure 2(d)** for  $\text{Ba}_3\text{NSb}$ ) and increased sound speeds over those found in bulk  $\text{Ba}_3\text{N}$  alone: for  $\text{Ba}_3\text{NSb}$   $v_{\text{LA}}(\Gamma \rightarrow \text{M}) = 3416$  m/s and  $v_{\text{LA}}(\Gamma \rightarrow \text{A}) = 3966$  m/s and for  $\text{Ba}_3\text{NBi}$   $v_{\text{LA}}(\Gamma \rightarrow \text{M}) = 3145$  m/s and  $v_{\text{LA}}(\Gamma \rightarrow \text{A}) = 3751$  m/s. Thus,

reduced volume gives stronger bonding and stiffer phonon frequencies in bulk  $\text{Ba}_3\text{NX}$  compared with  $\text{Ba}_3\text{N}$  and enhanced thermal transport is therefore expected in the  $\text{Ba}_3\text{NX}$  systems.

However, this is not the case as  $\kappa_{\text{Ba}_3\text{N}} > \kappa_{\text{Ba}_3\text{NX}}$  in the  $z$  direction while  $\kappa_x$  are comparable for the bulk materials. This is largely due to the interplay of (1) increased interchain bonding (giving increased  $\kappa$ ) and (2) low-frequency  $X$  atom vibrations acting as scattering channels for the heat-carrying acoustic phonons (giving reduced  $\kappa$ ). **Figure 2(e)** gives the DOS projected on the Sb vibrations in  $\text{Ba}_3\text{NSb}$ , which demonstrate prototypical Einstein oscillator behavior - strongly peaked DOS in a narrow frequency range. The additional low-lying, flat optic branches contribute little to heat flow and suppress the effect of increased acoustic velocities in  $\text{Ba}_3\text{NX}$ . To further elucidate this interplay, we numerically removed all scatterings involving Sb vibrations in the calculation of  $\kappa$  for  $\text{Ba}_3\text{NSb}$ , while retaining all other physical features. Removing these scatterings gives two times larger  $\kappa_z$  and three times larger  $\kappa_x$  in  $\text{Ba}_3\text{NSb}$ . The heavy Sb/Bi atoms play dual roles: increasing  $\kappa$  via an enhancement of phonon velocities and decreasing  $\kappa$  via a reduction of phonon lifetimes from new scattering channels.



**Figure 4:** Atom projected electronic band structure for bulk (a) Ba<sub>3</sub>N (metallic) and (b) Ba<sub>3</sub>NSb (semiconductor, 0.5 eV bandgap). Black, red, and blue circles indicate individual atomic contributions from Ba, N, and Sb atoms, respectively. The sizes of the circles are proportional to the individual contributions.

*Electronic properties* — The structural symmetry discussed above governs not only the vibrational and transport properties of Ba<sub>3</sub>N, but also the electronic properties. As discussed in a recent study, the quasi 1D nature of bulk Ba<sub>3</sub>N gives rise to a unique band topology suitable for electrone applications[30]. The calculated band structures of Ba<sub>3</sub>N and Ba<sub>3</sub>NSb are shown in **Figures 4(a)** and **4(b)**, respectively. As demonstrated there, Ba<sub>3</sub>N is metallic, however, Ba<sub>3</sub>NSb and Ba<sub>3</sub>NBi (not shown) have large band gaps ~0.5-0.6 eV in qualitative agreement with experimental observations[56]. Based on the valence electrons, the chemical formula of bulk Ba<sub>3</sub>N can be described as (Ba<sup>2+</sup>)<sub>3</sub>N<sup>3-</sup>3e<sup>-</sup>, with the extra three electrons confined between the 1D chains. For Ba<sub>3</sub>NX, these are taken up by the X atoms to give a closed shell configuration: (Ba<sup>2+</sup>)<sub>3</sub>(N<sup>3-</sup>)(X<sup>3-</sup>). As shown in **Figure 4(b)**, the conduction bands of Ba<sub>3</sub>NSb are predominantly determined by the unoccupied 4d states of the Ba atoms with some mixing with the 5s Ba orbitals and the 2p N orbitals. The valence bands, by contrast, exhibit hybridization between all three atom types.

*Conclusions* — We unravel the roles of composition, structure, symmetry and dimensionality on vibrational properties and transport, particularly applied to Ba<sub>3</sub>N-derived materials. The underlying symmetry of single chain Ba<sub>3</sub>N gives chirality to the phonons and limits their interactions, driving the lattice thermal conductivity ( $\kappa$ ) higher compared to bulk and giving an unusual contribution to  $\kappa$  from high-frequency optical modes. Despite weak chain coupling in bulk Ba<sub>3</sub>N, this material breaks symmetry-based selection rules for phonon-phonon scattering in the single chain and gives a  $\kappa$  value ~3 times smaller. Strong in-chain bonding compared with weak van der Waals bonding between chains also yields significant  $\kappa$  anisotropy in the bulk materials. The addition of intercalating large, heavy atoms (X=Sb, Bi) in the bulk Ba<sub>3</sub>N structure gives rise to competing effects: (i) compressed cell volume and stiffer phonon frequencies enhancing  $\kappa$ , and (ii) nearly dispersionless, low-frequency scattering

channels that suppress  $\kappa$ . The net result is a reduction in  $\kappa$  for  $\text{Ba}_3\text{NX}$  compared to bulk  $\text{Ba}_3\text{N}$ .  $\text{Ba}_3\text{N}$  is metallic, while  $\text{Ba}_3\text{NX}$  compounds are semiconducting despite having similar structures. The physical insights derived here are general to a large class of 1D and quasi-1D materials and will guide future calculations and measurement interpretation of vibrational behavior and thermal transport in these. In particular, we derived new symmetry constraints for thermal resistance and elucidate the unusual role of intercalating atoms in weakly bonded structures.

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