

Table 1. Exposures of Marshallese Populations

Atoll	Distance from Bikini	No. of people	Amount of fallout	Estimated gamma dose
Rongelap	~ 100 miles	67	Heavy (snow-like)	175 rad
Ailingae	~ 110 miles	19	Moderate (mist-like)	69 rad
Utirik	~ 300 miles	158	Not visible	14 rad

barium, and iodine. The significance of the radioiodine exposure was not fully appreciated at that time. When thyroid abnormalities began to appear, a re-evaluation of thyroid dose indicated an estimated dose of 335 rad to Rongelap adults and doses ranging from 700 to 1400 rad in the children exposed at less than 10 years of age. Lower doses were calculated for the other populations. The higher doses in the children were related to the smaller sizes of their thyroid glands. The largest component was ^{131}I , but shorter-lived isotopes of iodine, particularly ^{132}I , ^{133}I , and ^{135}I , contributed more than half the dose.

The first indication of thyroid trouble was the finding of growth retardation in a number of exposed Rongelap children, and later correlation with decreasing thyroid hormone levels indicated decreased function of the gland. Two boys developed frank myxedema. It was about this time (1964) that thyroid nodules began appearing, particularly in the exposed children. In subsequent years, the nodules continued to appear in the Rongelap and Ailingnae group and, beginning about 1967, in the Utirik groups. Table 2 shows the numbers of subjects who have had thyroid nodules up to the present.

The Rongelap and Ailingnae people are seen to have greatly increased numbers of nodules, both benign and malignant, and the Utirik group also appears to have increased numbers compared with the unexposed

Table 2. Thyroid Nodules Appearing from 1964 to 1979.

Group	Total nodules	Cancer ^a
Rongelap and Ailingnae (135-1150 rads)	36.0% (31/86)	4.7% (4/86)
Utirik (30-95 rads)	9.5% (15/158)	1.9% (3/158)
Unexposed	6.6% (29/437)	0.9% (4/437)

^aThe number of cancer cases is tentative since final diagnoses on some recent cases are pending.

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people. In the Rongelap-Ailingnae group, 65% of those exposed as children had nodules compared with 27% of those exposed as adults. Paradoxically, in the Utirik population a greater percentage of adults had nodules in spite of a higher dose to the children's glands.

During the past ten years, a disturbing finding has been the further development of thyroid hypofunction, even in some Rongelap people without other detectable abnormalities. Table 3 shows the present status of thyroid hypofunction. The positive category represents individuals who have exhibited two TSH (thyroid-stimulating hormone) levels of 6 μ U/ml or greater. The suggestive category represents individuals who have two TSH levels of 4 to 6.

The association of radiation exposure with the development of thyroid abnormalities in the Rongelap population seems apparent though the Utirik findings are less clear-cut. The development of thyroid tumors following radiation exposure is well documented in the Japanese exposed to the atomic bomb and in patients, particularly children, following radiation therapy.

On a risk per rad basis, the induction of thyroid nodules and cancer in the Marshallese appears to be about equal to that following X-ray exposure. Since ¹³¹I is believed to be only about one-tenth as effective as X irradiation in producing thyroid abnormalities, it seems likely that in the Marshallese the exposure to the short-lived isotopes of iodine ¹³²I, ¹³³I, and ¹³⁵I, which have more energetic betas and deliver a faster dose rate than ¹³¹I, might account for the high incidence.

The findings in the Marshallese emphasize the importance of thyroid exposure to radioiodines that may result from warfare or accidents in which radioiodines are released. Exposure to penetrating gammas or neutrons is a more serious hazard not only because of their acute effects, but also because of the fatal nature of malignancies such as leukemia which may develop. Deaths due to thyroid abnormalities including cancer

Table 3. Thyroid Hypofunction in Marshallese Populations

Cancer ^a	Group	Positive	Suggestive	Total ^a
4.7% (4/86)	Rongelap + Ailingnae (135-1150 rads)	15% (13/86)	9.3% (8/86)	24.4% (21/86)
1.9% (3/158)	Utirik (30-95 rads)	0.8% (1/158)	3.8% (6/158)	4.4% (7/158)
0.9% (4/437)	Unexposed	0.6% (1/155)	1.5% (1/67)	3.0% (2/67)

^a Some of these subjects appear also in the nodule table, i.e., they have both hypofunction and nodularity.

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are rare, and such abnormalities are amenable both to preventive measures (such as prophylactic use of stable iodine) and to treatment with hormones and surgery.

References

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